# Weak estimates on maximal functions with rectangles in certain directions 

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## § 1. Introduction

Let $\mathscr{I}$ be the family of intervals in $\mathbf{R}^{n}$. We use the term interval in the $n$-dimensional sense for sets of the form $\left\{\left(x_{1}, \ldots, x_{n}\right) ; x_{i} \in I_{i}, i=1, \ldots, n\right\}$ where $I_{i}, i=$ $=1, \ldots, n$ are one-dimensional intervals.

Consider the maximal function $M_{\mathscr{J}} f$ of the function $f$ defined by

$$
M_{\mathscr{F}} f(x)=\sup _{x \in I \in \mathscr{I}} \frac{1}{\mu(I)} \int_{I}|f(y)| d y .
$$

Here $\mu$ denotes the Lebesgue measure in $\mathbf{R}^{n}$. It was shown by Jessen, Marcinkiewicz \& Zygmund [4] that

$$
\begin{equation*}
\mu\left\{M_{\mathscr{F}} f(x)>\alpha\right\}<C \int_{\mathbf{R}} n|f(y) / \alpha|\left(1+\log ^{+}|f(y) / \alpha|\right)^{n-1} d y, \quad \alpha>0 . \tag{1}
\end{equation*}
$$

If we in the definition above replace $\mathscr{I}$ by the larger class $R$ of 'rectangles' obtained by all orthogonal transformations of intervals in $\mathscr{I}$, we get another maximal function $M_{R} f$. It is possible to find sets $E_{N}$ for every large $N>0$ such that the following inequality holds for the characteristic function $\chi_{E_{N}}$

$$
\begin{equation*}
\mu\left\{M_{R} \chi_{E_{N}}(x)>\frac{1}{8}\right\}>N \mu\left(E_{N}\right) . \tag{2}
\end{equation*}
$$

A construction leading to such sets is the Perron tree. Perron [5] simplified an orginal construction of Besicovitch [1] and the construction has been further simplified by Rademacher [6] and Schoenberg [7]. We will also refer to M. de Guzmán's Lecture Notes [3] where this construction is described and also many other solved and open problems about different kinds of maximal functions are considered.

In this paper we will consider maximal functions on $\mathbf{R}^{2}$ where the supremum is taken over all rectangles with certain given directions (containing the given point).

The set of permitted directions is countable and the direction will converge in an exponential way to a limit direction.

The main result of this paper is a weak type estimate for this kind of maximal functions. These weak type estimates are slightly weaker (with some logaritms) than weak $(2,2)$ and will thus imply that the maximal operators are bounded in $L^{p}$ for $p$ larger than 2 .

In Section 2 we give the condition for the set of directions and define the corresponding maximal function. The main result is stated in Section 3 in Theorem 1 and Theorem 2. Theorem 1 is restricted to characteristic functions, and Theorem 2 follows from Theorem 1. For the proof of Theorem 1 we use two geometric estimates which are proved in Section 4. The proof of Theorem 1 is given in Section 5. In Section 6 we mention three applications. In Section 7 we state how the main result can be generalized to larger sets of directions. In Section 8 we discuss the sharpness of the estimates and mention some open problems.

Finally, I would like to express my deep gratitude to Professor Lennart Carleson for the helpful discussions which led me to consider this problem, for his advice and interest.

## § 2. Preliminaries

Let $R(\varphi)$ be the family of rectangles $S$ in $\mathbf{R}^{2}$ such that the angle between the longest side of $S$ and the $x_{1}$-axis is $\varphi$. We call $\varphi$ the direction of $S$.

Given a set $\Phi$ of directions we define the maximal function $M_{\Phi} f$ by

$$
M_{\Phi} f(x)=\sup _{S} \frac{1}{\mu(S)} \int_{S}|f(y)| d y
$$

where the supremum is taken over all rectangles $S$ in the families $R(\varphi), \varphi \in \Phi$, containing the point $x$. ( $\mu$ is the Lebesgue measure in $\mathbf{R}^{2}$.)

Condition on the set $\boldsymbol{\Phi}$. We consider only countable $\Phi=\left\{\varphi_{i}\right\}_{i=1}^{\infty}$ where $\varphi_{i}$ converge to some direction $\varphi_{\infty}$ as $i \rightarrow \infty$. Further we assume that $\left\{\varphi_{i}\right\}_{i=1}^{\infty}$ satisfies the following condition:

$$
\begin{equation*}
\left|\varphi_{j}-\varphi_{i}\right|>C\left|\varphi_{i}-\varphi_{\infty}\right|, \quad i \neq j \tag{3}
\end{equation*}
$$

for some $c>0$. (In this paper $C$ and $c$ are used for constans that may differ from place to place.) We say that such sets $\Phi$ are exponential.

Remark. If $\varphi_{i}$ converge monotonically to $\varphi_{\infty}$ and also $\left|\varphi_{i-1}-\varphi_{i}\right|$ decrease as $i \rightarrow \infty$, then either (3) will hold, or it is for every large $N>0$ possible to find sets $E_{N}$ such that (2) holds (with $M_{\mathscr{I}}$ replaced by $M_{\Phi}$ ).

We will in the following use the symbol $\chi$ for characteristic functions, with the corresponding set as an index.

