# Irregularities of distribution. I 

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## 1. Introduction

The concept of uniformly distributed sequences plays a fundamental role in many branches of mathematics (ergodic theory, diophantine approximation, numerical integration, mathematical statistics, etc.). The object of the theory of Irregularities of Distribution is to measure the uniformity (or nonuniformity) of sequences and point distributions. For instance: how uniformly can an arbitrary distribution of $n$ points in the unit cube be distributed relative to a given family of "nice" sets (e.g., boxes with sides parallel to the coordinate axes, balls, convex sets, etc.)?

This theory was initiated by the following conjecture of van der Corput. Let $\zeta=\left\{\mathbf{z}_{1}, \mathbf{z}_{2}, \mathbf{z}_{3}, \ldots\right\}$ be an infinite sequence of real numbers in the unit interval $U=[0,1]$. Given an $x$ in $U$ and a positive integer $n$, write $Z_{n}[\zeta ; x]$ for the number of integers $j$ with $1 \leqslant j<n$ and $0 \leqslant z_{j}<x$ and put

$$
D_{n}[\zeta ; x]=Z_{n}[\zeta ; x]-n \cdot x
$$

Let $\Delta_{n}[\zeta]$ be the supremum of $\left|D_{n}[\zeta ; x]\right|$ over all numbers $x$ in $U$. In 1935 van der Corput [6] conjectured that $\Delta_{n}[\zeta]$ cannot remain bounded as $n$ tends to infinity. It was proved by Mrs T. van Aardenne-Ehrenfest [1] in 1945. Later her beautiful theorem was improved and extended in various directions by the work of K. F. Roth and Wolfgang M. Schmidt. There is now a vast literature on this subject. We refer the reader to Schmidt's book [13].

In this paper we continue the research started in Schmidt [11], [12]. We recall one of his basic results (Corollary of Theorem A3 in [12]): Let there be given $n$ points
$\mathrm{z}_{1}, \ldots, \mathrm{z}_{n}$ in the K -dimensional unit cube $U^{K}=[0,1)^{K}$. Then there exists a ball $A$ contained in $U^{K}$ with "error"

$$
\begin{equation*}
\left|D\left[\mathbf{z}_{1}, \ldots, \mathbf{z}_{n} ; A\right]\right|=\left|\sum_{\mathbf{z}_{j} \in A} 1-n \cdot \mu(A)\right|>c_{1}(K, \varepsilon) \cdot n^{(K-1) / 2 K(K+2)-\varepsilon} \tag{1.1}
\end{equation*}
$$

where $\mu$ denotes the $K$-dimensional Lebesgue measure and $c_{1}(K, \varepsilon)$ is a positive absolute constant depending only on the dimension $K$ and $\varepsilon>0$.

In short, this theorem expresses the fact that no point distribution can, relative to balls in $U^{K}$, be too evenly distributed.

Note that Schmidt's theorem above guarantees the existence of a ball in $U^{K}$ with "error" very large as compared to that of boxes in $U^{K}$ with sides parallel to the axes. We recall: in 1954 K . F. Roth [9] proved the existence of a box $B$ contained in $U^{K}$ with sides parallel to the axes and with "error"

$$
\left|D\left[\mathbf{z}_{1}, \ldots, \mathbf{z}_{n} ; B\right]\right|=\left|\sum_{\mathbf{z}_{j} \in B} 1-n \cdot \mu(B)\right|>c_{2}(K) \cdot(\log n)^{(K-1) / 2}
$$

In the opposite direction, there is a distribution $\mathbf{w}_{1}, \ldots, \mathbf{w}_{n}$ of $n$ points in $U^{K}$ such that

$$
\left|D\left[\mathbf{w}_{1}, \ldots, \mathbf{w}_{n} ; B\right]\right| \leqslant c_{3}(K) \cdot(\log n)^{K-1}
$$

for any box $B$ in $U^{K}$ with sides parallel to the axes (van der Corput-Hammersley-Halton sequence, see e.g. Schmidt [13] Theorem $1 E$ in Chapter I).

In the last section of his book Schmidt [13] raised the question of understanding the fascinating phenomenon that balls have much greater "error" than boxes with sides parallel to the axes. Our aim is to give a partial answer to this question.

We start with an essential improvement of Schmidt's bound (1.1) (observe that in (1.1) the exponent of $n$ tends to zero as $K$ tends to infinity).

Theorem 1A. Let $\varepsilon$ be a positive real number and $\mathscr{P}$ be an arbitrary distribution of $n$ points in $U^{K}=[0,1)^{K}$. Then there exists a ball A contained in $U^{K}$ with error

$$
\begin{equation*}
|D[\mathscr{P} ; A]|=\left|\sum_{\mathbf{x} \in \mathscr{P} \cap A} 1-n \cdot \mu(A)\right|>c_{4}(K, \varepsilon) \cdot n^{1 / 2-1 / 2 K-\varepsilon} \tag{1.2}
\end{equation*}
$$

Here the exponent $(1 / 2-1 / 2 K-\varepsilon)$ of $n$ is essentially the best possible. Indeed, using probabilistic ideas it is not hard to show that (1.2) is certainly false if we replace the exponent by $(1 / 2-1 / 2 K+\varepsilon)$ with $\varepsilon>0$ (for a quite analogous situation, see the proof of

Theorem 2 in Beck [3]). Observe that in (1.2) the exponent of $n$ tends to $1 / 2$ as $K$ tends to infinity.

To avoid the technical difficulties caused by the requirement "contained in $U^{K}$,, in what follows we shall study a new model.

Let $S=\left\{\mathbf{z}_{1}, \mathbf{z}_{2}, \mathbf{z}_{3}, \ldots\right\}$ be a completely arbitrary infinite discrete set of points in Euclidean $K$-space $\mathbf{R}^{K}$. Given a compact set $A \subset \mathbf{R}^{K}$, write

$$
\begin{equation*}
\mathscr{D}[S ; A]=\sum_{\mathbf{z}_{j} \in A} 1-\mu(A) \tag{1.3}
\end{equation*}
$$

where $\mu$ denotes the $K$-dimensional Lebesgue measure. Observe that here the normalization is different from that in the previous results (compare the definitions of the error in (1.1) and (1.3)).

For arbitrary proper orthogonal transformation $\tau$ of $K$-space $\mathbf{R}^{K}$, real $\alpha \in(0,1]$ and vector $\mathbf{v} \in \mathbf{R}^{K}$ set

$$
A(\tau, \alpha, \mathbf{v})=\{\alpha(\tau \mathbf{x})+\mathbf{v}: \mathbf{x} \in A\}
$$

Clearly $A(\tau, \alpha, \mathrm{v})$ and $A$ are similar to each other. Let

$$
\Omega[S ; A]=\sup _{\tau, \alpha, \mathbf{v}}|\mathscr{D}[S ; A(\tau, \alpha, \mathbf{v})]|
$$

and

$$
\Omega[A]=\inf _{S} \Omega[S ; A]
$$

where the supremum is taken over all rotations $\tau$, contractions $\alpha$ and translations $\mathbf{v}$, and the infimum is extended over all infinite discrete sets $S \subset \mathbf{R}^{K}$.

We say that $\Omega[A]$ is the discrepancy of the family $A(\tau, \alpha, \mathbf{v})$. We also say, in short, that $\Omega[A]$ is the rotation discrepancy of $A$.

Now assume that $A$ is convex. Let $\partial A$ be the boundary surface of $A$ and $r(A)$ be the length of the radius of the largest inscribed ball in $A$. Let $\sigma$ denote the $(K-1)$ dimensional surface area.

The next result (and the remark below) shows that for convex bodies the rotation discrepancy is always large and behaves like the square root of the surface area.

Theorem 2A. Let $S \subset \mathbf{R}^{K}$ be an arbitrary infinite discrete set and $A \subset \mathbf{R}^{K}$ be a $K$ dimensional compact convex body with $r(A) \geqslant 1$. Then

$$
\Omega[S ; A]>c_{5}(K) \cdot(\sigma(\partial A))^{1 / 2}
$$

i.e., there exist $\tau_{0}, \alpha_{0} \in(0,1]$ and $v_{0}$ such that

$$
\left|\mathscr{D}\left[S ; A\left(\tau_{0}, a_{0}, v_{0}\right)\right]\right|>c_{5}(K) \cdot(\sigma(\partial A))^{1 / 2}
$$

Note that in the particular case $K=2$ and $A=$ "rectangle of size $n \times 2$ " Theorem 2 A yields the existence of a tilted rectangle with error of "random size", that is, there is a tilted rectangle $A$ with area $(A) \leqslant 2 n$ and with error $|\mathscr{D}[S ; A]|>$ constant $\cdot n^{1 / 2}$.
(Throughout this paper constant stands for positive absolute constants depending only on the dimension $K$.)

Note that in the proof of Theorem 2 A we shall actually estimate from below the quadratic average of the "error"' $\mathscr{D}[S ; A(\tau, \alpha, v)]$. More precisely, we shall prove that

$$
\liminf _{M \rightarrow \infty}(2 M)^{-K} \int_{[-M, M)^{K}} \int_{0}^{1} \int_{T}(\mathscr{D}[S ; A(\tau, \alpha, \mathrm{v})])^{2} d \tau d \alpha d \mathrm{v}>c_{5}(K) \cdot \sigma(\partial A)
$$

where $T$ is the group of proper orthogonal transformations in $\mathbf{R}^{K}$ and $d \tau$ is the volume element of the invariant measure on $T$, normalized such that $\int_{T} d \tau=1$.

We now explain that this stronger $L^{2}$-norm version of Theorem 2 A is already sharp apart from the constant factor. Let $\boldsymbol{\xi}(\mathbf{l})$ denote an arbitrary point in the cube

$$
Q(\mathbf{1})=\prod_{i=1}^{K}\left[l_{i}, l_{i}+1\right) \quad \text { where } \quad \mathbf{1}=\left(l_{1}, l_{2}, \ldots, l_{K}\right) \in \mathbf{Z}^{K} \cap[-M, M)^{K}
$$

(the parameter $M$ will tend to infinity). Let

$$
S_{\xi}=\left\{\xi(\mathbf{l}): 1 \in \mathbf{Z}^{K} \cap[-M, M)^{K}\right\}
$$

and for any $A(\tau, \alpha, v) \subset[-M, M)^{K}$, let

$$
\tilde{A}(\tau, \alpha, v)=\cup_{\mathrm{l}: Q(\mathrm{l}) \subset A(\tau, \alpha, v)} Q(\mathrm{l})
$$

By definition,

$$
\mathscr{D}\left[S_{\xi} ; \tilde{A}(\tau, \alpha, \mathbf{v})\right]=0
$$

Consequently, we obtain the trivial upper bound

$$
\begin{aligned}
\mathscr{D}\left[S_{\xi} ; A(\tau, \alpha, \mathbf{v})\right] & \leqslant \operatorname{card}\left\{\mathbf{I} \in \mathbf{Z}^{K} \cap[-M, M)^{K}: Q(\mathbf{l}) \cap(A(\tau, \alpha, \mathbf{v}) \backslash \tilde{A}(\tau, \alpha, \mathbf{v})) \neq \varnothing\right\} \\
& <c_{6}(K) \cdot \sigma(\partial A)
\end{aligned}
$$

provided $A(\tau, a, \mathbf{v}) \subset[-M, M)^{K}$. Now assume $\xi(\mathbf{1}), \mathbf{I} \in \mathbf{Z}^{K} \cap[-M, M)^{K}$ are independent random variables uniformly distributed in their cubes $Q(1)$. Since the $L^{2}$-norm of the "random error" is roughly the square root of the trivial error (Bessel inequality for orthogonal systems), there exists a ( $2 M)^{K}$-element set $S^{\prime}(M) \subset[-M, M)^{K}$ such that the $L^{2}$-norm of the "error" of all sets $A(\tau, \alpha, v) \subset[-M, M)^{K}$ is less than constant $\cdot(\sigma(\partial A))^{1 / 2}$. Using a simple compactness argument we conclude that there exists an infinite discrete set $S^{\prime} \subset \mathbf{R}^{K}$ such that

$$
\limsup _{M \rightarrow \infty}(2 M)^{-K} \int_{\left[-M, M^{\kappa}\right.} \int_{0}^{1} \int_{T}\left(\mathscr{D}\left[S^{\prime} ; A(\tau, \alpha, v)\right]\right)^{2} d \tau d \alpha d v<c_{7}(K) \cdot \sigma(\partial A),
$$

as required.
Essentially the same random construction shows that for a suitable infinite discrete set $S^{\prime \prime} \subset \mathbf{R}^{K}$ the $L^{\infty}$-norm $\Omega\left[S^{\prime \prime}, A\right]$ of the errors is less than a sufficiently large constant multiple of

$$
(\sigma(\partial A))^{1 / 2} \cdot(\log \sigma(\partial A))^{1 / 2}
$$

To prove it, choose $M=[\operatorname{diam}(A)]+1$ (integral part) and apply the standard large deviation theorem of probability theory. The concrete calculation gives

$$
\sup _{\tau, 0<a \leq 1, \mathrm{v}}\left|\mathscr{D}\left[S_{\xi} ; A(\tau, \alpha, \mathrm{v}) \cap[-M, M)^{K}\right]\right|<c_{8}(K) \cdot(\sigma(\partial A))^{1 / 2} \cdot(\log \sigma(\partial A))^{1 / 2}
$$

with probability $\geqslant 1 / 2$ (for the details of this argument, see the proof of Theorem 2 in Beck [3]). Therefore, there must exist a $(2 M)^{K}$-element set $S^{\prime \prime}(M) \subset[-M, M)^{K}$ such that

$$
\sup _{\tau, 0<\alpha \leqslant 1, v}\left|\mathscr{P}\left[S^{\prime \prime}(M) ; A(\tau, \alpha, v) \cap[-M, M)^{K}\right]\right|<c_{8}(K) \cdot(\sigma(\partial A))^{1 / 2} \cdot(\log \sigma(\partial A))^{1 / 2} .
$$

Finally, extend $S^{\prime \prime}(M)$ periodically modulo $[-M, M)^{K}$ over the whole $K$-space $\mathbf{R}^{K}$. We obtain an infinite discrete set $S^{\prime \prime} \subset \mathbf{R}^{K}$ such that

$$
\Omega\left[S^{\prime \prime}, A\right]=\sup _{\mathrm{r}, 0<\alpha \leqslant 1, \mathrm{v}}\left|\mathscr{P}\left[S^{\prime \prime} ; A(\tau, \alpha, \mathrm{v})\right]\right|<2^{K} \cdot c_{8}(K) \cdot(\sigma(\partial A))^{1 / 2} \cdot(\log \sigma(\partial A))^{1 / 2} .
$$

Here we used the simple fact that every set $A(\tau, \alpha, v)\left(\tau \in T, \alpha \in(0,1], v \in \mathbf{R}^{K}\right)$ is the disioint union of not more than $2^{K}$ sets of type

$$
A(\tau, \alpha, v) \cap\left([-M, M)^{K}+2 M \cdot 1\right), \quad 1 \in \mathbf{Z}^{K} .
$$

This result indicates that Theorem 2 A is nearly best possible.
From Theorem 2 A one can immediately obtain results concerning the unit torus. Let $\mathscr{P}$ be a distribution of $n$ points in the unit cube $U^{K}$. Extend $\mathscr{P}$ periodically over the whole $K$-space $\mathbf{R}^{K}$ modulo $U^{K}$. That is, let

$$
\mathscr{P}^{*}=\left\{\mathbf{x}+\mathbf{l}: \mathbf{x} \in \mathscr{P}, \mathbf{l} \in \mathbf{Z}^{K}\right\} .
$$

Given a compact set $A \subset \mathbf{R}^{K}$, write $Z\left[\mathscr{P}^{*} ; A\right]$ for the number of points of $\mathscr{P}^{*}$ in $A$, and put

$$
D^{*}[\mathscr{P} ; A]=Z\left[\mathscr{P}^{*} ; A\right]-n \cdot \mu(A)
$$

Finally, let

$$
\Omega^{*}[\mathscr{P} ; A]=\sup _{\tau, 0<a \leqslant 1, \mathrm{v}}\left|D^{*}[\mathscr{P} ; A(\tau, \alpha, \mathbf{v})]\right|
$$

and

$$
\Omega_{n}^{*}[A]=\inf \Omega^{*}[\mathscr{P} ; A]
$$

where the infimum is taken over all $n$-element sets $\mathscr{P} \subset U^{K}$.
If we rescale the periodic set $\mathscr{P}^{*}$ in ratio $n^{1 / K}: 1$ and apply Theorem 2 A then we conclude that

Corollary 2B. Let $\mathscr{P}$ be an arbitrary distribution of n points in the torus $U^{K}$, and let $A$ be a compact convex body in $\mathbf{R}^{K}$. Suppose that $r(A) \geqslant n^{-1 / K}$. Then

$$
\Omega^{*}[\mathscr{P} ; A]>c_{9}(K) \cdot n^{1 / 2-1 / 2 K} \cdot(\sigma(\partial A))^{1 / 2}
$$

In the particular cases $A=$ "cube" and $A=$ "ball", we get respectively Corollay 2 C and Corollary 2D.

Corollary 2C. Let $\delta$ be a positive real number and $\mathscr{P}$ be an arbitrary distribution of $n$ points in the torus $U^{K}$. Then one can find a cube $A$ in arbitrary position with diameter $\leqslant \delta$ and with "error"

$$
\left|D^{*}[\mathscr{F} ; A]\right|>c_{10}(K) \cdot\left(n \cdot \delta^{K}\right)^{1 / 2-1 / 2 K}
$$

We should mention here the pioneering result of Schmidt. For boxes in arbitrary position and $K=2,3$ he proved the slightly weaker lower bound $\left(n \cdot \delta^{K}\right)^{1 / 2-1 / 2 K-\varepsilon}$ (see Schmidt [12]); for arbitrary $K$ it was hopeless'to handle the very difficult integral equations that arise.

For balls Schmidt [12] was able to prove the lower bound $\left(n \cdot \delta^{K}\right)^{1 / 2-1 / 2 K-\varepsilon}$ for arbitrary $K$. Here we obtain the following slight improvement.

