# A superharmonic proof of the M. Riesz conjugate function theorem 

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## Introduction

Let $f=f+i \tilde{f}$ be analytic in the unit disk $U$ with $\tilde{f}(0)=0$. It is known that

$$
\begin{equation*}
\|F\|_{p}^{p} \leqq C_{p}\|f\|_{p}^{p}, \quad 1<p<\infty \tag{0.1}
\end{equation*}
$$

The purpose of this note is to give a simple proof of this theorem of M. Riesz, using superharmonic functions. For the related inequality

$$
\begin{equation*}
\|\tilde{f}\|_{p}^{p} \leqq C_{p}^{\prime}\|f\|_{p}^{p}, \quad 1<p<\infty \tag{0.2}
\end{equation*}
$$

the best constant was determined by S. K. Pichoiides [3] and, independently, by B. Cole (cf. Gamelin [2] p. 144). (The relation between (0.1) and (0.2), with best constants, is discussed in Remark 2 at the end of Section 2.) A related result of Cole is given in Theorem 8.3 in [2]. Our proof will also give the best constant $C_{p}$ for $1<p<\infty$. We do not use duality to go from the case $1<p<2$ to the case $2<p<\infty$. In Section 3 we discuss similar inequalities for other plane domains.

What the earlier work and our work have in common is the use of sub- or super-harmonic functions. What is new in our approach is how we choose the superharmonic functions.

A similar idea can be found as early as 1935 (cf. Section 4). In Section 5, we use this idea of P . Stein to extend (0.1) to higher dimensions in the case $1<p \leqq 2$.

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## 1. The case $1<p<2$

Let $w=u+i v$ be a complex variable. If $\alpha=\pi / 2 p$, we define

$$
G(w)=\left\{\begin{array}{l}
|w|^{p}-(\cos \alpha)^{-p}|u|^{p}, \alpha<|\arg w|<\pi-\alpha, \\
-\tan \alpha|w|^{p} \cos p \theta,|\theta|<\alpha, \quad \text { where } \quad \theta=\arg w, \\
-\tan \alpha|w|^{p} \cos p(\pi-|\theta|), 0 \leqq \pi-|\theta|<\alpha
\end{array}\right.
$$

The function $G$ is non-positive on the real axis. We claim that
I. $G$ is superharmonic in $\mathbf{C}$.
II. $|w|^{p}-(\cos \alpha)^{-p}|u|^{p} \leqq G(w), w \in \mathbf{C}$.

If (II) is true, we have

$$
\begin{aligned}
|w|^{p} & \leqq(\cos \alpha)^{-p}|u|^{p}+G(w), \\
\left|F\left(r e^{i \theta}\right)\right|^{p} & \leqq(\cos \alpha)^{-p}\left|f\left(r e^{i \theta}\right)\right|^{p}+G\left(F\left(r e^{i \theta}\right)\right)
\end{aligned}
$$

Integrating over $\theta$ and using the fact that $G \circ F$ is superharmonic, we obtain

$$
\|F\|_{p}^{p} \leqq(\cos \alpha)^{-p}\|f\|_{p}^{p}+G(F(0))
$$

where $G(F(0)) \leqq 0$. Thus, when $1<p<2$, we have proved ( 0.1 ) with

$$
C_{p}=(\cos (\pi / 2 p))^{-p}
$$

In a standard way, we can prove that we have found the best constant. Let $s>p$ and consider $F_{1}(z)=((1+z) /(1-z))^{1 / s}, z \in U$, where $F_{1}=f_{1}+i \tilde{f}_{1}$ is defined to be real on the real axis. We have

$$
\left\|F_{1}\right\|_{p}^{p}=(\cos (\pi / 2 s))^{-p}\left\|f_{1}\right\|_{p}^{p} .
$$

This is clear since $F_{1}$ maps $U$ onto the sector $\{w:|\arg w|<\pi / 2 s\}$. Letting $s \rightarrow p+$, we see that $(\cos (\pi / 2 p))^{-p}$ is the best constant. The associated extremal case is a mapping of $U$ onto the sector $\{w:|\arg w|<\pi / 2 p\}$.