## § 3. Main result

Let $\Phi$ be an exponential set of directions. Then we have the following weak type estimates for the corresponding maximal functions.

Theorem 1. Let $\chi_{E}$ be the characteristic function of the measurable set $E$ in $\mathbf{R}^{2}$. Then

$$
\mu\left\{M_{\Phi} \chi_{E}(x)>\alpha\right\} \leqq C \alpha^{-2}(1+\log (1 / \alpha))^{2} \mu(E)
$$

for all $0<\alpha \leqq 1$. The constant $C$ depends only on $\Phi$.
Theorem 2. Let $\varepsilon>0$ and let $f$ be a function on $\mathbf{R}^{2}$. Then

$$
\mu\left\{M_{\Phi} f(x)>\alpha\right\} \leqq C \int_{\mathbf{R}^{2}}|f(y) / \alpha|^{2}\left(1+\log ^{+}|f(y) / \alpha|\right)^{4+\varepsilon} d y
$$

for all $\alpha>0$, if the integral is finite. The constant $C$ depends only on $\varepsilon$ and $\Phi$.
Theorem 2 follows from Theorem 1: Set $a=\sum_{j=0}^{\infty}(1+j)^{-1-(e / 3)}$ and let $E_{0}=\{|f(x)| \leqq \alpha / a\} \quad$ and $E_{j}=\left\{2^{j-1} \alpha / a<|f(x)| \leqq 2^{j} \alpha / a\right\}, \quad 0<j<\infty$. Then the set $\left\{M_{\Phi} f(x)>\alpha\right\}$ is contained in the union of the sets $\left\{M_{\Phi} \chi_{E_{j}}(x)>2^{-j} j^{-1-(\varepsilon / 3)}\right\}$. From Theorem 1 follows that the measure of this union is less than $C \sum_{j=1}^{\infty} 2^{2 j}(1+j)^{+4+\varepsilon} \mu\left(E_{j}\right)$ which is bounded by the right side of the inequality in Theorem 2.

## §4. Two auxiliary geometrical estimates

We shall in this section state two geometrical estimates which are needed in the proof of Theorem 1. The first one, Lemma 1 follows from a rather simple geometric observation. The second one, Lemma 2 is shown by means of Lemma 2 and (1). In the final step of the proof we get Theorem 1 from Lemma 2 and (1).

Let us first make some more assumptions on $\Phi$. By splitting the set $\Phi$ into finitely many subsets we can without loss of generality assume that $\varphi_{\infty}=0,0<\varphi_{i}<$ $\pi / 4$ and $2^{i} \beta \operatorname{tg} \varphi_{i} \in[19 / 20,21 / 20]$ for some $1 \leqq \beta<2$. We also assume that $\beta=1$ as $\beta$ has no important role in the proof.

The following lemma concerns the intersections of rectangles with two different directions.

Lemma 1. Let $T$ be an interval and let $\varphi_{0}$ be the direction of one of its diagonals. Further let $\varphi_{i}$ and $\varphi_{j}$ be two different directions in $\Phi$ (we may also have $j=\infty$ ), one of which is close to $\varphi_{0} ;$ more precisely, $\left|\varphi_{i}-\varphi_{0}\right|<\varphi_{i} / 9$ or $\left|\varphi_{j}-\varphi_{0}\right|<\varphi_{j} / 9$. Further, let $d_{i}$ and $d_{j}$ be the distance from the lower left hand corner of $T$ along the $\varphi_{i}$ (resp. $\varphi_{j}$ ) direction to one of the opposite sides.

Let $S \in R\left(\varphi_{i}\right)$ of length $>d_{i} / 64$ and $F_{j}$ be a union of some $S^{\prime} \in R\left(\varphi_{j}\right)$ of lengths $>d_{j} / 64$. Then

$$
\mu\left(F_{j} \cap S \cap T\right) \leqq C \mu(S) \mu\left(F_{j} \cap 2 T\right) / \mu(T)
$$

( $2 T$ is the interval with same center as $T$ but with doubled sides).
The following lemma concerns the intersections of rectangles with infinitely many directions.

Lemma 2. Let $T$ be an interval with one diagonal in the direction $\varphi_{i} \in \Phi$, and let $d_{j}$ be the shortest distance between parallel sides of $T$ in the $\varphi_{j}$ direction for $\varphi_{j} \in \Phi$.

Let $S \in R\left(\varphi_{i}\right)$ with length $>d_{i} / 8$ and $F_{j}, j \neq i$, be the unions of some $S^{\prime} \in R\left(\varphi_{j}\right)$ of lengths $>d_{j} / 8$ and $F$ be the union of the sets $F_{j}, j \neq i$. Then