Corollary 2D. Let $\delta$ be a positive real number and $\mathscr{P}$ be an arbitrary distribution of $n$ points in the torus $U^{K}$. Then one can find a ball A with diameter $\leqslant \delta$ and with "error"

$$
\left|D^{*}[\mathscr{P} ; A]\right|>c_{1} 1(K) \cdot\left(n \cdot \delta^{K}\right)^{1 / 2-1 / 2 K}
$$

We note without proof that using the "truncation" technique in the proof of Theorem 1 A it is not hard to show the following "contained in $U^{K}$," version of Corollary 2B: Let $\mathscr{P}$ be an arbitrary distribution of $n$ points in $U^{K}$. Let $A \subset \mathbf{R}^{K}$ be a compact convex body of diameter less than one. Further suppose that $r(A) \geqslant n^{-1 / K}$. Then there exist an orthogonal transformation $\tau_{0}$, a real $\alpha_{0} \in(0,1]$ and a vector $\mathbf{v}_{0} \in \mathbf{R}^{K}$ such that $A\left(\tau_{0}, a_{0}, \mathbf{v}_{0}\right)=A_{0}$ is contained in $U K$ and has "error"

$$
\left|\sum_{\mathrm{x} \in \mathscr{P} \cap A_{0}} 1-n \cdot \mu\left(A_{0}\right)\right|>c_{12}(K, \varepsilon) \cdot n^{1 / 2-1 / 2 K-\varepsilon} \cdot(\sigma(\partial A))^{1 / 2}
$$

In the forthcoming paper II we shall study the (traditional) case when rotation is forbidden (i.e., we may only contract and translate). We mention in advance that in this case the magnitude of the "error" depends mainly on the smoothness of the boundary surface $\partial A$ of the given compact convex body $A \subset \mathbf{R}^{K}$.

The proofs are based on the so-called "Fourier transform method". As far as I know, the first appearance of this method is in Roth [10]. The same basic idea was later utilized in Baker [2] and Beck [4], [5].

We have learned that in the case $K=2$ results similar to our Corollary 2B, 2C and 2D have been proved, independently and about the same time by Montgomery [14].

We explain the machinery of the "Fourier transform method" with the following simple example.

Theorem 3. Let $\mathscr{P}$ be a distribution of $n$ points in $U^{K}$. Then one can find a cube $A$ in arbitrary position with diameter less than one such that

$$
\left|\sum_{\mathrm{x} \in \mathscr{F} \cap A} 1-n \cdot \mu\left(A \cap U^{K}\right)\right|>c_{13}(K) \cdot n^{1 / 2-1 / 2 K}
$$

Clearly Theorem 3 is an easy consequency of Corollary 2C, but in the next section we give a simple direct proof.

## 2. Illustration of the method

Proof of Theorem 3. The proof is based on an argument to "blow up" the "trivial error'' (see (2.10) below). Let

$$
\mathscr{P}=\left\{\mathbf{z}_{1}, \ldots, \mathbf{z}_{n}\right\} .
$$

We introduce two measures.
For any $H \subset \mathbf{R}^{K}$ let

$$
Z_{0}(H)=\sum_{\mathbf{z}_{j} \in H} 1,
$$

i.e., $Z_{0}$ denotes the counting measure generated by the given point distribution $\mathscr{P}=\left\{\mathbf{z}_{1}, \ldots, \mathrm{z}_{n}\right\}$.

For any Lebesgue measurable $H \subset \mathbf{R}^{K}$ let

$$
\mu_{0}(H)=\mu\left(H \cap U^{K}\right)
$$

i.e., $\mu_{0}$ denotes the restriction of the usual $K$-dimensional Lebesgue measure (volume) to the unit cube.

Given any proper orthogonal transformation $\tau$ and real $r>0$, let $\chi_{\tau, r}$ denote the characteristic function of the rotated cube

$$
\tau[-r, r]^{K}=\left\{\tau \mathrm{x}: \mathrm{x} \in[-r, r]^{K}\right\}
$$

Consider now the function

$$
\begin{equation*}
F_{\tau, r}=\chi_{\tau, r} *\left(d Z_{0}-n \cdot d \mu_{0}\right) \tag{2.1}
\end{equation*}
$$

where $*$ denotes the convolution operation.
More explicitly,

$$
\begin{align*}
F_{\tau, r}(\mathrm{x}) & \left.=\int_{\mathbf{R}^{K}} \chi_{\tau, r}(\mathrm{x}-\mathbf{y})\left(d Z_{0}(\mathbf{y})-n \cdot d \mu_{0}(\mathrm{y})\right)\right)  \tag{2.2}\\
& =\operatorname{card}\left(\mathscr{P} \cap\left(\tau[-r, r]^{K}+\mathbf{x}\right)\right)-n \cdot \mu\left(\left(\tau[-r, r]^{K}+\mathbf{x}\right) \cap U^{K}\right) .
\end{align*}
$$

In other words, $F_{\tau, r}(\mathbf{x})$ equals the "error" of the intersection $\left(\tau[-r, r]^{K}+x\right) \cap U^{K}$. Since the "error function'" $F_{\tau, r}$ has the form of a convolution (see (2.1), it is natural to utilize the theory of Fourier transformation. We recall some well known facts (see any textbook on harmonic analysis).

If $f \in L^{2}\left(\mathbf{R}^{K}\right)$ then

$$
f(t)=(2 \pi)^{-K / 2} \int_{\mathbf{R}^{K}} e^{-i \mathbf{x} \cdot t} \cdot f(\mathbf{x}) d \mathbf{x}
$$

denotes the Fourier transform of $f$ (here $i$ is the square root of minus one and $\mathbf{x} \cdot \boldsymbol{t}$ is the standard Euclidean inner product). It is well known that

$$
\begin{equation*}
(f * g)^{\wedge}=f \cdot \hat{g} \tag{2.3}
\end{equation*}
$$

and

$$
\begin{equation*}
\left.\int_{\mathbf{R}^{K}}|f(\mathbf{x})|^{2} d \mathbf{x}=\int_{\mathbf{R}^{k}} \mid \hat{f} t\right)\left.\right|^{2} d t \quad \text { (Parseval-Plancherel identity). } \tag{2.4}
\end{equation*}
$$

Let $T$ be the group of proper orthogonal transformations in $\mathbf{R}^{K}$ and $d \tau$ be the volume element of the invariant measure on $T$, normalized such that $\int_{T} d \tau=1$.

Let $q$ be a positive real parameter. Let

$$
\begin{equation*}
\Omega_{0}(q)=\frac{1}{q} \int_{q}^{2 q} \int_{T} \int_{\mathbf{R}^{K}}\left(F_{\tau, r}(\mathbf{x})\right)^{2} d \mathbf{x} d \tau d r \tag{2.5}
\end{equation*}
$$

By (2.1), (2.3) and (2.4) we have

$$
\begin{equation*}
\Omega_{0}(q)=\int_{\mathbf{R}^{k}}\left(\frac{1}{q} \int_{q}^{2 q} \int_{T}\left|\hat{X}_{\tau, r}(t)\right|^{2} d \tau d r\right) \cdot\left|\left(d Z_{0}-n \cdot d \mu_{0}\right)^{\wedge}(t)\right|^{2} d t . \tag{2.6}
\end{equation*}
$$

For the sake of brevity, let

$$
\begin{equation*}
\omega_{q}(\mathbf{t})=\frac{1}{q} \int_{q}^{2 q} \int_{T}\left|\hat{X}_{\tau, r}(\mathbf{t})\right|^{2} d \tau d r \tag{2.7}
\end{equation*}
$$

and

$$
\varphi(\mathbf{t})=\left(d Z_{0}-n \cdot d \mu_{0}\right)^{\wedge}(\mathbf{t})=(2 \pi)^{-K / 2} \int_{\mathbf{R}^{\kappa}} e^{-\mathbf{k} \cdot \mathbf{t}}\left(d Z_{0}-n \cdot d \mu_{0}\right)(\mathbf{x}) .
$$

Thus we can rewrite (2.6) as follows:

$$
\begin{equation*}
\Omega_{0}(q)=\int_{\mathbf{R}^{K}} \omega_{q}(\mathbf{t}) \cdot|\varphi(t)|^{2} d t . \tag{2.8}
\end{equation*}
$$

We claim

$$
\begin{equation*}
\text { if } 0<q<p \text { then } \frac{\omega_{p}(\mathbf{t})}{\omega_{q}(\mathbf{t})} \gg\left(\frac{p}{q}\right)^{K-1} \text { uniformly for all } \mathbf{t} \in \mathbf{R}^{K} . \tag{2.9}
\end{equation*}
$$

(Throughout this paper the implicit constant in Vinogradov's notation $\gg$ is positive and depends only on the dimension K.)

Before verifying (2.9) we explain how it will be used to prove the theorem. As in Schmidt [12] we shall apply the following trivial observation:

$$
\begin{equation*}
\text { if } \mathrm{B} \subset U^{K} \text { satisfies } 0<\frac{\delta}{n}<\mu(B)<\frac{1-\delta}{n}, \quad \text { then } B \text { has "error"' }\left|\sum_{z_{j} \in B} 1-n \cdot \mu(B)\right|>\delta \tag{2.10}
\end{equation*}
$$

Let $q=\frac{1}{6} n^{-1 / K}$. Combining (2.10), (2.2) and (2.5) we see

$$
\begin{equation*}
\Omega_{0}(q) \gg 1 \tag{2.11}
\end{equation*}
$$

Next let $p=\frac{1}{4} K^{-1 / 2}$. From (2.9), (2.8) and (2.11) it follows that

$$
\begin{equation*}
\Omega_{0}(p)=\int_{\mathbf{R}^{K}} \omega_{p}(\mathbf{t}) \cdot|\varphi(\mathbf{t})|^{2} d \mathbf{t} \gg\left(n^{1 / K}\right)^{K-1} \int_{\mathbf{R}^{K}} \omega_{q}(\mathbf{t}) \cdot|\varphi(\mathbf{t})|^{2} d \mathbf{t}=n^{(K-1) / K} \cdot \Omega_{0}(q) \gg n^{1-1 / K} \tag{2.12}
\end{equation*}
$$

Therefore, by (2.12), (2.5) and (2.2) we obtain the existence of a cube $A$ in arbitrary position such that the diameter of $A$ is less than one and

$$
\left|\sum_{z_{j} \in A} 1-n \cdot \mu\left(A \cap U^{K}\right)\right| \gg n^{1 / 2-1 / 2 K}
$$

which completes the proof of Theorem 3, provided that (2.9) is true.
It remains to check the assumption (2.9). It needs only elementary estimations. By definition,

$$
\begin{equation*}
\hat{\chi}_{\tau, r}(\mathbf{t})=\hat{\chi}_{r}\left(\tau^{-1} \mathbf{t}\right) \tag{2.13}
\end{equation*}
$$

where $\chi_{r}$ denotes the characteristic function of the cube $[-r, r]^{K}$. So it is sufficient to study the function $\hat{\chi}_{r}(\mathbf{u}), \mathbf{u} \in \mathbf{R}^{K}$. From the definition it follows via elementary calculation that

$$
\hat{\chi}_{r}(\mathbf{u})=\prod_{j=1}^{K} \frac{2 \sin \left(r \cdot u_{j}\right)}{(2 \pi)^{1 / 2} \cdot u_{j}} \quad \text { where } \quad \mathbf{u}=\left(u_{1}, \ldots, u_{K}\right)
$$

Since

$$
\left|\frac{\sin (r \cdot u)}{u}\right|>\frac{r}{2} \quad \text { if } \quad|u|<\frac{1}{r}
$$

we get

$$
\begin{equation*}
\frac{1}{q} \int_{q}^{2 q}\left|\hat{\chi}_{r}(\mathbf{u})\right|^{2} d r \gg\left(q^{K-1} \cdot \min \left\{q, \frac{1}{|\mathbf{u}|}\right\}\right)^{2} \quad \text { if } \quad\left|u_{1}\right|<\frac{1}{q},\left|u_{2}\right|<\frac{1}{q}, \ldots,\left|u_{K-1}\right|<\frac{1}{q} \tag{2.14}
\end{equation*}
$$

Here $|\mathbf{u}|$ denotes the usual Euclidean length, i.e., $|\mathbf{u}|=\left(\Sigma K_{1} u_{j}^{2}\right)^{1 / 2}$. Let

$$
\begin{equation*}
V\left(\frac{1}{q}, K-1\right)=\left\{\mathbf{u}=\left(u_{1}, \ldots, u_{K}\right) \in \mathbf{R}^{K}:\left|u_{j}\right|<\frac{1}{q}, 1 \leqslant j \leqslant K-1\right\} \tag{2.15}
\end{equation*}
$$

and for any $\mathbf{t} \in \mathbf{R}^{K}$,

$$
\begin{equation*}
W\left(\mathbf{t}, \frac{1}{q}, K-1\right)=\left\{\tau \in T: \tau^{-1} \mathbf{t} \in V\left(\frac{1}{q}, K-1\right)\right\} \tag{2.16}
\end{equation*}
$$

Simple calculation shows

$$
\begin{equation*}
\int_{W\left(1, \frac{1}{q}, K-1\right)} d \tau \gg \min \left\{1,\left(\frac{1}{q \cdot|t|}\right)^{K-1}\right\} \tag{2.17}
\end{equation*}
$$

Combining, (2.13), (2.14), (2.15), (2.16) and (2.17) we conclude that

$$
\begin{align*}
\omega_{q}(t) & =\frac{1}{q} \int_{q}^{2 q} \int_{T}\left|\hat{\chi}_{\tau, r}(t)\right|^{2} d \tau d r \\
& \gg\left(q^{K-1} \cdot \min \left\{q, \frac{1}{|t|}\right\}\right)^{2} \cdot \min \left\{1,\left(\frac{1}{q \cdot|t|}\right)^{K-1}\right\}  \tag{2.18}\\
& =\min \left\{q^{2 K}, \frac{q^{K-1}}{|t|^{K+1}}\right\} .
\end{align*}
$$

A similar calculation shows the validity of the opposite inequality

$$
\begin{equation*}
\omega_{q}(\mathbf{t}) \ll \min \left\{q^{2 K}, \frac{q^{K-1}}{|\mathbf{t}|^{K+1}}\right\} \tag{2.19}
\end{equation*}
$$

Indeed, let $l_{1} \geqslant 1, \ldots, l_{K-1} \geqslant 1$ be arbitrary two-powers, that is, let $l_{j}=2^{s_{j}}, s_{j} \geqslant 0,1 \leqslant j \leqslant K-1$. It is easily seen that

$$
\left.\frac{1}{q} \int_{q}^{2 q}\left|\hat{\chi}_{r}(\mathbf{u})\right|^{2} d r \gg \ll\left(\prod_{j=1}^{K-1} \frac{q}{l_{j}}\right) \cdot \min \left\{q, \frac{1}{|\mathbf{u}|}\right\}\right\}^{2}
$$

if

$$
\frac{[l / 2]}{q} \leqslant\left|u_{j}\right|<\frac{l_{j}}{q}, \quad 1 \leqslant j \leqslant K-1 .
$$

Note that here $\mathbf{u}=\left(u_{1}, \ldots, u_{K}\right),[x]$ denotes the lower integral part, i.e., the largest integer $\leqslant x$, and the notation $f \gg \ll g$ means that both $f \ll g$ and $f \gg g$.

Let $\mathrm{I}=\left(l_{1}, \ldots, l_{\text {K-1 }}\right)$,

$$
v\left(\frac{1}{q} ; 1\right)=\left\{\mathbf{u}=\left(u_{1}, \ldots, u_{K}\right) \in \mathbf{R}^{K}:\left|u_{j}\right|<\frac{l_{j}}{q}, 1 \leqslant j \leqslant K-1\right\}
$$

and for any $\mathbf{t} \in \mathbf{R}^{K}$.

$$
W\left(\mathbf{t}, \frac{1}{q} ; \mathbf{l}\right)=\left\{\tau \in T ; \tau^{-1} \mathbf{t} \in V\left(\frac{1}{q} ; \mathbf{l}\right)\right\}
$$

It is not hard to see that

$$
\int_{W\left(1, \frac{1}{q} ; 1\right)} d \tau \gg<\prod_{j=1}^{K-1} \min \left\{1, \frac{j}{q \cdot|t|}\right\} .
$$

Summarizing, we obtain (2.19) as follows

$$
\begin{aligned}
\omega_{q}(t) & =\left.\frac{1}{q} \int_{q}^{2 q} \int_{T} \hat{\chi}_{\tau, r}(t)\right|^{2} d \tau d r \\
& \ll \sum_{s_{1} \geqslant 0} \ldots \sum_{s_{K-1} \geqslant 0} 2^{\left(s_{1}+\ldots+s_{K-1}\right)} \cdot \min \left\{q^{2 K}, \frac{q^{K-1}}{|t|^{K+1}}\right\} \\
& =\left(\sum_{S \geqslant 0} 2^{-s}\right)^{K-1} \cdot \min \left\{q^{2 K}, \frac{q^{K-1}}{|t|^{K+1}}\right\} \ll \min \left\{q^{2 K}, \frac{q^{K-1}}{|t|^{K+1}}\right\} .
\end{aligned}
$$

From (2.18) and (2.19) the desired (2.9) follows immediately. Hence the proof is complete.

## 3. Proof of Theorem 1A

First we renormalize Theorem 1 A as follows.
Theorem 1B. Let $\varepsilon$ be a positive real number. Let there be given $n$ points $\mathbf{z}_{1}, \ldots, \mathbf{z}_{n}$ in the cube $[-M, M]^{K}$ where $M=\frac{1}{2} n^{1 / K}$. If $n$ is sufficiently large depending only on $K$ and $\varepsilon$, then there exists a ball $B$ contained in $[-M, M]^{K}$ such that

$$
\left|\sum_{z_{j} \in B} 1-\mu(B)\right|>n^{1 / 2-1 / 2 K-\varepsilon}
$$

Proof of Theorem 1 B. We recommend the reader to read first the proof of Theorem 3 in Section 2.