It remains to prove (I) and (II).
Proof of (I). We first note that the constants in the definition of $G$ have been chosen in such a way that $G \in C^{1}(\mathbf{C}) . G$ is harmonic in sectors containing the real axis. In the remaining sectors,

$$
\begin{equation*}
\Delta G(w)=p^{2}|w|^{p-2}-p(p-1)(\cos \alpha)^{-p}|u|^{p-2} . \tag{1.1}
\end{equation*}
$$

In these sectors, we have $|\cos \theta|<\cos \alpha$, and it follows that

$$
\begin{aligned}
&|u|^{p-2}=|w|^{p-2}|\cos \theta|^{p-2}>|w|^{p-2}(\cos \alpha)^{p-2} \\
& \Delta G(w) \leqq p^{2}|w|^{p-2}\left(1-(\cos \alpha)^{-2}(p-1) p^{-1}\right) \leqq 0
\end{aligned}
$$

In the last step, we used the inequality

$$
\begin{equation*}
\cos ^{2}(\pi / 2 p) \leqq(p-1) / p, \quad 1<p<2 \tag{1.2}
\end{equation*}
$$

Since $G \in C^{1}(\mathbf{C})$ and $\Delta G \leqq 0$ a.e., it follows from Green's theorem that for any nonnegative $\varphi \in C_{0}^{\infty}$, we have

$$
\iint_{\mathrm{C}} G \Delta \varphi=\iint_{\mathrm{C}} \varphi \Delta G \leqq 0
$$

Thus $G$ is superharmonic in $C$ and (I) is proved.

Proof of (II). It is sufficient to prove that

$$
\begin{equation*}
h(\theta)=(\cos \theta)^{p}(\cos \alpha)^{-p}-1-\cos p \theta \tan \alpha \geqq 0,0 \leqq \theta \leqq \alpha \tag{1.3}
\end{equation*}
$$

We note that $h(\alpha)=0$. We have $h^{\prime}(\alpha)=0$, where

$$
h^{\prime}(\theta) / p=-(\cos \theta)^{p-1} \sin \theta(\cos \alpha)^{-p}+\tan \alpha \sin p \theta
$$

To prove (1.3), it is sufficient to prove that

$$
\begin{equation*}
h^{\prime}(\theta) \leqq 0, \quad 0<\theta<\alpha \tag{1.4}
\end{equation*}
$$

To prove (1.4), we multiply $h^{\prime}(\theta) / p$ by $r^{p}$ and obtain the function

$$
K(w)=\tan \alpha\left(\operatorname{Im} w^{p}\right)-(\cos \alpha)^{-p} v u^{p-1}, 0<\arg w<\alpha .
$$

It is easy to check that $K(r)=K\left(r e^{i \alpha}\right)=0, r>0$. Furthermore,

$$
\Delta K(w)=-(\cos \alpha)^{-p}(p-1)(p-2) u^{p-3} v>0, u>0, v>0
$$

and thus $K$ is subharmonic in $0<\arg w<\alpha$ (note that $1<p<2$ !).
The Phragmén-Lindelöf theorem now shows that $K(w) \leqq 0$ in this sector. Since $h^{\prime}(\theta)=K\left(e^{i \theta}\right) p$, we obtain in particular (1.4) and we have finished the proof of (II).

## 2. The case $2<p<\infty$

Put $\beta=\pi\left(1-p^{-1}\right) / 2=\pi / 2 q$, where $p^{-1}+q^{-1}=1$, and define

$$
J(w)=\left\{\begin{array}{l}
|w|^{p}-|u|^{p}(\cos \beta)^{-p},|u|>|w| \cos \beta \\
\tan \beta|w|^{p} \cos p(|\theta|-\pi / 2),||\theta|-\pi / 2| \leqq \pi / 2 p
\end{array}\right.
$$

The function $J$ is non-positive on the real axis. We claim that
I. $J$ is superharmonic in C.
II. $|w|^{p} \leqq(\cos \beta)^{-p}|u|^{p}+J(w)$.

Repeating the argument in Section 1, we obtain

$$
\|F\|_{p}^{p} \leqq(\cos \beta)^{-p}\|f\|_{p}^{p}+J(F(0))
$$

where $J(F(0)) \leqq 0$. Thus, when $2<p<\infty$, we have proved (0.1) with

$$
C_{p}=(\cos (\pi / 2 q))^{-p}
$$

Also here, a standard argument using conformal mapping will show that no smaller constant will work in general in (0.1).

