# On the constant in Hölder's inequality 

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With 5 figures in the text

It is well known that the ${ }^{\prime}=$ ' in the so-called Hölder's inequality in one of its forms

$$
\begin{equation*}
\sum a_{n} b_{n} \leq\left(\sum a_{n}^{p}\right)^{\frac{1}{p}}\left(\sum b_{n}^{q}\right)^{\frac{1}{q}} \quad\left(\frac{1}{p}+\frac{1}{q}=1\right) \tag{1a}
\end{equation*}
$$

or

$$
\begin{equation*}
\int_{0}^{1} f(x)^{r} g(x)^{1-r} d x \leq\left(\int_{0}^{1} f(x) d x\right)^{r}\left(\int_{0}^{1} g(x) d x\right)^{1-r} \quad(0<r<1) \tag{lb}
\end{equation*}
$$

occurs only if

$$
a_{n}^{p}=A \cdot b_{n}^{q} \quad \text { for all } n
$$

or

$$
f(x) \equiv g(x)
$$

If $\left\{a_{n}\right\}$ and $\left\{b_{n}\right\}$ (or $f(x)$ and $\left.g ' x\right)$ are subjected to some restrictive conditions that exclude the proportionality just mentioned, then one can have only ' $<$ '.

We shall consider the most general form of Hölder's inequality, which includes (1 a) and ( 1 b ), and study the value of the Lebesgue-Stieltjes integral

$$
\begin{equation*}
I_{r}=\int_{E}\left(f^{\prime} x\right)^{r}\left(g^{\prime} x\right)^{1-r} d \varphi(x) \quad(0 \leq r \leq 1) \tag{1}
\end{equation*}
$$

where $f(x)$ and $g(x)$ are non-negative functions and $\varphi(x)$ an increasing function on the set $E$. Hölder's inequality then takes the form

$$
\begin{equation*}
I_{r} \leq \theta_{r} \cdot I_{1}^{r} \cdot I_{0}^{1-r} \quad\left(0 \leq \theta_{r} \leq 1\right) \tag{2}
\end{equation*}
$$

In the following we shall assume throughout that the functions $f(x)$ and $g(x)$ are normalized in such a way that

$$
I_{1}=I_{0}=1
$$

which is no real restriction of the study.

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Then we have

$$
\begin{equation*}
I_{r} \leq \theta_{r} \tag{0<r<1}
\end{equation*}
$$

and $I_{r}=1$, if and only if $f(x) \equiv g(x)$.
In this note we are going to determine the best possible value of $\theta_{r}$ (i.e. the least upper bound of $I_{r}$ ) under various assumptions that exclude the possibility $f(x) \equiv g(x)$.

Searching the best value of $\theta_{r}$ one can a priori suppose that $g(x)>0$ on $E$. For the addition to $E$ of a set where $g(x)=0$ will leave the values of $I_{r}$ and $I_{0}$ unchanged, while $I_{1}$ may increase; thus the quotient $I_{r} / I_{0} I_{1}$ will certainly not attain lower maximal values if we suppose that $g(x) \neq 0$ everywhere on $E$.

If $g(x)>0$, on can define $u(x)=\frac{f(x)}{g(x)}$ and $d \psi(x)=g(x) d \varphi(x)$ and write

$$
\begin{equation*}
I_{r}=\int_{E} u(x)^{r} d \psi(x) \tag{0<r<1}
\end{equation*}
$$

Then $I_{r}=1$ if and only if $u(x) \equiv 1$.
We now start with a hypothesis that excludes this possibility: we suppose that $u(x)$ does not take any values in the interval $(a, b)$, where $a<1<b$. Let us regard

$$
F(u)=\left|\begin{array}{ccc}
u & a & b \\
u^{r} & a^{r} & b^{r} \\
1 & 1 & 1
\end{array}\right|
$$