Throughout we assume that $n$ is sufficiently large depending on $K$ and $\varepsilon>0$ only.
For notational convenience let $S=\left\{\mathbf{z}_{1}, \ldots, \mathbf{z}_{n}\right\}$ and

$$
Q(a)=[-a, a]^{K}, \quad a<0 \text { real. }
$$

Let $m, 0<m \leqslant M=\frac{1}{2} n^{1 / K}$ be a real parameter. Let

$$
W_{m}(\mathbf{x})=\operatorname{card}\left\{\left(U^{K}+\mathbf{x}\right) \cap Q(m) \cap S\right\}
$$

We need
Lemma 3.1. For arbitrary sufficiently large $n$ there exists a real $m_{0}$ with $M \cdot \exp \left\{-(\log n)^{2 / 3}\right\} \leqslant m_{0} \leqslant M / 2$ such that either
(i) $\operatorname{card}\left\{Q\left(m_{0}\right) \cap S\right\}<\frac{1}{10} \cdot\left(2 m_{0}\right)^{K}$,
or
(ii) card $\left\{Q\left(m_{0}\right) \cap S\right\} \geqslant \frac{1}{10} \cdot\left(2 m_{0}\right)^{K}$ and with $m_{1}=m_{0} / \log n$ we have

$$
\int_{\mathbf{R}^{K}}\left(w_{m_{1}}(\mathbf{x})\right)^{2} d \mathbf{x}>\exp \left\{-(\log n)^{2 / 3}\right\} \cdot \int_{\mathbf{R}^{K}}\left(w_{m_{0}}(\mathbf{x})\right)^{2} d \mathbf{x}
$$

Proof. Let $p_{1}=M / 2$ and $p_{j+1}=p_{j} / \log n, j \geqslant 1$. Let

$$
W_{j}=\int_{\mathbf{R}^{K}}\left(w_{p_{j}}(\mathbf{x})\right)^{2} d \mathbf{x}, \quad j \geqslant 1
$$

We may assume that for every $p_{j} \geqslant M \cdot \exp \left\{-(\log n)^{2 / 3}\right\}$

$$
\begin{equation*}
\operatorname{card}\left\{Q\left(p_{j}\right) \cap S\right\} \geqslant \frac{1}{10}\left(2 p_{j}\right)^{K} \tag{3.1}
\end{equation*}
$$

Indeed, if the opposite case (i) holds, we are done. From (3.1) we obtain via elementary estimations that for every $p_{j} \geqslant M \cdot \exp \left\{-(\log n)^{2 / 3}\right\}$

$$
\begin{equation*}
\frac{n}{\left(2 \exp \left\{(\log n)^{2 / 3}\right\}\right)^{K}} \leqslant\left(p_{j}\right)^{K} \ll W_{j} \leqslant n^{2} \tag{3.2}
\end{equation*}
$$

(we recall: << is the Vinogradov's notation with positive implicit constants).
Now suppose, contrary to (ii), that

$$
W_{j+1} \leqslant \exp \left\{-(\log n)^{2 / 3}\right\} \cdot W_{j} \quad \text { for all } j \text { with } 1 \leqslant j \leqslant l=(\log n)^{1 / 2}
$$

Then clearly

$$
W_{l+1} \leqslant\left(\exp \left\{-(\log n)^{2 / 3}\right\}\right)^{\prime} \cdot W_{1},
$$

and so by (3.2)

$$
\begin{equation*}
W_{l+1} \leqslant \exp \left\{-(\log n)^{7 / 6}\right\} \cdot W_{1} \ll \frac{1}{n^{2}} \cdot W_{1} \leqslant 1 \tag{3.3}
\end{equation*}
$$

Let $n$ be sufficiently large. Then (3.3) contradicts the second inequality in (3.2), since

$$
p_{l+1}=p_{1} \cdot(\log n)^{-l}=\frac{1}{2} M \cdot(\log n)^{-1} \geqslant M \cdot \exp \left\{-(\log n)^{2 / 3}\right\}
$$

Lemma 3.1 follows.
If alternative (i) of Lemma 3.1 is true, then we are immediately done. Indeed, the cube $Q\left(m_{0}\right)$ contains less than $10 \%$ of the expected of the points $z_{j}$, and by a standard averaging argument we get the existence of a ball $B$ contained in $Q\left(m_{0}\right)$ with radius $m_{0} / K$ such that $\Sigma_{z_{j} \in B} 1<\frac{1}{2} \mu(B)$. Thus $B$ is certainly contained in $Q(M)=[-M, M]^{K}$ and has a huge "error"

$$
\begin{aligned}
\left|\sum_{z_{j} \in B} 1-\mu(B)\right| & \geqslant \frac{1}{2} \mu(B) \gg\left(m_{0}\right)^{K} \geqslant\left(M \cdot \exp \left\{-(\log n)^{2 / 3}\right\}\right)^{K} \\
& =n \cdot\left(\frac{1}{2} \exp \left\{-(\log n)^{2 / 3}\right\}\right)^{K} \geqslant n^{1-\varepsilon} .
\end{aligned}
$$

Therefore, from now on we may assume the validity of alternative (ii) of Lemma 3.1.

We introduce two measures. For any $H \subset \mathbf{R}^{K}$ let

$$
Z_{0}(H)=\operatorname{card}\left(S \cap H \cap Q\left(m_{0}\right)\right)
$$

where $m_{0}$ is defined to satisfy property (ii) in Lemma 3.1 (We recall: $S=\left\{\mathbf{z}_{1}, \ldots, \mathbf{z}_{n}\right\}$.)
For any Lebesgue measurable $H \subset \mathbf{R}^{K}$ let

$$
\mu_{0}(H)=\mu\left(H \cap Q\left(m_{0}\right)\right)
$$

Let $\chi_{r}$ denote the characteristic function of the ball

$$
B(\mathbf{0}, r)=\left\{\mathbf{x}=\left(x_{1}, \ldots, x_{K}\right) \in \mathbf{R}^{K}: \sum_{j=1}^{K} x_{j}^{2} \leqslant r^{2}\right\}
$$

centered at the origin and having radius $r$. The parameter $r$ will be specified later.
Consider the function

$$
\begin{equation*}
F_{r}=\chi_{r} *\left(d Z_{0}-d \mu_{0}\right) \tag{3.4}
\end{equation*}
$$

where $*$ denotes the convolution operation. More explicitly,

$$
\begin{align*}
F_{r}(\mathbf{x}) & =\int_{\mathbf{R}^{K}} \chi_{r}(\mathbf{x}-\mathbf{y})\left(d Z_{0}-d \mu_{0}\right)(\mathbf{y})  \tag{3.5}\\
& =\operatorname{card}\left(S \cap B(\mathbf{x}, r) \cap Q\left(m_{0}\right)\right)-\mu\left(B(\mathbf{x}, r) \cap Q\left(m_{0}\right)\right),
\end{align*}
$$

where $B(\mathbf{x}, r)$ denotes the translate $B(\mathbf{0}, r)+\mathbf{x}$ of $B(\mathbf{0}, r)$.
Let

$$
\begin{equation*}
E(\mathbf{x})=\exp \left\{-|\mathbf{x}|^{2} \cdot\left(m_{1}\right)^{-2}\right\} \tag{3.6}
\end{equation*}
$$

where $|\mathbf{x}|=\left(\Sigma_{j=}^{K} 1 x^{\mathcal{P}}\right)^{1 / 2}$ denotes the usual Euclidean distance and $=m_{0} \log n$.
Consider now the following 'truncated" version of $F_{r}$ :

$$
\begin{equation*}
G_{r}=E \cdot F_{r} \tag{3.7}
\end{equation*}
$$

Clearly $G_{r}(\mathbf{x})$ is a good approximation of the "error function"

$$
\begin{cases}\sum_{z_{j} \in B(\mathbf{x}, r)} 1-\mu(B(\mathbf{x}, r)) & \text { if } B(\mathbf{x}, r) \subset Q(M) \\ 0 & \text { otherwise }\end{cases}
$$

since the "weight" $E(\mathbf{x})$ is extremely small whenever $\left(B(\mathbf{x}, r)\right.$ is not contained in $Q\left(m_{0}\right)$ (we mention in advance that $r<m_{0} / 2$ ). In order to estimate the quadratic average of $G_{r}(\mathbf{x})$ we shall employ the theory of Fourier transformation. Besides identities (2.3) and (2.4) we need (see any textbook on harmonic analysis)

$$
\begin{equation*}
(f \cdot g)^{\wedge}=\hat{f} * \hat{g} \quad\left(f, g \in L^{2}\left(\mathbf{R}^{K}\right)\right) \tag{3.8}
\end{equation*}
$$

By Parseval-Plancherel identity (2.4)

$$
\int_{\mathbf{R}^{K}}\left(G_{r}(\mathbf{x})\right)^{2} d \mathbf{x}=\int_{\mathbf{R}^{K}}\left|\hat{G}_{r}(\mathbf{t})\right|^{2} d \mathbf{t} .
$$

On combining (2.3), (3.4), (3.7) and (3.8), we conclude that

$$
\begin{equation*}
\hat{G}_{r}=\hat{E} * \hat{F}_{r}=\hat{E} *\left(\hat{\chi}_{r} \cdot\left(d Z_{0}-d \mu_{0}\right)^{\wedge}\right) . \tag{3.9}
\end{equation*}
$$

Unfortunately, $\hat{G}_{r}$ has a rather difficult form, so we introduce the following auxiliary function

$$
\begin{equation*}
H_{r}=\chi_{r} *\left(E \cdot\left(d Z_{0}-d \mu_{0}\right)\right), \tag{3.10}
\end{equation*}
$$

that is,

$$
\begin{align*}
H_{r}(\mathbf{x}) & =\int_{\mathbf{R}^{K}} \chi_{r}(\mathbf{x}-\mathbf{y})\left(E(\mathbf{y}) \cdot d Z_{0}(\mathbf{y})-E(\mathbf{y}) \cdot d \mu_{0}(\mathbf{y})\right) \\
& =\sum_{\mathbf{z}_{j} \in B(\mathbf{x}, r) \cap \varrho\left(m_{0}\right)} E\left(\mathbf{z}_{j}\right)-\int_{B(\mathbf{x}, r) \cap \varrho\left(m_{0}\right)} E(\mathbf{y}) d \mathbf{y} \tag{3.11}
\end{align*}
$$

From (3.10), (2.3) and (3.8) we obtain

$$
\begin{equation*}
\hat{H}_{r}=\hat{\chi}_{r} \cdot\left(\hat{E} *\left(d Z_{0}-d \mu_{0}\right)^{\wedge}\right) \tag{3.12}
\end{equation*}
$$

For the sake of brevity, let

$$
\begin{equation*}
\varphi=\left(d Z_{0}-d \mu_{0}\right)^{\wedge} \quad \text { and } \quad \psi=\hat{E} *\left(d Z_{0}-d \mu_{0}\right)^{\wedge}=\hat{E} * \varphi \tag{3.13}
\end{equation*}
$$

Then, by (3.9), (3.10), (3.12) and (3.13)

$$
\begin{equation*}
\hat{G}_{r}=\hat{E} *\left(\hat{\chi}_{r} \cdot \varphi\right) \quad \text { and } \quad \hat{H}_{r}=\hat{\chi}_{r} \cdot \psi, \tag{3.14}
\end{equation*}
$$

and we see that

$$
\begin{equation*}
\hat{H}_{r}(\mathbf{t})-\hat{G}_{r}(\mathbf{t})=\int_{\mathbf{R}^{K}}\left(\hat{\chi}_{r}(\mathbf{t})-\hat{\chi}_{r}(\mathbf{t}-\mathbf{u})\right) \cdot \varphi(\mathbf{t}-\mathbf{u}) \cdot \hat{E}(\mathbf{u}) d \mathbf{u} \tag{3.15}
\end{equation*}
$$

An outline of the proof of Theorem 1B is as follows. Since $\hat{H}_{r}$ has the form of a simple product (i.e. $\hat{H}_{r}=\hat{\chi}_{r} \cdot \psi$ ), it is not hard to prove that the $L^{2}$-norm of $\hat{H}_{r}$ is "large". Moreover, we shall show that the difference $\hat{H}_{r}-\hat{G}_{r}$ is "predominantly small". Combining these arguments, we shall obtain a good lower bound to the $L^{2}$-norm of $\hat{G}_{r}$, or by Parseval-Plancherel identity, to the $L^{2}$-norm of the "truncated error function"' $G_{r}(\mathbf{x})$.

We start with the investigation of the difference $\hat{H}_{r}(t)-\hat{G}_{r}(t)$. Using the following well-known result:

$$
\begin{equation*}
\text { if } f(x)=e^{-a^{2} x^{2} / 2} \quad \text { then } \hat{f}(t)=\frac{1}{a} e^{-t^{2} /\left(2 a^{2}\right)} \tag{3.16}
\end{equation*}
$$

by (3.6) we have

$$
\begin{equation*}
\hat{E}(\mathbf{u})=\frac{\left(m_{1}\right)^{K}}{2^{K / 2}} \cdot \exp \left\{-|\mathbf{u}|^{2} \cdot\left(m_{1}\right)^{2} / 4\right\} \tag{3.17}
\end{equation*}
$$

Clearly

$$
|\varphi(\mathbf{t})|=\left|\left(d Z_{0}-d \mu_{0}\right)^{\wedge}(\mathbf{t})\right| \leqslant \frac{1}{(2 \pi)^{K / 2}}\left\{\left|\sum_{j=1}^{n} e^{-i z_{j} \cdot \mathbf{t}}\right|+\int_{Q(M)} d \mathbf{x}\right\} \leqslant n
$$

and since the parameter $r$ will be less than $M$,

$$
\left|\hat{X}_{r}(t)\right|=\frac{1}{(2 \pi)^{K / 2}}\left|\int_{B(0, r)} e^{-i x \cdot t} d \mathbf{x}\right| \leqslant \frac{\mu(B(\mathbf{0}, r))}{(2 \pi)^{K / 2}} \leqslant n
$$

Let $\delta_{0}=(\log n) / m_{1}$. Then by (3.17)

$$
\int_{\mathbf{R}^{K} \backslash Q\left(\delta_{0}\right)} \hat{E}(\mathbf{u}) d \mathbf{u} \ll n^{-2}
$$

Using these upper estimates to (3.15) we see that

$$
\begin{align*}
\left|\hat{H}_{r}(\mathbf{t})-\hat{G}_{r}(\mathbf{t})\right| & \leqslant\left|\int_{Q\left(\delta_{0}\right)}\left(\hat{\chi}_{r}(\mathbf{t})-\hat{\chi}_{r}(\mathbf{t}-\mathbf{u})\right) \cdot \varphi(\mathbf{t}-\mathbf{u}) \cdot \hat{E}(\mathbf{u}) d \mathbf{u}\right|+c_{14}(K) \\
& \leqslant \max _{\mathbf{u} \in\left(\delta_{0}\right)}\left|\hat{\chi}_{r}(\mathbf{t})-\hat{\chi}_{r}(\mathbf{t}-\mathbf{u})\right| \cdot\left|\int_{\mathcal{Q}\left(\delta_{0}\right)} \varphi(\mathbf{t}-\mathbf{u}) \cdot \hat{E}(\mathbf{u}) d \mathbf{u}\right|+c_{14}(K) \tag{3.18}
\end{align*}
$$

We are going to study the Fourier transform of the characteristic function of the ball $\hat{\chi}_{r}(\mathbf{s}), \mathbf{s} \in \mathbf{R}^{K}$. For the sake of brevity, let $s=|\mathbf{s}|$. By definition

$$
\begin{align*}
\hat{\chi}_{r}(\mathbf{s}) & =(2 \pi)^{-K / 2} \int_{\mathbf{R}^{K}} e^{-i \mathbf{x} \cdot s} \cdot \chi_{r}(\mathbf{x}) d \mathbf{x}=(2 \pi)^{-K / 2} \int_{B(0, r)} e^{-i \mathbf{x} \cdot s} d \mathbf{x} \\
& =c_{15}(K) \int_{-r}^{r} e^{-i y s} \cdot\left(r^{2}-y^{2}\right)^{(K-1) / 2} d y  \tag{3.19}\\
& =c_{15}(K) \cdot r^{K} \cdot \int_{-1}^{1} \cos (s \cdot r \cdot h) \cdot\left(1-h^{2}\right)^{(K-1) / 2} d h .
\end{align*}
$$

The classical Bessel-function $J_{\nu}(x)$ (see e.g. in [8] p. 241) has the following integral representation (Poisson's integral)

$$
\begin{equation*}
J_{\nu}(x)=\frac{1}{\pi^{1 / 2} \cdot \Gamma\left(v+\frac{1}{2}\right)} \cdot\left(\frac{x}{2}\right)^{\nu} \cdot \int_{-1}^{1} \cos (x \cdot h) \cdot\left(1-h^{2}\right)^{v-1 / 2} d h \quad\left(v>-\frac{1}{2}\right) \tag{3.20}
\end{equation*}
$$

Hence, by (3.19) and (3.20)

$$
\begin{equation*}
\hat{\chi}_{r}(\mathrm{~s})=c_{16}(K) \cdot\left(\frac{r}{s}\right)^{K / 2} J_{K / 2}(r \cdot s) \tag{3.21}
\end{equation*}
$$

By Hankel's asymptotic expansion (see [8] p. 133)

$$
\begin{equation*}
J_{v}(x)=\left(\frac{2}{\pi x}\right)^{1 / 2} \cdot \cos \left(x-\frac{2 \nu+1}{4} \pi\right)+O\left(x^{-3 / 2}\right) \tag{3.22}
\end{equation*}
$$

where the implicit constant in the $O$-notation depends only on $v$.
Therefore, by (3.21) and (3.22)

$$
\begin{equation*}
\hat{\chi}_{r}(\mathrm{~s})=c_{17}(K) \cdot \frac{r^{(K-1) / 2}}{s^{(K+1) / 2}} \cdot \cos (r \cdot s-(K+1) \pi / 4)+O\left(\frac{r^{(K-3) / 2}}{2^{(K+3) / 2}}\right) \tag{3.23}
\end{equation*}
$$

Here and in what follows the implicit constants in the $O$-notation depend only on the dimension $K$.

