# Area-preserving isotopies of self-transverse immersions of $S^1$ in $\mathbb{R}^2$

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**Abstract.** Let C and C' be two smooth self-transverse immersions of  $S^1$  into  $\mathbb{R}^2$ . Both C and C' subdivide the plane into a number of disks and one unbounded component. An isotopy of the plane which takes C to C' induces a one-to-one correspondence between the disks of C and C'. An obvious necessary condition for there to exist an area-preserving isotopy of the plane taking C to C' is that there exists an isotopy for which the area of every disk of C equals that of the corresponding disk of C'. In this paper we show that this is also a sufficient condition.

## 1. Introduction

Let C be a smooth self-transverse immersion of  $S^1$  into the plane  $\mathbb{R}^2$  (by Sard's theorem any immersion is self-transverse after an arbitrarily small perturbation). Then C subdivides the plane into a number of bounded connected components and one unbounded component. The bounded components are topological disks and we call them the *disks of* C. Let C' be another self-transverse immersion of  $S^1$  into  $\mathbb{R}^2$  such that there exists an isotopy of the plane taking C to C'. Then the isotopy induces a one-to-one correspondence between the disks of C and the disks of C'.

In this paper we study the existence of area-preserving isotopies of the plane taking C to C', where, if  $dx \wedge dy$  denotes the standard area form on  $\mathbb{R}^2$ , we say that an isotopy  $\phi_{\tau} \colon \mathbb{R}^2 \to \mathbb{R}^2$ ,  $0 \leq \tau \leq 1$ , is *area-preserving* if  $\phi_{\tau}^*(dx \wedge dy) = dx \wedge dy$  for every  $\tau \in [0, 1]$ . Since  $\phi_{\tau}$  being area-preserving implies that  $\operatorname{area}(\phi_{\tau}(U)) = \operatorname{area}(U)$ for any measurable  $U \subset \mathbb{R}^2$ , an obvious necessary condition for the existence of an area-preserving isotopy  $\phi_{\tau}$  taking C to C' is that the area of any disk D of Csatisfies

(1) 
$$\operatorname{area}(D) = \operatorname{area}(D'),$$

where D' is the disk of C' which corresponds to D under  $\phi_{\tau}$ . We call an isotopy which satisfies (1) disk-area-preserving. The main result of the paper shows that this is also a sufficient condition. More precisely, we have the following result.

**Theorem 1.1.** Let C and C' be two self-transverse immersions of  $S^1$  into  $\mathbb{R}^2$ and assume that there is a disk-area-preserving isotopy  $\psi_{\tau}$ ,  $0 \le \tau \le 1$ , of  $\mathbb{R}^2$  taking C to C' (i.e.,  $\psi_0 = \mathrm{id}$ ,  $\psi_1(C) = C'$ , and  $\operatorname{area}(\psi_1(D)) = \operatorname{area}(D)$  for every disk D of C). Then there exists an area-preserving isotopy  $\phi_{\tau}$ ,  $0 \le \tau \le 1$ , of  $\mathbb{R}^2$  with  $\phi_0 = \mathrm{id}$ and  $\phi_1(C) = C'$ .

Theorem 1.1 is proved in Section 5. Problems related to the existence of a topological isotopy (without area condition) taking C to C' were studied by many authors, see e.g. [2], [6] and [7].

From the point of view of symplectic geometry, C is an immersed Lagrangian submanifold, and on the plane area-preserving isotopies are Hamiltonian isotopies. For related questions in higher dimensions see e.g. [3], [4] and [5].

In short outline, our proof of Theorem 1.1 is as follows. First, we construct an isotopy  $\chi_{\tau}$  which takes C to C' and such that for every disk D of C we have  $\operatorname{area}(\chi_{\tau}(D)) = \operatorname{area}(D)$  for all  $\tau$ . We call such an isotopy *semi-area-preserving*. The semi-area-preserving isotopy is constructed from the disk-area-preserving isotopy  $\psi_{\tau}$  by first composing it with a time-dependent scaling so that the resulting isotopy  $\gamma_{\tau}$  shrinks the area of each disk of C for all times. The isotopy  $\gamma_{\tau}$  is then modified: we introduce a time-dependent area form  $\omega_{\tau}$  such that the area of every disk of C is constant under  $\gamma_{\tau}$  with respect to  $\omega_{\tau}$  and then we use Moser's trick to find an isotopy  $\phi_{\tau}$  such that  $\phi_{\tau}^* dx \wedge dy = \omega_{\tau}$ , and hence the isotopy  $\phi_{\tau} \circ \gamma_{\tau}$  is semi-areapreserving, see Section 3. Second, we subdivide the semi-area-preserving isotopy into small time steps and use a cohomological argument to show the existence of an area-preserving isotopy, see Section 4.

For simpler notation below, we assume that all maps are smooth and that all immersions are self-transverse.

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### 2. Background

In this section we introduce notation and discuss standard background material on Hamiltonian vector fields on surfaces.

Let M be a surface and let  $v: M \to TM$  be a vector field with compact support. We write  $\Phi_v^t: M \to M$  for the time-t flow of v. Let  $\omega$  be a symplectic form on M and write  $I: T^*M \to TM$  for the isomorphism defined through the equation

$$\alpha(\eta) = \omega(\eta, I(\alpha))$$
 for all  $\alpha \in T^*M$  and  $\eta \in T_xM$ .

