# Projection estimates for harmonic measure 

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#### Abstract

Stochastic proofs of the Beurling projection theorem and the Hall projection theorem for harmonic measure are given. Some $d$-dimensional versions (for all $d>1$ ) which follow from this approach are pointed out.


## 1. Introduction

If $U$ is an open subset of the complex plane $\mathbf{C}, a \in U$ and $E$ is a Borel subset of $\partial U$, we let $\lambda_{a}(E)=\lambda_{a}^{U}(E)$ denote the harmonic measure of $E$ w.r.t. $U$ (at the point $a$ ). (We assume that $\partial U$, the boundary of $U$, has positive logarithmic capacity i.e. $\partial U$ is not polar.) It is well known that $\lambda_{a}$ can be described in terms of Brownian motion, as follows: If $b_{\omega \rho}^{a}(t), \omega \in \Omega, t \geqq 0$ denotes Brownian motion starting at $a$ with probability law $P^{a}$, then

$$
\lambda_{a}^{U}(E)=P^{a}\left(b_{\omega}^{a}\left(T_{U}\right) \in E\right),
$$

where $T_{U}=\inf \left\{t>0 ; b_{\omega \omega}^{a}(t) \notin U\right\}$ is the first exit time of $U$. In Sections 2 and 3 we use Brownian motion to give proofs of the Beurling projection theorem and the Hall projection theorem for harmonic measure. With natural modifications the proofs can be applied to give extensions of these projections theorems to $\mathbf{R}^{d}$, for all $d>1$. In Section 4 we formulate some such $d$-dimensional projection theorems which are not so easily available via extensions of the classical proofs.

We refer the to [1], [2], [3] and [5] for proofs of the Beurling and Hall projection theorems and more information about harmonic measure. A survey of the stochastic potential theory can be found in [7] and [8].

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## 2. The Beurling projection theorem

Let us first introduce some notation. If $G$ is a set $G^{0}$ denotes the interior of $G$ and $G^{\prime}$ denotes the reflection of $G$ about the $x$-axis. The circular projection of a plane set $E$ about a point $x_{0}$ is defined as follows:

$$
E^{*}=E^{*}\left(x_{0}\right)=\left\{\left|z-x_{0}\right| ; z \in E\right\}
$$

Let $0 \leqq R_{1}<R_{2} \leqq \infty$ and let $A$ denote the annulus

$$
A=\left\{z ; R_{1} \leqq|z| \leqq R_{2}\right\}
$$

Theorem 1. (Beurling projection theorem.) Let $K$ be a compact subset of $A$ and suppose $-R_{2}<a<-R_{1}$, Put $K^{*}=K^{*}(0)$ and define

$$
U=A^{0} \backslash K, \quad V=A^{0} \backslash K^{*}
$$

Then

$$
\lambda_{a}^{U}(K) \geqq \lambda_{a}^{V}\left(K^{*}\right)
$$

To prove Theorem 1, we first establish the following, which will also be needed in the proof of the Hall projection theorem.

Lemma 1. (Reflection lemma.) Let $U \subset \mathbf{C}$ be open such that $U^{\prime}=U$ and let $a \in I=\mathbf{R} \cap U$. Let $K \subset U$ be compact and put

$$
\begin{aligned}
K^{+} & =\{z \in K ; \operatorname{Im} z \geqq 0\} \\
K^{-} & =\{z \in K ; \operatorname{Im} z<0\} \\
\tilde{K} & =\left(K^{+}\right)^{\prime} \cup K^{-}
\end{aligned}
$$

Then

$$
\lambda_{a}^{U \backslash K}(K) \geqq \lambda_{a}^{U \backslash \tilde{K}}(\tilde{K})
$$

Proof. Put $V=U \backslash K, W=U \backslash \widetilde{K}$. Consider $H=K^{+} \cup\left(K^{-} \backslash\left(K^{+}\right)^{\prime}\right)$. Then $H \subseteq K$ and $\tilde{H}=\widetilde{K}$. Therefore it is enough to prove the result for the case when $\left(K^{+}\right)^{\prime} \cap K^{-}=\emptyset$. Put $D=U \backslash\left(K \cup K^{\prime}\right)$. Then by the strong Markov property

$$
\begin{equation*}
P^{a}\left(b\left(T_{V}\right) \in K\right)=P^{a}\left(b\left(T_{D}\right) \in K\right)+\int_{K^{\prime} \backslash K} P^{y}\left(b\left(T_{V}\right) \in K\right) d v_{a}(y) \tag{1}
\end{equation*}
$$

where $v_{a}$ is the distribution of $b^{a}\left(T_{D}\right)$ on $\partial D$, i.e. $v_{a}(B)=P^{a}\left(b\left(T_{D}\right) \in B\right)$, for $B$ a Borel set.