Combining (3.18) and (3.23) we obtain via elementary estimates

$$
\begin{equation*}
\left|\hat{H}_{r}(\mathbf{t})-\hat{G}_{r}(\mathbf{t})\right| \ll\left(\delta_{0} \cdot\left(\frac{r}{t}\right)^{(K+1) / 2}+\frac{r^{(K-3) / 2}}{t^{(K+3) / 2}}\right) \cdot\left|\int_{Q\left(\delta_{0}\right)} \varphi(\mathbf{t}-\mathbf{u}) \cdot \hat{E}(\mathbf{u}) d \mathbf{u}\right|+O(1) \tag{3.24}
\end{equation*}
$$

whenever $r \cdot t \geqslant 1$ (here $t=|t|)$. Since $\delta_{0}=(\log n) / m_{1}$, by (3.17) we have

$$
\hat{E}(\mathrm{u}) \ll\left(\delta_{0}\right)^{-K} \cdot(\log n)^{K} \quad \text { for } \mathrm{u} \in Q\left(\delta_{0}\right)
$$

Consequently,

$$
\begin{equation*}
\left|\int_{Q\left(\delta_{0}\right)} \varphi(\mathbf{t}-\mathbf{u}) \cdot \hat{E}(\mathbf{u}) d \mathbf{u}\right| \ll(\log n)^{K} \cdot\left(2 \delta_{0}\right)^{-K}\left|\int_{Q\left(\delta_{0}\right)} \varphi(\mathbf{t}-\mathbf{u}) d \mathbf{u}\right| \tag{3.25}
\end{equation*}
$$

By Cauchy-Schwarz inequality

$$
\begin{equation*}
\left(2 \delta_{0}\right)^{-K}\left|\int_{Q\left(\delta_{0}\right)} \varphi(\mathbf{t}-\mathbf{u}) d \mathbf{u}\right| \leqslant\left\{\left(2 \delta_{0}\right)^{-K} \int_{Q\left(\delta_{0}\right)}|\varphi(\mathbf{t}-\mathbf{u})|^{2} d \mathbf{u}\right\}^{1 / 2} \tag{3.26}
\end{equation*}
$$

Using the elementary inequality $(a+b)^{2} \leqslant 2 a^{2}+2 b^{2}, a$ and $b$ reals, (3.24), (3.25) and (3.26) we see

$$
\begin{aligned}
\left|\hat{H}_{r}(t)-\hat{G}_{r}(t)\right|^{2} \ll & \left(\left(\delta_{0}\right)^{2} \cdot\left(\frac{r}{t}\right)^{K+1}+\frac{r^{K-3}}{t^{K+3}}\right) \cdot(\log n)^{2 K} \cdot\left(2 \delta_{0}\right)^{-K} \cdot \int_{Q\left(\delta_{0}\right)}|\varphi(t-\mathbf{u})|^{2} d \mathbf{u} \\
& +O(1) \quad \text { whenever } r \cdot \mathrm{t} \geqslant 1
\end{aligned}
$$

Let $q, 0<q<\frac{1}{2} m_{0} \cdot(\log n)^{-3}$ be a real parameter to be fixed later. Let $T \subset \mathbf{R}^{K}$ be a Lebesgue measurable set such that the usual Euclidean distance of the origin $0 \in \mathbf{R}^{K}$ and $T$ is greater than $1 / q$ (note that in this section we do not use the group of proper orthogonal transformations, so this notation cannot cause any confusion).

Using the general inequality $a^{2} \geqslant \frac{1}{2} b^{2}-(a-b)^{2}, a$ and $b$ reals, (3.14) and (3.27) we have

$$
\begin{align*}
\int_{q}^{2 q}\left(\int_{T}\left|\hat{G}_{r}(\mathbf{t})\right|^{2} d \mathbf{t}\right) d r \geqslant & \frac{1}{2} \int_{q}^{2 q}\left(\int_{T}\left|\hat{H}_{r}(\mathbf{t})\right|^{2} d \mathbf{t}\right) d r-\int_{q}^{2 q}\left(\int_{T}\left|\hat{H}_{r}(\mathbf{t})-\hat{G}_{r}(\mathbf{t})\right|^{2} d \mathbf{t}\right) d r \\
\geqslant & \frac{1}{2} \int_{T}\left(\int_{q}^{2 q}\left|\hat{\chi}_{r}(\mathbf{t})\right|^{2} d r\right) \cdot|\psi(\mathbf{t})|^{2} d \mathbf{t}  \tag{3.28}\\
& - \text { const } \cdot \int_{q}^{2 q}\left(\int _ { T } \left\{\left(\left(\delta_{0}\right)^{2}\left(\frac{r}{t}\right)^{K+1}+\frac{r^{K-3}}{t^{K+3}}\right) \cdot(\log n)^{2 K}\left(2 \delta_{0}\right)^{-K}\right.\right. \\
& \left.\times \int_{Q\left(\delta_{0}\right)}|\varphi(\mathbf{t}-\mathbf{u})|^{2} d \mathbf{u}\right\} d \mathbf{t} d r-\text { const } \cdot \int_{q}^{2 q}\left(\int_{T} d \mathbf{t}\right) d r
\end{align*}
$$

Note that by definition $r \cdot t \geqslant q \cdot \inf _{t \in T}|t|>1$, and const stands for positive absolute constants depending only on the dimension $K$.

Next we need two lemmas concerning $\varphi(\mathbf{t})$ and $\psi(\mathbf{t})$. We recall:

$$
W_{m}(\mathbf{x})=\operatorname{card}\left\{\left(U^{K}+\mathbf{x}\right) \cap Q(m) \cap S\right\}, \quad S=\left\{\mathbf{z}_{1}, \ldots, \mathbf{z}_{n}\right\}
$$

and $m_{1}=m_{0} / \log n$.
Lemma 3.2A. $\int_{Q(100)}|\psi(\mathbf{t})|^{2} d \mathbf{t} \gg \int_{\mathbf{R}^{K}}\left\{w_{m_{1}}(\mathbf{x})\right\}^{2} d \mathbf{x}$.
For any real $b, 0<b<200$, let

$$
\begin{equation*}
D_{b}(x)=\operatorname{card}\left\{\left(Q\left(\frac{1}{b}\right)+x\right) \cap Q\left(m_{0}\right) \cap S\right\}-\mu\left(\left(Q\left(\frac{1}{b}\right)+\mathbf{x}\right) \cap Q\left(m_{0}\right)\right) \tag{3.29}
\end{equation*}
$$

Moreover, let

$$
\begin{equation*}
\Delta_{b}(\mathbf{x})=\sum_{\mathbf{z}_{j} \in(Q(1 / b)+\mathbf{x}) \cap Q\left(m_{0}\right)} E\left(\mathbf{x}-\mathbf{z}_{j}\right)-\int_{Q(1 / b)+\mathbf{x}} E(\mathbf{x}-\mathbf{y}) d \mu_{0}(\mathbf{y}) \tag{3.30}
\end{equation*}
$$

Lemma 3.3. For any $0<b \leqslant 200$
(i)

$$
\int_{Q(b)}|\varphi(t)|^{2} d t \ll \int_{\mathbf{R}^{K}}\left\{D_{b}(\mathbf{x})\right\}^{2} \cdot\left(\frac{b}{2}\right)^{2 K} d \mathbf{x}
$$

and
(ii)

$$
\int_{Q(b)}|\psi(\mathbf{t})|^{2} d t \ll \int_{\mathbf{R}^{\kappa}}\left\{\Delta_{b}(\mathbf{x})\right\}^{2} \cdot\left(\frac{b}{2}\right)^{2 K} d \mathbf{x}
$$

We postpone the proof of these lemmas to the end of this section.
Combining Lemma 3.1 (ii) and Lemma 3.2 A we get

$$
\begin{equation*}
\int_{Q(100)}|\psi(\mathbf{t})|^{2} d \mathbf{t} \gg \int_{\mathbf{R}^{K}}\left\{w_{m_{1}}(\mathbf{x})\right\}^{2} d \mathbf{x}>\exp \left\{-(\log n)^{2 / 3}\right\} \cdot \int_{\mathbf{R}^{K}}\left\{w_{m_{0}}(\mathbf{x})\right\}^{2} d \mathbf{x} \tag{3.31}
\end{equation*}
$$

By Lemma 3.1 (ii) we see

$$
\begin{equation*}
\int_{\mathbf{R}^{K}}\left\{w_{m_{0}}(\mathbf{x})\right\}^{2} d \mathbf{x} \geqslant \int_{\mathbf{R}^{K}} w_{m_{0}}(\mathbf{x}) d \mathbf{x}=\operatorname{card}\left\{Q\left(m_{0}\right) \cap S\right\}>\frac{1}{10} \cdot\left(2 m_{0}\right)^{K} \tag{3.32}
\end{equation*}
$$

Clearly

$$
w_{m_{0}}(\overline{\mathbf{x}})+\mu_{0}\left(Q\left(\frac{1}{200}\right)+\mathbf{x}\right) \geqslant\left|D_{200}(\mathbf{x})\right|
$$

where $\tilde{\mathbf{x}}=\left(x_{1}-\frac{1}{2}, x_{2}-\frac{1}{2}, \ldots, x_{K}-\frac{1}{2}\right), \mathbf{x}=\left(x_{1}, \ldots, x_{K}\right)$, therefore, using the general inequality $(a+b)^{2} \leqslant 2 a^{2}+2 b^{2}$, we see

$$
\begin{equation*}
2 \int_{\mathbf{R}^{K}}\left(w_{m_{0}}(\mathbf{x})\right)^{2} d \mathbf{x}+2 \int_{\mathbf{R}^{K}}\left(\mu_{0}\left(Q\left(\frac{1}{200}\right)+\mathbf{x}\right)\right)^{2} d \mathbf{x} \geqslant \int_{\mathbf{R}^{K}}\left\{D_{200}(\mathbf{x})\right\}^{2} d \mathbf{x} \tag{3.33}
\end{equation*}
$$

Since

$$
\begin{equation*}
\int_{\mathbf{R}^{K}}\left(\mu_{0}\left(Q\left(\frac{1}{200}\right)+\mathrm{x}\right)\right)^{2} d \mathrm{x}=\left(\frac{1}{100}\right)^{K} \cdot\left(2 m_{0}\right)^{K}, \tag{3.34}
\end{equation*}
$$

from (3.32), (3.33) and (3.34) it follows that

$$
\begin{equation*}
\int_{\mathbf{R}^{K}}\left(w_{m_{0}}(\mathbf{x})\right)^{2} d \mathbf{x} \gg \int_{\mathbf{R}^{K}}\left(D_{200}(\mathbf{x})\right)^{2} d \mathbf{x} . \tag{3.35}
\end{equation*}
$$

Combining (3.31), (3.35) and Lemma 3.3 (i) we obtain

$$
\begin{equation*}
\int_{Q(100)}|\psi(t)|^{2} d t \gg \exp \left\{-(\log n)^{23}\right\} \cdot \int_{Q(200)}|\varphi(t)|^{2} d t . \tag{3.36}
\end{equation*}
$$

Moreover, from (3.31) and (3.32) we have

$$
\begin{equation*}
\int_{Q(100)}|\psi(t)|^{2} d t \gg \exp \left\{-(\log n)^{2 / 3}\right\} \cdot\left(m_{0}\right)^{K} . \tag{3.37}
\end{equation*}
$$

Now let $\eta>0$ be arbitrarily small but fixed. We distinguish two cases (I) and (II).

$$
\text { (I) } \quad \int_{Q\left(a_{0}\right)}|\psi(\mathbf{t})|^{2} d t<\frac{1}{2} \int_{Q(100)}|\psi(\mathbf{t})|^{2} d \mathbf{t} \quad \text { where } \quad a_{0}=n^{\eta} \cdot\left(m_{0}\right)^{-1}
$$

Then by (3.36)

$$
\begin{equation*}
\int_{Q(100) \backslash Q\left(a_{0}\right)}|\psi(t)|^{2} d \mathbf{t} \gg \exp \left\{-(\log n)^{2 / 3}\right\} \cdot \int_{Q(200)}|\varphi(t)|^{2} d t \tag{3.38}
\end{equation*}
$$

From (3.38) it follows that there exists a real $b_{0}$ with $a_{0} \leqslant b_{0} \leqslant 50$ such that

$$
\begin{equation*}
\int_{T_{0}}|\psi(t)|^{2} d t \gg \frac{1}{\log n} \int_{Q(100) \backslash \ell\left(a_{0}\right)}|\psi(t)|^{2} d t \quad \text { where } \quad T_{0}=Q\left(2 b_{0}\right) \backslash Q\left(b_{0}\right) \tag{3.39}
\end{equation*}
$$

Let $q=m_{0} \cdot n^{-\eta / 2}=n^{\eta / 2} \cdot \frac{1}{a_{0}}$. Then clearly

$$
\inf _{\mathbf{t} \in T_{0}}|\mathbf{t}|=b_{0} \geqslant a_{0}>\frac{1}{q}
$$

i.e., the Euclidean distance of the origin $0 \in \mathbf{R}^{K}$ and $T_{0}$ is greater than $1 / q$. By (3.28)

$$
\begin{align*}
\int_{q}^{2 q}\left(\int_{T_{0}}\left|\hat{G}_{r}(\mathbf{t})\right|^{2} d \mathbf{t}\right) d r \geqslant & \frac{1}{2} \int_{T_{0}}\left(\int_{q}^{2 q}\left|\hat{\chi}_{r}(\mathbf{t})\right|^{2} d r\right) \cdot|\psi(\mathbf{t})|^{2} d \mathbf{t} \\
& -\operatorname{const} \cdot q \cdot\left\{\left(\delta_{0}\right)^{2} \cdot\left(\frac{q}{b_{0}}\right)^{K+1}+\frac{q^{K-3}}{b_{0}^{K+3}}\right\} \cdot(\log n)^{2 K}  \tag{3.40}\\
& \times \int_{T_{0}}\left\{\left(2 \delta_{0}\right)^{-K} \int_{Q\left(\delta_{0}\right)}|\varphi(\mathbf{t}-\mathbf{u})|^{2} d \mathbf{u}\right\} d \mathbf{t}-\operatorname{const} \cdot q \cdot \mu\left(T_{0}\right)
\end{align*}
$$

Since

$$
\delta_{0}=(\log n) / m_{1}=(\log n)^{2} / m_{0} \leqslant(\log n)^{2} \cdot\left(\frac{1}{2} n^{1 / K} \exp \left\{-(\log n)^{2 / 3}\right\}\right)^{-1} \leqslant 100
$$

we have

$$
\begin{equation*}
\int_{T_{0}}\left\{\left(2 \delta_{0}\right)^{-K} \int_{Q\left(\delta_{0}\right)}|\varphi(\mathbf{t}-\mathbf{u})|^{2} d \mathbf{u}\right\} d \mathbf{t} \leqslant \int_{Q(200)}|\varphi(\mathbf{t})|^{2} d \mathbf{t} \tag{3.41}
\end{equation*}
$$

Furthermore, by (3.23)

$$
\begin{equation*}
\inf _{t \in T_{0}} \int_{q}^{2 q}\left|\hat{\chi}_{r}(\mathbf{t})\right|^{2} d r \gg q \cdot \frac{q^{K-1}}{b_{0}^{K+1}} \tag{3.42}
\end{equation*}
$$

We recall: $q=m_{0} \cdot n^{-\eta / 2}, 50 \geqslant b_{0} \geqslant a_{0}=n^{\eta} \cdot\left(m_{0}\right)^{-1}$ and $\delta_{0}=(\log n)_{2} \cdot\left(m_{0}\right)^{-1}$. Combining (3.40), (3.41) and (3.42), via elementary calculations we have ( $n$ is sufficiently large)

$$
\begin{equation*}
\int_{q}^{2 q}\left(\int_{T_{0}}\left|\hat{G}_{r}(\mathbf{t})\right|^{2} d \mathbf{t}\right) d r \geqslant \text { const } \cdot \frac{q^{K}}{b_{0}^{K+1}} \cdot \int_{T_{0}}|\psi(\mathbf{t})|^{2} d \mathbf{t}-n^{-\eta / 2} \cdot \frac{q^{K}}{b_{0}^{K+1}} \cdot \int_{Q(200)}|\varphi(\mathbf{t})|^{2} d \mathbf{t}-O(q) \tag{3.43}
\end{equation*}
$$

From (3.43), (3.39) and (3.38) it follows that

$$
\begin{equation*}
\int_{q}^{2 q}\left(\int_{T_{0}}\left|\hat{G}_{r}(t)\right|^{2} d t\right) d r \gg\left(1-O\left(n^{-\eta / 4}\right)\right) \cdot \frac{q^{K}}{b_{0}^{K+1}} \cdot \int_{T_{0}}|\psi(t)|^{2} d t-O(q) \tag{3.44}
\end{equation*}
$$

By hypothesis (I), (3.37) and (3.39) we get

$$
\begin{equation*}
\int_{T_{0}}|\psi(t)|^{2} d t \gg \frac{1}{\log n} \cdot \exp \left\{-(\log n)^{2 / 3}\right\} \cdot\left(m_{0}\right)^{K} \tag{3.45}
\end{equation*}
$$

By (3.44) and (3.45) we see

$$
\begin{equation*}
\int_{q}^{2 q}\left(\int_{T_{0}}\left|\hat{G}_{r}(\mathrm{t})\right|^{2} d \mathrm{t}\right) d r \gg \frac{q^{K}}{b_{0}^{K+1}} \cdot\left(m_{0}\right)^{K-\varepsilon / 2} \gg q^{K} \cdot\left(m_{0}\right)^{K-\varepsilon / 2} \gg q \cdot\left(m_{0}\right)^{2 K-1-\varepsilon} \tag{3.46}
\end{equation*}
$$

Now we are in the position to complete case (I). By Parseval-Plancherel identity (2.4) and (3.46)

$$
\begin{align*}
\int_{q}^{2 q}\left(\int_{\mathbf{R}^{K}}\left(G_{r}(\mathbf{x})\right)^{2} d \mathbf{x}\right) d r & =\int_{q}^{2 q}\left(\int_{\mathbf{R}^{K}}\left|\hat{G}_{r}(\mathbf{t})\right|^{2} d \mathbf{t}\right) d r \\
& \geqslant \int_{q}^{2 q}\left(\int_{T_{0}}\left|\hat{G}_{r}(\mathbf{t})\right|^{2} d \mathrm{t}\right) d r \gg q \cdot\left(m_{0}\right)^{2 K-1-\varepsilon} \tag{3.47}
\end{align*}
$$

We recall: $G_{r}=E \cdot F_{r}$ where

$$
E(\mathbf{x})=\exp \left\{-|\mathbf{x}|^{2} \cdot\left(m_{1}\right)^{-2}\right\}, \quad m_{1}=m_{0} / \log n
$$

and

$$
F_{r}(\mathbf{x})=\operatorname{card}\left\{S \cap B(\mathbf{x}, r) \cap Q\left(m_{0}\right)\right\}-\mu\left(B(\mathbf{x}, r) \cap Q\left(m_{0}\right)\right) .
$$

Clearly

$$
\begin{align*}
& E(\mathbf{x}) \leqslant n^{- \text {const } \cdot \log n} \quad \text { whenever } \quad q \leqslant r \leqslant 2 q  \tag{3.48}\\
& \text { and } B(\mathbf{x}, r)=\left\{\mathbf{y} \in \mathbf{R}^{K}:|\mathbf{x}-\mathbf{y}| \leqslant r\right\} \nsubseteq Q\left(m_{0}\right)
\end{align*}
$$

Now from (3.47) and (3.48) we obtain the existence of a ball $B\left(\mathrm{x}_{0}, r_{0}\right)$ such that $B\left(\mathrm{x}_{0}, r_{0}\right)$ is contained in $Q\left(m_{0}\right) \subset Q(M), q \leqslant r_{0} \leqslant 2 q$ and

$$
\left|\sum_{z_{j} \in B\left(x_{0}, r_{0}\right)} 1-\mu\left(B\left(\mathbf{x}_{0}, r_{0}\right)\right)\right| \gg\left(m_{0}\right)^{K-1-\varepsilon} .
$$