$$
\mu(F \cap S \cap T) \leqq C \mu(S) \mu(F \cap 2 T) / \mu(T)
$$

Proof of Lemma 1. We make a linear map $\varrho$ from $\mathbf{R}^{2}$ to $\mathbf{R}^{2}$ which maps $\varphi_{i}$ and $\varphi_{j}$ into orthogonal directions such that $d_{i}$ and $d_{j}$ correspond to the length 1 . Now let us first show that $\mu(\varrho(T))<C$. We can estimate $\mu(T)$ by $C d_{i} d_{j} \sin \max \left(\varphi_{i}, \varphi_{j}\right)$ and since $\varrho$ changes the area by $\left[d_{i} d_{j} \sin \left|\varphi_{i}-\varphi_{j}\right|\right]^{-1}$ we get $\mu(\varrho(T))<C \sin \max \left(\varphi_{i}, \varphi_{j}\right) / \sin \left|\varphi_{i}-\varphi_{j}\right|$. From (3) we see that this quotient is bounded, and here is the only time in the proof of Theorem 1 where we really use that $\Phi$ is exponential. We observe that $\varrho(S)$ and $\varrho(F \cap 2 T)$ consist of line segments of lengths $>1 / 64$ which are orthogonal. From this we conclude that $\mu(\varrho(F \cap T \cap S)) \leqq C \mu(\varrho(F \cap 2 T)) \mu(\varrho(S))$. Hence

$$
\begin{aligned}
\frac{\mu(F \cap T \cap S)}{\mu(S)} & =\frac{\mu(\varrho(F \cap T \cap S))}{\mu(\varrho(S))} \leqq C \frac{\mu(\varrho(F \cap 2 T)) \mu(\varrho(S))}{\mu(\varrho(S))} \\
& \leqq C \frac{\mu(\varrho(F \cap 2 T))}{\mu(\varrho(T))} \leqq C \frac{\mu(F \cap 2 T)}{\mu(T)}
\end{aligned}
$$

which proves Lemma 1.
Proof of Lemma 2. We assume that $j<i$ (the case $j>i$ could be proved in the same way).

Let $I_{T}^{1}$ and $I_{T}^{2}$ be the one dimensional intervals defined by $T=I_{T}^{1} \times I_{T}^{2}$ and let $\mathscr{I}_{m}$ consist of intervals of the form $I_{m}=I_{m}^{1} \times 2 I_{T}^{2}$ where $I_{m}^{1}$ belongs to the dyadic decomposition of $2 I_{T}^{1}$ in $2^{m}$ equal intervals.

For a rectangle $S^{\prime}$ in the union $F_{j}$ with $S^{\prime} \cap T \neq \emptyset$ one of the following cases will occur

Case 1. $S^{\prime} \cap 2 T$ is contained in an interval $I^{S^{\prime}}$ with $\mu\left(I^{S^{\prime}}\right) \leqq 100 \mu\left(S^{\prime} \cap 2 T\right)$,
Case 2. $S^{\prime} \cap T \subset V^{S^{\prime}} \subset S^{\prime} \cap 2 T$ for some $V^{S^{\prime}} \in R\left(\varphi_{j}\right)$ with length $>d_{j} / 8$ such that $V^{S^{\prime}} \subset 4 I$ for every $I \in \mathscr{I}_{i-j}$ intersecting $V^{S^{\prime}}$. We use the notation $I_{i-j}^{S^{\prime}}$ for such a dyadic interval.

Case 1 will occur when the length of $S^{\prime}$ in the $\varphi_{\infty}$-direction is large, say larger than $2^{j-i-1}$ times the length of $I_{T}^{1}$. Otherwise Case 2 will occur.

We will now split the rectangles in the union $F$ into the following families $R_{m}$, $m \geqq 0$ :
$R_{0}$ consists of of those rectangles $S^{\prime}$ for which Case 1 occurs,
$R_{m}, \quad 0<m<i$, consists of all rectangles in $F_{i-m}$ with non-empty intersection with $T$ for which Case 2 occurs,
$R_{m}, m \geqq i$ is defined to be empty for convenience.
Now we shall define the subfamilies $R_{m}^{*} \subset R_{m}, m>0$, by induction over $m$. Set

$$
R_{1}^{*}=R_{1},
$$

and for $m>1$ set $R_{m}^{*}=\left\{S^{\prime} \in R_{m}\right.$ such that $V^{S^{\prime}}$ satisfies (4) below $\}$;

$$
\begin{equation*}
\mu\left\{V^{S^{\prime}} \cap\left(\bigcup_{v<m} \bigcup_{S^{\prime \prime} \in R_{v}^{*}} V^{S^{\prime \prime}}\right)\right\}<\frac{1}{2} \mu\left\{V^{S^{\prime}}\right\} \tag{4}
\end{equation*}
$$

We now consider the following unions of rectangles

$$
\begin{gathered}
G_{0}=\bigcup_{S^{\prime} \in R_{0}} I^{S^{\prime}}, \quad G_{m}=\bigcup_{S^{\prime} \in R_{m}^{*}} V^{S^{\prime}}, \quad 0<m<\infty, \\
G_{\infty}=\bigcup_{0<m<\infty} \bigcup_{S^{\prime} \in\left(R_{m} \backslash R_{m}^{*}\right)} 4 I_{m}^{S^{\prime}}
\end{gathered}
$$

We observe that the set $F \cap T$ is contained in the union of these unions $G_{m}, 0 \leqq m \leqq$ $\leqq \infty$, and that each of these $G_{m}$ is a union of rectangles with the same direction. Thus $\mu(F \cap S \cap T) \leqq \sum_{0 \leqq m \leqq \infty} \mu\left(S \cap T \cap G_{m}\right)$ and applying Lemma 1 we get the desired estimate in Lemma 2 if we can show that

$$
\begin{equation*}
\sum_{0 \leqq m \leqq \infty} \mu\left(G_{m}\right) \leqq C \mu(F \cap 2 T) \tag{5}
\end{equation*}
$$

Let us show (5). First we shall estimate $\mu\left(G_{0}\right)$. Since $\mu\left(I^{S^{\prime}}\right) \leqq 100 \mu\left(S^{\prime} \cap 2 T\right)$ for $S^{\prime} \in R_{0}$ we observe that the union $G_{0}$ of these intervals $I^{S^{\prime \prime}}$ is contained in the set where the maximal function $M_{\mathscr{G}} \chi_{F \cap 2 T}$ is not less than $1 / 100$. Hence by (1) we get $\mu\left(G_{0}\right) \leqq C \mu(F \cap 2 T)$.