Now let $G=U \backslash I$ and let $\mu_{y}$ be the distribution of $b^{y}\left(T_{G}\right)$ on $\partial G$. Then we clearly have, again using the strong Markov property,

$$
\begin{equation*}
P^{y}\left(b\left(T_{V}\right) \in K\right) \geqq \int_{I} P^{x}\left(b\left(T_{V}\right) \in K\right) d \mu_{y}(x) \tag{2}
\end{equation*}
$$

So combining (1) and (2) we obtain

$$
\begin{equation*}
P^{a}\left(b\left(T_{V}\right) \in K\right) \geqq P^{a}\left(b\left(T_{D}\right) \in K\right)+\int_{K^{\prime} \backslash K}\left(\int_{I} P^{x}\left(b\left(T_{V}\right) \in K\right) d \mu_{y}(x)\right) d v_{a}(y) \tag{3}
\end{equation*}
$$

Repeating the argument (1)-(3) $n$ times, we obtain

$$
\begin{gather*}
P^{a}\left(b\left(T_{V}\right) \in K\right) \geqq P^{a}\left(b\left(T_{D}\right) \in K\right)  \tag{4}\\
+\sum_{k=1}^{n} \int_{K^{\prime} \backslash K}\left(\int_{I^{\prime}} \ldots \int_{K^{\prime} \backslash K}\left(\int_{I} P^{x_{k}}\left(b\left(T_{D}\right) \in K\right) d \mu_{y_{k}}\left(x_{k}\right)\right) d v_{x_{k-1}}\left(y_{k}\right) \ldots\right) d v_{a}\left(y_{1}\right) \\
+\int_{K^{\prime} \backslash K}\left(\int_{I} \cdots \int_{K^{\prime} \backslash K}\left(\int_{I} P^{x_{n}}\left(b\left(T_{V}\right) \in K, b\left(T_{D}\right) \in K^{\prime} \backslash K\right) d \mu_{y_{n}}(x)\right) \ldots\right) d v_{a}\left(y_{1}\right)
\end{gather*}
$$

Since $v_{x}\left(K^{\prime} \backslash K\right) \leqq \frac{1}{2}$ for all $x \in I$, the last term in (4) tends to zero as $n \rightarrow \infty$ and the series converges.

We now apply the procedure (1)-(4) to $P^{a}\left(b\left(T_{W}\right) \in \tilde{K}\right)$ and obtain similarly (except with equality instead of inequality):

$$
\begin{gather*}
P^{a}\left(b\left(T_{W}\right) \in \widetilde{K}\right)=P^{a}\left(b\left(T_{D}\right) \in \tilde{K}\right)  \tag{5}\\
+\sum_{k=1}^{\infty} \int_{F} \int_{I} \ldots \int_{F}\left(\int_{I} P^{x_{k}}\left(b\left(T_{D}\right) \in \tilde{K}\right) d \mu_{y_{k}}\left(x_{k}\right)\right) d v_{x_{k-1}}\left(y_{k}\right) \ldots d v_{a}\left(y_{1}\right)
\end{gather*}
$$

where $F=\left(K \cup K^{\prime}\right) \backslash \widetilde{K}=K^{+} \cup\left(K^{-}\right)^{\prime}$ (since we have assumed $\left.\left(K^{+}\right)^{\prime} \cap K^{-}=\emptyset\right)$. By symmetry $P^{x}\left(b\left(T_{D}\right) \in \widetilde{K}\right)=P^{x}\left(b\left(T_{D}\right) \in K\right)$ for all $x \in I$, and since $K^{\prime} \backslash K=$ $\left(K^{+}\right)^{\prime} \cup\left(K^{-}\right)^{\prime}$ we get by symmetry that each term in (5) is equal to the corresponding term in the sum in (4). That completes the proof of Lemma 1.

We now proceed to prove Theorem 1:
If $H$ is a set, we let $H^{(1)}$ be the reflection of $H$ about the $y$-axis $J_{1}$. Put

$$
W_{\mathbf{1}}=A^{0} \cap\{z ; \operatorname{Re} z<0\} .
$$

Then

$$
\begin{equation*}
P^{a}\left(b\left(T_{U}\right) \in K\right) \geqq \int_{J_{1}} P^{y}\left(b\left(T_{U}\right) \in K\right) d \sigma_{a}(y) \tag{7}
\end{equation*}
$$

where $\sigma_{a}$ is the distribution of $b\left(T_{W_{1}}\right)$.
By Lemma 1 with $U=A^{0}$, reflecting about $J_{1}$, we have

$$
\begin{equation*}
P^{y}\left(b\left(T_{U}\right) \in K\right) \geqq P^{y}\left(b\left(T_{0}(1) \in \tilde{K}^{(1)}\right),\right. \tag{8}
\end{equation*}
$$

where $\left.\widetilde{K}^{(1)}=\left(K \cap W_{1}\right)^{(1)} \cup\left[K \backslash W_{1}\right)\right], \tilde{U}^{(1)}=A^{0} \backslash \tilde{K}^{(1)}$.
Therefore,

$$
\begin{equation*}
P^{a}\left(b\left(T_{U}\right) \in K\right) \geqq \int_{J} P^{y}\left(b\left(T_{\tilde{U}^{(1)}}\right) \in \tilde{K}^{(1)}\right) d \sigma_{a}(y)=P^{a}\left(b\left(T_{\left.\tilde{\sigma}^{(1)}\right)}\right) \in \tilde{K}^{(1)}\right) \tag{9}
\end{equation*}
$$

We now repeat the process, at the $n$ 'th step first reflecting about the line

$$
J_{n}=\left\{r e^{i \theta} ; r \in \mathbf{R}, \theta=2^{-n} \pi\right\}
$$

and then about the line

$$
J_{n}=\left\{r e^{i \theta} ; r \in \mathbf{R}, \theta=-2^{-n} \pi\right\}
$$

and each time using Lemma 1 with $U=A^{0}$.
In the limit we obtain

$$
P^{a}\left(b\left(T_{U}\right) \in K\right) \geqq P^{a}\left(b\left(T_{V}\right) \in K^{*}\right) \quad \text { as asserted. }
$$