Let  $H: M \to \mathbb{R}$  be a smooth function with compact support. The vector field  $X_H = I(dH)$  is the Hamiltonian vector field of H and its flow is area-preserving.

Let C be an immersion of  $S^1$  into the plane and let  $\varphi: S^1 \to \mathbb{R}^2$  be a parameterization of C. Write e(s) for the unit vector field along C such that  $(d\varphi/ds(s), e(s))$ is a positively oriented basis of  $\mathbb{R}^2$  for all  $s \in S^1$ . Then for all sufficiently small  $\varepsilon > 0$ the map  $\Phi: S^1 \times (-\varepsilon, \varepsilon) \to \mathbb{R}^2$ , given by

(2) 
$$\Phi(s,t) = \varphi(s) + te(s),$$

parameterizes a neighborhood  $C^{\varepsilon}$  of C. Notice that if C has double points then this parameterization is not one-to-one.

Let  $dx \wedge dy$  be the standard symplectic form on  $\mathbb{R}^2$  and consider coordinates (s,t) on  $S^1 \times \mathbb{R} = (\mathbb{R}/2\pi\mathbb{Z}) \times \mathbb{R}$  with the corresponding symplectic form  $ds \wedge dt$ . The following lemma is a special case of Moser's lemma, see e.g. [1] for a proof.

**Lemma 2.1.** Let C be an immersion of  $S^1$  in  $\mathbb{R}^2$  and let  $\Phi$  be as in (2). Then there exists a  $\delta > 0$  and a diffeomorphism  $\vartheta \colon S^1 \times \mathbb{R} \to S^1 \times \mathbb{R}$  with  $\vartheta(s, 0) = (s, 0)$  such that

$$(\Phi \circ \vartheta)^* \, dx \wedge dy = ds \wedge dt$$

for all  $|t| < \delta$ .

Below we will often combine Lemma 2.1 with a Hamiltonian isotopy of  $S^1 \times \mathbb{R}$ . In the following lemma we use this argument to construct area-preserving isotopies between nearby curves C and C' which agree near double points. We will use the following terminology: For an immersed circle  $C \subset \mathbb{R}^2$ , we call an arc  $A \subset C$  maximal smooth of C if  $A \cap \{x_i\}_{i=1}^n = \{x_i, x_j\} = \partial A$ , where  $\{x_i\}_{i=1}^n \subset C$  are the double points of C.

**Lemma 2.2.** Let C be an immersion of  $S^1$  into  $\mathbb{R}^2$  and let  $\xi \colon S^1 \times (-\varepsilon, \varepsilon) \to \mathbb{R}^2$ be an area-preserving parameterization of a neighborhood  $C^{\varepsilon}$  of C as in Lemma 2.1. Assume that C' is an immersion of  $S^1$  into  $\mathbb{R}^2$  which coincides with C in a neighborhood  $U_x$  of every double point x of C and such that there is a function  $g \colon S^1 \to (-\varepsilon, \varepsilon)$ with  $C' = \xi(\Gamma)$ , where  $\Gamma$  is the graph of g. If there exists a disk-area-preserving isotopy taking C to C' then there exists an area-preserving isotopy of the plane taking C' to C.

Proof. Shrink  $C^{\varepsilon}$  so that we still have  $C \cup C' \subset C^{\varepsilon}$ , but so that the parameterization is one-to-one outside  $\bigcup U_x$ , where the union is taken over all double points of C. In other words, we let  $C^{\varepsilon}$  be so small so that  $\overline{C^{\varepsilon}} - \bigcup U_x$  consists of a number of simply connected components  $V_A$ , where each component corresponds to a maximal smooth arc A of C. Let W be an open neighborhood of  $C \cup C'$  so that  $\overline{W} \subset C^{\varepsilon}$  and so that  $V_A \cap W$  and  $U_x \cap W$  are simply connected for all  $V_A$  and  $U_x$ . Let  $G: S^1 \to \mathbb{R}$ be defined by  $G(s) = \int_0^s g(s') ds'$ , and let  $\widetilde{G}: \mathbb{R}^2 \to \mathbb{R}$  be a function satisfying

$$\widetilde{G}(x) = \begin{cases} G((\xi^{-1})^1(x)) & \text{for } x \in W \cap V_A, \\ G((\xi^{-1})^1(x')) & \text{for } x \in W \cap U_{x'}, \\ 0 & \text{for } x \notin C^{\varepsilon}, \end{cases}$$

where  $\xi^{-1} = ((\xi^{-1})^1, (\xi^{-1})^2)$ . Then  $\widetilde{G}$  is a well-defined function: Suppose that  $\xi(s_1, t_1) = \xi(s_2, t_2)$  for  $s_1 \neq s_2$ . Then  $\xi(s_1, t_1) \subset U_x$  for some x, and since  $\widetilde{G}$  is constant in  $U_x \cap W$  we can assume that  $\xi(s_1, t_1) = x$ . But clearly  $\xi((s_1, s_2) \times \{0\})$  is a 1-chain, so it bounds a number of disks of C. Since every disk of C' has the same area as the corresponding disk of C we thus have  $\int_{s_1}^{s_2} g(s) ds = 0$ , so  $G(s_1) = G(s_2)$ .