In order to estimate the sum $\sum_{0<m<\infty} \mu\left(G_{m}\right)$ we define the disjoint subsets $H_{m}$ of $F \cap 2 T, 0<m<\infty$, by

$$
\begin{aligned}
& H_{1}=G_{1} \\
& H_{m}=G_{m} \backslash\left(\bigcup_{v<m} G_{v}\right), \quad 1<m<\infty .
\end{aligned}
$$

By (4) we get that $\mu\left(V^{S^{\prime}} \cap H_{m}\right)>(1 / 2) \mu\left(V^{S^{\prime}}\right)$ for $S^{\prime} \in R_{m}^{*}, 0<m<i$. Hence we conclude that the union $G_{m}$ of these rectangles $V^{S^{\prime}}$ is contained in the set where the maximal function with rectangles in the $\varphi_{i-m}$ direction $M_{\varphi_{i-m}} \chi_{H_{m}}$ is larger than $1 / 2$. Since this is a maximal function with rectangles in only one direction, we can use (1) again to get $\mu\left(G_{m}\right) \leqq C \mu\left(H_{m}\right), 0<m<i$. Since $G_{m}, i<m<\infty$, is empty and $H_{m}$
are disjoint subsets of $F \cap 2 T$ we get by summation the estimate $\sum_{0<m<\infty} \mu\left(G_{m}\right) \leqq$ $\leqq C \mu(F \cap 2 T)$.

It remains now to show that $\mu\left(G_{\infty}\right) \leqq C \mu(F \cap 2 T)$. We consider a rectangle $V^{S^{\prime}}$ with $S^{\prime} \in\left(R_{m} \backslash R_{m}^{*}\right), 0<m<\infty$. It does not satisfy (4), i.e. $\mu\left(\cup_{v<m}\left(G_{v} \cap V^{S^{\prime}}\right)\right) \geqq$ $\geqq(1 / 2) \mu\left(V^{S^{\prime}}\right)$. Thus we have

$$
\begin{equation*}
\sum_{v<m} \frac{\mu\left(G_{v} \cap V^{S^{\prime}}\right)}{\mu\left(V^{S^{\prime}}\right)} \geqq \frac{1}{2} \quad \text { for } \quad S^{\prime} \in\left(R_{m} \backslash R_{m}^{*}\right), \quad 0<m<\infty \tag{6}
\end{equation*}
$$

Let $I_{v}^{S^{\prime}} \in \mathscr{I}_{v}, v<m$, be the dyadic intervals containing $I_{m}^{S^{\prime}}$. Then $V^{S^{\prime}}$ is contained in $4 I_{v}^{S^{\prime}}$ for every $v \leqq m$. Applying Lemma 1 to each term in the sum in (6) we get

$$
\begin{gather*}
\sum_{v<m} \frac{\mu\left(G_{v} \cap 8 I_{v}^{S^{\prime}}\right)}{\mu\left(4 I_{v}^{S^{\prime}}\right)} \geqq C \sum_{v<m} \frac{\mu\left(G_{v} \cap V^{S^{\prime}}\right)}{\mu\left(V^{S^{\prime}}\right)} \geqq C<0,  \tag{7}\\
S^{\prime} \in\left(R_{m} \backslash R_{m}^{*}\right), \quad 0<m<\infty .
\end{gather*}
$$

Now we define the function $\psi$ by

$$
\psi(x)=\sum_{0<v<\infty} \sum_{I_{v} \in J_{v}} \frac{\mu\left(G_{v} \cap 8 I_{v}\right)}{\mu\left(4 I_{v}\right)} \chi_{4 I_{v}}(x)
$$

Here the sum is taken over all dyadic intervals $I_{v}$ in $\mathscr{I}_{v}$ for all $v$. From (7) we see that $\psi$ is larger than a positive constant on $I_{m}^{S^{\prime}}$ for $S^{\prime} \in\left(R_{m} \backslash R_{m}^{*}\right), 0<m<\infty$. Thus the union $G_{\infty}$ is contained in the set $\{\psi(x) \geqq c\}$ for a constant $c=0$ and we get

$$
\begin{aligned}
\mu\left(G_{\infty}\right) \leqq \mu\{\psi(x) \leqq c\} \leqq C \int_{\mathbf{R}^{3}} \psi(x) d x \leqq C \sum_{0<v<\infty} \sum_{I_{v} \in \mathscr{S}_{v}} \mu\left(G_{v} \cap 8 I_{v}\right) \\
\leqq C \sum_{0<v<\infty}^{\prime} \mu\left(G_{v}\right) \leqq C \mu(F \cap 2 T)
\end{aligned}
$$

By summation we get (5). The proof of Lemma 2 is complete.