Since $m_{0} \geqslant \frac{1}{2} n^{1 / K} \cdot \exp \left\{-(\log n)^{2 / 3}\right\}$, we conclude that

$$
\left|\sum_{z_{j} \in B\left(x_{0}, r_{0}\right)} 1-\mu\left(B\left(\mathbf{x}_{0}, r_{0}\right)\right)\right|>n^{1 / 2-1 / 2 K-\varepsilon}
$$

if $n$ is sufficiently large depending only on $K$ and $\varepsilon>0$. This completes case (I).
(II)

$$
\int_{Q\left(a_{0}\right)}|\psi(t)|^{2} d t \geqslant \frac{1}{2} \int_{Q(100)}|\psi(t)|^{2} d \mathbf{t} \text { where } a_{0}=n^{\eta} \cdot\left(m_{0}\right)^{-1} .
$$

This is the simpler case. From (3.37) and Lemma 3.3 (ii) we obtain

$$
\begin{align*}
\left(\frac{2}{a_{0}}\right)^{-2 K} \int_{\mathbf{R}^{K}}\left\{\Delta_{a_{0}}(\mathbf{x})\right\}^{2} d x & \gg \int_{Q\left(a_{0}\right)}|\psi(\mathbf{t})|^{2} d t \geqslant \frac{1}{2} \int_{Q(100)}|\psi(\mathbf{t})|^{2} d \mathbf{t} \\
\gg & \exp \left\{-(\log n)^{2 / 3}\right\} \cdot\left(2 m_{0}\right)^{K} . \tag{3.49}
\end{align*}
$$

From (3.49) standard averaging arguments yield that either
$\left(\mathrm{II}_{1}\right)$ there is a vector $\mathbf{x}_{1} \in \mathbf{R}^{K}$ such that the translate $Q\left(1 / a_{0}\right)+\mathbf{x}_{1}$ of the cube $Q\left(1 / a_{0}\right)$ is contained in $Q\left(m_{0}\right)$ and $\left|\Delta_{a_{0}}(\mathbf{x})\right| \gg \exp \left\{-\frac{1}{2}(\log n)^{2 / 3}\right\} \cdot\left(2 / a_{0}\right)^{K}$,
or
( $\mathrm{II}_{2}$ ) there is another vector $\mathbf{x}_{2} \in \mathbf{R}^{K}$ such that $Q\left(1 / a_{0}\right)+\mathbf{x}_{2}$ is not contained in $Q\left(m_{0}\right)$ but $\left|\Delta_{a 0}\left(\mathbf{x}_{2}\right)\right|>4 \cdot\left(2 / a_{0}\right)^{K}$.

Since by (3.6)

$$
1 \geqslant E(\mathbf{y}) \geqslant 1 \text {-const } \frac{(\log n)^{2}}{n^{2 \eta}} \text { whenever } \mathbf{y} \in Q\left(\frac{1}{a_{0}}\right) \text {, }
$$

elementary calculations give (see (3.29) and (3.30))

$$
\left|D_{a_{0}}\left(\mathbf{x}_{j}\right)\right| \geqslant \frac{1}{2}\left|\Delta_{a_{0}}\left(\mathbf{x}_{j}\right)\right| \begin{cases}\gg \exp \left\{-\frac{1}{2}(\log n)^{2 / 3}\right\} \cdot\left(\frac{2}{a_{0}}\right)^{K} & \text { for } j=1, \text { case }\left(\mathrm{II}_{1}\right)  \tag{3.50}\\ \geqslant\left(\frac{2}{a_{0}}\right)^{K} & \text { for } j=2, \text { case }\left(\mathrm{II}_{2}\right) .\end{cases}
$$

If alternative $\left(\mathrm{II}_{1}\right)$ holds then let $A_{0}=Q\left(1 / a_{0}\right)+\mathrm{x}_{1}$; if alternative ( $\mathrm{II}_{2}$ ) holds then let $A_{0}$ be a translate of $Q\left(1 / a_{0}\right)$ such that $\left(Q\left(1 / a_{0}\right)+x_{2}\right) \cap Q\left(m_{0}\right) \subset A_{0} \subset Q\left(m_{0}\right)$. In the latter case by (3.50) and (3.29)

$$
\operatorname{card}\left(\left(Q\left(\frac{1}{a_{0}}\right)+\mathrm{x}_{2}\right) \cap Q\left(m_{0}\right) \cap S\right) \geqslant\left|D_{a_{0}}\left(\mathrm{x}_{2}\right)\right| \geqslant 2 \cdot\left(\frac{2}{a_{0}}\right)^{K}=2 \mu\left(A_{0}\right)
$$

and so

$$
\sum_{\mathbf{z}_{j} \in A_{0}} 1 \geqslant 2 \cdot \mu\left(A_{0}\right)
$$

Consequently, we have

$$
\left|\sum_{z_{j} \in A_{0}} 1-\mu\left(A_{0}\right)\right| \begin{cases}\gg \exp \left\{-\frac{1}{2}(\log n)^{2 / 3}\right\} \cdot \mu\left(A_{0}\right) & \text { in case (II) }  \tag{3.51}\\ \geqslant \mu\left(A_{0}\right) & \text { in case (II }) .\end{cases}
$$

Now using (3.51) one can complete case (II) as follows. Let $r=m \cdot n^{-2 \eta}=\left(1 / a_{0}\right) \cdot n^{-\eta}$. Again we distinguish two cases ( $\alpha$ ) and ( $\beta$ ).
( $\alpha$ ) $\Sigma_{z_{j} \in A_{0}} 1-\mu\left(A_{0}\right)>0$ in (3.51). Then by a standard averaging argument we conclude that either
$\left(\alpha_{1}\right)$ there is a ball $B\left(\mathrm{x}_{3}, r\right)$ contained in $A_{0} \subset A\left(m_{0}\right)$ with

$$
\sum_{z_{j} \in B\left(\mathbf{x}_{3}, r\right)} 1-\mu\left(B\left(\mathbf{x}_{3}, r\right)\right)>\mathrm{const} \cdot n^{-K \cdot \eta \cdot}\left(\sum_{z_{j} \in A_{0}} 1-\mu\left(A_{0}\right)\right),
$$

or
$\left(\alpha_{2}\right)$ there is another ball $B\left(\mathbf{x}_{4}, r\right)$ such that

$$
B\left(\mathbf{x}_{4}, r\right) \cap Q\left(m_{0}\right) \neq \varnothing \quad \text { and } \quad \sum_{\mathbf{z}_{j} \in B\left(\mathbf{x}_{4}, r\right) \cap \varrho\left(m_{0}\right)} 1>2 \cdot \mu\left(B\left(\mathbf{x}_{4}, r\right)\right)
$$

In the case $\left(\alpha_{2}\right)$, since $2 r<m_{0} \leqslant \frac{1}{2} M$ we have that $B\left(\mathbf{x}_{4}, r\right) \subset Q(M)$ and

$$
\sum_{\mathbf{z}_{j} \in B\left(\mathbf{x}_{4}, r\right)} 1-\mu\left(B\left(\mathbf{x}_{4}, r\right)\right)>\mu\left(B\left(\mathbf{x}_{4}, r\right)\right) .
$$

Summarizing, there exists a ball $B \subset Q(M)=[-M, M]^{K}$ of radius $r=m_{0} \cdot n^{-2 \eta} \geqslant$ $\frac{1}{2} n^{1 / K} \cdot \exp \left\{-(\log n)^{2 / 3}\right\} \cdot n^{-2 \eta}$ such that the "error" $\Sigma_{z_{j} \in B} 1-\mu(B)$ is greater than $n^{1-\varepsilon}$ if $\eta>0$ is sufficiently small depending only on $\varepsilon>0$ and $K$.
( $\beta$ ) $\mu\left(A_{0}\right)-\Sigma_{z_{j} \in A_{0}} 1>0$ in (3.51). Then there is only one alternative: one can find a ball $B\left(x_{5}, r\right)$ contained in $A_{0}$ with

$$
\mu\left(B\left(\mathbf{x}_{5}, r\right)\right)-\sum_{\mathbf{z}_{j} \in B\left(\mathbf{x}_{5}, r\right)} 1>\text { const } \cdot n^{-K \cdot \eta}\left(\mu\left(A_{0}\right)-\sum_{\mathbf{z}_{j} \in A_{0}} 1\right)
$$

This completes case (II).
It remains to prove Lemma 3.2A and Lemma 3.3. For later application we prove the following slight generalization of Lemma 3.2A.

Lemma 3.2B. Let $\psi_{0}=\varphi$ and $\psi_{1}=\psi$. Then

$$
\int_{Q(100)}\left|\psi_{i}(\mathbf{t})\right|^{2} d \mathbf{t} \gg \int_{\mathbf{R}^{K}}\left\{w_{m_{i}}(\mathbf{x})\right\}^{2} d \mathbf{x}, \quad i=0,1
$$

Proof of Lemma 3.2B. Let

$$
f(\mathbf{x})=\prod_{j=1}^{K}\left(\frac{2 \sin \left(b x_{j}\right)}{(2 \pi)^{1 / 2} x_{j}}\right)^{2}
$$

where the real parameter $b>0$ will be fixed later. From the general identity (3.8) we see that the Fourier transform, $\hat{f}$ of $f$ equals the convolution of the characteristic function of the cube $Q(b)=[-b, b]^{K}$ with itself, i.e.,

$$
f(\mathbf{t})=\left(\chi_{Q(b)} * \chi_{Q(b)}\right)(\mathbf{t})=\prod_{j=1}^{K}\left(2 b-\left|t_{j}\right|\right)^{+}
$$

where $(y)^{+}=y$ if $y>0$ and 0 otherwise.
Let $E_{0}(\mathbf{x}) \equiv 1$ and $E_{1}(\mathbf{x})=E(\mathbf{x})$. Then from (2.3) we obtain that the Fourier transform of the convolution

$$
g_{i}(\mathbf{x})=\int_{\mathbf{R}^{K}} f(\mathbf{x}-\mathbf{y})\left(E_{i}(\mathbf{y}) \cdot d Z_{0}(\mathbf{y})-E_{i}(\mathbf{y}) \cdot d \mu_{0}(\mathbf{y})\right)
$$

equals $\hat{f} \cdot \psi_{i}, i=0,1$ (see also (3.8) and (3.13)). By Parseval-Plancherel identity (2.4), for $i=0,1$

$$
\begin{gather*}
\int_{\mathbf{R}^{K}} g_{i}^{2}(\mathbf{x}) d \mathbf{x}=\int_{\mathbf{R}^{K}}|\hat{f}(\mathbf{t})|^{2} \cdot\left|\psi_{i}(\mathbf{t})\right|^{2} d \mathbf{t}  \tag{3.52}\\
=\int_{\mathbf{R}^{K}}\left(\prod_{j=1}^{K}\left(2 b-\left|t_{j}\right|\right)^{+}\right)^{2} \cdot\left|\psi_{i}(\mathbf{t})\right|^{2} d \mathbf{t} \leqslant(2 b)^{2 K} \cdot \int_{Q(2 b)}\left|\psi_{i}(\mathbf{t})\right|^{2} d \mathbf{t}
\end{gather*}
$$

On the other hand, an elementary calculation shows that if $b$ is sufficiently large, $b=50$ say, then

$$
\begin{gather*}
f\left(x-z_{j}\right) \cdot E_{i}\left(z_{j}\right)-\int_{\mathbf{R}^{K}} f(x-y) d y>c_{18}(K)>0  \tag{3.53}\\
\text { whenever } \quad z_{j} \in\left(Q\left(\frac{1}{b}\right)+x\right) \cap Q\left(m_{i}\right), i=0,1
\end{gather*}
$$

Therefore, using the fact that $f(x)$ is a positive function (i.e., a Fejér kernel), with (3.53) we get $(i=0,1)$

$$
\begin{align*}
\left|g_{i}(\mathbf{x})\right| & =\left|\int_{\mathbf{R}^{K}} f(\mathbf{x}-\mathbf{y})\left(E_{i}(\mathbf{y}) \cdot d Z_{0}(\mathbf{y})-E_{i}(\mathbf{y}) \cdot d \mu_{0}(\mathbf{y})\right)\right| \\
& =\left|\sum_{j=1}^{n} f\left(\mathbf{x}-\mathbf{z}_{j}\right) \cdot E_{i}\left(\mathbf{z}_{j}\right)-\int_{\mathbf{R}^{K}} f(\mathbf{x}-\mathbf{y}) E_{i}(\mathbf{y}) d \mu_{0}(\mathbf{y})\right|>c_{18}(K) \cdot S_{i}(\mathbf{x}) \tag{3.54}
\end{align*}
$$

where $S_{i}(x)$ denotes the number of points $z_{j}$ which lie in $(Q(1 / 50)+x) \cap Q\left(m_{i}\right)$ (note that $b=50$ ).

It is easy to see that $(i=0,1)$

$$
\begin{equation*}
\int_{\mathbf{R}^{K}}\left(S_{i}(\mathbf{x})\right)^{2} d \mathbf{x} \gg \int_{\mathbf{R}^{K}}\left(w_{m_{i}}(\mathbf{x})\right)^{2} d \mathbf{x} \tag{3.55}
\end{equation*}
$$

Combining (3.52), (3.54) and (3.55) Lemma 3.2B follows.
Proof of Lemma 3.3. We prove only (i). The proof of (ii) goes along exactly the same lines as that of (i).

Let $h(x)$ denote the characteristic function of the cube $Q(1 / b)$. Then

$$
\hat{h}(\mathrm{t})=\prod_{j=1}^{K} \frac{2 \sin \left(x_{j} / b\right)}{(2 \pi)^{1 / 2} \cdot x_{j}}
$$

It is easily seen that

$$
\begin{equation*}
\int_{Q(b)}|\varphi(\mathbf{t})|^{2} d \mathbf{t} \ll b^{2 K} \cdot \int_{\mathbf{R}^{K}}|\hat{h}(\mathbf{t})|^{2} \cdot|\varphi(\mathbf{t})|^{2} d \mathbf{t} \tag{3.56}
\end{equation*}
$$

By (2.3) and (2.4)

$$
\begin{equation*}
\int_{\mathbf{R}^{K}}|\hat{h}(\mathbf{t})|^{2} \cdot|\varphi(\mathbf{t})|^{2} d \mathbf{t}=\int_{\mathbf{R}^{K}}\left(\int_{\mathbf{R}^{K}} h(\mathbf{x}-\mathbf{y})\left(d Z_{0}-d \mu_{0}\right)(\mathbf{y})\right)^{2} d \mathbf{x} . \tag{3.57}
\end{equation*}
$$

Observe that (see (3.29))

$$
\begin{equation*}
D_{b}(\mathbf{x})=\int_{\mathbf{R}^{K}} h(\mathbf{x}-\mathbf{y})\left(d Z_{0}-d \mu_{0}\right)(\mathbf{y}) \tag{3.58}
\end{equation*}
$$

Combining (3.56), (3.57) and (3.58) we conclude that

$$
\int_{Q(b)}|\varphi(\mathbf{t})|^{2} d \mathbf{t} \ll b^{2 K} \cdot \int_{\mathbf{R}^{K}}\left(D_{b}(\mathbf{x})\right)^{2} d \mathbf{x}
$$

as required. Thus the proof of Theorem 1B is complete. Theorem 1A, being equivalent to Theorem 1B, follows immediately.

## 4. Proof of Theorem 2A

For notational convenience let $Q(a)$ denote the cube $[-a, a]^{K}, a>0$ real.
Let $M>0$ be a parameter to be fixed later.
We recall: $S=\left\{\mathbf{z}_{1}, \mathbf{z}_{2}, \mathbf{z}_{3}, \ldots\right\}$ is the given infinite discrete subset of $\mathbf{R}^{K}$.
We introduce two measures. For any $E \subset \mathbf{R}^{K}$ let

$$
Z_{0}(E)=\operatorname{card}(S \cap E \cap Q(M))
$$

i.e., $Z_{0}$ denotes the counting measure generated by the discrete set $S \cap Q(M)$.

For any Lebesgue measurable set $E \subset \mathbf{R}^{K}$ let

$$
\mu_{0}(E)=\mu(E \cap Q(M))
$$

i.e., $\mu_{0}$ denotes the restriction of the usual $K$-dimensional volume to the cube $Q(M)$.

Let $\chi_{\tau, a}$ denote the characteristic function of the set

$$
A(\tau, \alpha, \mathbf{0})=\{\alpha(\tau \mathbf{x}): \mathbf{x} \in A\}
$$

where $A$ is the given compact convex body, $\tau$ is a proper orthogonal transformation and $\alpha \in(0,1]$ is a real number.

Consider now the function

$$
\begin{equation*}
F_{\tau, \alpha}=\chi_{\tau, a} *\left(d Z_{0}-d \mu_{0}\right) \tag{4.1}
\end{equation*}
$$

where $*$ denotes the convolution operation. More explicitly,

$$
\begin{align*}
F_{\tau, a}(\mathbf{x}) & =\int_{\mathbf{R}^{K}} \chi_{\tau, \alpha}(\mathbf{x}-\mathbf{y})\left(d Z_{0}-d \mu_{0}\right)(\mathbf{y}) \\
& =\operatorname{card}(S \cap A(\tau, \alpha, \mathbf{x}) \cap Q(M))-\mu(A(\tau, \alpha, \mathbf{x}) \cap Q(M)) \tag{4.2}
\end{align*}
$$

where $A(\tau, \alpha, \mathbf{x})=A(\tau, \alpha, 0)+\mathrm{x}$ is the translate of $A(\tau, \alpha, 0)$. Therefore,

$$
\begin{equation*}
\text { if } A(\tau, \alpha, \mathbf{x}) \subset Q(M) \text { then } F_{\tau, \alpha}(\mathbf{x})=\sum_{z_{j} \in A(\tau, \alpha, \mathbf{x})} 1-\mu(A(\tau, \alpha, \mathbf{x})) \tag{4.3}
\end{equation*}
$$

By the Parseval-Plancherel identity (2.4)

$$
\begin{equation*}
\int_{\mathbf{R}^{K}}\left(F_{\tau, a}(\mathbf{x})\right)^{2} d \mathbf{x}=\int_{\mathbf{R}^{K}}\left|\hat{F}_{\tau, a}(\mathbf{t})\right|^{2} d \mathbf{t} \tag{4.4}
\end{equation*}
$$

where $\hat{F}_{\tau, a}$ denotes the Fourier transform of $F_{\tau, a}$. By (2.3) and (4.1)

$$
\begin{equation*}
\hat{F}_{\tau, \alpha}=\left(\chi_{\tau, a} *\left(d Z_{0}-d \mu_{0}\right)\right)^{\wedge}=\hat{\chi}_{\tau, a} \cdot\left(d Z_{0}-d \mu_{0}\right)^{\wedge}, \tag{4.5}
\end{equation*}
$$

and so by (4.4)

$$
\begin{equation*}
\int_{T} \int_{0}^{1} \int_{\mathbf{R}^{K}}\left(F_{\tau, a}(\mathbf{x})\right)^{2} d \mathbf{x} d \alpha d \tau=\int_{\mathbf{R}^{K}}\left(\int_{T} \int_{0}^{1}\left|\hat{\chi}_{\tau, a}(\mathbf{t})\right|^{2} d \alpha d \tau\right) \cdot\left|\left(d Z_{0}-d \mu_{0}\right)^{\wedge}(\mathbf{t})\right|^{2} d \mathbf{t} \tag{4.6}
\end{equation*}
$$

where $T$ is the group of proper orthogonal transformations in $\mathbf{R}^{K}$ and $d \tau$ is the volume element of the invariant measure on $T$, normalized such that $\int_{T} d \tau=1$.