## 3. The Hall projection theorem

We will prove the following version of the Hall projection theorem:
Theorem 2 (Hall projection theorem). Let $A$ and a be as in Theorem 1. Suppose $R_{1}<r_{1}<r_{2}<R_{2}$. Then there exists a constant $c>0$ such that for all compact $K \subset\left\{z ; r_{1}<|z|<r_{2}\right\}$ we have

$$
\lambda_{a}^{M}(K) \geqq c \cdot m_{1}\left(K^{*}\right)
$$

where $M=A^{0} \backslash K \backslash[0, \infty)$ and $m_{1}$ denotes 1-dimensional Lebesgue measure on $\mathbf{R}$. (c does not depend on $K$.)

To prove Theorem 2, we first establish the following:
Lemma 2. Suppose that - in addition to the hypothesis of Theorem 2 - there exists $0<\delta \leqq \frac{\pi}{4}$ such that

$$
K \subset\left\{r e^{i \theta} ; r \geqq 0, \delta \leqq \theta \leqq 2 \delta\right\}
$$

Then there exists a constant $c_{0}$, independent of $\delta$ and $K$, such that

$$
\lambda_{a}^{M}(K) \geqq c_{0} m_{1}\left(K^{*}\right)
$$

Proof of Lemma 2. Put $I_{m}=\left\{\mathrm{re}^{i \theta} ; r \geqq 0, \quad \theta=\delta\left(1+2^{-m}\right)\right\}$, and $L_{m}=$ $\left\{\mathrm{re}^{i \theta} ; r \geqq 0, \theta=\delta\left(2+2^{-m+1}\right)\right\}, m=0,1,2, \ldots$. For $x_{m-1} \in I_{m-1}$ let $v_{m}^{x_{m-1}}$ be the distribution on $I_{m}$ of $b^{x_{m-1}}\left(T_{Z_{m}}\right)$, where

$$
Z_{m}=A \cap\left\{r e^{i \theta} ; r \leqq 0, \delta\left(1+2^{-m}\right) \leqq \theta \leqq \delta\left(1+2^{-m+2}\right)\right\}
$$

Let $U_{m}=\left\{\mathrm{re}^{i \theta} ; R_{1}<r<R_{2}, 0<0<\delta\left(2+2^{-m+1}\right)\right\}$ and $S_{m}=\left\{\mathrm{re}^{i \theta} ; r \geqq 0, \delta\left(1+2^{-m}\right) \leqq\right.$ $\left.\theta \leqq \delta\left(1+2^{-m+1}\right)\right\}$. Let $v^{a}$ be the distribution of the first exit of $b^{a}(t)$ from $A \backslash I_{1}$. Then
(1) $\quad P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq \int_{I_{1}} P^{x_{1}}\left(b\left(T_{M}\right) \in K\right) d v^{a}\left(x_{1}\right) \geqq \int_{I_{1}} P^{x_{1}}\left(b\left(T_{0}\right) \in K\right) d v^{a}\left(x_{1}\right)$,
where $T_{0}$ is the first exit time of $b^{x_{1}}(t)$ from the set $A^{0} \backslash K \backslash L_{1} \backslash \mathbf{R}$. We now apply Lemma 1 with $U=U_{1}$, reflecting about $I_{1}$ :

$$
K_{1}=\left(K \cap S_{1}\right)^{(1)} \cup\left(K \backslash S_{1}\right)
$$

where for all $m E^{(m)}$ denotes reflection of a set $E$ about $I_{m}$, and let $T_{1}$ be the first exit time of $b(t)$ from $A^{0} \backslash K_{1} \backslash L_{\mathbf{1}} \backslash \mathbf{R}$. Then

$$
\begin{equation*}
P^{x_{1}}\left(b\left(T_{0}\right) \in K\right) \geqq P^{x_{1}}\left(b\left(T_{1}\right) \in K_{1}\right) \text { for all } x \in I_{1} \tag{2}
\end{equation*}
$$

Therefore

$$
\begin{equation*}
P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq \int_{I_{1}} P^{x_{1}}\left(b\left(T_{1}\right) \in K_{1}\right) d v^{a}\left(x_{1}\right) \tag{3}
\end{equation*}
$$



Repeating the argument, we get

$$
\begin{equation*}
P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq \int_{I_{1}}\left(\int_{I_{2}} P^{x_{2}}\left(b\left(T_{2}\right) \in K_{2}\right) d \nu^{x_{1}}\left(x_{2}\right)\right) d v^{a}\left(x_{1}\right) \tag{4}
\end{equation*}
$$

where $K_{2}=\left(K_{1} \cap S_{2}\right)^{(2)} \cup\left(K_{1} \backslash S_{2}\right), T_{2}$ is the first exit time from $A^{0} \backslash K_{2} \backslash L_{2} \backslash \mathbf{R}$ and $v_{2}^{x_{1}}$ is the first exit distribution of $b^{x_{1}}(t)$ from $A^{0} \backslash L_{1} \backslash I_{2}$. After $n$ repetitions we have

$$
\begin{equation*}
P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq \int_{I_{1}}\left(\int_{I_{2}}\left(\ldots \int_{I_{n}} P^{x_{n}}\left(b\left(T_{n}\right) \in K_{n}\right) d \nu_{n^{x-1}}^{x_{n-1}}\left(x_{n}\right)\right) \ldots\right) d v^{a}\left(x_{1}\right) \tag{5}
\end{equation*}
$$

where $K_{j}=\left(K_{j-1} \cap S_{j}\right)^{(j)} \cup\left(K_{j-1} \backslash S_{j}\right), T_{j}$ is the first exit time from $A^{0} \backslash K_{j} \backslash L_{j} \backslash \mathbf{R}$, $j=1,2, \ldots, n$ and $v_{j}^{x_{j-1}}$ is the first exit distribution of $b^{x_{j-1}}(t)$ from $A^{0} \backslash L_{j-1} \backslash I_{j}$.

