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## On an inequality concerning the integrals of moduli of regular analytic functions

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With 1 figure in the text

1. Let f(z) be an analytic function, regular in a convex domain D and on its boundary C. Let L be a rectificable curve in D. Our problem is to estimate

$$\int_{L} |f(z) dz|$$
$$\int_{C} |f(t) dt|.$$

by means of the integral

Professor F. CARLSON (1) has shown that in the case D being a circle, then

$$\int_{L} |f(z) dz| \leq \frac{1}{\pi} \int_{C} V(t) |f(t) dt$$

where V(t) is the upper limit of the sum of the angles at which the elements of L are seen from a point t on C. He has called my attention to the possibility of solving the problem for convex domains by the same method as the one he uses for a circle.

GABRIEL, in a first work (2), has treated the problem for a circle and in a second work (3) for convex regions.

2. Let L be a rectilinear segment in D. We may suppose that L is parallel to the real axis. Let  $F(\zeta, z)$  be a function that for each  $z \in D$  is an analytic function of  $\zeta$ , regular in D and continuous on C. Then, by Cauchy's theorem, we have

$$f(z) = \frac{1}{2\pi i} \int_C \frac{F(t,z)}{F(z,z)} \frac{f(t)}{t-z} dt.$$

Hence

$$|f(z)| \le \frac{1}{2\pi} \int_{C} \left| \frac{F(t,z)}{F(z,z)} \frac{1}{t-z} \right| |f(t) dt|$$

and

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$$\int_{L} |f(z) dz| \leq \frac{1}{2\pi} \int_{C} \lambda(t) |f(t) dt|$$

where

1) 
$$\lambda(t) = \int_{L} \left| \frac{F(t,z) \quad dz}{F(z,z) \quad t-z} \right|.$$

Let  $z \in L$  and  $t \in C$ . If  $t - z = r e^{i\vartheta}$ , then





Let  $u(\zeta, z)$  be an harmonic function of  $\zeta$ , regular for  $\zeta \in D$ ,  $z \in D$ . When  $\rightarrow t \in C$  along a path in D, then  $u(\zeta, z) \rightarrow \log \frac{1}{|\sin \theta|}$ . Let  $v(\zeta, z)$  be the conjugated harmonic function and put

 $F(t,z) = e^{-(u+iv)}.$ 

Then 2)

 $\lambda(t) = \int_{L} e^{u(z,z)} |d\theta|.$ 

If D is the circle  $|\zeta| \leq R$ , then we obtain by this construction

$$F(\zeta, z) = \frac{1}{2} \left[ 1 - \frac{\zeta(\zeta - z)}{R^2 - \zeta \overline{z}} \right]; \ e^{u(z, z)} = 2$$
$$\lambda(t) = 2 \int_{L} |d \theta| = 2 V(t)$$

and hence

where V(t) is the angle at which the segment L is seen from a point t on C. This is exactly F. CARLSON'S result which is easily extended to the case, where L is a polygon and finally a rectificable curve. Now we shall prove the following theorem

**Theorem.** Let L be a rectificable curve in a convex domain D. Then

$$\int_{L} |f(z) dz| \leq \frac{A}{2\pi} \int_{C} V(t) |f(t) dt|$$

where A = 4 and V(t) is the upper limit of the sum of the angles, at which the elements of L are seen from the point t on C.

It is sufficient to prove that  $u(z, z) \leq \log 4$ . Further, we can assume that the curve C is smooth. The potential of a double layer  $\mu_z(t) = \frac{1}{\pi} \log \frac{1}{|\sin \theta|}$  on C is

$$U_{z}(\zeta) = \mathscr{T}\left\{\int_{C} \mu_{z}(t) \frac{dt}{t-\zeta}\right\} = \int_{C} \mu_{z}(t) d [\arg (t-\zeta)].$$

When  $\zeta \to t_0 \in C$  along a path in D, then

$$U_z(\zeta) \rightarrow \log \frac{1}{|\sin \theta|_{t_0}} + \int\limits_C \mu_z(t) d \left[ \arg \left( t - t_0 \right) \right] \geq \log \frac{1}{|\sin \theta|_{t_0}} = u(t_0, z)$$

since C is convex and the double layer is non-negative.

Hence follows

$$u(\zeta, z) \leq U_z(\zeta), \quad \zeta \in D.$$

Putting  $\zeta = z$ , we get

$$u(z,z) \leq U_z(z) = \frac{1}{\pi} \int_0^{2\pi} \log \frac{1}{|\sin \theta|} d\theta = \log 4.$$

This proves the theorem.