Let $s>p$ and $t=s(s-1)^{-1}$. Consider the conformal mapping $F_{2}=f_{2}+i f_{2}$ of $U$ onto the sector $\{w:|\arg w-\pi / 2|<\pi / 2 s\}$ with $F_{2}(0)=i$. We have

$$
\begin{equation*}
\left\|F_{2}\right\|_{p}^{p}=(\cos (\pi / 2 t))^{-p}\left\|f_{2}\right\|_{p}^{p} \tag{2.1}
\end{equation*}
$$

In (0.1), we have assumed that $\operatorname{Im} F(0)=0$. Applying (0.1) to $F=F_{2}-F_{2}(0)$, we see that

$$
\begin{equation*}
\left(\left\|F_{2}\right\|_{p}-1\right)^{p} \leqq\left\|F_{2}-F_{2}(0)\right\|_{p}^{p} \leqq C_{p}\left\|f_{2}\right\|_{p}^{p} \tag{2.2}
\end{equation*}
$$

Combining (2.1) and (2.2), we obtain

$$
(\cos (\pi / 2 t))^{-1}-\left\|f_{2}\right\|_{p}^{-1} \leqq C_{p}^{1 / p} .
$$

When $s \rightarrow p^{+}$and $t \rightarrow q_{-},\left\|f_{2}\right\|_{p} \rightarrow \infty$ and it follows that

$$
(\cos (\pi / 2 q))^{-p} \leqq C_{p}
$$

Thus, we have found the best constant also when $2<p<\infty$. The associated extremal case is a mapping $F$ of $U$ onto the sector $\{w:|\arg w-\pi / 2|<\pi / 2 p\}$. We note, however, that we have $\operatorname{Im} F(0) \neq 0$.

The proofs of (I) and (II) are similar to what we did in the case $1<p<2$.
Proof of $(\mathbf{I})$. We first note that $J \in C^{1}(\mathbf{C})$ and that $J$ is harmonic in sectors containing the imaginaty axis. In the remaining sectors.

$$
\Delta J(w)=p^{2}|w|^{p-2}-p(p-1)|u|^{p-2}(\cos \beta)^{-p} \leqq|w|^{p-2}\left(p^{2}-p(p-1)(\cos \beta)^{-2}\right) \leqq 0,
$$

which is true since (put $x=q^{-1}$ )

$$
\cos ^{2}(\pi x / 2) \leqq x, \quad 1 / 2<x<1
$$

As before, it follows that $J$ is superharmonic in $\mathbf{C}$.
Proof of (II). If $\theta=\pi / 2-\varphi$, it is sufficient to prove that

$$
\begin{equation*}
k(\varphi)=(\sin \varphi)^{p}(\cos \beta)^{-p}+\tan \beta \cos p \varphi-1 \geqq 0,0<\varphi<\pi / 2 p=\alpha \tag{2.3}
\end{equation*}
$$

We note that $k(\pi / 2 p)=0$. We have $k^{\prime}(\varphi)=L\left(e^{i \varphi}\right) p$, where

$$
L(w)=v^{p-1} u(\cos \beta)^{-p}-\tan \beta\left(\operatorname{Im} w^{p}\right)
$$

As before $L(r)=L\left(r e^{i \alpha}\right)=0$ and $\Delta L(w) \geqq 0,0<\arg w<\alpha$. Thus $L$ is nonpositive in this sector, $k^{\prime}(\varphi)$ is negative in the interval $(0, \alpha)$ and (2.3) holds since $k(\pi / 2 p)=0$.

Remark 1. The following 'calculus' proof of (1.3) and (2.3) is due to W. H. J. Fuchs and to G. Wanby.