We now replace the measures $v_{m}^{x_{m-1}}$ by the measures $\mu_{m}^{x_{m-1}}$ defined as follows:
For $x_{m-1}$ between $I_{0}$ and $I_{m}$ we let $\mu_{m}^{x_{m-1}}$ be the distribution of the first exit of $b^{x_{m-1}}(t)$ from the set of points in $A$ between $I_{0}$ and $I_{m}$. Then clearly

$$
\begin{equation*}
v_{m}^{x_{m-1}} \geqq \mu_{m}^{x_{m-1}} \quad \text { on } \quad I_{m} \tag{6}
\end{equation*}
$$

and therefore, by (5)

$$
\begin{align*}
P^{a}\left(b\left(T_{M}\right) \in K\right) & \geqq \int_{I_{1}}\left(\int_{I_{2}} \cdots\left(\int_{I_{n}} P^{x_{n}}\left(b\left(T_{n}\right) \in K_{n}\right) d \mu_{n^{n-1}}^{x_{n}}\left(x_{n}\right)\right) \ldots\right) d \nu^{a}\left(x_{1}\right)  \tag{7}\\
& =\int_{I_{1}}\left(\int_{I_{n}} P^{x_{n}}\left(b\left(T_{n}\right) \in K_{n}\right) d \mu_{n}^{x}\left(x_{n}\right)\right) d v^{a}\left(x_{1}\right)
\end{align*}
$$

by the strong Markov property.

We may assume that $K$ is a finite union of closed discs, $K=\bigcup_{i=1}^{N} \Delta_{i}$. Choose $n$ so large that $2^{-n} \delta r_{2}$ is less than the smallest of the radii of these discs.

Then if

$$
\tilde{K}=\bigcup_{i=1}^{N} \frac{1}{2} \Delta_{i}
$$

we have

$$
\begin{equation*}
P^{x_{n}}\left(b\left(T_{n}\right) \in K_{n}\right)=1 \tag{8}
\end{equation*}
$$

for all $x_{n} \in E=\left\{\mathrm{re}^{i \theta} ; r \in \widetilde{K}^{*}, \theta=\delta\left(1+2^{-n}\right)\right\}$.
Combined with (7) this gives

$$
\begin{equation*}
P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq \int_{I_{1}} \mu_{n}^{x}(E) d \nu^{a}(x) \tag{9}
\end{equation*}
$$

Chop the interval $\left[r_{1}, r_{2}\right]$ into $D=2^{k}$ disjoint intervals $S_{1}, S_{2}, \ldots, S_{D}$ of length

$$
\varrho=2^{-k}\left(r_{2}-r_{1}\right)
$$

where $k$ is chosen so large that

$$
\frac{1}{2} \delta<\varrho \leqq \delta
$$

Put $G_{i}=\left\{\mathrm{re}^{i \theta} ; r \in S_{i}\right\}$. Then if $x \in I_{1} \cap G_{i}$ we have

$$
\begin{equation*}
\mu_{n}^{x}(E) \geqq \mu_{n}^{x}\left(E \cap G_{i}\right) \geqq c_{1} \cdot \frac{m_{1}\left(E \cap G_{i}\right)}{\varrho} \tag{10}
\end{equation*}
$$

and therefore

$$
\begin{aligned}
\int_{I_{1}} \mu_{n}^{x}(E) d v^{\alpha}(x) & =\sum_{i=1}^{D} \int_{I_{1} \cap G_{i}} \mu_{n}^{x}(E) d v^{\alpha}(x) \geqq \sum_{i=1}^{D} c_{1} \cdot \frac{m_{1}\left(E \cap G_{i}\right)}{\varrho} \cdot v\left(I_{1} \cap G_{i}\right) \\
& \geqq c_{2} \sum_{i=1}^{D} m_{1}\left(E \cap G_{i}\right)=c_{2} m_{1}(E) \geqq c_{3} \cdot m_{1}\left(K^{*}\right),
\end{aligned}
$$

where the constant $c_{3}$ is independent of $K$ and $\delta$. That completes the proof of Lemma 2.