The Hamiltonian vector field of  $\widetilde{G}$  in the parameterization of  $C^{\varepsilon}$  is  $X_{\widetilde{G}} = -g(s)\partial/\partial t$  for  $(s,t) \in W \cap V_A$  and  $X_{\widetilde{G}} = 0$  in  $U_x \cap W$ . Hence its time-1 flow takes (s,g(s)) to (s,0) for all s and we get an area-preserving isotopy of the plane taking C' to C.  $\Box$ 

## 3. Construction of semi-area-preserving isotopies

In this section we construct a semi-area-preserving isotopy from a disk-areapreserving isotopy.

Let C and C' be two immersions of  $S^1$  into  $\mathbb{R}^2$  such that there exists a diskarea-preserving isotopy  $\phi_t$  taking C to C'. Without loss of generality we can assume that  $\phi_t$  has support in some  $B_r$ , where  $B_r$  denotes the open disk of radius r centered at 0. Let  $\gamma_t : \mathbb{R}^2 \to \mathbb{R}^2$ ,  $t \in [0, 1]$ ,  $\gamma_0 = \mathrm{id}$ , be an isotopy of the plane with support in  $B_{r+1}$ , acting as follows: First let  $\gamma_t$  shrink  $B_r$  to some  $B_{\varepsilon r}$  radially, where  $\varepsilon$  is small and depends on the area of the disks of C. Next we let  $\gamma_t$  take the shrunken curve C to the shrunken curve C' by using  $\varepsilon \phi_t(\varepsilon x)$ , and then finally we let  $\gamma_t$  enlarge  $B_{\varepsilon r}$ to  $B_r$  again, so that we get  $\gamma_1(C) = C'$ . By choosing  $\varepsilon$  small enough we thus get an isotopy  $\gamma_t$  of the plane taking C to C' such that  $\operatorname{area}(\gamma_t(D)) < \operatorname{area}(D)$  for every disk D of C, and for all  $t \in (0, 1)$ .

Next we use Moser's trick to find an isotopy  $\psi_t \colon \mathbb{R}^2 \to \mathbb{R}^2$ ,  $t \in [0, 1]$ ,  $\psi_0 = id$ , such that  $\chi_t = \psi_t \circ \gamma_t$  is semi-area-preserving with respect to C. So if we then can take

 $\psi_1\gamma_1(C)$  to C' with a semi-area-preserving isotopy we get a semi-area-preserving isotopy taking C completely to C'. We start with the following lemma.

**Lemma 3.1.** Let  $\gamma_t$ , C and C' be as above. Then there is an isotopy  $\psi_t$ :  $\mathbb{R}^2 \to \mathbb{R}^2$ ,  $t \in [0, 1]$ ,  $\psi_0 = \text{id}$ , such that  $\int_{\psi_t \gamma_t(D)} dx \wedge dy = \int_D dx \wedge dy$  for every disk D of C. Moreover,  $\psi_t$  can be chosen so that  $\psi_1^* dx \wedge dy = dx \wedge dy$ .

*Proof.* Let  $D_1, D_2, ..., D_n$  be the disks of C. For each  $D_i$  choose a point  $\xi_i \in D_i$ , and let  $r_i(t): [0,1] \to (0,\infty)$  be such that  $B_{r_i(t),\gamma_t(\xi_i)} \subset \gamma_t(D_i)$  for all  $0 \le t \le 1$ , where  $B_{\rho,p}$  is the open disk of radius  $\rho$  centered at p.

For each disk  $D_i$  let  $\sigma_t^i : [0, \infty) \to (0, \infty)$  be a smooth one-parameter family of functions such that for each  $t \in [0, 1]$  we have, if  $(\rho, \theta)$  are polar coordinates centered at  $\gamma_t(\xi_i) = (x_i(t), y_i(t))$ , that  $\omega_t^i = d(\frac{1}{2}\sigma_t^i(\rho^2) d\theta)$  is nondegenerate and satisfies

(3) 
$$\int_{\gamma_t(D_i)} \omega_t^i = \int_{D_i} dx \wedge dy - \frac{n-1}{n} \int_{\gamma_t(D_i)} dx \wedge dy.$$

Also choose  $\sigma_t^i$  so that

(4) 
$$\omega_t^i = \frac{1}{n} \, dx \wedge dy \qquad \text{in } B_r \setminus B_{r_i(t), \gamma_t(\xi_i)},$$

(5) 
$$\omega_0^i = \frac{1}{n} \, dx \wedge dy = \omega_1^i$$

and so that  $\sigma_t^i(s) = s/n$  outside some  $B_{r'}$ , where r' > r is chosen big enough to be independent of t and  $D_i$ .