The case $1<p<2$ : proof of (1.3). Since $\cos p \alpha=0$, (1.3) is equivalent to

$$
\begin{equation*}
(\cos p \theta-\cos p \alpha) /\left((\cos \theta)^{p}-(\cos \alpha)^{p}\right) \leqq(\sin \alpha)^{-1}(\cos \alpha)^{1-p}, 0 \leqq \theta \leqq \alpha \tag{2.4}
\end{equation*}
$$

Let $g(\theta)=(\sin p \theta) /\left(\sin \theta(\cos \theta)^{p-1}\right)$. From a classical mean-value theorem, we see that the left hand member of (2.4) is equal to $g(\xi)$ for some $\xi \in(\theta, \alpha)$. If $g$ is
an increasing function on $(0, \alpha)$, we have

$$
g(\xi) \leqq g(\alpha)=(\sin \alpha)^{-1}(\cos \alpha)^{1-p}
$$

i.e., we have proved (2.4).

To prove that $g^{\prime}$ is positive on $(0, \alpha)$, we differentiate $\log g$, use trigonometrical formulas for the double angle and find that $2 \sin p \theta \sin \theta \cos \theta\left(g^{\prime}(\theta) / g(\theta)\right)=$ $p(2-p)(S((2-p) \theta)-S(p \theta))$; where $S(t)=\sin t / t$. Since $S$ is a decreasing function on $(0, \pi / 2)$ and $p>2-p>0$, we see that $g^{\prime}$ is positive on $(0, \alpha)$ and the proof of (2.4) is complete.

The case $p>2$ : proof of (2.3). Since $\alpha+\beta=\pi / 2$, (2.3) is equivalent to

$$
(\cos p \varphi-\cos p \alpha) /\left((\sin \alpha)^{p}-(\sin \varphi)^{p}\right) \geqq(\cos \alpha)^{-1}(\sin \alpha)^{1-p}, 0 \leqq \varphi \leqq \alpha
$$

Let $g(\theta)=(\sin p \theta) /\left((\sin \theta)^{p-1} \cos \theta\right)$. The left hand member of our inequality is equal to $g(\xi)$ for some $\xi \in(\varphi, \alpha)$. The same type of argument as above will show that $g$ is decreasing on $(0, \alpha)$ and thus that

$$
g(\xi) \geqq g(\alpha)=(\cos \alpha)^{-1}(\sin \alpha)^{1-p}
$$

Remark 2. When $1<p<2$, inequality ( 0.2 ) is a consequence of inequality (0.1) provided that $C_{p}^{\prime}$ and $C_{p}$ are the best constants. In condensed notation, we write this statement as

$$
\begin{equation*}
(0.1)\left(C_{p}\right) \Rightarrow(0.2)\left(C_{p}^{\prime}\right), \quad 1<p<2 \tag{2.5}
\end{equation*}
$$

To prove (2.5), we let $\alpha \in(0,1)$ be given and consider the inequality

$$
\begin{equation*}
\left(\int(f+g)^{\alpha}\right)^{1 / \alpha} \geqq\left(\int f^{\alpha}\right)^{1 / \alpha}+\left(\int g^{\alpha}\right)^{1 / \alpha} \tag{2.6}
\end{equation*}
$$

which holds for nonnegative functions $f$ and $g$ (cf. Theorem 8, p. 26 in [1]). Using (2.6) with $\alpha=p / 2<1$, we see that

$$
\begin{equation*}
C_{p}^{2 / p}\|f\|_{p}^{2} \geqq\|F\|_{p}^{2} \geqq\|f\|_{p}^{2}+\|\tilde{f}\|_{p}^{2} \tag{2.7}
\end{equation*}
$$

Choosing $\|\tilde{f}\|_{p} /\|f\|_{p}$ close to $\left(C_{p}^{\prime}\right)^{1 / p}$, we see that

$$
C_{p}^{2 / p} \geqq 1+\left(C_{p}^{\prime}\right)^{2 / p}
$$

If $C_{p}^{1 / p}=(\cos (\pi / 2 p))^{-1}$, it follows that $\left(C_{p}^{\prime}\right)^{1 / p} \leqq \tan (\pi / 2 p)$. From the extremal case, it is clear that $\left(C_{p}^{\prime}\right)^{1 / p} \geqq \tan (\pi / 2 p)$. We have proved (2.5).