Proof of Theorem 2. We may assume that $K$ is situated in the union of the sectors

$$
V_{n}=\left\{r e^{i \theta} ; r \leqq 0, \frac{3}{4} \cdot 4^{-n} \frac{\pi}{2} \leqq \theta \leqq 4^{-n} \frac{\pi}{2}\right\}, \quad n=0,1,2, \ldots
$$

Put $\quad E_{n}=K \cap V_{n}, J_{n}=\left\{r e^{i \theta} \in A ; r \geqq 0, \theta=\frac{1}{2} \cdot 4^{-n} \frac{\pi}{2}\right\}, \quad n=0,1,2, \ldots$


For $n=1,2, \ldots$ and $x \in J_{n-1}$ define

$$
\begin{aligned}
& W_{n}=\left\{r e^{i \theta} \in A ; r \leqq 0,0 \leqq \theta \leqq 4^{-n} \frac{\pi}{2}\right\} \\
& D_{n, x}=\left\{r e^{i \theta} \in W_{n} ;|r-|x|| \geqq 4^{-n}\right\} \\
& B_{n, x}=A \backslash[0, \infty) \backslash D_{n, x} .
\end{aligned}
$$

Then there exists a constant $d_{1}<1$, independent of $x \in J_{n-1}$ and $n$, such that

$$
\begin{equation*}
\lambda_{x}^{B_{n, x}}\left(\partial D_{n, x}\right) \leqq d_{1} \tag{1}
\end{equation*}
$$

Moreover, there exists a constant $\eta>0$, such that for all compact $F \subset W_{n}$, all $x \in J_{n-1}$ and all $n$ we have

$$
\begin{equation*}
\left|\lambda_{x}^{B}(F)-\lambda_{x^{\prime}}^{B}(F)\right| \leqq \frac{1}{3}\left(1-d_{1}\right) \tag{2}
\end{equation*}
$$

for all $x^{\prime} \in J_{n-1}$ with $\left|x-x^{\prime}\right| \leqq \eta \cdot 4^{-n}$, where $B=A \backslash[0, \infty) \backslash F$. For $n=0,1,2, \ldots$ define

$$
\begin{gathered}
\sigma_{n}=\inf \left\{t>0 ; b_{\omega}^{a}(t) \in \partial A \cup J_{n}\right\} \\
\tau_{n}=\inf \left\{t>0 ; b_{\omega}^{a}(t) \in \partial A \cup E_{n} \cup J_{n}\right\}
\end{gathered}
$$

and let $\alpha_{n}, \beta_{n}$ be the distribution of $b_{\omega}^{a}\left(\sigma_{n}\right)$ and $b_{\omega}^{a}\left(\tau_{n}\right)$, respectively.

Then (as before $M=A^{0} \backslash K \backslash[0, \infty)$ )

$$
\begin{equation*}
P^{a}\left(b\left(T_{M}\right) \in K\right)=P^{a}\left(b\left(\tau_{0}\right) \in E_{0}\right)+\int_{J_{0}} P^{x}\left(b\left(T_{M}\right) \in K\right) d \beta_{0}(x) \tag{3}
\end{equation*}
$$

Put $R_{n}=\bigcup_{k \geqq n} E_{k}$ and

$$
\begin{equation*}
H_{0}=\left\{x \in J_{0} ; P^{x}\left(b\left(T_{M}\right) \in R_{1}\right)>d_{2}\right\} \tag{4}
\end{equation*}
$$

where $d_{2}=1-\frac{1}{3}\left(1-d_{1}\right)$, and $d_{1}$ is given by (1).
Then if

$$
\begin{equation*}
G_{0}=\left\{x \in J_{0} ; \operatorname{dist}\left(x, H_{0}\right) \leqq \eta \cdot 4^{-1}\right\} \tag{5}
\end{equation*}
$$

we have by (2)
(6)

$$
P^{x}\left(b\left(T_{M}\right) \in R_{1}\right)>d_{3}
$$

for all $x \in G_{0}$, with $d_{3}=1-\frac{2}{3}\left(1-d_{1}\right)>d_{1}$.
Put

$$
\begin{equation*}
F_{1}=R_{1} \backslash\left\{z \in K ;||z|-|w|| \leqq 4^{-1} \text { for some } w \in G_{0}\right\} . \tag{7}
\end{equation*}
$$

Then if $M_{1}=A^{0} \backslash F_{1} \backslash[0, \infty)$ we have by (1) and (3)

$$
\begin{equation*}
P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq \beta_{0}\left(E_{0}\right)+\int_{J_{0}} P^{x}\left(b\left(T_{M}\right) \in R_{1}\right) d \beta_{0} \tag{8}
\end{equation*}
$$

$$
\begin{aligned}
& \geqq \beta_{0}\left(E_{0}\right)+\int_{G_{0}} P^{x}\left(b\left(T_{M}\right) \in R_{1}\right) d \beta_{0}+\int_{J_{0} \backslash G_{0}} P^{x}\left(b\left(T_{M_{1}}\right) \in F_{1}\right) d \beta_{0} \\
& \geqq \beta_{0}\left(E_{0}\right)+d_{3} \beta_{0}\left(G_{0}\right)+\int_{J_{0}} P^{x}\left(b\left(T_{M_{1}}\right) \in F_{1}\right) d \beta_{0}-\int_{G_{0}} P^{x}\left(b\left(T_{M}\right) \in F_{1}\right) d \beta_{0} \\
& \geqq \beta_{0}\left(E_{0}\right)+\left(d_{3}-d_{1}\right) \beta_{0}\left(G_{0}\right)+\int_{J_{0}} P^{x}\left(b\left(T_{M_{1}}\right) \in F_{1}\right) d \beta_{0} \\
& =\beta_{0}\left(E_{0}\right)+\left(d_{3}-d_{1}\right) \beta_{0}\left(G_{0}\right)+\int_{J_{0}} P^{x}\left(b\left(T_{M_{1}}\right) \in F_{1}\right) d \alpha_{0}-\int_{J_{0}} P^{x}\left(b\left(T_{M_{1}}\right) \in F_{1}\right) d\left(\alpha_{0}-\beta_{0}\right) \\
& \geqq \beta_{0}\left(E_{0}\right)+\left(d_{3}-d_{1}\right) \beta_{0}\left(G_{0}\right)+\int_{J_{0}} P^{x}\left(b\left(T_{M_{1}}\right) \in F_{1}\right) d \alpha_{0}-d_{2} \beta_{0}\left(E_{0}\right) .
\end{aligned}
$$

