# Interval estimates

## V. Nestoridis

### § 1. Introduction

In this paper we prove that there exists an absolute constant l>0 such that, for every univalent  $H^1$  function f in the open unit disk D and every  $z_0 \in D$ , there are  $\vartheta \in \mathbf{R}$  and  $\varepsilon$ ,  $l(1-|z_0|) \le \varepsilon \le \pi$ , such that

$$f(z_0) = \frac{1}{2\varepsilon} \int_{-\varepsilon}^{\varepsilon} f(e^{i\vartheta} e^{it}) dt.$$

Let f be a holomorphic function in the open unit disk D which belongs to the Hardy class  $H^1([4])$ . According to [1] and [2], every value  $f(z_0)$ ,  $|z_0| < 1$ , is of the form

$$f(z_0) = \frac{1}{|I|} \int_I f(e^{i\vartheta}) d\vartheta,$$

where I is an interval on the unit circle with length |I|,  $0 < |I| \le 2\pi$ . A sketch of the proof is given in Prop. 1, § 2 below. The proof does not provide information on the size or the location of the interval I. Extensions of the previous result in [5, 6] are related to BMO, measures and holomorphic mappings in several variables; still they do not contain quantitative information on the size of I. Some preliminary quantitative results concerning univalent functions can be found in [7] and [8]. Their proof makes use of the classical distortion theorems and especially of the 1/4-Koebe theorem.

The purpose of the present paper is to furnish a brief and complete presentation of the above quantitative results on univalent functions; the general  $H^1$  case is, as far as I know, still open.

The main result, thus, states that if f is  $H^1$  and univalent then  $|I| \ge 2l(1-|z_0|)$ , where l>0 is an absolute constant independent of f and  $z_0$ . In the particular case where  $f(z) = \log(1-z)$ , the length |I| is exactly of the order of  $(1-|z_0|)$ ; however, I do not know the best value of the constant l. V. Nestoridis

In the special case of a function univalent in a larger disk  $D_r = \{z \in \mathbb{C} : |z| < r\}$ with r > 1 we have  $|I| \ge 2C_f (1 - |z_0|)^{1/2}$  with  $C_f > 0$  a constant independent of  $z_0 \in D$ . An easy calculation with the function f(z) = z shows that |I| is exactly of the order of  $(1 - |z|)^{1/2}$ .

## § 2. Proofs

Let f be an H<sup>1</sup> function in the open unit disk D. For  $\varepsilon$ ,  $0 < \varepsilon \le \pi$ , and z,  $|z| \le 1$ , we denote

$$f_{\varepsilon}(z) = \frac{1}{2\varepsilon} \int_{-\varepsilon}^{\varepsilon} f(ze^{it}) dt.$$

We also denote  $f_0(z)=f(z)$  for all  $z \in D$  and for almost all z in the unit circle |z|=1. We prove first the following version of Theorem 1 in [2] (see also Theorem 8 in [6]).

**Proposition 1.** Let f be an  $H^1$  function in the open unit disk D and let J be a Jordan curve in  $\overline{D}$  the closed unit disk. For every point z in the interior of J and for every  $\varepsilon$ ,  $0 \le \varepsilon \le \pi$ , there are  $\tilde{z} \in J$  and  $\tilde{\varepsilon}$ ,  $\varepsilon \le \tilde{\varepsilon} \le \pi$ ,  $0 < \tilde{\varepsilon}$ , such that  $f_{\varepsilon}(z) = f_{\tilde{\varepsilon}}(\tilde{z})$ .

Proof. We distinguish three cases.

i)  $\varepsilon = 0$  and  $f_{\varepsilon} = f_0$  is constant; then  $f_{\varepsilon} = f = \text{constant}$  for all  $\varepsilon$  and the result is obvious.

ii)  $0 < \varepsilon \le \pi$  and  $f_{\varepsilon}$  is constant; then the result holds with  $\tilde{\varepsilon} = \varepsilon$  and  $\tilde{z}$  any point of J.