If $2<p<\infty$, we have

$$
\|F\|_{p}^{2} \leqq\|f\|_{p}^{2}+\|\tilde{f}\|_{p}^{2}
$$

and the same kind of argument will show that

$$
\begin{equation*}
(0.2)\left(C_{p}^{\prime}\right) \Rightarrow(0.1)\left(C_{p}\right), \quad 2<p<\infty \tag{2.8}
\end{equation*}
$$

## 3. The Riesz theorem for more general domains

For a simply connected domain in the plane, (0.1) will hold with the $H^{p}$-norm taken as integration over the boundary with respect to harmonic measure (with respect to a fixed point inside the domain) and with the same constants $C_{p}$ as in the disk. This is clear from the Riemann mapping theorem since harmonic measure is a conformal invariant.

We now turn to domains which are not necessarily simply connected. Let $D \subset U$ be a domain and let $d \omega$ be harmonic measure on the boundary $\partial D$ with respect to a fixed point $z_{0} \in D$. This means that for each function $h$ which is harmonic in $D$ and continuous on $D \cup \partial D$, we have

$$
h\left(z_{0}\right)=\int_{\partial D} h(z) d \omega(z)
$$

Let $F=f+i f$ be analytic in $D$, continuous in $D \cup \partial D$ and let $f\left(z_{0}\right)=0$. Then $G \circ F$ and $J \circ F$ are superharmonic in $D$ and we see that

$$
\begin{gather*}
\int_{\partial D} G(F(z)) d \omega(z) \leqq G\left(F\left(z_{0}\right)\right) \leqq 0, \quad \int_{\partial D} J(F(z)) d \omega(z) \leqq J(F(z)) \leqq 0  \tag{3.1}\\
\int_{\partial D}|F(z)|^{p} d \omega(z) \leqq C_{p} \int_{\partial D}|f(z)|^{p} d \omega(z), \quad 1<p<\infty
\end{gather*}
$$

We can use the same constants $C_{p}$ as in the disk.
If we assume more on the domain $D$, we can show that also in this case, we have found the best constants. Let us assume that for some $a>0$, we have $\{z \in U:|z-1|<a\} \subset D$. Let $D_{n}=D \cap\{z \in U:|z-1|>1 / n\}$ and let $d \omega_{n}$ be the harmonic measure for $D_{n}$ with respect to $z_{0} \in D_{n}$ (which will be true for all large values of $n$ ). Let $s>p$ and let $F_{1}$ be the conformal mapping of $U$ onto the sector $\left\{w: \mid \arg w_{1}<\right.$ $\pi / 2 s\}$ with $\tilde{f}_{1}\left(z_{0}\right)=0$. Let $F_{2}$ be the conformal mapping of $U$ onto the sector $\{w:|\arg w-\pi / 2|<\pi / 2 s\}$ with $\tilde{f}_{2}\left(z_{0}\right)=1$. If $F$ is $F_{1}$ or $F_{2}$, we have

$$
\int_{\partial D_{n}}\left|F(z)-i \tilde{f}\left(z_{0}\right)\right|^{p} d \omega_{n}(z) \leqq C_{p} \int_{\partial D_{n}}|f(z)|^{p} d \omega_{n}(z)
$$

Letting $n \rightarrow \infty$, we obtain

$$
\begin{equation*}
\int_{\partial D}\left|F(z)-i f\left(z_{0}\right)\right|^{p} d \omega(z) \leqq C_{p} \int_{\partial D}|f(z)|^{p} d \omega(z) \tag{3.2}
\end{equation*}
$$

Let us first discuss the case $1<p<2$ where we choose $F=F_{1}$. We note that

$$
\begin{equation*}
\left|F_{1}\left(e^{i \theta}\right)\right| \cos (\pi / 2 s)=\left|f_{1}\left(e^{i \theta}\right)\right|, 0<|\theta| \leqq \pi \tag{3.3}
\end{equation*}
$$

There exist constants $b \in(0, a), c$ and $A$ such that for all $s \in(p, p+c)$, we have

$$
\left|F_{1}(z)\right| \leqq A, \quad z \in \partial D, \quad|z-1| \geqq b>0 .
$$