Since $\alpha_{0}\left(J_{0}\right)=\beta_{0}\left(J_{0}\right)+\beta_{0}\left(E_{0}\right)$, this gives
(9) $\quad P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq\left(1-d_{2}\right) \beta_{0}\left(E_{0}\right)+\left(d_{3}-d_{1}\right) \beta_{0}\left(G_{0}\right)+\int_{J_{0}} P^{x}\left(b\left(T_{M_{1}}\right) \in F_{1}\right) d \alpha_{0}$

$$
\geqq c_{1} \beta_{0}\left(E_{0} \cup G_{0}\right)+P^{a}\left(b\left(T_{M_{1}} \in F\right)\right.
$$

where $c_{1}=\frac{1}{3}\left(1-d_{1}\right)$.
By Lemma 2 we conclude that

$$
\begin{equation*}
P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq c_{2}\left[m_{1}\left(E_{0}^{*}\right)+m_{1}\left(G_{0}^{*}\right)\right]+P^{a}\left(b\left(T_{M_{1}}\right) \in F_{1}\right) \tag{10}
\end{equation*}
$$

Since $m_{1}\left(G_{0}^{*}\right) \geqq \eta \cdot m_{1}\left(\left(R_{1} \backslash F_{1}\right)^{*}\right)$, we get

$$
\begin{equation*}
P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq c_{3}\left[m_{1}\left(E_{0}^{*}\right)+m_{1}\left(R_{1}^{*} \backslash F_{1}^{*}\right)\right]+P^{a}\left(b\left(T_{M_{1}}\right) \in F_{1}\right) \tag{11}
\end{equation*}
$$

We now start with the term $P^{a}\left(b\left(T_{M_{1}}\right) \in F_{1}\right)$ and repeat the process (3)-(11) above etc.
After sufficiently many iterations we get

$$
\begin{equation*}
P^{a}\left(b\left(T_{M}\right) \in K\right) \geqq \frac{1}{2} c_{3} \cdot m_{1}\left(K^{*}\right) \tag{12}
\end{equation*}
$$

and the proof is complete.

## 4. Projection estimates in $\mathbf{R}^{\boldsymbol{d}}$

Both the classical proofs and the proofs given in $\S 2$ and $\S 3$ apply to certain $d$-dimensional situations, for any $d \geqq 2$. Here we mention some $d$-dimensional projection theorems which follow naturally from the proofs given in §2 and §3, but would be harder to obtain by extending the classical proofs. (For $r>0$ let $\Lambda_{r}$ denote $r$-dimensional Hausdorff measures.)

Theorem 3. Define $R: \mathbf{R}^{d} \rightarrow \mathbf{R}^{d-1}$ by

$$
R\left(x_{1}, \ldots, x_{d}\right)=\left(\sqrt{x_{1}^{2}+x_{d}^{2}}, x_{2}, \ldots, x_{d-1}\right)
$$

Suppose $B \subset \mathbf{R}^{+} \times \mathbf{R}^{d-2}$ is open (where $\mathbf{R}^{+}=\{x \in \mathbf{R} ; x \geqq 0\}$ ) and let $A=R^{-1}(B)$, $a=\left(-a_{1}, 0, \ldots, 0\right) \in A\left(a_{1}>0\right)$. Then if $K$ is a compact subset of $A$, we have
(i) $\lambda_{a}^{A \backslash K}(K) \geqq \lambda_{a}^{A \backslash R(K)}(R(K))$ (Extension of Beurling theorem). If $\operatorname{dist}(K, \partial A)=\delta=0$ and $L=\left\{(x, 0, \ldots, 0) \in \mathbf{R}^{d} ; x \geqq 0\right\}$, then
(ii) $\lambda_{a}^{A \backslash K \backslash L}(K)>c \cdot \Lambda_{d-1}(R(K))$, where $c$ only depends on $\delta$. (Extension of Hall theorem.)

Similarly one can prove the following:
Theorem 4. Define $P: \mathbf{R}^{n} \rightarrow \mathbf{R}^{d-1}$ by

$$
P\left(x_{1}, \ldots, x_{d}\right)=\left(x_{1}, \ldots, x_{d-1}\right)
$$

Suppose $B \subset \mathbf{R}^{d-1}$ is open and let $A=P^{-1}(B), a=\left(0, \ldots 0, a_{d}\right) \in A$ where $a_{d}>0$. Then if $K$ is a compact subset of $A$ such that

$$
\left(x_{1}, \ldots, x_{d}\right) \in K \Rightarrow x_{d}<2 a_{d}
$$

we have
(i) $\lambda_{a}^{A \backslash K}(K) \geqq \lambda_{a}^{A \backslash P(K)}(P(K))$ (Extension of Beurling theorem).