We mention in advance that $M \geqslant 100 \cdot \operatorname{diam}(A)$ where diam stands for diameter. Thus we may assume that

$$
\begin{equation*}
\frac{1}{2} \cdot(2 M)^{K}<\operatorname{card}\left(S \cap Q(M)<2 \cdot(2 M)^{K}\right. \tag{4.7}
\end{equation*}
$$

Indeed, in the opposite case we are immediately done via standard averaging arguments.

In what follows we shall employ both the $\gg$ notation and the $O$-notation, with constants which may depend on the dimension $K$ only.

Let $\varphi=\left(d Z_{0}-d \mu_{0}\right)^{\wedge}$. We need
Lemma 4.1. $\int_{Q(100)}|\varphi(\mathbf{t})|^{2} d \mathbf{t} \gg M^{K}$.
Proof. Comparing the definitions of the measures $Z_{0}$ and $\mu_{0}$ in Sections 3 and 4, we see that parameter $M$ in Section 4 plays the same role as that of parameter $m_{0}$ in Section 3. Thus by Lemma 3.2B with $i=0$ we have

$$
\int_{Q(100)}|\varphi(\mathbf{t})|^{2} d \mathbf{t} \gg \int_{\mathbf{R}^{K}}\left(w_{M}(\mathbf{x})\right)^{2} d \mathbf{x}
$$

where $w_{M}(\mathbf{x})=\operatorname{card}\left(\left(U^{K}+\mathbf{x}\right) \cap Q(M) \cap S\right)$. Moreover, by (4.7)

$$
\int_{\mathbf{R}^{K}}\left(w_{M^{\prime}}(\mathbf{x})\right)^{2} d \mathbf{x} \geqslant \int_{\mathbf{R}^{K}}\left(w_{M^{\prime}}(\mathbf{x})\right) d \mathbf{x}=\operatorname{card}(Q(M) \cap S)>\frac{1}{2} \cdot(2 M)^{K}
$$

Summarizing,

$$
\int_{Q(100)}|\varphi(t)|^{2} d t \gg \frac{1}{2} \cdot(2 M)^{K},
$$

which proves Lemma 4.1.
Clearly (see also (4.7))

$$
\begin{align*}
|\varphi(\mathbf{t})| & =(2 \pi)^{-K / 2} \cdot\left|\int_{\mathbf{R}^{K}} e^{-i \times \cdot t} \cdot\left(d Z_{0}-d \mu_{0}\right)(\mathbf{x})\right|  \tag{4.8}\\
& \leqslant(2 \pi)^{-K / 2} \cdot\{\operatorname{card}(Q(M) \cap S)+\mu(Q(M))\} \ll M^{K} .
\end{align*}
$$

Therefore, if $c_{19}(K)$ is a sufficiently small positive constant, with Lemma 4.1 and (4.8) we obtain

$$
\begin{equation*}
\int_{Q\left(c_{19}(K) M\right)}|\varphi(t)|^{2} d t<\frac{1}{2} \int_{Q(100)}|\varphi(t)|^{2} d t . \tag{4.9}
\end{equation*}
$$

From Lemma 4.1 and (4.9) it follows that there is an integer $m$ satisfying $1 \leqslant m \leqslant$ $O(\log M)$ such that

$$
\begin{equation*}
\int_{Q_{m}}|\varphi(\mathbf{t})|^{2} d \mathbf{t} \gg \frac{M^{K}}{m^{2}} \text { where } Q_{m}=Q\left(200 \cdot 2^{-m}\right) \backslash Q\left(100 \cdot 2^{-m}\right) \tag{4.10}
\end{equation*}
$$

Here is the outline of the proof of Theorem 2A. By (4.6) and (4.10) it suffices to give a suitable lower bound to

$$
\begin{equation*}
\inf _{t \in Q_{m}} \int_{0}^{1} \int_{T}\left|\hat{\chi}_{\tau, a}(t)\right|^{2} d \tau d \alpha \tag{4.11}
\end{equation*}
$$

Obviously

$$
\hat{\chi}_{\tau, a}(\mathbf{t})=\alpha^{K} \cdot \hat{\chi}_{A}\left(\tau^{-1}(\alpha \mathrm{t})\right)
$$

where $\chi_{A}$ denotes the characteristic function of $A \subset \mathbf{R}^{K}$ and $\tau^{-1}$ is the inverse rotation. Let $G(\mathbf{x}), \mathbf{x} \in \mathbf{R}^{K}$ be a function satisfying

$$
|\hat{G}(t)| \begin{cases}=0, & \text { for } t \in Q\left(\delta \cdot 2^{-m}\right) \\ \leqslant 2, & \text { for } t \in \tilde{Q}=Q\left(100 \cdot 2^{-m} \cdot K^{-1 / 2}\right) \backslash Q\left(\delta \cdot 2^{-m}\right) \\ =0, & \text { for } t \notin Q\left(100 \cdot 2^{-m} \cdot K^{-1 / 2}\right)\end{cases}
$$

where $\delta>0$ is a sufficiently small constant depending only on $K$. Then for every $t^{*} \in Q_{m}$ (we recall: $\tilde{Q}=Q\left(100 \cdot 2^{-m} \cdot K^{-1 / 2}\right) \backslash Q\left(\delta \cdot 2^{-m}\right)$ )

$$
\begin{aligned}
\int_{0}^{1} \int_{T}\left|\hat{\chi}_{\tau, a}\left(\mathbf{t}^{*}\right)\right|^{2} d \tau d \alpha & =\int_{0}^{1} \alpha^{2 K}\left(\int_{T}\left|\hat{\chi}_{A}\left(\tau^{-1}\left(\alpha t^{*}\right)\right)\right|^{2} d \tau\right) d \alpha \\
& =\int_{0}^{1} \alpha^{2 K} \cdot\left(\sigma\left(B\left(\mathbf{0}, \alpha\left|\mathbf{t}^{*}\right|\right)\right)\right)^{-1} \cdot \int_{|t|=\alpha| |^{*} \mid}\left|\hat{\chi}_{A}(\mathbf{t})\right|^{2} d \sigma(\mathbf{t}) d \alpha \\
& =\frac{1}{\left|\mathbf{t}^{*}\right|} \int_{0}^{\left|\mathbf{t}^{*}\right|}\left(\frac{y}{\left|\mathbf{t}^{*}\right|}\right)^{2 K} \cdot(\sigma(B(\mathbf{0}, y)))^{-1} \int_{|t|=y}\left|\hat{\chi}_{A}(\mathbf{t})\right|^{2} d \sigma(\mathbf{t}) d y \\
& =\left.\frac{1}{\left|\mathbf{t}^{*}\right|} \int_{B\left(0,\left|\mathbf{t}^{*}\right| \mid\right.}\left(\frac{|\mathbf{t}|}{\left|\mathbf{t}^{*}\right|}\right)^{2 K} \cdot(\sigma(B(\mathbf{0},|\mathbf{t}|)))^{-1} \cdot \hat{\chi}_{A}(\mathbf{t})\right|^{2} d \mathbf{t} \\
& \geqslant \frac{1}{\left|\mathbf{t}^{*}\right|} \int_{\dot{Q}}\left(\frac{|\mathbf{t}|}{\left|\mathbf{t}^{*}\right|}\right)^{2 K} \cdot(\sigma(B(\mathbf{0},|\mathbf{t}|)))^{-1} \cdot\left|\hat{\chi}_{A}(\mathbf{t})\right|^{2} d \mathbf{t} \\
& \gg(\mu(\tilde{Q}))^{-1} \cdot \int_{\dot{Q}}\left|\hat{\chi}_{A}(\mathbf{t})\right|^{2} d \mathbf{t} \\
& \gg\left(\mu\left(Q_{m}\right)\right)^{-1} \cdot \int_{\mathbf{R}^{K}}\left|\hat{\chi}_{A}(\mathbf{t})\right|^{2} \cdot|\hat{G}(\mathbf{t})|^{2} d \mathbf{t}
\end{aligned}
$$

where $\sigma$ denotes the $(K-1)$-dimensional surface area and $B(0, r)$ is the ball $\left\{\mathbf{x} \in \mathbf{R}^{K}\right.$ : $|\mathbf{x}| \leqslant r\}$.

Choosing $f=\chi_{A} * G$, by (2.3) and (2.4) we have

$$
\int_{\mathbf{R}^{K}}\left|\hat{\chi}_{A}(\mathbf{t})\right|^{2} \cdot|\hat{G}(\mathbf{t})|^{2} d \mathbf{t}=\int_{\mathbf{R}^{K}}\left(\int_{\mathbf{R}^{K}} \chi_{A}(\mathbf{x}-\mathbf{y}) \cdot G(\mathbf{y}) d \mathbf{y}\right)^{2} d \mathbf{x}
$$

Therefore, in order to give a lower bound to (4.11), it suffices to investigate the righthand term of the last equality.

We shall construct the desired function $G$ in the form of a difference $G=h-H$. The functions $h$ and $H$ will satisfy the following properties:
(i) $\int_{\mathbf{R}^{K}} h(\mathbf{y}) d \mathbf{y}=\int_{\mathbf{R}^{K}} H(\mathbf{y}) d \mathbf{y}=1$,
(ii) both functions $h$ and $H$ are "predominantly" positive.

Let $r(h)$ be the smallest radius such that

$$
\int_{B(0, r(h))} h(\mathbf{y}) d y \geqslant \frac{99}{100}
$$

and similarly, let $r(H)$ be the smallest radius such that

$$
\int_{B(0, r(H))} H(\mathbf{y}) d y \geqslant \frac{99}{100} .
$$

We also need the following property:
(iii) $r(H)$ is "much smaller" than $r(h)$. In other words, the integral of $H(\mathbf{y}), \mathbf{y} \in \mathbf{R}^{K}$ is "essentially concentrated" on a much smaller ball centered at the origin than that of $h(\mathbf{y}), \mathbf{y} \in \mathbf{R}^{K}$.

The geometric heuristics of the proof is as follows. Assume $x_{0} \in A$, and further that the Euclidean distance of $\mathrm{x}_{0}$ and the boundary $\partial A$ of $A$ is in the interval $[r(H), 2 r(H)]$. Since the ball $B\left(\mathbf{x}_{0}, r(H)\right)=\left\{\mathbf{x}_{0}-\mathbf{y}:|\mathbf{y}| \leqslant r(H)\right\}$ is contained in $A$, it is expected that

$$
\int_{\mathbf{R}^{K}} \chi_{A}\left(x_{0}-y\right) H(y) d y \geqslant \frac{9}{10}
$$

(note that $H(z)$ is not necessarily positive everywhere on the set $\left\{x_{0}-z: z \in A\right\}$, but "predominantly" positive). On the other hand, the intersection $B\left(\mathbf{x}_{0}, r(h)\right) \cap A$ forms, roughly speaking, a half-ball, so it is rightly expected that the integral

$$
\int_{\mathbf{R}^{K}} \chi_{A}\left(x_{0}-\mathbf{y}\right) h(\mathbf{y}) d \mathbf{y}
$$

is also about the half of the integral

$$
\int_{B(0, r(h))} h(y) d y=\frac{99}{100}
$$

i.e. about $\frac{1}{2}$. Summarizing, for these values of $x_{0}$ we expect that the integral

$$
\left|\int_{\mathbf{R}^{K}} \chi_{A}\left(x_{0}-\mathbf{y}\right) \cdot G(\mathbf{y}) \mathrm{dy}\right|=\int_{\mathbf{R}^{K}} \chi_{A}\left(\mathrm{x}_{0}-\mathbf{y}\right)(H-h)(\mathbf{y}) d \mathbf{y}
$$

is greater than a positive absolute constant, which implies the desired lower bound to (4.11).

After the heuristics we give the explicit form of $h$ and $H$. Let

$$
\begin{equation*}
h(\mathbf{x})=\frac{1}{\left(2 \varepsilon_{1}\right)^{K}} \cdot\left\{\prod_{j=1}^{K} \frac{2 \sin \left(\varepsilon_{1} x_{j}\right)}{(2 \pi)^{1 / 2} \cdot x_{j}}\right\} \cdot\left\{\prod_{j=1}^{K} \frac{2 \sin \left(\varepsilon_{2} x_{j}\right)}{(2 \pi)^{1 / 2} \cdot x_{j}}\right\}, \quad \mathbf{x} \in \mathbf{R}^{K} \tag{4.12}
\end{equation*}
$$

and

$$
\begin{equation*}
H(\mathbf{x})=\frac{1}{\left(2 \varepsilon_{3}\right)^{K}} \cdot\left\{\prod_{j=1}^{K} \frac{2 \sin \left(\varepsilon_{3} x_{j}\right)}{(2 \pi)^{1 / 2} \cdot x_{j}}\right\} \cdot\left\{\prod_{j=1}^{K} \frac{2 \sin \left(\varepsilon_{4} x_{j}\right)}{(2 \pi)^{1 / 2} \cdot x_{j}}\right\}, \quad \mathbf{x} \in \mathbf{R}^{K} \tag{4.13}
\end{equation*}
$$

where $0<\varepsilon 1<\varepsilon 2<\varepsilon<\varepsilon 4$ and $\varepsilon_{2}-\varepsilon_{1}=\varepsilon_{4}-\varepsilon_{3}$. These four parameters $\varepsilon_{i}, 1 \leqslant i \leqslant 4$ will be specified later.

For later application we list the basic properties of $h$ and $H$ (see (4.18), (4.19), (4.22)-(4.29), (4.31) and (4.32) below).

Since

$$
\begin{equation*}
\left(\frac{2 \sin (b x)}{(2 \pi)^{1 / 2} \cdot x}\right)^{\wedge}=\chi_{[-b, b]}(t) \tag{4.14}
\end{equation*}
$$

where $\chi_{[-b, b]}$ denotes the characteristic function of the interval $[-b, b]$, by (3.8) we have

$$
\begin{equation*}
\hat{h}(\mathrm{t})=\frac{1}{\left(2 \varepsilon_{1}\right)^{K}} \prod_{j=1}^{K}\left(\chi_{\left[-\varepsilon_{1}, \varepsilon_{1}\right]} * \chi_{\left[-\varepsilon_{2}, \varepsilon_{2}\right]}\right)\left(t_{j}\right) \tag{4.15}
\end{equation*}
$$

and

$$
\begin{equation*}
\hat{H}(\mathrm{t})=\frac{1}{\left(2 \varepsilon_{3}\right)^{K}} \prod_{j=1}^{K}\left(\chi_{\left[-\varepsilon_{3}, \varepsilon_{3}\right]} * \chi_{\left[-\varepsilon_{4}, \varepsilon_{4}\right]}\right)\left(t_{j}\right) \tag{4.16}
\end{equation*}
$$

where $*$ denotes the convolution operation (note that $h$ and $H$ are de la Vallee Poussin type kernels).

If $0<a<b$ then obviously

$$
\left(\chi_{[-a, a]} * \chi_{[-b, b]}\right)(t)=\left\{\begin{array}{l}
2 a \text { for }|t| \leqslant b-a  \tag{4.17}\\
\leqslant 2 a \text { for } b-a \leqslant|t| \leqslant b+a \\
0 \text { for }|t| \geqslant b+a
\end{array}\right.
$$

Combining (4.15), (4.16) and (4.17) we see

$$
|(\hat{h}-\hat{H})(t)|=\left\{\begin{array}{l}
0 \text { for } t \in Q\left(\varepsilon_{4}-\varepsilon_{3}\right)=Q\left(\varepsilon_{2}-\varepsilon_{1}\right)  \tag{4.18}\\
\leqslant 2 \text { for } t \in Q\left(\varepsilon_{3}+\varepsilon_{4}\right) \backslash Q\left(\varepsilon_{4}-\varepsilon_{3}\right) . \\
0 \text { for } t \notin Q\left(\varepsilon_{3}+\varepsilon_{4}\right) .
\end{array}\right.
$$

Let $\varepsilon_{3}$ and $\varepsilon_{4}$ be defined by the equations

$$
\left.\begin{array}{c}
\varepsilon_{3}+\varepsilon_{4}=100 \cdot 2^{-m} \cdot K^{-1 / 2}(\operatorname{see}(4.10)), \varepsilon_{3}=\left(1-\frac{1}{c^{4}}\right) \varepsilon_{4} .  \tag{4.19}\\
\text { Moreover, let } \quad \varepsilon_{2}=\frac{1}{c^{2}} \cdot \varepsilon_{4}, \quad \varepsilon_{1}=\varepsilon_{2}-\frac{1}{c^{4}} \cdot \varepsilon_{4}=\left(1-\frac{1}{c^{2}}\right) \varepsilon_{2}
\end{array}\right\} .
$$

Here the parameter $c \geqslant 4$ will be specified later as a sufficiently large absolute constant depending only on $K$. Observe that $\varepsilon_{2}-\varepsilon_{1}=\varepsilon_{4}-\varepsilon_{3}$.