iii)  $f_{\varepsilon}$  is non-constant in D. We argue by contradiction and thus we suppose that  $f_{\overline{\varepsilon}}(\overline{z}) \neq f_{\varepsilon}(z)$  for all  $\widetilde{\varepsilon}$ ,  $\varepsilon < \widetilde{\varepsilon} \le \pi$ , and  $\overline{z} \in J$  (in this case  $\varepsilon < \pi$ , because  $f_{\varepsilon}$  is non-constant). The curves  $f_{\overline{\varepsilon}|J}$ ,  $\varepsilon < \widetilde{\varepsilon} \le \pi$ , are homotopic in  $\mathbb{C} - \{f_{\varepsilon}(z)\}$ ; therefore, Ind  $(f_{\overline{\varepsilon}|J}, f_{\varepsilon}(z)) = \operatorname{Ind} (f_{\pi|J}, f_{\varepsilon}(z))$  for all  $\widetilde{\varepsilon}, \varepsilon < \widetilde{\varepsilon} \le \pi$ , where Ind denotes the winding number. Since the function  $f_{\pi}$  is constant, we have Ind  $(f_{\overline{\varepsilon}|J}, f_{\varepsilon}(z)) = 0$  for all  $\varepsilon$ ,  $\varepsilon < \widetilde{\varepsilon} \le \pi$ . We observe that each function  $f_{\overline{\varepsilon}}$  is continuous on  $\overline{D}$  and holomorphic in D. The argument principle implies that  $f_{\overline{\varepsilon}}(w) \neq f_{\varepsilon}(z)$  for all  $\widetilde{\varepsilon}, \varepsilon < \widetilde{\varepsilon} \le \pi$ , and all w in the interior of J.

We also observe that  $f_{\tilde{\epsilon}} \rightarrow f_{\epsilon}$  uniformly on compact in *D*, as  $\tilde{\epsilon} \rightarrow \epsilon$ . Hurwitz's theorem states that either  $f_{\epsilon}$  is constant or  $f_{\epsilon}(w) \neq f_{\epsilon}(z)$  for all *w* in the interior of *J*. In our case  $f_{\epsilon}$  is not constant; therefore,  $f_{\epsilon}(w) \neq f_{\epsilon}(z)$  for all *w* in the interior of *J*. This contradicts the fact that *z* is in the interior of *J* and the proof is complete. Q.E.D.

**Proposition 2.** Let  $0 < \lambda < 1$ . Then, there exists a constant  $l_{\lambda} > 0$ , such that for every univalent function f in |z| < 1 the following holds:

If  $z_0$ , z and  $\varepsilon$  are such that  $|z_0|=1-\delta$ ,  $0<\delta\leq 1$ ,  $|z-z_0|=\lambda\delta$ ,  $0<\varepsilon\leq \pi$  and  $f(z_0)=f_{\varepsilon}(z)$ , then  $\varepsilon\geq l_{\lambda}\delta$ .

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*Proof.* Let  $\mu$  be such that  $\lambda < \mu < 1$ . We denote  $D(z_0, \mu \delta) = \{w \in \mathbb{C} : |w - z_0| \le \mu \delta\}$ and  $I_{z,\varepsilon} = \{ze^{it}: -\varepsilon \le t \le \varepsilon\}$ .

The distortion theorems (Ch. 2 in [3] or Ch. 1 in [9]) imply that for  $w \in D(z_0, \mu \delta)$  we have

$$|f'(w)| \leq \frac{2}{(1-\mu)^3} |f'(z_0)|$$
 and  $|f''(w)| \leq \frac{6}{(1-\mu)^4} \cdot \frac{1}{\delta} \cdot |f'(z_0)|.$ 

The 1/4-Koebe theorem ([3], [9]) yields the following

$$\frac{1}{4}\lambda\delta|f'(z_0)| \leq |f(z_0)-f(z)| = |f_{\varepsilon}(z)-f(z)| = \left|\frac{1}{2\varepsilon}\int_{-\varepsilon}^{\varepsilon} [f(ze^{it})-f(z)]\,dt\right|.$$