Furthermore, if $S \leqq 0<a<R$ and

$$
\hat{A}=\left\{\left(x_{1}, \ldots, x_{d}\right) \in A ; S<x_{d}<R\right\}
$$

we have
(ii)

$$
\lambda_{\bar{a}}^{\hat{A} \backslash K}(K) \geqq c \cdot \Lambda_{d-1}(P(K))
$$

where $c$ only depends on $S, R$ and the distance from $K$ to $\partial A$. (Extension of Hall theorem.)

The proofs of Theorem 3 and 4 follow the same line as the proof given in the two preceding paragraphs and are omitted.

Finally we mention that one can also obtain the following:
Theorem 5. (Radial projection theorem.) Let $B$ be the unit ball in $\mathbf{R}^{d}, d \geqq 2$ and let $K \subset B$ be compact, $0 ₫ K$. Let $K^{*}=\left\{\frac{x}{|x|} ; x \in K\right\}$ be the radial projection
of $K$ into the boundary $S$ of $B$. Then there exists a constant $c>0$ depending only on the dimension $d$ such that
(1)

$$
\lambda_{0}^{B \backslash K}(K) \geqq c \cdot \lambda_{d-1}\left(K^{*}\right)
$$

## Remarks:

1) In the case $d=2$ this result has been obtained independently by T. Lyons and J. Taylor, who have proved that such an estimate holds for all symmetric spaces of rank 1 (private communication).
2) It would be interesting to find the best constant $c$ in (1).

Proof. We apply the same procedure as in Sections 2-3, except that we replace reflection about hyperplanes by reflection (inversion) about spheres. Thus, the reflection lemma (Lemma 1) is replaced by the following:

Lemma 3. (Spherical reflection lemma.) Define $I: \mathbf{R}^{d} \rightarrow \mathbf{R}^{d}$ by $I(x)=\frac{x}{|x|^{2}}$; $x \in \mathbf{R}^{d} \backslash\{0\}$. Let $U \subset \mathbf{R}^{d}$ be open such that $I(U)=U$, dist $(0, U)>0$, and let $a \in S$, the unit sphere in $\mathbf{R}^{\text {d }}$. Let $K \subset U$ be compact and put

$$
\begin{aligned}
& K_{1}=K \cap \bar{B}, \text { where } \bar{B}=\left\{x \in \mathbf{R}^{d} ;|x| \leqq 1\right\}, \\
& K_{2}=K \backslash \bar{B} \\
& \tilde{K}=I\left(K_{1}\right) \cup K_{2}
\end{aligned}
$$

Then

$$
\lambda_{a}^{U \backslash K}(K) \geqq \delta^{2-d} \cdot \lambda_{a}^{U \backslash \tilde{K}}(\widetilde{K})
$$

where $\delta=\operatorname{dist}(0, K)$.
Proof. Proceeding as in the proof of Lemma 1, we put $D=U \backslash(K \cup I(K))$, $G=U \backslash S$ and obtain

$$
\begin{gather*}
\lambda_{a}^{U \backslash K}(K) \geqq P^{a}\left(b\left(T_{D}\right) \in K\right)  \tag{2}\\
+\sum_{n=1}^{\infty} \int_{E}\left(\int_{S}\left(\ldots \int_{E}\left(\int_{S} P^{x_{n}}\left(b\left(T_{D}\right) \in K\right) d \mu_{y_{n}}\left(x_{n}\right)\right) d v_{x_{n-1}}\left(y_{n}\right) \ldots\right) d v_{a}\left(y_{1}\right)\right)
\end{gather*}
$$

where $v_{x}$ is the distribution of $b^{*}\left(T_{D}\right), \mu_{y}$ is the distribution of $b^{y}\left(T_{G}\right)$ and $E=I(K) \backslash K=I\left(K_{1}\right) \cup I\left(K_{2}\right)$ (assuming $I\left(K_{1}\right) \cap K_{2}=\emptyset$ ). Similarly,

$$
\begin{equation*}
\lambda_{a}^{U \backslash \tilde{K}}(\tilde{K})=P^{a}\left(b\left(T_{D}\right) \in K\right) \tag{3}
\end{equation*}
$$

$$
+\sum_{n=1}^{\infty} \int_{F}\left(\int_{S}\left(\cdots \int_{F}\left(\int_{S} p^{x_{n}}\left(b\left(T_{D}\right) \in \widetilde{K}\right) d \mu_{y_{n}}\left(x_{n}\right)\right) d v_{x_{n-1}}\left(y_{n}\right) \ldots\right) d v_{a}\left(y_{1}\right)\right)
$$

where $F=(K \cup I(K)) \backslash \widetilde{K}=K_{1} \cup I\left(K_{2}\right)$.