## § 5. Proof of Theorem 1

As before we make the restriction $2^{j} \operatorname{tg} \varphi_{j} \in[19 / 20,21 / 20]$.
Let $R_{j, k} j=1,2, \ldots, k=0, \pm 1, \pm 2, \ldots$, be the families of rectangles $S \in R\left(\varphi_{j}\right)$ with $2^{-k-1}<$ length of $S \leqq 2^{-k}$, such that

$$
\begin{equation*}
\mu(S \cap E)>\alpha \mu(S) \tag{8}
\end{equation*}
$$

Then

$$
\left\{M_{\Phi} \chi_{E}(x)>\alpha\right\}=\bigcup_{j, k} \bigcup_{S \in R_{j, k}} S
$$

By a change of scale it is enough to estimate the measure of

$$
\begin{equation*}
\bigcup_{0<j, k \equiv N} \bigcup_{S \in R_{j, k}} S \tag{9}
\end{equation*}
$$

for large $N>0$. From now on $N$ is fixed and $j, k=1,2, \ldots, N$.

Let $m=1,2, N^{2}$ be an enumeration of the index pair $(j, k)$ given by $m=$ $=N(k-1)+j$, and let $\mathscr{I}_{m}$ be a decomposition of $\mathbf{R}^{2}$ in intervals for each of which one diagonal has length $2^{-k}$ and the direction is $\varphi_{j}$.

For $S \in R_{j, k}$ one of the following two cases occurs
Case 1. $S$ is contained in an interval $I^{S}$ with $\mu\left(I^{S}\right) \leqq 10 \mu(S)$.
Case 2. $S$ is contained in $4 I$ for every interval $I \notin \mathscr{I}_{m}$ intersecting $S$. We use the notation $I_{m}^{S}$ for such an interval.

Now we split up the rectangles in the following families $R_{m} m=0,1, \ldots, N^{2}$,
$R_{0}$ consists of those rectangles in $R_{j, k}$, all $j, k$, for which Case 1 occurs,
$R_{m}, 0<m \leqq N^{2}$, consists of those rectangles in $R_{j, k}, N(k-1)+j=m$, for which Case 2 occurs.

As in the proof of Lemma 2 we define some subfamilies $R_{m}^{*} \subset R_{m}, m>0$, by induction over $m$.
Set

$$
R_{1}^{*}=R_{1}
$$

for $m=1$ set $R_{m}^{*}=\left\{S \in R_{m}\right.$ such that $S$ satisfies (10) below $\}$;

$$
\begin{equation*}
\mu\left\{S \cap F^{(m)}\right\}<\frac{\alpha}{2} \mu(S) \quad \text { where we have put } \quad F^{(m)}=\underset{\substack{0<v<m \\ v \neq m \bmod N}}{\bigcup} \bigcup_{S \in R_{v}^{*}} S \tag{10}
\end{equation*}
$$

We now consider the following unions of rectangles

$$
\begin{gathered}
G_{0}=\bigcup_{S \in R_{0}} I^{S}, \quad G_{j}=\bigcup_{\substack{0<m \leq N^{2} \\
m=j \bmod N}}^{\bigcup} \bigcup_{S \in R_{m}^{*}} S, \quad 0<j \leqq N, \\
G_{\infty}=\bigcup_{0<m \leqq N^{2} S \in\left(R_{m} \backslash R_{m}^{*}\right)} 4 I_{m}^{S} .
\end{gathered}
$$

We observe that the union in (9) is contained in the union of the sets $G_{m}, m=$ $=0,1, \ldots, N^{2}, \infty$. Thus we get the desired estimate of Theorem 1 if we can show that

$$
\begin{equation*}
\mu\left(G_{0}\right)+\sum_{0<u \leqq N} \mu\left(G_{j}\right)+\mu\left(G_{\infty}\right) \leqq C \alpha^{-2}(1+\log (1 / \alpha))^{2} \mu(E) \tag{11}
\end{equation*}
$$

Let us show (11). First we shall estimate $\mu\left(\dot{G}_{0}\right)$. Since $\mu\left(I^{S}\right) \leqq \mu(S)$ for $S \in R_{0}$ we see by (8) that $\mu\left(I^{S} \cap E\right)>(\alpha / 10) \mu\left(I^{S}\right), S \in R_{0}$. Thus the union $G_{0}$ of these intervals $I^{S}$ is contained in the set where the maximal function $M_{\mathscr{G}} \chi_{E}$ is not less than $\alpha / 10$. Hence we get by (1) $\mu\left(G_{0}\right) \equiv C \alpha^{-1}(1+\log (1 / \alpha)) \mu(E)$.

