# Subharmonic functions in a circle 

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## 1. Introduction

Let $u(z)$ be a subharmonic function of a complex variable $z$, defined in a circular region $|z|<R$. Let

$$
\begin{equation*}
m(r)=\inf _{|z|=r} u(z), \quad M(r)=\max _{|z|=r} u(z), \quad M(R)=\sup _{|z|<R} u(z) . \tag{1}
\end{equation*}
$$

A condition of the type $\quad m(r) \leqslant \cos \pi \lambda M(r)$,
where $\lambda$ is a number in the interval $0<\lambda<1$, has been found to give consequences concerning the variation of $M(r) / r^{\lambda}$. If $u(z)$ is subharmonic in the entire plane and if (1) holds for all $r>0$, then $M(r) / r^{\lambda}$ has a positive limit when $r \rightarrow \infty$ (see $[1,2,4,6]$ ). An essential part of the proof of this is to show that, with a given value of $M(R) / R^{\lambda}$, the quotient $M(r) / r^{\lambda}$ must be bounded for $0<r<R$. We shall here make a closer study of this problem.

The special case $\lambda=\frac{1}{2}$ has long been known, this being the Milloux-Schmidt inequality (see, for example [5], p. 108-109):

$$
\begin{equation*}
M(r) \leqslant U_{0}(r), \quad \text { where } \quad U_{0}(r)=\frac{4 M(R)}{\pi} \arctan \sqrt{\frac{r}{R}} \tag{2}
\end{equation*}
$$

One consequence of (2) is that

$$
\begin{equation*}
\frac{M(r)}{\sqrt{r}} \leqslant \frac{4}{\pi} \frac{M(R)}{\sqrt{R}} \tag{3}
\end{equation*}
$$

In the general case $0<\lambda<1$, we prove the following.

## Theorem

Suppose that $u(z)$ is subharmonic for $|z|<R$ and that $0<M(R)<\infty$. Let $\lambda$ be a fixed number in the interval $0<\lambda<1$ and suppose that condition (1) is satisfied for $0<r<R$. Then there is an extremal subharmonic function,

$$
\begin{equation*}
U(z)=\operatorname{Re}\left\{\frac{2 M(R)}{\pi} \tan \frac{\pi \lambda}{2} \int_{0}^{z / R} \frac{t^{\lambda-1}-t^{1-\lambda}}{1-t^{2}} d t\right\}, \quad|\arg z| \leqslant \pi \tag{4}
\end{equation*}
$$

for which (1) holds with equality and such that

$$
\begin{equation*}
M(r) \leqslant U(r) \tag{5}
\end{equation*}
$$

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The inequality (3) corresponds to

$$
\begin{equation*}
\frac{M(r)}{r^{\lambda}} \leqslant \frac{\tan \frac{\pi \lambda}{2}}{\frac{\pi \lambda}{2}} \frac{M(R)}{R^{2}} \tag{6}
\end{equation*}
$$

where the constant is best possible.
Condition (1) is trivially satisfied if $M(R) \leqslant 0$; hence it is only in the case $M(R)>0$ that consequences of (1) can be proved.

Notice that we must have $u(0) \leqslant 0$, because, if $u(0)=\lim \sup _{z \rightarrow 0} u(z)=a$, it follows from (1) and (2) that the same lim sup must be less than or equal to $a \cos \pi \lambda$, which implies that $a \leqslant 0$.

In the first version of the manuscript of this paper (by Hellsten and Kjellberg) only estimates of $U(r)$ and of the constant in (6) were given. The explicit formula (4) and the exact value of the constant (see section 7) are a later contribution by Norstad.

## 2. An associated function

In many problems on analytic functions, it is often advantageous to form an auxiliary function by making a circular projection of the zero points upon a certain radius. The new function takes its minimum on this radius and its maximum on the opposite radius. Here, we shall make the analogous transformation from $u(z)$ to an associated subharmonic function $u^{*}(z)$. A subharmonic function which is bounded above for $|z|<R$ can be written in the form (concerning this section, see, for example [7], IV.10):

$$
\begin{equation*}
u(z)=u_{1}(z)+u_{2}(z) \tag{7}
\end{equation*}
$$

where

$$
u_{1}(z)=\iint_{|\xi|<R} \log \left|\frac{R(z-\zeta)}{R^{2}-z \xi}\right| d \mu(\zeta), \quad u_{2}(z)=M(R)-\frac{1}{2 \pi} \int_{-\pi}^{+\pi} \frac{R^{2}-|z|^{2}}{\left|R e^{i \theta}-z\right|^{2}} d \nu\left(R e^{i \theta}\right) .
$$

The functions $\mu(\zeta)$ and $\nu\left(R e^{i \theta}\right)$ correspond to positive mass-distributions over $|z|<R$ and $|z|=R$, respectively; $u_{2}(z)$ is harmonic for $|z|<R$.