Let $\Gamma=\partial D \cap\{z:|z-1|<b\}$ which is a circular arc. From (3.2) we deduce that

$$
\left\{\int_{\Gamma}\left|F_{1}\left(e^{i \theta}\right)\right|^{p} d \omega\left(e^{i \theta}\right)\right\}^{1 / p}-A \leqq C_{p}^{1 / p}\left(\left\{\int_{\Gamma}\left|f_{1}\left(e^{i \theta}\right)\right|^{p} d \omega\left(e^{i \theta}\right)\right\}^{1 / p}+A\right)
$$

Letting $s \rightarrow p+$, the $p$-norms over $\Gamma$ will tend to infinity and it follows that $(\cos (\pi / 2 p)) \leqq C_{p}^{1 / p}$. We have proved that $C_{p}=(\cos (\pi / 2 p))^{p}$ is the best constant in the case $1<p<2$. A similar argument will take care of the case $2 \leqq p<\infty$.

We note that the argument showing that our constants are best possible holds as soon as the domain $D$ is nice near one point on $\partial U$.

## 4. A historical note

The first example in the literature of a subharmonic proof of the theorem of M. Riesz seems to be the proof of a result of P. Stein [5] as presented by A. Zygmund in the first edition of his book on Trigonometrical Series (cf. [6], p. 149), which gives ( 0.1 ) with $C_{p}=p /(p-1)$ in the case $1<p<2$. To see this, we consider $H(w)=|w|^{p}-p(p-1)^{-1}|u|^{p}$ which is superharmonic in $\mathbf{C}$ when $1<p \leqq 2$. This is clear since $H \in C^{1}(\mathbf{C})$ and we have, for $u \neq 0$,

$$
\Delta H(w)=p^{2}|w|^{p-2}-p^{2}|u|^{p-2} \leqq p^{2}\left(|w|^{p-2}-|w|^{p-2}\right)=0 .
$$

Integrating the equality

$$
\left|F\left(r e^{i \theta}\right)\right|^{p}=p(p-1)^{-1}\left|f\left(r e^{i \theta}\right)\right|^{p}+H\left(F\left(r e^{i \theta}\right)\right)
$$

we deduce from the fact that $H$ is superharmonic that

$$
\|F\|_{p}^{p} \leqq p(p-1)^{-1}\|f\|_{p}^{p}+H(F(0))
$$

where $H(F(0))=-|F(0)|^{p}(p-1)^{-1}<0$. This concludes the short proof.

## 5. The Riesz theorem in higher dimensions

The argument quoted in Section 4 can be used to deduce an extension of the Riesz inequality to higher dimensions in the case $1<p \leqq 2$. Let $D$ be a bounded domain in $\mathbf{R}^{d+1}=\left\{x=\left(x_{0}, x_{1}, \ldots, x_{d}\right): x_{i} \in \mathbf{R}, 0 \leqq i \leqq d\right\}$ and let $d \omega$ be harmonic measure on $\partial D$ with respect to a fixed point $P_{0} \in D$. We consider $F=\left(u_{0}, u_{1}, \ldots, u_{d}\right)$ and $F_{0}=\left(0, u_{1}, \ldots, u_{d}\right)$ where the functions $\left\{u_{k}\right\}_{0}^{d}$ satisfy the generalized CauchyRiemann equations

$$
\begin{equation*}
\Sigma_{0}^{d} \partial u_{k} / \partial x_{k}=0, \partial u_{k} / \partial x_{j}=\partial u_{j} / \partial x_{k}, \quad 0 \leqq j, k \leqq d \tag{5.1}
\end{equation*}
$$

in $D$. We also assume that $F$ is continuous in $D \cup \partial D$ and that $u_{0}\left(P_{0}\right)=0$. Then, for $1<p \leqq 2$, we have

$$
\begin{equation*}
\int_{\partial D}|F(x)|^{p} d \omega(x) \leqq C(p, d) \int_{\partial D}\left|F_{0}(x)\right|^{p} d \omega(x) \tag{5.2}
\end{equation*}
$$

where we can take $C(p, d)=(d+2) /(p-1)$.
Let us assume that we can find a constant $C=C(p, d) \geqq 1$ such that $G=|F|^{p}-C\left|F_{0}\right|^{p}$ is superharmonic in $D$. Then we have