In order to estimate the sum $\sum_{0<j \leqq N} \mu\left(G_{j}\right)$ we define the sets $H_{m}, 0<m \leqq N^{2}$ by

$$
\begin{aligned}
H_{1} & =\bigcup_{S \in R_{1}^{*}} S \\
H_{m} & =\left(\bigcup_{S \in R_{m}^{*}} S\right) \backslash F^{(m)}, \quad 1<m \leqq N^{2}
\end{aligned}
$$

Let $E_{j}, j=1, \ldots, n$, be subsets of $E$ defined by

$$
E_{j}=E \cap\left(\underset{\substack{0 \leq m \leq N^{2} \\ m=j \bmod N}}{\bigcup_{m}} H_{m} .\right.
$$

It is easy to check that the sets $E_{j}$ are disjoint: If $x$ is a point in $E_{j}$ then there is a least $m$ such that $x$ is in $\cup_{S \in R_{m}^{*}} S$, and if $x$ is in $H_{m^{\prime}}$ then $m^{\prime}=m(\bmod N)$. As $x$ is in $E_{j}$ we must have $m^{\prime}=j(\bmod N)$ which implies that $E_{j}$, does not contain $x$ for $j^{\prime} \neq j$.

Now we consider a rectangle $S \in R_{m}^{*}$ and the set $E_{j}, m=j \bmod N$. The following set inclusions yield

$$
S \cap E_{j} \supset S \cap H_{m} \cap E \supset(S \cap E) \backslash\left(S \cap F^{\left(m^{m}\right)}\right)
$$

Hence we get by (8) and (10)

$$
\begin{gather*}
\mu\left(S \cap E_{j}\right)>\alpha / 2 \mu(S) \quad \text { for } \quad S \in R_{m}^{*}, m=j \bmod N, \quad 0<m \leqq N^{2}  \tag{12}\\
0<j \leqq N .
\end{gather*}
$$

Since a union $G_{j}, 0<j \leqq N$ consists of rectangles only in the direction $\varphi_{j}$ we conclude by (12) that $G_{j}$ is contained in the set where the maximal function with rectangles in this direction $M_{\varphi_{j}} \chi_{E_{j}}$ is larger than $\alpha / 2$. Since this is a maximal function with rectangles in only one direction we can use (1) to get

$$
\mu\left(G_{j}\right) \leqq C \alpha^{-1}(1+\log (1 / \alpha)) \mu\left(E_{j}\right)
$$

By summation, using that $E_{j}$ are disjoint subsets of $E$, we get

$$
\begin{equation*}
\bigcup_{0<j<N} \mu\left(G_{j}\right) \leqq C \alpha^{-1}(1+\log (1 / \alpha)) \mu(E) . \tag{13}
\end{equation*}
$$

Now it remains to estimate $\mu\left(G_{\infty}\right)$. We consider a rectangle $S \in\left(R_{m} \backslash R_{m}^{*}\right)$, $0<m \leqq N^{2}$. It does not satisfy (10), i.e.

$$
\begin{equation*}
\frac{\mu\left(F^{(m)} \cap S\right)}{\mu(S)} \geqq \frac{\alpha}{2} \tag{14}
\end{equation*}
$$

Now we shall use Lemma 2 with $T$ replaced by $4 I_{m}^{S}$ and with the rectangle $S$ and the union $F^{(m)}$ of rectangles $S^{\prime}$. We observe that the directions of the rectangles $S^{\prime}$ in $F^{(m)}$ are different from the direction of $S$ and that the lengths of the rectangles $S^{\prime}$ are large enough compared to the interval $4 I_{m}^{S}$ in order to fulfil the conditions in Lemma 2. We get the following inequalities

$$
\begin{align*}
\frac{\mu\left\{8 I_{m}^{S} \cap\left(\bigcup_{0<v<\infty} G_{j}\right)\right\}}{\mu\left\{8 I_{m}^{S}\right\}} & \geqq \frac{1}{4} \frac{\mu\left\{8 I_{m}^{S} \cap F^{(m)}\right\}}{\mu\left\{4 I_{m}^{S}\right\}}  \tag{15}\\
& \geqq \frac{1}{C} \frac{\mu\left(F^{(m)} \cap S\right)}{\mu(S)} \geqq \frac{\alpha}{C} \\
& \quad \text { for } \quad S \in\left(R_{m} \backslash R_{m}^{*}\right), \quad 0<m<\infty .
\end{align*}
$$

In the first inequality of (15) we have only used that $F^{(m)}$ is contained in the union of the sets $G_{j}, 0<j<\infty$, for the second inequality we use Lemma 2 and also that $S$ is contained in $I_{m}^{S}$, the third inequality is (14).

From (14) we conclude that $G_{\infty}$ is contained in the set where the maximal function $M_{\mathscr{\&}} \chi_{\cup_{0<j<\infty} G_{j}}$ is not less than $\alpha / C$, if the constant $C$ is large enough. By (1) we now get

$$
\mu\left(G_{\infty}\right) \leqq C \alpha^{-1}(1+\log (1 / \alpha)) \sum_{0<j<\infty} \mu\left(G_{j}\right)
$$

and by (13) we now get

$$
\begin{equation*}
\mu\left(G_{\infty}\right) \leqq C \alpha^{-2}(1+\log (1 / \alpha))^{2} \mu(E) \tag{16}
\end{equation*}
$$

By summation of (13), (16) and our estimate of $\mu\left(G_{0}\right)$ we get (11).
This completes the proof of Theorem 1.