We now construct an associated subharmonic function

$$
\begin{equation*}
u^{*}(z)=u_{1}^{*}(z)+u_{2}^{*}(z) \tag{8}
\end{equation*}
$$

where

$$
u_{1}^{*}(z)=\iint_{|\zeta|<R} \log \left|\frac{R(z+|\zeta|)}{R^{2}+z|\zeta|}\right| d \mu(\zeta), \quad u_{2}^{*}(z)=M(R)-\frac{1}{2 \pi} \frac{R^{2}-|z|^{2}}{|R+z|^{2}} \int_{-\pi}^{+\pi} d v\left(R e^{i \theta}\right) .
$$

The potential function $u_{1}^{*}(z)$ has its whole mass concentrated on the segment $-R<$ $z \leqslant 0$, while $u_{2}^{*}(z)$ has its mass at the point $z=-R$. On $|z|=R, z \neq-R$, we have $u_{1}^{*}(z)=0$ and $u_{2}^{*}(z)=M(R)$. The function $u^{*}(z)$ is harmonic in the region $D_{R}$ which is obtained by cutting $|z|<R$ along $(-R, 0)$. For $|z|=r, 0<r<R$, we have $u^{*}(-r) \leqslant$ $u^{*}(z) \leqslant u^{*}(r)$.

## 3. The connections between $u(z)$ and $\boldsymbol{u *}(z)$

From the definition of $u^{*}(z)$ it follows that for $0<r<R$

$$
\begin{equation*}
u^{*}(-r) \leqslant m(r) \leqslant M(r) \leqslant u^{*}(r) \leqslant M(R), \tag{9}
\end{equation*}
$$

(see an analogous derivation in [5], for example).
As is usual in such cases, we require here a further relation, namely

$$
\begin{equation*}
u^{*}(-r)+u^{*}(r) \leqslant m(r)+M(r) \tag{10}
\end{equation*}
$$

for $0<r<R$. We begin by showing that

$$
\begin{equation*}
u^{*}(-r)+u^{*}(r) \leqslant u(-z)+u(z) \tag{11}
\end{equation*}
$$

for any $z$ on $|z|=r$. Let us put $z=r e^{i \varphi}$. We prove the relation by dividing up $u$ and $u^{*}$ according to (7) and (8) and deriving separate inequalities, which together give (11). We consider first

$$
\begin{aligned}
u_{1}(-z) & +u_{1}(z)-u_{1}^{*}(-r)-u_{1}^{*}(r) \\
& =\iint_{|\zeta|<R}\left\{\log \left|\frac{R^{2}\left(z^{2}-\zeta^{2}\right)}{R^{4}-z^{2} \zeta^{2}}\right|-\log \left|\frac{R^{2}\left(r^{2}-|\zeta|^{2}\right)}{R^{4}-r^{2}|\zeta|^{2}}\right|\right\} d \mu(\zeta) \geqslant 0
\end{aligned}
$$

where the inequality follows from a well-known elementary property of the mapping function $w(z)=[\varrho(z-a)] /\left(\varrho^{2}-z \bar{a}\right)$. Next

$$
\begin{aligned}
u_{2}(-z) & +u_{2}(z)-u_{2}^{*}(-r)-u_{2}^{*}(r) \\
& =\frac{R^{4}-r^{4}}{\pi} \int_{-\pi}^{+\pi}\left\{\frac{1}{\left(R^{2}+r^{2}\right)^{2}-4 R^{2} r^{2}}-\frac{1}{\left(R^{2}+r^{2}\right)^{2}-4 R^{2} r^{2} \cos (\theta-\varphi)}\right\} d v\left(R e^{i \theta}\right) \geqslant 0
\end{aligned}
$$

The proof of (11) is then complete. Since $u(-z)$ can be made sufficiently near $m(r)$ by suitable choice of $z$ and $u(z) \leqslant M(r),(10)$ follows.