We can find such a  $\sigma_t^i$  due to the fact that we want  $\omega_t^i$  to satisfy

$$\int_{\gamma_t(D_i)} \omega_t^i > \frac{1}{n} \int_{\gamma_t(D_i)} dx \wedge dy.$$

So even if the disk  $B_{r_i(t),\gamma_t(\xi_i)}$  is small we can let  $d\sigma_t^i(s)/ds$  be large in this disk to obtain (3), which need not have been the case if the area of  $\gamma_t(D_i)$  was greater than the area of  $D_i$  for some t. We use the space between  $B_r$  and  $B_{r'}$  to decrease  $d\sigma_t^i(s)/ds > 0$  so that we get  $\sigma_t^i(s) = s/n$  outside  $B_{r'}$ .

Now let  $\omega_t = \sum_{i=1}^n \omega_t^i$ . Then by (3) and (4) we have

$$\begin{split} \int_{\gamma_t(D_i)} \omega_t &= \int_{\gamma_t(D_i)} \omega_t^i + \sum_{\substack{j=1\\ j \neq i}}^n \int_{\gamma_t(D_i)} \omega_t^j \\ &= \int_{D_i} dx \wedge dy - \frac{n-1}{n} \int_{\gamma_t(D_i)} dx \wedge dy + \frac{n-1}{n} \int_{\gamma_t(D_i)} dx \wedge dy \\ &= \int_{D_i} dx \wedge dy. \end{split}$$

So if we can find an isotopy  $\psi_t$  satisfying  $\omega_t = \psi_t^* \omega_0$  for all t then  $\psi_t \circ \gamma_t$  will be semi-area-preserving with respect to C.

To do this we use Moser's trick. Namely, for each disk  $D_i$  and for each t let  $\mu_t^i$  be the 1-form

$$\mu_t^i = \frac{d}{dt} \left( \frac{1}{2} \sigma_t^i(\rho^2) \, d\theta \right),$$

and let  $v_t$  be the vector field defined by  $\iota_{v_t}(\omega_t) + \sum_{i=1}^n \mu_t^i = 0$ , where  $\iota_{v_t}(\omega_t)$  is the 1-form satisfying  $\iota_{v_t}(\omega_t)(\eta) = \omega_t(v_t, \eta)$  for all  $\eta \in T_x \mathbb{R}^2$ . Then we get that

$$v_t = \sum_{i=1}^n \frac{dx_i}{dt} \frac{\partial}{\partial x} - \frac{dy_i}{dt} \frac{\partial}{\partial y}$$

outside  $B_{r'}$ , since here we have that

$$\sigma_t^i(\rho^2) \, d\theta = \frac{1}{n} \rho^2 \, d\theta = \frac{1}{n} ((x - x_i(t)) \, dy - (y - y_i(t)) \, dx)$$

 $\mathbf{SO}$ 

$$\omega_t^i = \frac{1}{n} \, dx \wedge dy$$

and

$$\mu_t^i = \frac{1}{n} \left( \frac{dy_i}{dt} \, dx - \frac{dx_i}{dt} \, dy \right)$$

here. Thus  $v_t$  satisfies a Lipschitz condition with the same Lipschitz constant L for all  $x \in \mathbb{R}^2$  and for all  $t \in [0, 1]$ , and hence we can find an isotopy  $\chi_t : \mathbb{R}^2 \to \mathbb{R}^2, 0 \le t \le 1$ , such that  $\chi_0 = \text{id}$  and  $d\chi_t/dt = v_t\chi_t$ . Now we get

$$\frac{d}{dt}(\chi_t^*\omega_t) = \chi_t^*\left(d\iota_{v_t}(\omega_t) + \sum_{i=1}^n d\mu_t^i\right) = 0,$$

so  $\chi_t^* \omega_t = \chi_0^* \omega_0 = dx \wedge dy$  for all  $t \in [0, 1]$ . Letting  $\psi_t$  be the inverse of  $\chi_t$  for each  $0 \le t \le 1$  we get that  $\omega_t = \psi_t^* dx \wedge dy$  and hence that  $\psi_t \circ \gamma_t$  is a semi-area-preserving isotopy with respect to C, and by (5) we have  $\psi_1^* dx \wedge dy = dx \wedge dy$ .  $\Box$ 

Now by finding an area-preserving isotopy taking  $\psi_1\gamma_1(C)$  to  $\gamma_1(C)=C'$  we can prove the main lemma of this section.

**Lemma 3.2.** If C and C' are immersions of  $S^1$  into  $\mathbb{R}^2$  such that there exists a disk-area-preserving isotopy taking C to C', then there exists a semi-area-preserving isotopy taking C to C'.

*Proof.* Let  $\gamma_t$  and  $\psi_t$  be constructed as above, and let  $F_t \colon \mathbb{R}^2 \to \mathbb{R}^2, t \in [0, 1]$ , be defined as

$$F_t(x) = \begin{cases} \frac{\psi_1(tx)}{t}, & t \neq 0, \\ d\psi_1(0)x, & t = 0. \end{cases}$$

Then  $dF_t(x) = d\psi_1(tx)$  for all t and since  $\psi_1^* dx \wedge dy = dx \wedge dy$  we get that  $F_{1-t}$ ,  $t \in [0, 1]$ , is an area-preserving isotopy taking  $\psi_1 \gamma_1(C)$  to  $d\psi_1(0)(\gamma_1(C))$ . Moreover, since  $\det(d\psi_1(0))=1$  there is a one-parameter family of linear diffeomorphisms  $A_t \in SO(2)$  such that  $A_0 = d\psi_1(0)$  and  $A_1 = id$ , and hence we can find an area-preserving isotopy of the plane taking  $\psi_1 \gamma_1(C)$  to  $\gamma_1(C) = C'$ . Since  $\psi_t \circ \gamma_t$  is semi-area-preserving with respect to C we thus get a semi-area-preserving isotopy of the plane taking C to C'.  $\Box$ 