So the proof of Lemma 3 will be complete if we can show that

$$
\begin{equation*}
P^{x}\left(b\left(T_{D}\right) \in K_{1}\right) \geqq \delta^{2-d} \cdot P^{x}\left(b\left(T_{D}\right) \in I\left(K_{1}\right)\right) \text { for all } x \in S \tag{4}
\end{equation*}
$$

and

$$
\begin{equation*}
\int_{S} f(x) d \mu_{y}(x) \leqq \int_{S} f(x) d \mu_{r(y)}(x) \quad \text { for all } \quad y \in K_{1} \tag{5}
\end{equation*}
$$

and all continuous functions $f$.
Statements (4) and (5) are consequences of the following result:
Lemma 4. Let $V$ be an open set with $I(V)=V$, dist $(0, V)>0$. Then if $X \subset V$ is compact and $y \in V$ we have

$$
\lambda_{y}^{V \backslash X}(X) \leqq\left(\frac{|y|}{\delta}\right)^{d-2} \cdot \lambda_{I(y)}^{V \backslash I(X)}(I(X)), \quad \delta=\operatorname{dist}(0, X)
$$

Proof of Lemma 4. Let $H$ denote the Kelvin transformation on the space $C(\bar{W})$ of (real) continuous functions on the closure of $W=V \backslash X$ defined by

$$
\begin{equation*}
(H f)(x)=\frac{1}{|x|^{d-2}} \cdot f\left(\frac{x}{|x|^{2}}\right) ; f \in C(\bar{W}) \tag{6}
\end{equation*}
$$

Then if $g$ is harmonic in $W, H g$ is harmonic in $I(W)$. If $y \in W$ we define the measure $\beta_{y}$ on $\partial W$ by

$$
\begin{equation*}
\int f(x) d \beta_{y}(x)=\int(H f)(x) d \lambda_{I(y)}^{I(W)}(x) \tag{7}
\end{equation*}
$$

Then for $g$ harmonic in $I(W)$ (and continuous in $I(\bar{W})$ )

$$
\int g d \beta_{y}=\int H g \cdot d \lambda_{I(y)}^{I(W)}=H g(I(y))=|y|^{2-d} g(y)
$$

Therefore $|y|^{d-2} \beta_{y}$ represents the point $y$ for the functions $g \in C(\bar{W})$ harmonic in $W$. Since $\beta_{y}$ is carried by $\partial W$, we must by uniqueness have

$$
|y|^{d-2} \beta_{y}=\lambda_{y}^{W},
$$

i.e.

$$
\begin{equation*}
\int f d \lambda_{y}^{W}=|y|^{d-2} \int f d \beta_{y}=|y|^{d-2} \int H f \cdot d \lambda_{I(y)}^{I(W)} ; \quad f \in C(\bar{W}) \tag{8}
\end{equation*}
$$

This implies that, letting $f=\chi_{X}$ (the characteristic function of $X$ )

$$
\lambda_{y}^{W}(X)=|\lambda|^{d-2} \int H \chi_{X} \cdot d \lambda_{I(y)}^{I(W)} \leqq\left(\frac{|y|}{\delta}\right)^{d-2} \cdot \lambda_{I(y)}^{I(W)}(I(X))
$$

as asserted in Lemma 4.

We now observe that if in Lemma 4 we put $V=D$ and let $y \in S$, we obtain (3). If we put $V=G$ and $y \in K_{1}$ (so that $|y| \leqq 1$ ) we obtain

$$
\int_{s} f(x) d \mu_{y}(x) \leqq|y|^{d-2} \int f(x) d \mu_{I(y)}(x) \leqq \int f(x) d \mu_{I(y)}(x),
$$

which is (4). That completes the proof of Lemma 3.
We are now ready to complete the proof of Theorem 5:
First of all we note that it has been proved by T. Lyons ([6], Theorem 4.1) that the estimate (1) holds if the compact $K$ has a distance $\geqq \delta$ to $S$ (with $C$ depending on $\delta$ ). Lyons used Brownian motion in his proof. Subsequently an alternative, non-probabilistic proof has been found by F. Fuglede ([4], Lemma 2). Based on this result, we may assume that

$$
\begin{equation*}
\delta=\operatorname{dist}(0, K) \geqq \frac{1}{2} . \tag{9}
\end{equation*}
$$

Second, we note that it is sufficient to establish the estimate (1) under the extra assumption that there exists $\varrho<1$ such that

$$
\begin{equation*}
K \subset\left\{x ; \varrho^{2} \leqq|x| \leqq \varrho\right\}, \tag{10}
\end{equation*}
$$

with the constant $c$ not depending on $\varrho, \varrho^{2} \geqq \frac{1}{2}$. (This will be the analogue of Lemma 2 of Section 3.) For once this has been established, one obtains the result for general $K$ (satisfying (9)) by adopting the same technique as in the proof of the Hall projection theorem in Section 3, with obvious modifications.

So we assume that (10) holds for some $\varrho, \frac{1}{2} \leqq \varrho^{2}<1$. To establish the estimate (1) we apply the proof of Lemma 3 in Section 3, except that the iterated use of the reflection lemma (Lemma 1) is replaced by iterated use of the spherical reflection lemma (Lemma 3), at the $k$ 'th iteration reflecting (inverting) about the sphere of radius $\varrho_{k}=\varrho^{1+2^{-k}}$. The $k$ 'th iteration gives an extra factor of $\left(\frac{\varrho_{k}}{\delta_{k}}\right)^{d-2}$, where $\delta_{k}$ is the distance from 0 to the $k^{\prime}$ th reflected set $K^{(k)}$. Since $\delta_{k} \geqq \varrho_{k-1}$, this gives a total factor of

$$
\prod_{k=1}^{\infty}\left(\frac{\varrho_{k}}{\delta_{k}}\right)^{d-2} \leqq \prod_{k=1}^{\infty} \varrho^{(2-d) 2-k}=\varrho^{2-d} \leqq 2^{\frac{d}{2}-1}
$$

This establishes the estimate (1) under the assumption (10) and thus completes the proof of Theorem 5 .

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