Finally, it is seen from (9) and (10) that

$$
\begin{align*}
u^{*}(-r)-\cos \pi \lambda u^{*}(r) & =u^{*}(-r)+u^{*}(r)-(1+\cos \pi \lambda) u^{*}(r) \\
& \leqslant m(r)+M(r)-(1+\cos \pi \lambda) M(r)=m(r)-\cos \pi \lambda M(r) \leqslant 0 \tag{12}
\end{align*}
$$

by (1).
Observe that, just as (1) implies that $u(0) \leqslant 0$, (12) implies that $u^{*}(0) \leqslant 0$.

## 4. Representation formulae

We now require representation formulae in the simple case of harmonic functions which are bounded from above and are representable as integrals of their boundary values. Let $H(z)$ be such a harmonic function in the half-disc $|z|<R, \operatorname{Im} z>0$. Its value for $z=i r$ is (see, for example [3], p. 2)

$$
\begin{align*}
H(i r) & =\int_{-R}^{+R} K(r, t) H(t) d t+\int_{0}^{\pi} S(r, \varphi) H\left(R e^{i \varphi}\right) d \varphi \\
& =\int_{0}^{R} K(r, t)\{H(t)+H(-t)\} d t+\int_{0}^{\pi} S(r, \varphi) H\left(R e^{i \varphi}\right) d \varphi \tag{13}
\end{align*}
$$

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Fig. 1.
where

$$
K(r, t)=\frac{r}{\pi}\left\{\frac{1}{t^{2}+r^{2}}-\frac{R^{2}}{R^{4}+t^{2} r^{2}}\right\}
$$

and

$$
S(r, \varphi)=\frac{2 R r\left(R^{2}-r^{2}\right) \sin \varphi}{\pi\left(R^{4}+r^{4}+2 R^{2} r^{2} \cos 2 \varphi\right)}
$$

Consider next, the region $D_{R}$ consisting of the circle $|z|<R$ cut along ( $-R, 0$ ). In what follows, we shall only be interested in the symmetric case when $H(z)=H(\bar{z})$. In particular $H(z)$ then has the same limit $H(-t)$ whether $z$ approaches the cut ( $-R, 0$ ) from above or below. By means of a simple square root transformation, we obtain from (13):

$$
\begin{equation*}
H(r)=\int_{0}^{R} Q(r, t) H(-t) d t+\int_{-\pi}^{\pi} T(r, \varphi) H\left(R e^{i \varphi}\right) d \varphi \tag{14}
\end{equation*}
$$

where

$$
Q(r, t)=\frac{\sqrt{r}}{\pi \sqrt{t}}\left\{\frac{1}{t+r}-\frac{R}{R^{2}+r t}\right\}
$$

and

$$
T(r, \varphi)=\frac{\sqrt{R r}(R-r) \cos (\varphi / 2)}{\pi\left(R^{2}+r^{2}-2 R r \cos \varphi\right)}
$$

We shall also require a further representation formula for $H(z)$ in $D_{R}$. This is obtained by first applying the counterpart of (13) in the half-dise $|z|<R, \operatorname{Re} z>0$.

$$
\begin{equation*}
H(r)=2 \int_{0}^{R} K(r, \tau) H(i \tau) d \tau+\int_{-\pi i 2}^{+\pi / 2} S\left(r, \psi+\frac{\pi}{2}\right) H\left(R e^{i \psi}\right) d \psi \tag{15}
\end{equation*}
$$

Then $r$ is replaced by $\tau$ in the formula (13) and the resulting expansion for $H(i \tau)$ is inserted in (15). This gives

$$
\begin{align*}
& H(r)=\int_{0}^{R} L(r, t)\{H(t)+H(-t)\} d t \\
&+\int_{0}^{\pi} N(r, \varphi) H\left(R e^{i \varphi}\right) d \varphi+\int_{-\pi / 2}^{+\pi / 2} S\left(r, \psi+\frac{\pi}{2}\right) H\left(R e^{i \psi}\right) d \psi \tag{16}
\end{align*}
$$

where

$$
L(r, t)=2 \int_{0}^{R} K(r, \tau) K(\tau, t) d \tau
$$

and

$$
N(r, \varphi)=2 \int_{0}^{R} K(r, \tau) S(\tau, \varphi) d \tau
$$

We observe that the functions $K, S, Q, T, L$ and $N$ above are non-negative.