### 4. Area-preserving isotopies between nearby curves

In this section we show that if C and C' are two immersed circles in the plane such that there exists a disk-area-preserving isotopy taking C to C', and if C' lies sufficiently close to C, then there exists an area-preserving isotopy taking C to C'. This implies that if we have two immersions C and C', not necessary close to each other, and a semi-area-preserving isotopy  $\psi_{\tau}$  taking C to C', then we can find an area-preserving isotopy taking C to  $\psi_{\tau_0}(C)$  for  $\tau_0$  sufficiently small. Thus, by compactness arguments, we can find an area-preserving isotopy taking C completely to C'.

We begin by finding a suitable parameterization of a neighborhood of C, and then we define what we mean by C' being "sufficiently close" to C.

So given C, let  $\nu > 0$  be so small that  $\overline{B}_{\nu,x_1} \cap \overline{B}_{\nu,x_2} = \emptyset$  for any double points  $x_1 \neq x_2$  of C. Let  $\xi \colon S^1 \times (-\varepsilon, \varepsilon) \to \mathbb{R}^2$  be an area-preserving parameterization of a neighborhood  $C^{\varepsilon}$  of C as in Lemma 2.1. Then at each double point x of C we get a double point of  $\xi$ , i.e. a subset  $U_x \subset C^{\varepsilon}$  where  $C^{\varepsilon}$  overlaps itself. Let  $\varepsilon$  be so small that  $U_x$  is a disk contained in  $B_{\nu,x}$  and so that  $\overline{C \cap U_x}$  consists of two smooth arcs  $L_s$  and  $L_t$  intersecting at x. Suppose that  $x = \xi(0,0)$  and that  $L_s = \xi([-s_1,s_1] \times \{0\})$ . Since  $L_s$  intersects  $L_t$  transversely at x there is a  $t_1 > 0$  so that  $L_t \cap ((-s_1,s_1) \times (-t_1,t_1))$  coincides with the graph of a function  $g:(-t_1,t_1) \to (-s_1,s_1)$  over the t-axis in the parameterization of  $C^{\varepsilon}$ . Let  $S = (-s_1,s_1) \times (-t_1,t_1)$  and let  $\vartheta: S \to \mathbb{R}^2$  be defined by

$$\vartheta(s,t) = (s - g(t), t) = (\mu(s,t), \eta(s,t)).$$



Figure 1. An example of a regular neighborhood.

Then  $\vartheta^* d\mu \wedge d\eta = ds \wedge dt$ , and  $\vartheta$  maps  $L_s \cap S$  to the  $\mu$ -axis and  $L_t \cap S$  to the  $\eta$ -axis. Let

$$D_x = \xi \vartheta^{-1}((-\tilde{s}_1, \tilde{s}_1) \times (-\tilde{t}_1, \tilde{t}_1)),$$

where  $\tilde{s}_1, \tilde{t}_1 > 0$  are so small that  $\overline{\vartheta^{-1}((-\tilde{s}_1, \tilde{s}_1) \times (-\tilde{t}_1, \tilde{t}_1))} \subset S$ .

Definition 1. We call the data  $\{C^{\varepsilon}, D_x\}$  a regular neighborhood of C.

This means that a regular neighborhood of C consists of an immersed annulus  $C^{\varepsilon} = \xi(S^1 \times (-\varepsilon, \varepsilon))$ , and also a parameterization of a neighborhood of each double point of C, so that in this parameterization C coincides with the coordinate axes of  $\mathbb{R}^2$ , see Figure 1.

Now let  $C' \subset C^{\varepsilon}$  be an immersion such that there exists a disk-area-preserving isotopy taking C to C'. Let  $Q_{r,p}$  be the open square with sides of length 2r centered at p and  $Q_r = Q_{r,0}$ . Let  $\delta > 0$  be so small that for every double point  $x \in C$  the square  $Q_{\delta,x}$  is contained in the parameterization of  $D_x$ . Further, for each double point  $x \in C$ , let x' be the corresponding double point of C', and let  $L'_s, L'_t \subset C'$  be the arcs corresponding to  $L_s$  respectively  $L_t$  in C. Assume that  $C' \cap D_x \subset L'_s \cup L'_t$  and that  $x' \in Q_{\delta,x}$  in the parameterization of  $D_x$ . Also assume that  $L'_s \cap D_x$ , respectively  $L'_t \cap D_x$ , is a graph of a function  $g_{\mu}$ , respectively  $g_{\eta}$ , over the  $\mu$ -axis, respectively  $\eta$ -axis, in the parameterization of  $D_x$ , satisfying  $|g_{\mu}|, |g_{\eta}|, |dg_{\mu}/d\mu|, |dg_{\eta}/d\eta| < \delta$ . If this holds for all double points of C, and if C' is a graph of a function  $g: S^1 \to (-\delta, \delta)$ in the parameterization of  $C^{\varepsilon}$  satisfying  $|dg/ds| < \delta$ , we say that C' is  $\delta$ -close to Cin  $\{C^{\varepsilon}, D_x\}$ .