$$
\int_{\partial D} G(x) d \omega(x) \leqq G\left(P_{0}\right) \leqq 0,
$$

and (5.2) will be proved.
In the proof that $G$ is superharmonic, we argue as E. Stein ([4], pp. 217-219). If $F=\left\{u_{k}\right\}_{0}^{d}$ and $H=\left\{v_{k}\right\}_{0}^{d}$, we use the notation

$$
(F, H)=\sum_{0}^{d} u_{k} v_{k}, \quad \operatorname{grad} u=\left\{\partial u / \partial x_{j}\right\}_{0}^{d}, \quad|\nabla F|^{2}=\sum_{0}^{d}\left|\partial F / \partial x_{j}\right|^{2} .
$$

It follows from (5.1) that $\Delta F=\Delta F_{0}=0$, because

$$
(\Delta F)_{k}=\sum_{0}^{d} \partial^{2} u_{k} / \partial x_{j}^{2}=\left(\partial / \partial x_{k}\right) \sum_{0}^{d} \partial u_{j} / \partial x_{j}=0, \quad k=0,1,2, \ldots, d
$$

We have (cf. formula (19) p. 217 in [4])

$$
\begin{gathered}
\Delta|F|^{p} \leqq p|F|^{p-2}|\nabla F|^{2}, \\
\Delta\left|F_{0}\right|^{p}=p\left|F_{0}\right|^{p-4}\left((p-2) \sum_{0}^{d}\left(\partial F_{0} / \partial x_{j}, F_{0}\right)^{2}+\left|F_{0}\right|^{2}\left|\nabla F_{0}\right|^{2}\right)
\end{gathered}
$$

Once more using (5.1), we deduce

$$
\begin{gathered}
\left(\partial u_{0} / \partial x_{0}\right)^{2}=\left(\sum_{1}^{d} \partial u_{j} / \partial x_{j}\right)^{2} \leqq d\left|\nabla F_{0}\right|^{2} \\
\left|\operatorname{grad} u_{0}\right|^{2} \leqq d\left|\nabla F_{0}\right|^{2}+\sum_{1}^{d}\left(\partial u_{j} / \partial x_{0}\right)^{2} \leqq(d+1)\left|\nabla F_{0}\right|^{2} \\
|\nabla F|^{2}=\left|\operatorname{grad} u_{0}\right|^{2}+\left|\nabla F_{0}\right|^{2} \leqq(d+2)\left|\nabla F_{0}\right|^{2}
\end{gathered}
$$

Since $1<p \leqq 2$, we see that

$$
\begin{gathered}
\Delta\left|F_{0}\right|^{p} \geqq p\left|F_{0}\right|^{p-4}\left((p-2)\left|F_{0}\right|^{2}\left|\nabla F_{0}\right|^{2}+\left|F_{0}\right|^{2}\left|\nabla F_{0}\right|^{2}\right)=p(p-1)\left|F_{0}\right|^{p-2}\left|\nabla F_{0}\right|^{2} \\
\Delta\left(|F|^{p}-C\left|F_{0}\right|^{p}\right) \leqq p\left|F_{0}\right|^{p-2}\left(|\nabla F|^{2}-C(p-1)\left|\nabla F_{0}\right|^{2}\right) \\
\leqq p\left|F_{0}\right|^{p-2}\left|\nabla F_{0}\right|^{2}(d+2-C(p-1)) .
\end{gathered}
$$

Choosing $C=(d+2) /(p-1)$, we see that $G$ is superharmonic and we have completed the proof of (5.2).

Remark. If $u$ is harmonic in $D$ and continuous on $D \cup \partial D$, we can take $F=\operatorname{grad} u \quad$ and $\quad F_{0}=\operatorname{grad}^{(0)} u=\left(0, \partial u / \partial x_{1}, \ldots, \partial u / \partial x_{d}\right)$. If we assume that $\left(\partial u / \partial x_{0}\right)\left(P_{0}\right)=0$, it follows from (5.2) that

$$
\int_{\partial D}|\operatorname{grad} u|^{p} d \omega(x) \leqq C(p, d) \int_{\partial D}\left|\operatorname{grad}^{(0)} u\right|^{p} d \omega(x), \quad 1<p \leqq 2
$$

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