## § 6. Application

We give one application concerning maximal functions defined by means of polygons. We also mention two applications given by A. Cordoba and R. Fefferman in [2], the second one also together with C. Fefferman. The main result of this paper is used to get two estimates for multipliers.
I. Let $P$ be a polygon in $\mathbf{R}^{2}$ with infinitely many sides $L_{j}, j=0, \pm 1, \pm 2, \ldots$, given by their endpoints $\left(2^{-j}, 2^{-2 j}\right)$ and $\left(2^{-j-1}, 2^{-2(j+1)}\right)$. Let $P_{t}=\{x \in P ;|x|<t\}$, $t=0$, and let $d \sigma$ be the length measure on $P$.

We define the maximal function $M_{P} f$ of the function $f$ by

$$
M_{P} f(x)=\sup _{t>0} \frac{1}{\sigma\left(P_{t}\right)} \int_{P_{t}}|f(x+y)| d \sigma(y) .
$$

Then we get the following estimate
Theorem 3. $\mu\left\{M_{p} \chi_{E}(x)=\alpha\right\} \leqq C \alpha^{-2}(1+\log (1 / \alpha)) \mu(E)$ for all $0<\alpha \leqq 1$ and all measurable sets $E$ in $\mathbf{R}^{2}$.

Proof: Let $\varphi_{j}$ be the direction of $L_{j}$. Then $\Phi=\left\{\varphi_{j}\right\}_{1}^{\infty}$ is an exponential set of directions. Define

$$
M_{P}^{*} f(x)=\sup _{j} \frac{1}{\sigma\left(L_{j}\right)} \int_{L_{j}}|f(x+y)| d \sigma(y)
$$

We observe that $M_{P} f \leqq C M_{P}^{*} f$. The middle points $a_{j}$ of the sides $L_{j}$ are different from the origin. If $a_{j}$ had been at the origin for all $j$, then $M_{P}^{*} f$ would be domainted by $M_{\Phi} f$ a.e. and Theorem 1 could be used directly. Now, however we have to take care of the translations of sets by $a_{j}$ in the proof of Theorem 1. It is to consider
inequality (1) and to restrict this inequality to those rectangles $S \in R\left(\varphi_{j}\right)$ which are very thin, in fact, approaching line segments of length $\sigma\left(L_{j}\right), j=0,1, \ldots$. Then the first term of (11) vanishes and the sum is unchanged since the Lebesgue measure is translation invariant. In order to see how the translations effect the term $\mu\left(G_{\infty}\right)$ we observe that the origin is contained in the interval $4 I^{L_{j}}$, where $I^{L_{j}}$ is the interval given by the diagonal $L_{j}$. Hence it is enough to replace $4 I_{m}^{S}$ by $8 I_{m}^{S}$ in the definition of $G_{\infty}$. This changes the estimate of $\mu\left(G_{\infty}\right)$ only by a constant.

Since we are considering line segments instead of rectangles we can use the weak type $(1,1)$ estimate of the one-dimensional Hardy-Littlewood maximal operator instead of (1) to get a better estimate in (13). Because of that, the estimate in Theorem 3 will be a factor $1 /(1+\log (1 / \alpha))$ better then the estimate in Theorem 1.
II. Let $D$ be a set in the $(x, y)$-plane, whose boundary $\partial D$ is a polygon with infinitely many sides $Z_{0}, Z_{1}, \ldots$ Let $Z_{0}$ be on the line $x=1$ and $Z_{j}, j=1,2, \ldots$ has the direction $2^{-j}$ and the endpoints on the lines $x=2^{1-j}$ and $x=2^{-j}$.

Let $T_{D}$ be the operator on $L^{p}$ defined on the Fourier transform side by

$$
(T(f)) \wedge(\xi)=\chi_{D}(\xi) \hat{f}(\xi)
$$

Then $T_{D}$ is a bounded operator on $L^{p}, 4 / 3<p<4$. (We refer to [2] for the proof.)
III. In $\mathbf{R}^{2}$ denote by $\Omega_{j}$ the sector $\left\{z \in \mathbf{R}^{2} ; 2^{-j-1} \leqq \arg (z)<2^{-j}\right\}, j=1,2, \ldots$. Let the operator $T_{j}$ be defined by

$$
\left(T_{j}(f)\right)^{\wedge}(\xi)=\chi_{\Omega_{j}}(\xi) \hat{f}(\xi)
$$

Then

$$
\left\|\left(\sum_{j=1}^{\infty}\left|T_{j}(f)\right|^{2}\right)^{1 / 2}\right\|_{p} \sim\|f\|_{p}
$$

for $4 / 3<p<4$. (For the proof we refer to [2]).