The following result shows that if C' is sufficiently close to C in the above sense, then there is an area-preserving isotopy taking C' to C.

**Lemma 4.1.** Let C be an immersion of  $S^1$  in  $\mathbb{R}^2$  and let  $\{C^{\varepsilon}, D_x\}$  be a regular neighborhood of C. Then there exists a  $\delta > 0$  such that for every immersion C' which is  $\delta$ -close to C in  $\{C^{\varepsilon}, D_x\}$  there is an area-preserving isotopy taking C' to C.

*Proof.* Let  $\sigma > 0$  be so small so that in each parameterized disk  $D_x$  we can find a square  $Q_{\sigma} = Q_{\sigma,x}$ , where x corresponds to (0,0) in the parameterization. Let  $\delta > 0$ be sufficiently small so that  $\sigma > \delta^{1/2}$  and let  $\psi \colon \mathbb{R} \to \mathbb{R}$  be a smooth cut-off function satisfying

$$\psi(y) = \begin{cases} 1 & \text{for } y \in (-\delta, \delta), \\ 0 & \text{for } y \notin (-\sigma, \sigma) \end{cases}$$

with

$$|\psi| \le 1, \quad \left| \frac{d\psi}{dy} \right| < \frac{a}{\delta^{1/2} - \delta} \quad \text{and} \quad \left| \frac{d^2\psi}{dy^2} \right| < \frac{b}{(\delta^{1/2} - \delta)^2}$$

for some constants a and b, i.e.

$$\frac{d\psi}{dy} = O(\delta^{-1/2})$$
 and  $\frac{d^2\psi}{dy^2} = O(\delta^{-1})$ 

as  $\delta \rightarrow 0$ .

Now let C' be an immersion which is  $\delta$ -close to C in  $\{C^{\varepsilon}, D_x\}$ , and let  $x \in C$  be a double point. We start with showing that if  $\delta$  is sufficiently small then there is a neighborhood U of x and an area-preserving isotopy  $\phi_{\tau}, 0 \leq \tau \leq 1$ , with support in  $D_x$  so that  $\phi_1(C') \cap U$  coincides with  $C \cap U$  and so that  $\phi_1(C')$  is a graph over  $S^1$  in  $C^{\varepsilon}$ . By finding one such isotopy for each double point of C and then use Lemma 2.2 we get an area-preserving isotopy taking C' completely to C.

So given a double point  $x \in C$ , first consider the arc  $L'_s \subset C'$ , defined as above. Since C' is  $\delta$ -close to C in  $\{C^{\varepsilon}, D_x\}$  we see that  $L'_s$  coincides with the graph of a function  $g_{\mu}: (-\sigma, \sigma) \to (-\delta, \delta)$  in  $Q_{\sigma}$ . Let  $\delta$  be so small that we can find an exact function  $\tilde{g}: \mathbb{R} \to (-\delta, \delta)$  with support in  $(-\delta^{1/2}, \delta^{1/2})$  whose graph coincides with  $L'_s$ 

in  $Q_{\delta}$  and which satisfies  $|d\tilde{g}/d\mu| = O(\delta^{1/2})$ . Let  $G(\mu) = \int_{-\sigma}^{\mu} \tilde{g}(\mu') d\mu'$ , and consider the Hamiltonian  $H(\mu, \eta) = -G(\mu)\psi(\eta)$  with corresponding vector field

$$X_H = G(\mu) \frac{d\psi}{d\eta}(\eta) \frac{\partial}{\partial \mu} - \tilde{g}(\mu)\psi(\eta) \frac{\partial}{\partial \eta}$$

Then the Hamiltonian isotopy  $\Phi_{X_H}^{\tau} = (\chi_{\tau}^1, \chi_{\tau}^2) = \chi_{\tau}, 0 \le \tau \le 1$ , takes  $L'_s$  to the  $\mu$ -axis in  $Q_{\delta}$ , and has support in  $Q_{\sigma}$ .

Next we want to take  $\chi_1(L'_t)$  to the  $\eta$ -axis in a neighborhood of 0 in such a way that the image of  $\chi_1(L'_s)$  still coincides with the  $\mu$ -axis here. But first, to make sure that  $\chi_1(C')$  is still a graph over  $S^1$  in the parameterization of  $C^{\varepsilon}$  we find an estimate for the derivative  $d\chi_1$  of  $\chi_1$ . Divide [0, 1] into N intervals of length 1/N. By Taylor expansion we have, for  $\tau \leq 1/N$ , that

$$\begin{split} \frac{\partial \chi_{\tau}^{1}}{\partial \mu} &= \frac{\partial \chi_{0}^{1}}{\partial \mu} + \tau \frac{d}{d\tau} \frac{\partial \chi_{0}^{1}}{\partial \mu} + O(\tau^{2}) = 1 + \tau \frac{\partial}{\partial \mu} \left( G(\mu) \frac{d\psi}{d\eta}(\eta) \right) + O(\tau^{2}) \\ &= 1 + \tau \tilde{g}(\mu) \frac{d\psi}{d\eta}(\eta) + O\left(\frac{1}{N^{2}}\right) \end{split}$$