## 5. Integral inequalities for $\boldsymbol{u}^{\boldsymbol{*}}(\boldsymbol{r})$

We now return to our consideration of the function $u^{*}(z)$, which is subharmonic for $|z|<R$ and bounded above by $M(R)$. It is harmonic in $D_{R}$ and has a constant value, $M(R)$, on $|z|=R$ except for the point $z=-R$. By (12), $u^{*}(-t) \leqslant \cos \pi \lambda u^{*}(t)$. On combining this with (14), we obtain the integral inequality

$$
\begin{equation*}
u^{*}(r) \leqslant \cos \pi \lambda \int_{0}^{R} Q(r, t) u^{*}(t) d t+h(r) \tag{17}
\end{equation*}
$$

where

$$
h(r)=M(R) \int_{-\pi}^{+\pi} T(r, \varphi) d \varphi=\frac{4 M(R)}{\pi} \arctan \sqrt{\frac{r}{R}}
$$

We also need an integral inequality in which $\cos \pi \lambda$ is replaced by a factor which is positive in the whole interval $0<\lambda<1$. For this we use (16) instead of (14) and we obtain
where

$$
\begin{gather*}
u^{*}(r) \leqslant(1+\cos \pi \lambda) \int_{0}^{R} L(r, t) u^{*}(t) d t+k(r)  \tag{18}\\
k(r)=M(R) \int_{0}^{\pi} N(r, \varphi) d \varphi+M(R) \int_{-\pi / 2}^{+\pi / 2} S\left(r, \psi+\frac{\pi}{2}\right) d \psi
\end{gather*}
$$

## 6. Two integral equations

Let us consider the integral equation which corresponds to (17) i.e.

$$
\begin{equation*}
U(r)=\cos \pi \lambda \int_{0}^{R} Q(r, t) U(t) d t+h(r) \tag{19}
\end{equation*}
$$

As is clear from the definition in (14), $Q(r, t)$ has a singularity at $t=0$. In spite of this, the usual method of solution by successive approximation works well here. We perform this step by step.
(a) Either by direct calculation or by setting $H(z) \equiv \mathrm{l}$ in (14), it is seen that

$$
\begin{equation*}
\int_{0}^{R} Q(r, t) d t<l \tag{20}
\end{equation*}
$$

for any $r$ in the interval $0<r<R$.
(b) Let $\varphi(r)$ be continuous and bounded, $|\varphi(r)|<C$ for $0<r<R$. The integral operator

$$
\int_{0}^{R} Q(r, t) \varphi(t) d t=\varphi_{1}(r)
$$

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gives a function $\varphi_{1}(r)$ with the same properties. The continuity requires no comment and $\left|\varphi_{1}(r)\right|<C$ follows from (20) and the fact that $Q(r, t)>0$. If one wishes to have continuity in the closed interval $0 \leqslant r \leqslant R$ one must define $\varphi_{1}(0)=\varphi(0)$ and $\varphi_{1}(R)=0$, since

$$
\lim _{r \rightarrow 0} \int_{0}^{R} Q(r, t) d t=1, \quad \lim _{r \rightarrow 0} \int_{\delta}^{R} Q(r, t) d t=0
$$

for each $\delta, 0<\delta<R$, and further

$$
\lim _{r \rightarrow R} \int_{0}^{R} Q(r, t) d t=0
$$

(c) Denote by $Q^{(1)}, Q^{(2)}, \ldots, Q^{(n)}, \ldots$ the successive kernels:

$$
\begin{aligned}
& Q^{(1)}(r, t)=Q(r, t) \\
& Q^{(n)}(r, t)=\int_{0}^{R} Q^{(n-1)}(r, \tau) Q(\tau, t) d \tau, \quad n=2,3, \ldots
\end{aligned}
$$

(d) Set $\cos \pi \lambda=\mu$ and consider the series

$$
\begin{equation*}
U(r)=h(r)+\mu \int_{0}^{R} Q(r, t) h(t) d t+\ldots+\mu^{n} \int_{0}^{R} Q^{(n)}(r, t) h(t) d t+\ldots \tag{21}
\end{equation*}
$$

By (b) and the definition of $h(r)$ in (17), the terms in this series are continuous and have values smaller than the terms of the series

$$
M(R)+M(R)|\mu|+M(R)|\mu|^{2}+\ldots+M(R)|\mu|^{n}+\ldots
$$

which converges for $|\mu|<1$ with sum $M(R) /(1-|\mu|)$. The series (21) therefore converges uniformly in $r$ for each $\mu$ such that $|\mu|<1$.

Thus, for each $\mu$ in $|\mu|<1, U(r)$ is defined and continuous in $0 \leqslant r \leqslant R$, with $U(0)=h(0) /(1-\mu)=0$ and $U(R)=M(R)$.
(e) By inserting the series (21) into (19) in which we may then integrate term by term, we see that $U(r)$, defined by (21), satisfies the integral equation (19). In the usual way (the difference between two solutions satisfies (19) and (21) with $h(r) \equiv 0$ ) it is seen that the solution is unique within the class of bounded continuous functions.