Choosing $f=\chi_{A} *(h-H)$, by Parseval-Plancherel identity (2.4) we have

$$
\begin{equation*}
\int_{\mathbf{R}^{K}}\left(\int_{\mathbf{R}^{K}} \chi_{A}(\mathbf{x}-\mathbf{y}) \cdot(h-H)(\mathbf{y}) d \mathbf{y}\right)^{2} d \mathbf{x}=\int_{\mathbf{R}^{K}}\left|\hat{\chi}_{A}(\mathbf{t})\right|^{2} \cdot|(\hat{h}-\hat{H})(\mathbf{t})|^{2} d \mathbf{t} \tag{4.20}
\end{equation*}
$$

where $\chi_{A}$ denotes the characteristic function of the given convex body $A$. By (4.18) we obtain

$$
\begin{equation*}
\int_{\mathbf{R}^{K}}\left|\hat{\chi}_{A}(t)\right|^{2} \cdot|(\hat{h}-\hat{H})(t)|^{2} d t \leqslant 2 \cdot \int_{Q\left(\varepsilon_{3}+\varepsilon_{4}\right) \backslash Q\left(\varepsilon_{4}-\varepsilon_{3}\right)}\left|\hat{\chi}_{A}(t)\right|^{2} d t \tag{4.21}
\end{equation*}
$$

In order to give a lower bound to the right-hand term of (4.21) (and via this to (4.11)), it suffices to investigate the left-hand term of (4.20).

Using the well known general identity (see any textbook on harmonic analysis)

$$
\int_{\mathbf{R}^{K}} f(\mathbf{x}) \cdot \overline{g(\mathbf{x})} d \mathbf{x}=\int_{\mathbf{R}^{K}} \hat{f}(\mathbf{t}) \cdot \overline{\hat{g}(\mathbf{t})} d \mathbf{t} \quad\left(f, g \in L^{2}\left(\mathbf{R}^{K}\right)\right),
$$

from (4.12), (4.13) and (4.14) we get

$$
\begin{equation*}
\int_{\mathbf{R}^{K}} h(\mathbf{y}) d \mathbf{y}=\int_{\mathbf{R}^{K}} \frac{1}{\left(2 \varepsilon_{1}\right)^{K}} \cdot \chi_{Q\left(\varepsilon_{1}\right)}(\mathbf{t}) \cdot \chi_{Q\left(\varepsilon_{2}\right)}(\mathbf{t}) d \mathbf{t}=1 \tag{4.22}
\end{equation*}
$$

and

$$
\begin{equation*}
\int_{\mathbf{R}^{K}} H(\mathbf{y}) d \mathbf{y}=\int_{\mathbf{R}^{K}} \frac{1}{\left(2 \varepsilon_{3}\right)^{K}} \cdot \chi_{Q\left(\varepsilon_{3}\right)}(t) \cdot \chi_{Q\left(\varepsilon_{4}\right)}(t) d t=1 \tag{4.23}
\end{equation*}
$$

Besides (4.18), (4.22) and (4.23) we shall also use the following properties of $h(y)$ and $H(y)$ : if the parameter $c$ is sufficiently large, then, roughly speaking, both functions $h$ and $H$ are positive "nearly everywhere", and the integral $\int_{\mathbf{R}^{K}} H(y) d y$ of $H$ is "essentially supported" by a much smaller ball centered at the origin than that of $h$. More explicitly, using (4.12), (4.13) and (4.19), via elementary estimates we obtain

[^0]\[

$$
\begin{align*}
& \text { if } \mathbf{y} \in Q\left(\frac{1}{\varepsilon_{2}}\right) \text { then } h(\mathbf{y}) \text { is positive and } h(\mathbf{y}) \gg\left(\varepsilon_{2}\right)^{K},  \tag{4.24}\\
& \text { if } \mathbf{y} \in Q\left(\frac{1}{\varepsilon_{4}}\right) \text { then } H(\mathbf{y}) \text { is positive and } H(\mathbf{y}) \gg\left(\varepsilon_{4}\right)^{K},  \tag{4.25}\\
& \text { if } \mathbf{y} \in \prod_{j=1}^{K}\left[\frac{l_{j}-\frac{1}{2}}{\varepsilon_{2}}, \frac{l_{j}+\frac{1}{2}}{\varepsilon_{2}}\right] \text { where } \mathbf{l}=\left(l_{1}, \ldots, l_{K}\right) \in \mathbf{Z}^{K} \\
& \text { then }|h(\mathbf{y})| \ll\left(\varepsilon_{2}\right)^{K} \cdot \prod_{j=1}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}},  \tag{4.26}\\
& \text { if } \mathbf{y} \in \prod_{j=1}^{K}\left[\frac{l_{j}-\frac{1}{2}}{\varepsilon_{4}}, \frac{l_{j}+\frac{1}{2}}{\varepsilon_{4}}\right] \text { where } \mathbf{I}=\left(l_{1}, \ldots, l_{K}\right) \in \mathbf{Z}^{K}  \tag{4.27}\\
& \text { then }|H(\mathbf{y})| \ll\left(\varepsilon_{4}\right)^{K} \cdot \prod_{j=1}^{K} \frac{1}{\left(1+\mid l_{j}\right)^{2}} .
\end{align*}
$$
\]

For notational convenience let

$$
Q\left(\frac{1}{2 \varepsilon_{i}} ; \mathbf{l}\right)=\prod_{j=1}^{K}\left[\frac{l_{j}-\frac{1}{2}}{\varepsilon_{i}}, \frac{l_{j}+\frac{1}{2}}{\varepsilon_{i}}\right], \quad \mathbf{l}=\left(l_{1}, \ldots, l_{K}\right) \in \mathbf{Z}^{K}, i=1, \ldots, 4 .
$$

Using (4.26) we have for any $\beta \geqslant 1$,

$$
\begin{aligned}
& \int_{\mathbf{R}^{K} \backslash Q\left(\beta / \epsilon_{2}\right)}|h(\mathbf{y})| d \mathbf{y} \leqslant \sum_{\substack{1 \in \mathbf{Z}^{K} ; \\
\max |l| j \left\lvert\, j-\frac{1}{2} \\
1 \leqslant \leqslant \leqslant K\right.}} \int_{Q\left(\frac{1}{2 \varepsilon_{2}} ; 1\right)}|h(\mathbf{y})| d \mathbf{y} \ll \sum_{\substack{1 \in Z^{K} ; \\
\max \mid l_{j} ; \beta-\frac{1}{2} \\
1 \leqslant j \leqslant K}} \prod_{j=1}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}} \\
& =\left(\sum_{l \in \mathbf{Z}} \frac{1}{(1+|l|)^{2}}\right)^{K}-\left(\sum_{\substack{l \in \mathbf{Z}: \\
| |<\beta-\frac{1}{2}}} \frac{1}{(1+|l|)^{2}}\right)^{K} \\
& \ll \sum_{\substack{l \in \mathbf{Z}: \\
\left\lvert\, n \geq \beta-\frac{1}{2}\right.}} \frac{1}{(1+|l|)^{2}} \ll \frac{1}{\beta} .
\end{aligned}
$$

Repeating the same argument we get

$$
\begin{equation*}
\int_{\mathbf{R}^{K} \backslash Q\left(\beta / \varepsilon_{q}\right)}|H(y)| d y \ll \frac{1}{\beta} \quad \text { for every real } \beta \geqslant 1 \text {. } \tag{4.29}
\end{equation*}
$$

We need the following elementary observation:
if $0<a<b$ and $\sin (a x) \cdot \sin (b x)<0$ then $|\sin (a x) \cdot \sin (b x)| \leqslant \frac{1}{4}(b-a)^{2} \cdot x^{2}$.

Indeed, then for some $d, a<d<b, \sin (d x)=0$, and so we have that

$$
|\sin (a x) \cdot \sin (b x)|=|\sin ((d-a) x) \cdot \sin ((b-d) x)| \leqslant(d-a)(b-d) \cdot x^{2} \leqslant \frac{1}{4}(b-a)^{2} \cdot x^{2}
$$

Let $\mathbf{y} \in Q\left(1 / 2 \varepsilon_{2} ; \mathbf{1}\right)$ where $\mathbf{l}=\left(l_{1}, \ldots, l_{K}\right) \in \mathbf{Z}^{K}$ with $\left|l_{j}\right| \leqslant c+\frac{1}{2}, 1 \leqslant j \leqslant K$. If $h(\mathbf{y})<0$, then for some index $\nu, 1 \leqslant \nu \leqslant K, \sin \left(\varepsilon_{1} \cdot y_{\nu}\right) \cdot \sin \left(\varepsilon_{2} \cdot y_{v}\right)<0$ (see (4.12)). Therefore, by (4.12), (4.19) and (4.30) we obtain that

$$
\begin{align*}
\left|(h(\mathbf{y}))^{-}\right| & \ll \frac{\left|\sin \left(\varepsilon_{1} \cdot y_{v}\right) \cdot \sin \left(\varepsilon_{2} \cdot y_{\nu}\right)\right|}{\varepsilon_{1} \cdot y_{v} \cdot \varepsilon_{2} \cdot y_{v}} \cdot\left(\varepsilon_{2}\right)^{K} \cdot \prod_{\substack{j=1 \\
j \neq v}}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}} \\
& \leqslant \frac{1}{4} \frac{\left(\varepsilon_{2}-\varepsilon_{1}\right)^{2}}{\varepsilon_{1} \cdot \varepsilon_{2}} \cdot\left(\varepsilon_{2}\right)^{K} \cdot \prod_{\substack{j=1 \\
j \neq v}}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}} \ll\left(\frac{1}{c^{2}}\right)^{2} \cdot\left(\varepsilon_{2}\right)^{K} \cdot \prod_{\substack{j=1 \\
j \neq v}}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}}  \tag{4.31}\\
& \ll \frac{1}{c^{2}} \cdot\left(\varepsilon_{2}\right)^{K} \cdot \prod_{j=1}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}}
\end{align*}
$$

where $(h(\mathbf{y}))^{-}=h(\mathbf{y})$ for $h(\mathbf{y})<0$ and 0 otherwise. Similarly, if $\mathbf{y} \in Q\left(1 / 2 \varepsilon_{4} ; 1\right)$ where $\mathrm{l}=\left(l_{1}, \ldots, l_{K}\right) \in \mathbf{Z}^{K}$ with $\left|l_{j}\right| \leqslant c+\frac{1}{2}, \quad 1 \leqslant j \leqslant K$ and $H(\mathbf{y})<0$, then for some index $v, 1 \leqslant v \leqslant K$, $\sin \left(\varepsilon_{3} \cdot y_{v}\right) \cdot \sin \left(\varepsilon_{4} \cdot y_{v}\right)<0$. Therefore, by (4.13), (4.19) and (4.30) we obtain that

$$
\begin{align*}
\mid(H(\mathbf{y}))^{-} & \ll \frac{\left|\sin \left(\varepsilon_{3} \cdot y_{v}\right) \cdot \sin \left(\varepsilon_{4} \cdot y_{v}\right)\right|}{\varepsilon_{3} \cdot y_{v} \cdot \varepsilon_{4} \cdot y_{v}} \cdot\left(\varepsilon_{4}\right)^{K} \cdot \prod_{\substack{j=1 \\
j \neq v}}^{K} \frac{1}{\left(1+\mid l_{j}\right)^{2}} \\
& \leqslant \frac{1}{4} \frac{\left(\varepsilon_{4}-\varepsilon_{3}\right)^{2}}{\varepsilon_{3} \cdot \varepsilon_{4}}\left(\varepsilon_{4}\right)^{K} \cdot \prod_{\substack{j=1 \\
j \neq \nu}}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}} \ll\left(\frac{1}{c^{4}}\right)^{2} \cdot\left(\varepsilon_{4}\right)^{K} \cdot \prod_{\substack{j=1 \\
j \neq v}}^{K} \frac{1}{\left(1+\mid l_{j}\right)^{2}}  \tag{4.32}\\
& \ll \frac{1}{c^{6}} \cdot\left(\varepsilon_{4}\right)^{K} \cdot \prod_{j=1}^{K} \frac{1}{\left(1+\mid l_{j}\right)^{2}} .
\end{align*}
$$

For any compact convex body $P \subset \mathbf{R}^{K}$ and real $\varrho, 0<\varrho \leqslant r(P)$ (we recall: $r(P)$ denotes the length of the radius of the largest inscribed ball in $P$ ), let $P^{-}[\varrho]$ be the set of
all centres of balls of radius $\varrho$ contained in $P$. It is obvious that $P^{-}[\varrho]$ is also compact and convex.

We shall apply the following result from discrete geometry (Hadwiger [7]): for any compact and convex body $A \subset \mathbf{R}^{K}$ there exist boxes in arbitrary position $B$ and $D$ with parallel edges such that

$$
\begin{equation*}
B \subset A \subset D \quad \text { and } \quad \frac{\mu(D)}{K!} \leqslant \mu(A) \leqslant K^{K} \cdot \mu(B) \tag{4.33}
\end{equation*}
$$

Let $b_{j}$ and $d_{j}, j=1,2, \ldots, K$ denote the length of the parallel edges of $B$ and $D$, respectively. Without loss of generality we may assume that

$$
\begin{equation*}
b_{1} \leqslant b_{2} \leqslant \ldots \leqslant b_{K} . \tag{4.34}
\end{equation*}
$$

From (4.33) it immediately follows that

$$
\begin{equation*}
b_{j} \leqslant d_{j} \leqslant K^{K} \cdot K!\cdot b_{j}, \quad 1 \leqslant j \leqslant K \tag{4.35}
\end{equation*}
$$

Furthermore, we shall apply without proof the following well-known geometric fact:

$$
\begin{align*}
& \text { if } P_{1} \text { and } P_{2} \text { are compact convex bodies in } \mathbf{R}^{K} \\
& \text { and } P_{1} \subset P_{2} \text { then } \sigma\left(\partial P_{1}\right) \leqslant \sigma\left(\partial P_{2}\right) . \tag{4.36}
\end{align*}
$$

Here $\partial P$ denotes the boundary surface of $P$, and $\sigma$ is the ( $K-1$ )-dimensional surface area.

Let $\varepsilon=c \cdot \varepsilon_{2}=(1 / c) \cdot \varepsilon_{4}$. Now we are ready to estimate from below the left-hand term of (4.20). We distinguish two cases (I) and (II).
(I) $1 / \varepsilon \leqslant b^{1} / 8$. Let $A_{1}=A^{-}[1 / \varepsilon]$ and $A_{2}=A_{1} \backslash A_{1}^{-}[1 / \varepsilon]$. in order to estimate the volume of $A_{2}$, it suffices to use the following very crude lower bound.

Lemma 4.2. If $P \subset \mathbf{R}^{K}$ is a compact convex body and $0<\varrho \leqslant r(P)$, then

$$
\mu\left(P \backslash P^{-}[\varrho]\right) \geqslant c_{20}(K) \cdot \varrho \cdot \sigma\left(\partial P^{-}[\varrho]\right)
$$

where the positive absolute constant $c_{20}(K)$ depends only on the dimension $K$.
Proof. Let

$$
E=\partial P^{-}[\varrho], \quad F=B(0, \varrho)=\left\{\mathbf{y} \in \mathbf{R}^{K}:|\mathbf{y}| \leqslant \varrho\right\} \quad \text { and } \quad G=P \backslash P^{-}[\varrho]
$$

Simple double integration argument gives

$$
\begin{align*}
\int_{E} \mu((F+\mathbf{x}) \cap G) d \sigma(\mathbf{x}) & =\int_{E}\left(\int_{G} \chi_{\varrho}(\mathbf{y}-\mathbf{x}) d \mathbf{y}\right) d \mathbf{x}=\int_{G}\left(\int_{E} \chi_{\varrho}(\mathbf{y}-\mathbf{x}) d \mathbf{x}\right) d \mathbf{y} \\
& =\int_{G}\left(\int_{E} \chi_{\varrho}(\mathbf{y}-\mathbf{x}) d \mathbf{x}\right) d \mathbf{y}=\int_{G} \sigma((F+\mathbf{y}) \cap E) d \mathbf{y} \tag{4.37}
\end{align*}
$$

where $\chi_{\varrho}$ denotes the characteristic function of the ball $F$. Since $P^{-}[\varrho]$ is convex, for any $\mathbf{x} \in E$ the intersection $(F+\mathbf{x}) \cap G$ certainly contains a half-ball of radius $\varrho$. Hence

$$
\begin{equation*}
\mu((F+x) \cap G) \geqslant \frac{1}{2} \mu(F) \quad \text { for any } x \in E \tag{4.38}
\end{equation*}
$$

On the other hand, by (4.36)

$$
\begin{equation*}
\sigma((F+\mathbf{y}) \cap E) \leqslant \sigma(\partial F) \quad \text { for arbitrary } \mathbf{y} \in \mathbf{R}^{K} \tag{4.39}
\end{equation*}
$$

Combining (4.37), (4.38) and (4.39) we obtain

$$
\sigma(E) \cdot \frac{1}{2} \mu(F) \leqslant \int_{E} \mu((F+\mathbf{x}) \cap G) d \sigma(\mathbf{x})=\int_{G} \sigma((F+\mathbf{y}) \cap E) d \mathbf{y} \leqslant \mu(G) \cdot \sigma(\partial F)
$$

and so

$$
\mu(G) \geqslant \sigma(E) \cdot \frac{1}{2} \frac{\mu(F)}{\sigma(\partial F)}=\sigma(E) \cdot c_{20}(K) \cdot \varrho .
$$

Lemma 4.2 follows.
By definition (see (4.33))

$$
B=\tau_{1}\left(\prod_{j=1}^{K}\left[-\frac{b_{j}}{2}, \frac{b_{j}}{2}\right]\right)+\mathbf{x}_{1}
$$

with some appropriate orthogonal transformation $\tau_{1}$ and translation $\mathbf{x}_{1}$. By hypothesis $2 / \varepsilon \leqslant b_{1} / 4 \leqslant b_{2} / 4 \leqslant \ldots \leqslant b_{K} / 4$, and so we have

$$
\begin{equation*}
A_{1}^{-}\left[\frac{1}{\varepsilon}\right] \supset \tau_{1}\left(\prod_{j=1}^{K}\left[-\frac{b_{j}}{4}, \frac{b_{j}}{4}\right]\right)+\mathrm{x}_{1} \tag{4.40}
\end{equation*}
$$

By (4.36) and (4.40)

$$
\begin{equation*}
\sigma\left(\partial A_{1}^{-}\left[\frac{1}{\varepsilon}\right]\right) \gg \sigma(\partial B) \tag{4.41}
\end{equation*}
$$

and by (4.35) and (4.36)

$$
\begin{equation*}
\sigma(\partial B) \gg \sigma(\partial D) \geqslant \sigma(\partial A) . \tag{4.42}
\end{equation*}
$$