We set  $g(t)=f(ze^{it})$ , which defines a  $C^{\infty}$  function: thus, we have the Taylor development  $g(t)-g(0)=tg'(0)+t^2/2 \cdot u(t)$ , which implies

$$\frac{1}{4}\lambda\delta |f'(z_0)| \leq \left|\frac{1}{2\varepsilon}\int_{-\varepsilon}^{\varepsilon} [g(t)-g(0)] dt\right| \leq \frac{\varepsilon^2}{6} \sup_{|t|\leq \varepsilon} |u(t)| \leq \frac{\varepsilon^2}{6} \sup_{|t|\leq \varepsilon} |g''(t)|.$$

Since  $|z-z_0| = \lambda \delta$ , one can easily verify that  $I_{z,\varepsilon} \subset D(z_0, \mu \delta)$  or  $\varepsilon/\delta \ge \mu - \lambda$ .

We consider the case  $I_{z,\varepsilon} \subset D(z_0, \mu \delta)$ . Since  $g''(t) = -ze^{it}f'(ze^{it}) - z^2e^{i2t}f''(ze^{it})$ , using the above mentioned bounds for |f'(w)| and |f''(w)| in  $D(z_0\mu\delta)$ , we have the inequality

$$\frac{1}{4} \lambda \delta |f'(z_0)| \leq \frac{\varepsilon^2}{6} \left[ \frac{2}{(1-\mu)^3} + \frac{6}{(1-\mu)^4} \frac{1}{\delta} \right] |f'(z_0)|.$$

Since  $0 < \delta \le 1$ ,  $0 < \mu < 1$  and  $f'(z_0) \ne 0$  by the univalence of f, we obtain  $\varepsilon/\delta \ge C_{\lambda,\mu} > 0$ .

If  $I_{z,\varepsilon}$  is not contained in  $D(z_0, \mu\delta)$ , then  $\varepsilon/\delta \ge \mu - \lambda$ . Therefore, we always have  $\varepsilon/\delta \ge l_{\lambda,\mu} = \min(C_{\lambda,\mu}, \mu - \lambda) > 0$ . Now the result follows with  $l_{\lambda} = \sup_{\mu \in (\lambda,1)} l_{\lambda,\mu}$ or  $l_{\lambda} = l_{\lambda,\mu_{\lambda}}$  with  $\mu_{\lambda} = \frac{1+\lambda}{2}$ . Q.E.D.

**Theorem 3.** There is an absolute constant l>0 such that the following holds: For every univalent  $H^1$  function f in  $D = \{z \in \mathbb{C} : |z| < 1\}$  and for every  $z_0 \in D$ ,  $|z_0| = 1 - \delta$ ,  $0 < \delta \le 1$ , there exist  $\vartheta \in \mathbb{R}$  and  $\varepsilon$ ,  $|\delta < \varepsilon \le \pi$ , such that

$$f(z_0) = \frac{1}{2\varepsilon} \int_{-\varepsilon}^{\varepsilon} f(e^{i\vartheta} e^{it}) dt.$$

**Proof.** Let J be the circle with center  $z_0$  and radius  $\delta/4$ . Then, according to Prop. 1, there are  $\tilde{z} \in J$  and  $\tilde{\varepsilon}$ ,  $0 < \tilde{\varepsilon} \leq \pi$ , such that  $f(z_0) = f_0(z_0) = f_{\tilde{\varepsilon}}(\tilde{z})$ . Prop. 2 implies now that  $\tilde{\varepsilon} \geq l_{1/4} \cdot \delta$ . We use Prop. 1 once more and we obtain  $\vartheta \in \mathbf{R}$  and  $\varepsilon$ ,

 $\pi \geq \varepsilon \geq \tilde{\varepsilon} \geq l_{1/4} \cdot \delta > 0$ , such that

$$f(z_0) = f_{\tilde{\varepsilon}}(\tilde{z}) = \frac{1}{2\varepsilon} \int_{-\varepsilon}^{\varepsilon} f(e^{i\vartheta} e^{it}) dt.$$

Therefore, we have the result with  $l=l_{1/4}$ . A slight modification in the proof gives the result with  $l=\sup_{\lambda \in (0,1)} l_{\lambda}$ . Q.E.D.