## § 7. Generalization to larger sets of directions

We shall generalize the concept of exponential sets which we have used above. We say that a set of directions $\Phi$ is exponential of the 0 -generation if $\Phi$ consists of a single direction $\varphi$. We say that a set of directions $\Phi$ is exponential of the $m$-generation if $\Phi=\left\{\Phi_{i_{1}, \ldots, i_{m}}\right\}_{i_{1}, \ldots, i_{m}}^{\infty}=1$ satisfy
(i) $\lim _{i_{m} \rightarrow \infty} \varphi_{i_{1}, \ldots, i_{m-1}, i_{m}}=\varphi_{i_{1}, \ldots, i_{m-1}}$ where $\left\{\varphi_{i_{1}, \ldots, i_{m-1}}\right\}_{i_{1}, \ldots, i_{m-1}=1}^{\infty}$ is exponential in the ( $m-1$ )-generation.
(ii) There is a constant $c>0$ such that for $\left(i_{1}, \ldots, i_{m}\right) \neq\left(j_{1}, \ldots, j_{m}\right)$ the following inequality holds

$$
\left|\varphi_{j_{1}, \ldots, j_{m}}-\varphi_{i_{1}, \ldots, i_{m}}\right|>c\left|\varphi_{i_{1}, \ldots, i_{m}}-\varphi_{i_{1}, \ldots, i_{k}}\right|
$$

where $0 \leqq k<m$ such that $\left(i_{1}, \ldots, i_{k}\right)=\left(j_{1}, \ldots, j_{k}\right)$ and $i_{k+1} \neq j_{k+1}$.

We see that to say that a set is exponential of the 1 -generation is the same as to say that it is exponential.

A generalization of Theorem 1 and Theorem 2 is the following
Theorem 1'. Let $m \geqq 0$, and let $\Phi$ be exponential of the m-generation. Let $\chi_{E}$ be the characteristic function of the measurable set $E$ in $\mathbf{R}^{n}$. Then

$$
\mu\left\{M_{\Phi} \chi_{E}(x)>\alpha\right\} \leqq C \alpha^{-1-m}(1+\log (1 / \alpha))^{1+m} \mu(E)
$$

for all $0<\alpha<1$. The constant $C$ depends only on $\Phi$.
Theorem $2^{\prime}$. Let $m \geqq 0$, and let $\Phi$ be exponential of the $m$-generation. Let $\varepsilon>0$, and let $f$ be a function on $\mathbf{R}^{2}$. Then

$$
\mu\left\{M_{\Phi} f(x)>\alpha\right\} \leqq C \int_{\mathbf{R}^{2}}|f(y) / \alpha|^{-m-1}(1+\log |f(y) / \alpha|)^{2 m+2+\varepsilon} d y
$$

for all $\alpha>0$, if the integral is finite. The constant $C$ depends only on $\varepsilon$ and $\Phi$.
Theorem $2^{\prime}$ follows from Theorem $1^{\prime}$ in the same way as before. We shall not give the proof of Theorem $1^{\prime}$. We will only say that the method used in the proof of Theorem 1 can be repeated in such a way that Theorem $1^{\prime}$ can be shown for $\Phi$ exponential of the $m$-generation, if it is already shown for $\Phi$ exponential of the ( $m-1$ )-generation.

## § 8. Some remarks

I. There is no indication that the estimate in Theorem 1 is sharp. If we let the set $E$ be a ball and let $\Phi=\left\{2^{-i}\right\}_{1}^{\infty}$ than we see that it is impossible to get an estimate better than

$$
\begin{equation*}
\mu\left\{M_{\Phi} \chi_{E}(x)>\alpha\right\} \leqq C \alpha^{-1}(1+\log (1 / \alpha))^{2} \mu(E) \tag{17}
\end{equation*}
$$

In fact, one does not know any example of a set E that violates (17).
More generally the estimate in Theorem $1^{\prime}$ is very likely not sharp. If we let the set $E$ be a ball again and let $\Phi=\left\{\varphi_{i_{1}, \ldots, i_{m}}\right\}$ with

$$
\varphi_{i_{1}, \ldots, i_{m}}=\sum_{1 \leqq k \leqq m} \exp \left(-k-\sum_{1 \leqq l \leqq k} i_{l}\right)
$$

then we see that it is impossible to get an estimate better

$$
\begin{equation*}
\mu\left\{M_{\Phi} \chi_{E}(x)>\alpha\right\} \leqq C \alpha^{-1}(1+\log (1 / \alpha))^{1+m} \mu(E) \tag{18}
\end{equation*}
$$

The author has not been able to disapprove (18) by any counterexample.
II. It is an open problem to find weak type estimates when we have more general sets of directions than those considered in Theorem $1^{\prime}$. An important condition for the sets of directions is the following condition proposed by P. Sjögren (c.f. the condition in Theorem 1 of [8]):

There is an $\varepsilon>0$ with the following property: Any segment $I_{1}$ of the unitcircle contains a subsegment $I_{2}$ which is disjoint from $\Phi$ such that the ratio between the lengths of $I_{2}$ and $I_{1}$ equals $\varepsilon$.

The condition means, roughly speaking, that $\Phi$ is contained in a Cantor set with constant ratio. If $\Phi$ does not satisfy this condition then it is possible to make the construction of sets $E_{N}$ giving the inequality (2), i.e.

$$
\mu\left\{M_{\Phi} \chi_{E_{N}}(x)>1 / 8\right\}>N \mu\left(E_{N}\right)
$$

for every large $N>0$.
It is an open problem to find any weak type estimate for the maximal functions when the set of directions is a Cantor set with constant ratio.

Added in proof Recently A. Cordoba and R. Fefferman has proved a weak $L^{2}$ estimate for the maximal function in Theorem 2. Using their methods we can also get a weak $L^{2}$-estimate in Theorem 3. Concerning Theorem $1^{\prime}$ and $2^{\prime}$ it is possible to prove a weak $L^{2}$-estimate for all $m$ using some additional arguments.

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