Finally, we write down the integral equation corresponding to the inequality (18), namely

$$
\begin{equation*}
U(r)=(1+\cos \pi \lambda) \int_{0}^{R} L(r, t) U(t) d t+k(r) \tag{22}
\end{equation*}
$$

The existence of a unique solution can be shown in a way analogous to that used with (19). However, this working does not need to be performed here; what is required in what follows is to show that the same function $U(r)$ which satisfies (19) also satisfies (22).

## 7. Use of Fourier transforms

By the transformations $r=\operatorname{Re}^{-x}, t=\mathrm{Re}^{-s}$ the integral equation (19) takes the form

$$
\begin{equation*}
\varphi(x)=\int_{0}^{\infty}\left\{K_{0}(x-s)-K_{0}(x+s)\right\} \varphi(s) d s+g(x), \tag{23}
\end{equation*}
$$

where $\varphi(x)=U\left(\operatorname{Re}^{-x}\right)$ is to be determined and

$$
K_{0}(u)=\frac{\cos \pi \lambda}{\pi} \frac{1}{2 \cosh u / 2}, \quad g(x)=\frac{4 M(R)}{\pi} \arctan e^{-x / 2} .
$$

We now extend the definition of $\varphi(x)$ and $g(x)$ to negative values of $x$ by prescribing them to be odd functions. The origin turns out to be a point of discontinuity. By analogy with the case for equations of the Wiener-Hopf type the equation (23) then can be written

$$
\begin{equation*}
\varphi(x)=\int_{-\infty}^{\infty} K_{0}(x-s) \varphi(s) d s+g(x) . \tag{24}
\end{equation*}
$$

Introducing Fourier transforms we obtain

$$
\begin{equation*}
\hat{\varphi}(t)=\hat{K}_{0}(t) \hat{\varphi}(t)+\hat{g}(t) \tag{25}
\end{equation*}
$$

The formal solution

$$
\begin{equation*}
\varphi(x)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} \frac{\hat{g}(t)}{1-\hat{R}_{0}(t)} e^{-i x t} d t \tag{26}
\end{equation*}
$$

gives us in this case the desired solution. In fact

$$
\hat{g}(t)=\frac{2 i M(R)}{t}\left(1-\frac{1}{\cosh \pi t}\right), \quad \hat{K}_{0}(t)=\frac{\cos \pi \lambda}{\cosh \pi t} \leqslant \cos \pi \lambda<1 .
$$

To evaluate the integral by means of residue calculus for $x>0$, an interval on the real axis is completed by a half-circle in the lower half-plane. The denominator $1-K_{0}(t)$ has two sequences of zeros there, $\{(\lambda-2 n) i\}_{n=1}^{\infty}$ and $\{(-\lambda-2 n) i\}_{n=0}^{\infty}$. The result is

$$
\begin{equation*}
\varphi(x)=\frac{2 M(R)}{\pi} \frac{1-\cos \pi \lambda}{\sin \pi \lambda}\left\{\sum_{n=0}^{\infty} \frac{e^{-x(\lambda+2 n)}}{\lambda+2 n}-\sum_{n=1}^{\infty} \frac{e^{-x(-\lambda+2 n)}}{-\lambda+2 n}\right\} . \tag{27}
\end{equation*}
$$

This gives
or

$$
\begin{gather*}
U(r)=\frac{2 M(R)}{\pi} \frac{1-\cos \pi \lambda}{\sin \pi \lambda}\left\{\sum_{n=0}^{\infty} \frac{(r / R)^{2 n+\lambda}}{2 n+\lambda}-\sum_{n=1}^{\infty} \frac{(r / R)^{2 n-\lambda}}{2 n-\lambda}\right\},  \tag{28}\\
U(r)=\frac{2 M(R)}{\pi} \tan \frac{\pi \lambda}{2} \int_{0}^{r / R} \frac{t^{\lambda-1}-t^{1-\lambda}}{1-t^{2}} d t . \tag{29}
\end{gather*}
$$

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The result can also be written

$$
\begin{equation*}
U(r)=\frac{2 M(R)}{\pi \lambda} \tan \frac{\pi \lambda}{2}\left\{(r / R)^{\lambda}-\lambda \int_{0}^{r / R} \frac{t^{1-\lambda}-t^{1+\lambda}}{1-t^{2}} d t\right\} \tag{30}
\end{equation*}
$$