In the particular case of a function univalent in a larger disk we have:

**Proposition 4.** Suppose that f is univalent function in a disk  $D_r = \{z \in \mathbb{C} : |z| < r\}$ with r > 1. Then there is a constant  $c_f > 0$  such that, for every  $z_0$ ,  $|z_0| = 1 - \delta$ ,  $0 < \delta \le 1$ , and for every  $\vartheta \in \mathbb{R}$  and  $\varepsilon$ ,  $0 < \varepsilon \le \pi$ , related by

$$f(z_0) = \frac{1}{2\varepsilon} \int_{-\varepsilon}^{\varepsilon} f(e^{i\vartheta} e^{it}) dt,$$

we have  $\varepsilon \ge c_f \delta^{1/2}$ .

*Proof.* We set  $g(t)=f(e^{i\vartheta}e^{it})$ , which defines a  $C^{\infty}$  function g. Since f is holomorphic in  $D_r$  with r>1, it follows that  $|g''(t)| \le M_f < +\infty$  for all  $t \in \mathbb{R}$ . The Taylor development of g gives  $g(t)-g(0)=tg'(0)+t^2/2 \cdot u(t)$  with  $|u(t)| \le M_f$ .

This implies

$$\left|\frac{1}{2\varepsilon}\int_{-\varepsilon}^{\varepsilon}f(e^{i\vartheta}e^{it})\,dt-f(e^{i\vartheta})\right| = \left|\frac{1}{2\varepsilon}\int_{-\varepsilon}^{\varepsilon}\left[\operatorname{tg}'(0)+\frac{t^2}{2}\,u(t)\right]dt\right| \leq M_f\cdot\frac{\varepsilon^2}{6}.$$

On the other hand the 1/4-Koebe theorem yields

$$|f(z_0)-f(e^{i\vartheta})| \ge \frac{1}{4} |f'(z_0)| \cdot (1-|z_0|) = \frac{\delta}{4} |f'(z_0)|.$$

Since  $f(z_0) = \frac{1}{2\epsilon} \int_{-\epsilon}^{\epsilon} f(e^{i\vartheta}e^{it}) dt$ , we find  $\frac{\delta}{4} |f'(z_0)| \le M_f \frac{\epsilon^2}{6}$ . As  $\min_{|z_0| \le 1} |f'(z_0)| > 0$ we find  $\epsilon \ge c_f \cdot \delta^{1/2}$ , with  $c_f > 0$ .

Q.E.D.

#### § 3. Examples

Let f(z)=z and  $z_0$ ,  $|z_0|=1-\delta$ ,  $0<\delta \le 1$ . If  $f(z_0)=f_{\varepsilon}(e^{i\vartheta})$ , then we easily obtain  $1-\delta = \frac{\sin \varepsilon}{\varepsilon}$ ; this implies that  $\varepsilon$  is exactly of the order of  $\delta^{1/2}$ , as  $\delta \to 0$ . We see, therefore, that the exponent 1/2 is best possible in Prop. 4.

Next let us consider the function  $f(z) = \log(1-z)$ , which is univalent and  $H^1$  in D. Let  $\vartheta \in \mathbb{R}$ ,  $\varepsilon \in [0, \pi]$  and  $z_0 \in D$ ,  $z_0 = 1 - \delta$ ,  $0 < \delta \le 1/2$ , be such that  $f(z_0) =$ 

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 $f_{\epsilon}(e^{i\vartheta})$ . It is easy to see, e.g. geometrically, that  $e^{i\vartheta}=1$ ; it follows that

$$f(z_0) = \log \delta = \frac{1}{\varepsilon} \int_0^\varepsilon \log 2 \sin \frac{t}{2} dt.$$

This implies that  $-1 + \log \frac{2\varepsilon}{\pi} \le \log \delta \le -1 + \log \varepsilon$ , which gives  $e\delta \le \varepsilon \le \pi e/2 \cdot \delta$ . Therefore, the exponent 1 is the best possible in Theorem 3. Finally the exponent 1 is the best possible in Prop. 2; this can be seen by the examples  $f(z) = \log (1-z)$  or  $f(z) = (1-z)^{-2}$  as well.

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V. Nestoridis University of Crete Department of Mathematics P.O. Box 470 Iraklion — Crete Greece