If the inner curve L is convex, then  $V(t) \leq 2\pi$  and <sup>1</sup>

3) 
$$\int_{L} |f(z) dz| \leq A \int_{C} |f(t) dt|; \quad A = 4.$$

3. The obtained value A = 4 is not the best possible. Let  $a_{\theta}$  be that arc of C for which  $0 \le \arg t - z \le \theta$  and let  $\omega(\zeta, a_{\theta}, D) = \omega(\zeta, a_{\theta})$  be the harmonic measure of  $a_{\theta}$  with respect to the region D. Then

4) 
$$u(z,z) = \int_{C} \log \frac{1}{|\sin \theta|} d\omega(z, \alpha_{\theta}).$$

For convex regions the following lemma holds:

**Lemma 1.**  $\omega(z, a_0)$  is an absolutely continuous function of  $\theta$  and

$$0 \leq \frac{d \omega (z, a_{\theta})}{d \theta} \leq \frac{1}{\pi}$$

Let  $\Delta \theta > 0$  and consider the function

$$\Delta \omega = \omega (z, a_{\theta+\Delta \theta}) - \omega (z, a_{\theta})$$

<sup>1</sup> GABRIEL (3) has shown this inequality with  $A = \pi (1 + e) + e$ .

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which is an harmonic function of z, regular in D. Since  $\Delta \omega$  is the harmonic measure of the arc  $\Delta a = a_{\theta+\Delta\theta} - a_{\theta}$ , it is non-negative and the lower bound of  $\frac{d\omega}{d\theta}$  is immediately obtained.

Let H be the half-plane that is bounded by the straight line through the end-points of  $\Delta \alpha$ , and that does not contain  $\Delta \alpha$  in its interior. If  $\Delta \theta$  is sufficiently small, then  $z \in H$ . Let  $\alpha'$  be the rectilinear segment between the end-points of  $\Delta \alpha$ . Then it is well known that

$$\omega(z, a'; H) - \Delta \omega \geq 0.$$

For the left member is a regular harmonic function of z in the region  $H \cdot D$ , where it has non-negative boundary-values. But

$$\omega(z, a'; H) = \frac{\Delta \theta}{\pi}.$$

Hence

$$\frac{\Delta \, \omega}{\Delta \, \theta} \leq \frac{1}{\pi}$$

and the lemma follows immediately.

Now we may write 4) as

5) 
$$u(z,z) = \int_{0}^{2\pi} \log \frac{1}{|\sin \theta|} \frac{d \omega(z, a_{\theta})}{d \theta} d \theta$$

From lemma 1 follows that

$$0 \leq u(z,z) \leq \frac{1}{\pi} \int_{0}^{2\pi} \log \frac{1}{|\sin \theta|} d\theta = \log 4.$$

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This is the result that we have already obtained. But  $\frac{d\omega}{d\theta}$  cannot take its maximum-value  $\frac{1}{\pi}$  in the whole interval of integration since

$$\int_{0}^{2\pi} \frac{d \,\omega\left(z,\,a_{\theta}\right)}{d \,\theta} d \,\theta = \omega\left(z,\,C\right) = 1.$$

We use the following lemma:

**Lemma 2.** If  $g(\theta)$  and  $h(\theta)$  are integrable,  $g(\theta)$  non-increasing, and

$$0 \leq h(\theta) \leq k, \int_{0}^{a} h(\theta) d\theta = M$$

then

$$\int_0^a g h d \theta \leq k \int_0^{M/k} g d \theta.$$

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Put

$$H(\theta) = \int_0^\theta h \, d\, \theta.$$

Then H(a) = M and

$$0 \leq H\left( heta
ight) \leq egin{cases} k heta & ext{in} & 0 \leq heta \leq M/k \ M & ext{in} & M/k \leq heta \leq a \end{cases}$$

Since  $g(\theta)$  is non-increasing, it follows that

$$\int_{0}^{a} gh d\theta = \int_{0}^{a} gH - \int_{0}^{a} H dg \leq \int_{0}^{a} gH - k \int_{0}^{M/k} \theta dg - M \int_{M/k}^{a} dg =$$
$$= \int_{0}^{a} gH - k \int_{0}^{M/k} \theta g - H(a) \int_{M/k}^{a} g + k \int_{0}^{M/k} g d\theta = k \int_{0}^{M/k} g d\theta.$$

This proves the lemma.