Apparently $F(a)=F(b)=0$ and $F^{\prime \prime}(u)=-r(1-r)(b-a) u^{r-2}<0$, hence

$$
F(1)>0
$$

and $F(u) \leq 0$ for values of $u$ outside the interval $(a, b)$. Hence

$$
\left|\begin{array}{ccc}
I_{\mathbf{1}} & a & b \\
I_{r} & a^{r} & b^{r} \\
I_{0} & 1 & l
\end{array}\right| \leq 0
$$

which can be written

$$
\left|\begin{array}{ccc}
1 & a & b \\
1 & a^{r} & b^{r} \\
1 & 1 & 1
\end{array}\right|+\left|\begin{array}{ccc}
0 & a & b \\
I_{r}-1 & a^{r} & b^{r} \\
0 & 1 & 1
\end{array}\right| \leq 0 \text {. }
$$

or

$$
I_{r} \leq 1-\frac{F(1)}{b-a}
$$

Here ${ }^{\prime}==^{\prime}$ can occur, that is, we have really

$$
\theta_{r}=1-\frac{F(1)}{b-a}
$$

as is shown by the example

$$
\begin{array}{rlrl}
u(x) & =a & \psi(x) & =\frac{b-1}{b-a} \cdot x \\
& =b & & \text { when }-1 \leq x \leq 0 \\
& =\frac{1-a}{b-a} \cdot x & \text { when } \quad 0 \leq x \leq 1
\end{array}
$$

giving

$$
\begin{gathered}
\int_{-1}^{1} u(x) d \psi(x)=\int_{-1}^{1} d \psi(x)=1 \text { and } \\
\int_{-1}^{1} u(x)^{r} d \psi(x)=\frac{a^{r}(b-1)+b^{r}(1-a)}{b-a}=1-\frac{F(1)}{b-a}
\end{gathered}
$$

This result is essentially due to F. Carlsson, in his paper Sur le module maximum d'une fonction analytique uniforme, Arkiv f. mat., astr. o. fys. Bd 26 A, nr 9, pp 4-5 (1938).

The method just used can hardly be generalized to problems based on other assumptions about the way in which $f(x)$ differs from $g(x)$. A more general method is as follows.

Let $E_{1}$ be the set where $f(x) \geq g(x)$ and $E_{2}$ the set where $f(x)<g(x)$. We suppose a priori that $E$ does not include any set where $f(x)=g(x)=0$, since such a set has no importance on the value of $I_{r}$.

Then we have $E_{1}+E_{2}=E, f>0$ in $E_{1}, g>0$ in $E_{2}$, and we can define

$$
\text { in } E_{1}\left\{\begin{array} { r l } 
{ h ( x ) } & { = \frac { g ( x ) } { f ( x ) } } \\
{ d \alpha ( x ) } & { = f ( x ) d \varphi ( x ) }
\end{array} \quad \text { and in } E _ { 2 } \left\{\begin{array}{rl}
k(x) & =\frac{f(x)}{g(x)} \\
d \beta(x) & =g(x) d \varphi(x)
\end{array}\right.\right.
$$

where $\alpha(x)$ and $\beta(x)$ become increasing functions on $E_{1}$ and $E_{2}$, and

$$
0 \leq h(x) \leq 1, \quad 0 \leq k(x)<1
$$

We get

$$
\begin{equation*}
I_{r}=\int_{E_{1}} h(x)^{1-r} d \alpha(x)+\int_{E_{2}} k(x)^{r} d \beta(x) \tag{3}
\end{equation*}
$$

and thus, since the expressions in (3) are convex functions of $r$

$$
\begin{equation*}
I_{r} \leq\left(\int_{E_{1}} h(x) d \alpha(x)\right)^{1-r}\left(\int_{E_{1}} d \alpha(x)\right)^{r}+\left(\int_{E_{2}} k(x) d \beta(x)\right)^{r}\left(\int_{E_{2}} d \beta(x)\right)^{1-r} \tag{4}
\end{equation*}
$$

(Hölder's inequality)

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Let us put

$$
u=\int_{E_{1}} d a(x), \quad v=\int_{E_{2}} d \beta(x), \quad z=\int_{E_{1}} h(x) d \alpha(x), \quad w=\int_{E_{z}} k(x) d \beta(x)
$$

Then

$$
I_{0}=z \div v=1, \quad I_{\mathbf{1}}=u+w=1
$$

and (4) takes the form

$$
\begin{equation*}
I_{r} \leq u^{r}(1-v)^{1-r}+(1-u)^{r} v^{1-r} \tag{5}
\end{equation*}
$$

In (4) and (5) the ' $=$ ' holds only if $h(x)$ and $k(x)$ both are constants. Let


Fig. 1.


Fig. ${ }^{2}$.
us call the right-hand side in (5) $H(u, v)$. We get the domain in which $H(u, v)$ is defined from the inequalities $0 \leq z \leq u$ and $0 \leq w \leq v$.