and

$$\begin{aligned} \frac{\partial \chi_{1/N+\tau}^1}{\partial \mu} &= \frac{\partial \chi_{1/N}^1}{\partial \mu} + \tau \frac{d}{d\tau} \frac{\partial \chi_{1/N}^1}{\partial \mu} + O(\tau^2) \\ &= \left(1 + \frac{1}{N} \tilde{g}(\mu) \frac{d\psi}{d\eta}(\eta) + O\left(\frac{1}{N^2}\right)\right) + \tau \tilde{g}(\mu) \frac{d\psi}{d\eta}(\eta) + O\left(\frac{1}{N^2}\right). \end{aligned}$$

If we continue like this we get

$$\begin{split} \frac{\partial \chi_1^1}{\partial \mu} &= 1 + \sum_{n=0}^{N-1} \frac{1}{N} \tilde{g} \left( \mu \left( \frac{n}{N} \right) \right) \frac{d\psi}{d\eta} \left( \eta \left( \frac{n}{N} \right) \right) + NO\left( \frac{1}{N^2} \right) \\ &= 1 + O(\delta^{1/2}) + O\left( \frac{1}{N} \right) \end{split}$$

since  $|\tilde{g}| < \delta$  and  $|d\psi/d\eta| = O(\delta^{-1/2})$ . Hence for N big enough, depending on C', we get  $\partial \chi_1^1 / \partial \mu = 1 + O(\delta^{1/2})$ , where the  $O(\delta^{1/2})$ -term depends on C,  $C^{\varepsilon}$  and  $D_x$ . Similarly we have

$$\frac{\partial \chi_1^1}{\partial \eta} = 0 + \sum_{n=0}^{N-1} \frac{1}{N} G\left(\mu\left(\frac{n}{N}\right)\right) \frac{d^2 \psi}{d\eta^2} \left(\eta\left(\frac{n}{N}\right)\right) + O\left(\frac{1}{N}\right) = O(\delta^{1/2})$$

since  $|G| < \delta^{1/2} \delta$ ,  $|d^2 \psi / d\eta^2| = O(\delta^{-1})$ , and

$$\begin{split} &\frac{\partial\chi_1^2}{\partial\mu} = 0 - \sum_{n=0}^{N-1} \frac{1}{N} \frac{d\tilde{g}}{d\mu} \Big( \mu\Big(\frac{n}{N}\Big) \Big) \psi\Big(\eta\Big(\frac{n}{N}\Big) \Big) + O\bigg(\frac{1}{N}\bigg) = O(\delta^{1/2}), \\ &\frac{\partial\chi_1^2}{\partial\eta} = 1 - \sum_{n=0}^{N-1} \frac{1}{N} \tilde{g}\Big(\mu\Big(\frac{n}{N}\Big) \Big) \frac{d\psi}{d\eta} \Big(\eta\Big(\frac{n}{N}\Big) \Big) + O\bigg(\frac{1}{N}\bigg) = 1 + O(\delta^{1/2}) \end{split}$$

Thus we get that

(6) 
$$d\chi_1 = E + O(\delta^{1/2}),$$

where E is the 2×2 unit matrix and  $O(\delta^{1/2})$  denotes a 2×2 matrix with entries of size  $O(\delta^{1/2})$ .

Let next  $\vartheta = (\vartheta^1, \vartheta^2) \colon D_x \to D_x$  be a change of coordinates from  $(\mu, \eta)$  to  $(s,t) \subset C^{\varepsilon}$ . In (s,t)-coordinates by assumption we have that  $L'_s \cap D_x = \{(s,g(s))\}$  for  $s \in (\sigma_1, \sigma_2)$ , say, and g satisfies  $|g|, |dg/ds| < \delta$ . By (6) we have

$$\frac{d}{ds}\vartheta^1(\chi_1\vartheta^{-1}(s,g(s))) = 1 + O(\delta^{1/2})$$

for all  $s \in (\sigma_1, \sigma_2)$ , so  $\chi_1(L'_s)$  is a graph of a function  $\alpha \colon S^1 \to \mathbb{R}$  in the parameterization of  $C^{\varepsilon}$  if we let  $\delta$  be small enough. Furthermore, for the slope of  $\alpha$  we get that

$$\left|\frac{d\alpha}{ds}\right| = \left|\frac{\frac{d}{ds}\vartheta^2(\chi_1\vartheta^{-1}(s,g(s)))}{\frac{d}{ds}\vartheta^1(\chi_1\vartheta^{-1}(s,g(s)))}\right| = \frac{O(\delta^{1/2})}{1+O(\delta^{1/2})} = O(\delta^{1/2}).$$

Similar calculations show that  $\chi_1(L'_t)$  is a subset of both a graph over  $S^1$  in the parameterization of  $C^{\varepsilon}$  and a graph over the  $\eta$ -axis in the parameterization of  $D_x$  for  $\delta$  sufficiently small. Moreover, the slope of these graphs are of order  $\delta^{1/2}$ .