We can write the integral 5)

6) 
$$u(z,z) = \int_{0}^{\pi/2} \log \frac{1}{\sin \theta} h(\theta) d\theta$$

where

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$$h(\theta) = \left(\frac{d\omega}{d\theta}\right)_{\theta} + \left(\frac{d\omega}{d\theta}\right)_{\pi-\theta} + \left(\frac{d\omega}{d\theta}\right)_{\pi+\theta} + \left(\frac{d\omega}{d\theta}\right)_{2\pi-\theta}$$

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From lemma 1 follows that  $0 \le h(\theta) \le \frac{4}{\pi}$ . Further

$$\int_{0}^{\pi/2} h(\theta) d\theta = \omega(z, C) = 1.$$

Now, applying lemma 2 to the integral 6), we obtain

$$0 \leq u(z,z) \leq rac{4}{\pi} \int_{0}^{\pi/4} \log rac{1}{\sin heta} d heta.$$

By integrating the well-known development

$$\log \frac{1}{\sin \theta} = \log \frac{1}{\theta} + \sum_{n=1}^{\infty} \frac{2^{2n-1} B_n}{n \lfloor 2n} \theta^{2n}, \quad |\theta| < \pi$$

where the  $B_n$  are Bernoulli's numbers, we obtain

$$\frac{4}{\pi}\int_{0}^{\pi/4} \log \frac{1}{\sin \theta} d\theta = \log \frac{4}{\pi} + 1 + \sum_{n=1}^{\infty} \frac{2^{2n} B_n}{n \left[ 2n + 1 \right]} \left( \frac{\pi}{4} \right)^{2n} = \log 4 - K.$$

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A numerical calculation gives K = 0.1100. Thus

$$e^{u(z,z)} \le 4 e^{-K} = 3.5833 < 3.6.$$

This upper limit gives the improved value of A.

By the formal calculation of u(z, z) we have supposed for the sake of simplicity that the element of L at the point z is parallel to the real axis. If the angle between this element and the real axis is  $\beta$ , then

$$u_{eta}(z,z) = \int\limits_{C} \log rac{1}{|\sin{( heta-eta)}|} d\omega(z, a_{ heta}).$$

Hence

$$\frac{1}{2\pi}\int_{0}^{2\pi}u_{\beta}(z,z)\,d\beta = \log 2\int_{C}d\omega(z,a_{\theta}) = \log 2$$

Thus, the mean-value of  $u_{\beta}(z, z)$  for all elements at z is log 2.

If D is a circle, then  $u_{\beta}(z, z) = \log 2$  for all  $\beta$  and  $z \in D$ . But in the general case u(z, z) is not constant. The function

$$z = \frac{w}{(1-\delta w)^2}$$

is schlicht for  $|\delta| \leq 1$  and represents the unit circle  $|w| \leq 1$  on a convex domain D for  $|\delta| \leq 2 - \sqrt{3}$ . If  $\delta = 2 - \sqrt{3}$ , then we can show by elementary calculus, that the value of u(z, z) at z = 0 for a segment L, coinciding with the real axis, is  $\log\left(1 + \frac{2}{\sqrt{3}}\right)$ . Hence the best possible value of A in the theorem, obtained by this method, is  $\geq 1 + \frac{2}{\sqrt{3}}$ .

**Lemma 3.** Let  $z = w + a_2 w^2 + \cdots$  be schlicht and map the unit circle  $|w| \le 1$  on a convex region D. Then for  $0 < \varrho \le 1$ :

$$\frac{1}{2\pi} \int_{0}^{2\pi} \log \left| \frac{1}{\mathcal{J}z(\varrho e^{i\varphi})} \right| d\varphi \leq A + \log \frac{1}{\varrho}$$

where A is the constant calculated in the preceding.

Putting  $\theta_{\varphi} = \arg z \left( \varrho \, e^{i\varphi} \right)$  we have  $\Im z = |z| \sin \theta_{\varphi}$ . In the z-plane the circle  $|w| \leq \varrho$  is represented on a convex region  $D_{\varrho} < D$ . We denote by  $\alpha_{\theta}$  the arc

$$0 \leq \arg z \leq \theta$$
,  $z \in$  the boundary of  $D_{\varrho}$ .

Now, it is easily seen that

$$\frac{1}{2\pi}\int_{0}^{2\pi}\log\left|\frac{\varrho}{z\left(\varrho\,e^{i\,\varphi}\right)\,\sin\,\theta_{\varphi}}\right|d\,\varphi=\int_{0}^{2\pi}\log\frac{1}{|\,\sin\,\theta|}d_{\theta}\,\omega\,(z=0,\;\alpha_{\theta},\;D_{\varrho})\leq A.$$

Hence the lemma follows. It is evident that in the lemma we can substitute  $\Im z$  by the more general  $\cos \beta \cdot \Im z + \sin \beta \Re z$  where  $\beta$  is real.

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