It is apparently a triangle in the $u v$-plane defined by $u+v-1 \geq 0, \mathrm{I} \geq u \geq 0$, $1 \geq v \geq 0$. We shall call this triangle the fundamental triangle. (Fig. 1.) The maximum of $H(u, v)$ is $=1$, and is obtained only on the boundary $u+v=1$ (independently of $r$, by the way). By restrictive conditions on $f(x)$ and $g(x)$ the domain of $H(u, v)$ is diminished, so that

$$
\theta_{r}=\operatorname{Max} H(u, v)
$$

may become $<1$. Assuming e.g. the aforesaid hypothesis that the quotient $f(x) / g(x)$ does not take values in the interval $(a, b)$, where $a \leq 1 \leq b$, we have

$$
0 \leq h(x) \leq \frac{1}{b}, \quad 0 \leq k(x) \leq a
$$

hence

$$
z=1-v \leq \frac{u}{b}, \quad w=1-u \leq a v
$$

which means that $H(u, v)$ is defined in a domain bounded by the straight lines

$$
\begin{equation*}
\frac{u}{b}+v=1, u+a v=1, u=1, v=1 . \tag{Fig.2.}
\end{equation*}
$$

That $H\left(u, v^{\prime}\right)$ attains its maximum in the lower left-hand corner of that domain can be shown in the following way.

Put

$$
s=\frac{1-u}{v}, \quad \text { which gives }\left\{\begin{array}{l}
u=\frac{t(1-s)}{t-s} \\
v=\frac{t-1}{t-s}
\end{array}\right.
$$

Then

$$
H(u, v)=H=\frac{1-s}{t-s} \cdot t^{r}+\frac{t-1}{t-s} \cdot s^{r}
$$

and since

$$
s \leq a \leq 1 \leq b \leq t
$$



Fig. 3.


Fig. 4.
it is geometrically evident (see Fig. 3), that

$$
\begin{equation*}
\operatorname{Max} H=\theta_{r}=\frac{(1-a) b^{r}+(b-1) a^{r}}{b-a} \tag{*}
\end{equation*}
$$

in accordance with the previous result.
Now let us replace the hypothesis that $f(x) / g(x)$ does not take values in an interval including 1 , with the assumption

$$
\begin{equation*}
\Gamma_{p}=\int_{E}|f(x)-g(x)|^{p} d \varphi(x)=2 \eta>0 . \tag{6}
\end{equation*}
$$

Then we have, with the same abbreviations as before, in the case $p=1$

$$
\int_{E_{1}}\left(f(x-g x) d \varphi x+\int_{E_{2}}(g x-f x) d \varphi x=u-z+v-w=2 \eta\right.
$$

hence

$$
u \div v-1=\eta
$$

and thus $H(u, v)$ is defined only on that part of the straight line

$$
u \div v=1 \div \eta
$$

which lies inside the funlamental triangle. (Fig. 4.)

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Accordingly we have

$$
\operatorname{Max} H=\theta_{r}=\operatorname{Max}_{r \leq u \leqq 1}\left[u^{r}(u-\eta)^{1-r}+(1-u)^{r}(1-u+\eta)^{1-r}\right]
$$

To determine this maximum is a problem of elementary analysis. [One finds that the maximum occurs for a $u$ that is the real root of the equation

$$
\frac{1-r \cdot \frac{\eta}{u}}{\left(1-\frac{\eta}{u}\right)^{r}}=\frac{1+r \cdot \frac{\eta}{1-u}}{\left(1+\frac{\eta}{1-u}\right)^{r}}
$$

and this root can be obtained graphically by constructing a horizontal chord of length 1 in the curve (see Fig. 5)


Fig. 5.

$$
y=\frac{x-r \eta}{x^{1-r}(x-\eta)^{r}}
$$

whereby the root in question is equal to the abscissa of the right-hand endpoint of the chord.]