Now we find an isotopy  $\tilde{\chi}_{\tau}$ ,  $0 \leq \tau \leq 1$ , taking  $\chi_1(L'_t)$  to  $L_t$  in a neighborhood of x, and so that  $\tilde{\chi}_1(\chi_1(L'_s))$  still coincides with  $L_s$  here. Since by assumption we had  $x' \in Q_{\delta} \subset D_x$ , where  $x' \in C'$  is the double point corresponding to x, we have  $\chi_1(x') \in (-\delta, \delta) \times \{0\}$ . Hence we can find a  $0 < \delta' < \delta$  so that  $\chi_1(L'_t)$  coincides with the graph of an exact function  $f \colon \mathbb{R} \to (-\delta, \delta)$  in  $(-\delta, \delta) \times (-\delta', \delta')$ , that is,

$$\chi_1(L'_t) \cap ((-\delta, \delta) \times (-\delta', \delta')) = \{(f(\eta), \eta)\}.$$

In addition we can choose f so that  $|df/d\eta| = O(\delta^{1/2})$  for all  $\eta \in \mathbb{R}$  and so that  $f(\eta) = 0$  for  $|\eta| > \delta^{1/2}$ . Let  $F(\eta) = \int_{-\sigma}^{\eta} f(\eta') d\eta'$ . Then the isotopy  $\Phi_{X_H}^{\tau} = \tilde{\chi}_{\tau}, 0 \le \tau \le 1$ , obtained from the Hamiltonian  $H(\mu, \eta) = \psi(\mu)F(\eta)$  takes  $\chi_1(L'_t)$  to the  $\eta$ -axis in

 $(-\delta, \delta) \times (-\delta', \delta')$ , and we have that  $\tilde{\chi}_1 \chi_1(L'_s)$  still coincides with the  $\mu$ -axis in a neighborhood of  $(0, 0) = \tilde{\chi}_1 \chi_1(x')$ .

As before we get that

$$d\widetilde{\chi}_1 = E + \begin{pmatrix} \frac{d\psi}{d\mu}f & \psi\frac{df}{d\eta} \\ \frac{d^2\psi}{d\mu^2}F & \frac{d\psi}{d\mu}f \end{pmatrix} + O\left(\frac{1}{N}\right) = E + O(\delta^{1/2})$$

for N large. So for  $\tilde{\chi}_1\chi_1(L'_s)$  in  $C^{\varepsilon} \cap D_x$  we have, with  $\chi_1(L'_s) = \{(s, \alpha(s))\}$ , that

$$\frac{d}{ds}\vartheta\widetilde{\chi}_1\vartheta^{-1}(s,\alpha(s)) = \begin{pmatrix} 1 & 0\\ 0 & \frac{d\alpha}{ds} \end{pmatrix} + O(\delta^{1/2}).$$

Hence  $\tilde{\chi}_1\chi_1(L'_s)$  will be a subset of a graph over  $S^1$  for  $\delta$  small enough, and similarly we get that  $\tilde{\chi}_1\chi_1(L'_t)$  is a subset of a graph over  $S^1$  in the parameterization of  $C^{\varepsilon}$ too.

By doing the same thing at all double points of C we get an area-preserving isotopy taking C' to C in a neighborhood of every double point of C, and so that the time-1 image of C' is still a graph over  $S^1$  in  $C^{\varepsilon}$ . So by Lemma 2.2 there is an area-preserving isotopy taking C' completely to C.  $\Box$ 

## 5. Proof of Theorem 1.1

Now if we combine Lemma 3.2 with Lemma 4.1 we can prove our theorem.

Proof of Theorem 1.1. By Lemma 3.2 there is a semi-area-preserving isotopy  $\phi_{\tau}$ ,  $0 \leq \tau \leq 1$ , with respect to C taking C to C'. Let  $C_{\tau} = \phi_{\tau}(C)$  for  $\tau \in [0, 1]$ , and for each  $\tau_0 \in [0, 1]$  let  $\{C_{\tau_0}^{\varepsilon}, D_x^{\tau_0}\}$  be a regular neighborhood of  $C_{\tau_0}$ . By Lemma 4.1 we can find a  $\delta_{\tau_0} > 0$  so that for every  $C_{\tau}$  which is  $\delta_{\tau_0}$ -close to  $C_{\tau_0}$  there exists an area-preserving isotopy taking  $C_{\tau}$  to  $C_{\tau_0}$ , and by the continuity of  $\phi_{\tau}$  there is a  $\nu_{\tau_0} > 0$  so that  $C_{\tau}$  is  $\delta_{\tau_0}$ -close to  $C_{\tau_0}$  for all  $0 \leq \tau - \tau_0 < \nu_{\tau_0}$ .

Let  $\nu = \min_{\tau_0 \in I} \nu_{\tau_0}$  and let

$$0 = \tau_1 < \ldots < \tau_n = 1$$

be a partition of [0,1] so that  $\tau_{i+1} - \tau_i < \nu$  for  $1 \le i < n$ . Then by Lemma 4.1 there is an area-preserving isotopy taking  $C_{\tau_{i+1}}$  to  $C_{\tau_i}$  for i=1,...,n-1. Composing the inverses of these isotopies we thus get an area-preserving isotopy taking C to C'.  $\Box$ 

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