The integral of the right-hand side is never negative, i.e. we have the inequality

$$
\begin{equation*}
\frac{U(r)}{r^{\lambda}} \leqslant \frac{2}{\pi \lambda} \tan \frac{\pi \lambda}{2} \frac{M(R)}{R^{\lambda}} \tag{31}
\end{equation*}
$$

## 8. An extremal subharmonic function

The result (29) of the preceding section suggests a study of the function

$$
w(z)=\frac{2 M(R)}{\pi} \tan \frac{\pi \lambda}{2} \int_{0}^{z / R} \frac{t^{\lambda-1}-t^{1-\lambda}}{1-t^{2}} d t
$$

which is analytic in $D_{R}$. In fact, a straight-forward computation shows that $\operatorname{Re} w(-r)=\cos \pi \lambda \operatorname{Re} w(r)$ and that the variation of $w(z)$ on the arc $|z|=R, z \neq-R$ is purely imaginary, i.e. Re $w(z)$ is constant on the arc. Hence the function $U(z)=$ $\operatorname{Re} w(z)$ is harmonic in $D_{R}$, has constant boundary value $M(R)$ on $|z|=R, z \neq-R$, as $w(R)=M(R)$, and satisfies $U(-r)=\cos \pi \lambda U(r)$. Furthermore, substitute $H(z)$ for $U(z)$ in (16) of section 4 and there results (22), i.e. $U(r)$ satisfies (22) as well as (19).

We shall now show that $U(r)$ majorizes $u^{*}(r)$, which in turn majorizes $M(r)$, by (9). We use the formulae containing the positive factor $1+\cos \pi \lambda$. On subtracting (18) from (22), we obtain

$$
\begin{equation*}
U(r)-u^{*}(r) \geqslant(1+\cos \pi \lambda) \int_{0}^{R} L(r, t)\left\{U(t)-u^{*}(t)\right\} d t \tag{32}
\end{equation*}
$$

The function $\psi(r)=U(r)-u^{*}(r)$ is not necessarily continuous for $0 \leqslant r \leqslant R$, since it can happen that $u^{*}(0)=-\infty$. However, it is lower semi-continuous and consequently takes a minimum value, $m$, in the interval. Further $\psi(0) \geqslant 0$ and $\psi(R)=0$. The minimum $m$ cannot be negative; for assume this were the case. Let $r_{0}, 0<r_{0}<R$, be the value of $r$ which gives the minimum. Substitution in (32) then gives

$$
\begin{equation*}
m \geqslant(1+\cos \pi \lambda) \int_{0}^{R} L\left(r_{0}, t\right) \psi(t) d t \geqslant m(1+\cos \pi \lambda) \int_{0}^{R} L\left(r_{0}, t\right) d t . \tag{33}
\end{equation*}
$$

However, by setting $H(z) \equiv 1$ in (16), we see that

$$
2 \int_{0}^{R} L\left(r_{0}, t\right) d t<1, \quad \text { i.e. } \int_{0}^{R} L\left(r_{0}, t\right) d t<\frac{1}{2} .
$$

This contradicts the assumption that $m<0$ in (33). Hence

$$
U(r)-u^{*}(r) \geqslant 0, \quad \text { i.e. } \quad u^{*}(r) \leqslant U(r)
$$

Since $M(r) \leqslant u^{*}(r)$, we have proved that

$$
\begin{equation*}
M(r) \leqslant U(r) \tag{5}
\end{equation*}
$$

and recalling (31), we obtain (6).
It remains to show that $U(z)$ is subharmonic for $|z|<R$. Since $U(z)$ is harmonic in $D_{R}$, it remains only to consider $U(z)$ locally on the segment $-R<z \leqslant 0$. A calculation shows that at each point of the segment its inner normal derivatives in both upward and down-ward directions are positive (and of course equal because of the symmetry of $U(z)$ ). Continuation of $U(z)$ from above the segment gives, in a disc $|z+r|<\delta$, a harmonic function which is less than $U(z)$ in the lower half of the disc. Thus a local condition for subharmonicity of $U(z)$ is satisfied at $z=-r$. A check shows that the mean of $U(z)$ on a circle centred at the origin is positive. Since $U(0)=0$, a local condition for subharmonicity is satisfied also at the origin.

We have thus found an extremal solution $U(z)$ to the problem, given in the introduction, of finding the maximum value of $M(r)$.

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