We note that the condition (6) for $p \neq 1$ only leads to the conclusion $\theta_{r}=1$, if no further assumptions are made. For in this case we can always make $\Gamma_{1}$ arbitrarily small, as is shown by the following two examples.
A. If $1<p<\infty$, let $E$ be the interval $(0,1)$ and put

$$
\begin{aligned}
\dot{\varphi}(x) \equiv \frac{x^{k+1}}{k+1}, g(x) \equiv x^{-k}, f(x) & =x^{-k} \quad \\
& \text { in }(0, \alpha) \text { and }(\alpha+2 \varepsilon, 1) \\
& =0 \quad \text { in }(\alpha, \alpha+\varepsilon) \\
& =2 x^{-k} \text { in }(\alpha+\varepsilon, \alpha+2 \varepsilon)
\end{aligned}
$$

where $k=\frac{1}{p-1}$ and $\alpha=\frac{\varepsilon \cdot e^{-\eta}}{\sinh \eta}$
B. If $0<p<1$, let $E$ be the interval $(1, \infty)$ and put

$$
\begin{aligned}
\varphi(x) \equiv x, \quad g(x) \equiv(h-1) x^{-h}, f(x) & =(h-1) x^{-h} \text { in }(1, P) \text { and }(R, \infty) \\
& =0 \quad \text { in }(P, Q) \\
& =2(h-1) x^{-h} \text { in }(Q, R)
\end{aligned}
$$

where $h=\frac{1}{p}, \quad P^{h-1}=\frac{1}{2 \varepsilon}\left(1-\exp \left(-2 \eta(h-1)^{1-p}\right)\right.$

$$
\begin{aligned}
& R=P \cdot \exp \left(2 \eta(h-1)^{-p}\right) \\
& Q^{1-h}=\frac{1}{2}\left(P^{1-h}+R^{1-h}\right)
\end{aligned}
$$

Then in both cases A. and B. we have $I_{0}=I_{1}=1, \Gamma_{p}=2 \eta$ and $\Gamma_{1}=2 \varepsilon$.
In general, every condition that excludes the possibility $f(x)=g(x)$ leads to a restriction of the domain $D$ of $H(u, v)$ from the original fundamental triangle to some part of it. If any part of the boundary of $D$ coincides with the hypothenuse of the fundamental triangle, then $\theta_{r}=1$ (even if $I_{r}$ is always $<1$ ). If, on the contrary, the boundary of $D$ is situated completely above the hypothenuse, then $\theta_{r}<1$, and we have always

$$
\theta_{r}=\operatorname{Max}_{u, v \in D}[H(u, v)]
$$

The determination of $\theta_{r}$ is thus in all cases a problem of elementary mathematics - in principle!

It is also possible to estimate $I_{r}$ by other means than by Hölder's inequality. Regard, e.g., the identity

$$
\int_{E} f^{\frac{1}{2}} g^{\frac{1}{2}} d \varphi \equiv 1-\frac{1}{2} \int_{E}\left(f^{\frac{1}{2}}-g^{\frac{1}{2}}\right)^{2^{\prime}} d \varphi
$$

which tells us how $I_{\frac{1}{2}}$ differs from 1 , when $f \neq g$. One can get a generalization from $r=\frac{1}{2}$ to arbitrary values of $r$ in the interval ( $0, \frac{1}{2}$ ) by the wellknown inequalities

$$
\frac{1-u^{r}-r(1-u)}{1-r} \leq \dot{\left(1-u^{r}\right)\left(1-u^{1-r}\right) \leq \frac{1-u^{r}-r(1-u)}{r} \quad\left(0<r<\frac{1}{2}\right), ~(0)} \quad(1)
$$

Put $u=\frac{f}{g}$ and multiply with $r(1-r) g$, then one has

$$
\begin{aligned}
r\left(f+g-f^{r} g^{1-r}-f^{1-r} g^{r}\right) \leq r f+ & (1-r) g-f^{r} g^{1-r} \leq \\
& \leq(1-r)\left(f+g-f^{r} g^{1-r}-f^{1-r} g^{r}\right)
\end{aligned}
$$

Here, on the left, ' $=$ ' holds only if $g=0$ or $g=f$, and, on the right ${ }^{\prime}={ }^{\prime}$ holds only if $f=0$ or $f=g$.

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After further multiplication with $d \varphi(x)$ and integration over $E$ one obtains

$$
r\left(\because-I_{r}-I_{1-r}\right) \leq 1-I_{r} \leq(1-r)\left(\because-I_{r}-I_{1-r}\right)
$$

or, with the abbreviation

$$
1-I_{r}=v_{r}
$$

$$
\begin{equation*}
{ }_{1-r}^{1-r} u_{1-r} \leq u_{r} \leq \frac{1-r}{r} u_{1-r} \quad\left(0<r<\frac{1}{2}\right) \tag{}
\end{equation*}
$$

giving a connection between the deviations of $I_{r}$ from the value 1 for conjugate pairs of $r$. The sign ' $==^{\prime}$ occurs only when $f \equiv g$.