That is, by (4.41) and (4.42)

$$
\begin{equation*}
\sigma\left(\partial A_{1}^{-}\left[\frac{1}{\varepsilon}\right]\right) \ggg \sigma(\partial A) \tag{4.43}
\end{equation*}
$$

By Lemma 4.2 and (4.43)

$$
\begin{equation*}
\mu\left(A_{2}\right)=\mu\left(A_{1} \backslash A_{1}^{-}\left[\frac{1}{\varepsilon}\right]\right) \gg \frac{1}{\varepsilon} \cdot \sigma(\partial A) \tag{4.44}
\end{equation*}
$$

After these preparations we are ready to realize the heuristics mentioned above. Let $\mathbf{x}_{0} \in A_{2}$, and estimate the integral

$$
\left|\int_{\mathbf{R}^{K}} \chi_{A}\left(x_{0}-\mathbf{y}\right)(h-H)(\mathbf{y}) d \mathbf{y}\right|
$$

from below. Since $x_{0} \in A_{1}=A^{-}[1 / \varepsilon]$, we have

$$
\left(Q\left(\frac{1}{K \cdot \varepsilon}\right)+\mathbf{x}_{0}\right) \subset A
$$

Therefore

$$
\begin{equation*}
\int_{\mathbf{R}^{K}} \chi_{A}\left(\mathrm{x}_{0}-\mathrm{y}\right) H(\mathrm{y}) d \mathrm{y} \geqslant \int_{Q\left(\frac{1}{K^{\prime \cdot}}\right)} H(\mathbf{y}) d \mathbf{y}-\int_{\mathbf{R}^{K} \backslash Q\left(\frac{1}{K^{\prime} \cdot \varepsilon}\right)}|H(\mathbf{y})| d \mathbf{y} . \tag{4.45}
\end{equation*}
$$

By (4.23)

$$
\begin{equation*}
\int_{Q\left(\frac{1}{K^{\prime} \cdot \ell}\right)} H(\mathbf{y}) d \mathbf{y}=1-\int_{\mathbf{R}^{K} \backslash \ell\left(\frac{1}{K^{\prime} \cdot \ell}\right)} H(\mathbf{y}) d \mathbf{y} \geqslant 1-\int_{\mathbf{R}^{K} \backslash \ell\left(\frac{1}{K^{\prime} \cdot \varepsilon}\right)}|H(\mathbf{y})| d \mathbf{y} . \tag{4.46}
\end{equation*}
$$

By (4.45) and (4.46)

$$
\begin{equation*}
\int_{\mathbf{R}^{K}} \chi_{A}\left(x_{0}-y\right) H(y) d y \geqslant 1-2 \int_{\mathbf{R}^{K} \backslash \varrho\left(\frac{1}{K^{\prime}-\varepsilon}\right)}|H(y)| d y . \tag{4.47}
\end{equation*}
$$

Since $\varepsilon=(1 / c) \varepsilon_{4}$, from (4.29) it follows that

$$
\int_{\mathbf{R}^{K} \backslash Q\left(\frac{1}{\mathrm{~K} \cdot \mathrm{e}}\right)}|H(\mathrm{y})| d \mathrm{y} \ll \frac{1}{c}
$$

thus by (4.47)

$$
\begin{equation*}
\int_{\mathbf{R}^{K}} \chi_{A}\left(\mathrm{x}_{0}-\mathrm{y}\right) H(\mathrm{y}) d \mathrm{y} \geqslant 1-O\left(\frac{1}{c}\right) \text { for any } \mathrm{x}_{0} \in A_{2} \tag{4.48}
\end{equation*}
$$

On the other hand, since $\mathrm{x}_{0} \in A_{2}=A_{1} \backslash A_{1}^{-}[1 / \varepsilon]$ where $A_{1}=A^{-}[1 / \varepsilon]$, we see that the usual Euclidean distance of $x_{0}$ and the complement $\mathbf{R}^{K} \backslash A$ of $A$ is $\leqslant 2 / \varepsilon$. Using this observation and the convexity of $A$ it is easily seen that

$$
\begin{equation*}
\left(Q\left(\frac{1}{\varepsilon_{2}}\right)+\mathrm{x}_{0}\right) \backslash A \text { contains a ball of radius } \frac{1}{2 \varepsilon_{2}} \tag{4.49}
\end{equation*}
$$

Here we also used that $\varepsilon=c \cdot \varepsilon_{2}$ and $c \geqslant 4$. Clearly

$$
\begin{gather*}
\int_{\mathbf{R}^{K}} \chi_{A}\left(x_{0}-\mathbf{y}\right) h(\mathbf{y}) d \mathbf{y} \leqslant \\
\int_{Q\left(\frac{1}{\varepsilon_{2}}\right)} \chi_{A}\left(\mathrm{x}_{0}-\mathbf{y}\right) h(\mathbf{y}) d \mathbf{y}+\int_{\mathbf{R}^{K} \backslash Q\left(\frac{1}{\varepsilon_{2}}\right)} h(\mathbf{y}) d \mathbf{y}+\left|\int_{\mathbf{R}^{K} \backslash Q\left(\frac{1}{\varepsilon_{2}}\right)}(h(\mathbf{y}))^{-} d \mathbf{y}\right|  \tag{4.50}\\
\text { where }(h(\mathbf{y}))^{-}= \begin{cases}h(\mathbf{y}) & \text { for } h(\mathbf{y})<0 \\
0 & \text { otherwise. }\end{cases}
\end{gather*}
$$

By (4.22), (4.24) and (4.49)

$$
\begin{align*}
\int_{Q\left(\frac{1}{\varepsilon_{2}}\right)} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right) h(\mathbf{y}) d \mathbf{y}+\int_{\mathbf{R}^{K} \backslash Q\left(\frac{1}{\varepsilon_{2}}\right)} h(\mathbf{y}) d \mathbf{y} & =\int_{\mathbf{R}^{K}} h(\mathbf{y}) d \mathbf{y}+\int_{Q\left(\frac{1}{\varepsilon_{2}}\right)}\left(\chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right)-1\right) h(\mathbf{y}) d \mathbf{y} \\
& \leqslant 1-c_{21}(K) \cdot\left(\varepsilon_{2}\right)^{K} \cdot \mu\left(\left\{\mathbf{y} \in \mathbf{R}^{K}:|\mathbf{y}| \leqslant \frac{1}{2 \varepsilon_{2}}\right\}\right) \\
& =1-c_{22}(K) \tag{4.51}
\end{align*}
$$

where $c_{22}(K)>0$.
Moreover,

$$
\begin{equation*}
\left.\left\lvert\, \int_{\mathbf{R}^{K} \backslash Q\left(\frac{1}{\left(\frac{1}{2}\right)}\right.} h(\mathbf{y})\right.\right) \left.^{-} d \mathbf{y}\left|\leqslant \int_{\mathbf{R}^{K} \backslash Q\left(\frac{c}{\varepsilon_{2}}\right)}\right| h(\mathbf{y})\left|d \mathbf{y}+\sum_{\substack{l_{1} \in \mathbf{z}: \\\left|k_{1}\right| \leqslant c+\frac{1}{2}}} \ldots \sum_{\substack{l_{K} \in \mathbf{z}: \\ V_{K} \left\lvert\, \leqslant c+\frac{1}{2}\right.}}\right| \int_{Q\left(\frac{1}{2 \varepsilon_{2}} ; 1\right)}(h(\mathbf{y}))^{-} d \mathbf{y} \right\rvert\,(4.52) \tag{4.52}
\end{equation*}
$$

where

$$
Q\left(\frac{1}{2 \varepsilon_{2}} ; 1\right)=\prod_{j=1}^{K}\left[\frac{l_{j}-\frac{1}{2}}{\varepsilon_{2}}, \frac{l_{j}+\frac{1}{2}}{\varepsilon_{2}}\right], \quad I \in \mathbf{Z}^{K}
$$

By (4.28)

$$
\begin{equation*}
\int_{\mathbf{R}^{K} \backslash Q\left(\frac{c}{\varepsilon_{2}}\right)}|h(\mathbf{y})| d \mathbf{y} \ll \frac{1}{c} . \tag{4.53}
\end{equation*}
$$

By (4.31)

$$
\begin{align*}
& \sum_{\substack{t_{1} \in \mathbf{Z}_{:}: \\
\left|l_{1}\right| \leqslant c+\frac{1}{2}}} \cdots \sum_{\substack{I_{k} \in \mathbf{Z} \\
\left|\|_{d}\right| \leqslant c+\frac{1}{2}}}\left|\int_{Q\left(\frac{1}{z_{2}} ; 1\right)}(h(\mathbf{y}))^{-} d \mathbf{y}\right| \\
& \ll \sum_{\substack{l_{1} \in \mathbb{Z} \\
u_{1} \leqslant c+\frac{1}{2}}} \ldots \sum_{\substack{l_{k} \in \mathbb{Z}: \\
l_{k} \leqslant \leq i+\frac{1}{2}}} \frac{1}{c^{2}} \cdot \prod_{j=1}^{K} \frac{1}{\left(1+\mid l_{j}\right)^{2}} \cdot\left(\varepsilon_{2}\right)^{K} \cdot \mu\left(Q\left(\frac{1}{2 \varepsilon_{2}} ; 1\right)\right)  \tag{4.54}\\
& \leqslant \frac{1}{c^{2}} \sum_{\substack{l_{1} \in \mathbb{Z} \\
l_{1} \left\lvert\, \leq c+\frac{1}{2}\right.}} \ldots \sum_{\substack{l_{\mathrm{K}} \in \mathbf{Z}: \\
l_{\beta_{k}} \leqslant c+\frac{1}{2}}} \prod_{j=1}^{K} \frac{1}{\left(1+\left|l_{j}\right|^{2}\right.} \leqslant \frac{1}{c^{2}}\left(\sum_{l \in \mathbf{Z}} \frac{1}{(1+|l|)^{2}}\right)^{K} \ll \frac{1}{c^{2}} .
\end{align*}
$$

Combining (4.50), (4.51), (4.52), (4.53) and (4.54) we obtain

$$
\begin{equation*}
\int_{\mathbf{R}^{K}} \chi_{A}\left(x_{0}-y\right) h(y) d y \leqslant 1-c_{22}(K)+O\left(\frac{1}{c}\right)+O\left(\frac{1}{c^{2}}\right) \quad \text { for any } x_{0} \in A_{2} \tag{4.55}
\end{equation*}
$$

From (4.48) and (4.55) it follows that

$$
\begin{equation*}
\int_{\mathbf{R}^{K}} \chi_{A}\left(\mathrm{x}_{0}-\mathrm{y}\right)(H-h)(\mathrm{y}) d \mathrm{y} \geqslant c_{22}(K)-O\left(\frac{1}{c}\right)>\frac{1}{2} c_{22}(K)>0 \quad \text { if } c \geqslant c_{23}(K) \text { and } \mathrm{x}_{0} \in A_{2} \tag{4.56}
\end{equation*}
$$

Using (4.44) and (4.56) we see that if $c \geqslant c_{23}(K)$ then

$$
\begin{align*}
& \int_{R^{K}}\left(\int_{R^{K}} \chi_{A}(\mathrm{x}-\mathrm{y})(h-H)(\mathrm{y}) d \mathrm{y}\right)^{2} d \mathrm{x} \geqslant \int_{A_{2}}\left(\int_{\mathbf{R}^{K}} \chi_{A}(\mathrm{x}-\mathrm{y})(h-H)(\mathrm{y}) d \mathrm{y}\right)^{2} d \mathrm{x}  \tag{4.57}\\
& \ggg \mu\left(A_{2}\right) \ggg \frac{1}{\varepsilon} \cdot \sigma(\partial A)
\end{align*}
$$

(II) $1 / \varepsilon>b_{1} / 8$. Since the boxes $B$ and $D$ have parallel edges, we have

$$
B=\tau_{1}\left(\prod_{j=1}^{K}\left[-\frac{b_{j}}{2}, \frac{b_{j}}{2}\right]\right)+\mathrm{x}_{1} \quad \text { and } \quad D=\tau_{1}\left(\prod_{j=1}^{K}\left[-\frac{d_{j}}{2}, \frac{d_{j}}{2}\right]\right)+\mathrm{x}_{2}
$$

where $\tau_{1}$ is an orthogonal transformation and $\mathrm{x}_{1}, \mathrm{x}_{2} \in \mathrm{R}^{K}$.

Let

$$
B_{1}=\tau_{1}\left(\prod_{j=1}^{K}\left[-\frac{b_{j}}{2}-\frac{1}{2 K \cdot \varepsilon_{4}}, \frac{b_{j}}{2}+\frac{1}{2 K \cdot \varepsilon_{4}}\right]\right)+\mathbf{x}_{1}
$$

Let $\mathrm{x}_{0} \in B_{1}$. We are going to estimate

$$
\left(\int_{\mathbf{R}^{K}} \chi_{A}\left(x_{0}-y\right)(h-H)(y) d y\right)^{2}
$$

from below. Clearly

$$
\begin{equation*}
\int_{\mathbf{R}^{K}} \chi_{A}\left(x_{0}-\mathbf{y}\right) H(\mathbf{y}) d y \geqslant \int_{Q\left(1 / \varepsilon_{4}\right)} \chi_{A}\left(x_{0}-\mathbf{y}\right) H(y) d y-\left|\int_{\mathbf{R}^{K} \backslash Q\left(1 / \varepsilon_{4}\right)} \chi_{A}\left(x_{0}-\mathbf{y}\right)(H(\mathbf{y}))^{-} d y\right| . \tag{4.58}
\end{equation*}
$$

Since $\mathrm{x}_{0} \in B_{1}$, we see that the usual Euclidean distance of $\mathrm{x}_{0}$ and $B$ is $<1 / 2 \varepsilon_{4}$. Hence

$$
\begin{equation*}
\mu\left(\left(Q\left(\frac{1}{\varepsilon_{4}}\right)+\mathrm{x}_{0}\right) \cap B\right) \gg \prod_{j=1}^{K} \min \left\{\frac{1}{\varepsilon_{4}}, b_{j}\right\} \tag{4.59}
\end{equation*}
$$

By (4.25) and (4.59)

$$
\begin{align*}
\int_{Q\left(1 / \varepsilon_{4}\right)} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right) H(\mathbf{y}) d \mathbf{y} & \geqslant c_{24}(K) \cdot\left(\varepsilon_{4}\right)^{K} \cdot \mu\left(\left(Q\left(\frac{1}{\varepsilon_{4}}\right)+\mathbf{x}_{0}\right) \cap A\right) \\
& \geqslant c_{24}(K) \cdot\left(\varepsilon_{4}\right)^{K} \cdot \mu\left(\left(Q\left(\frac{1}{\varepsilon_{4}}\right)+\mathbf{x}_{0}\right) \cap B\right) \\
& \geqslant c_{25}(K) \cdot\left(\varepsilon_{4}\right)^{K} \cdot \prod_{j=1}^{K} \min \left\{\frac{1}{\varepsilon_{4}}, b_{j}\right\}  \tag{4.60}\\
& =c_{25}(K) \cdot \prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\} .
\end{align*}
$$

Moreover

$$
\begin{align*}
& \left|\int_{\mathbf{R}^{K} \backslash Q\left(1 / \varepsilon_{4}\right)} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right)(H(\mathbf{y}))^{-} d \mathbf{y}\right| \leqslant \int_{\mathbf{R}^{K} \backslash Q\left(c / \varepsilon_{4}\right)} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right) \cdot|H(\mathbf{y})| d \mathbf{y} \\
& \quad+\sum_{\substack{l_{1} \in \mathbf{z}: \\
l_{1} \left\lvert\, \leqslant c+\frac{1}{2}\right.}} \cdots \sum_{\substack{l_{K} \in \mathbf{z}: \\
l_{K} \left\lvert\, \leqslant c+\frac{1}{2}\right.}}\left|\int_{Q\left(1 / \varepsilon_{4} ; \mathbf{1}\right)} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right)(H(\mathbf{y}))^{-} d \mathbf{y}\right| \tag{4.61}
\end{align*}
$$

where

$$
Q\left(\frac{1}{2 \varepsilon_{4}} ; \mathbf{I}\right)=\prod_{j=1}^{K}\left[\frac{l_{j}-\frac{1}{2}}{\varepsilon_{4}}, \frac{l_{j}+\frac{1}{2}}{\varepsilon_{4}}\right], \quad \mathbf{I} \in \mathbf{Z}^{K}
$$

By (4.27)

$$
\begin{align*}
\int_{\mathbf{R}^{K} \backslash Q\left(c / \varepsilon_{4}\right)} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right)|H(\mathbf{y})| d \mathbf{y} & \leqslant \sum_{\substack{1 \in \mathbf{Z}^{K}: \\
\max \left\lvert\,\left[\left\lvert\, \|_{2} \geq c-\frac{1}{2} \\
1 \leqslant j \leqslant K\right.\right.\right.}} \int_{Q\left(1 / \varepsilon_{4} ; 1\right)} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right)|H(\mathbf{y})| d \mathbf{y} \\
& \ll \sum_{\substack{1 \in \mathbf{Z}^{K}: \\
\max \left|l_{j}\right| \geqslant c-\frac{1}{2} \\
1 \leqslant j \leqslant K}}\left(\varepsilon_{4}\right)^{K} \cdot \prod_{j=1}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}} \cdot \mu\left(\left(Q\left(\frac{1}{2 \varepsilon_{4}} ; 1\right)+\mathbf{x}_{0}\right) \cap A\right) . \tag{4.62}
\end{align*}
$$

Since

$$
\begin{equation*}
\mu\left(\left(Q\left(\frac{1}{2 \varepsilon_{4}} ; 1\right)+\mathrm{x}_{0}\right) \cap A\right) \leqslant \mu\left(\left(Q\left(\frac{1}{2 \varepsilon_{4}} ; 1\right)+\mathrm{x}_{0}\right) \cap D\right) \ll \prod_{j=1}^{K} \min \left\{\frac{1}{\varepsilon_{4}}, d_{j}\right\} \tag{4.63}
\end{equation*}
$$

by (4.62) we have

$$
\begin{align*}
\int_{\mathbf{R}^{K} \backslash Q\left(c / \varepsilon_{4}\right)} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right)|H(\mathbf{y})| d \mathbf{y} & \ll\left(\prod_{j=1}^{K} \min \left\{\frac{1}{\varepsilon_{4}}, d_{j}\right\}\right) \cdot\left(\varepsilon_{4}\right)^{K} \cdot \sum_{\substack{\mathbf{1} \in \mathbf{Z}^{K}: \\
\max | | j \left\lvert\, \geqslant c-\frac{1}{2} \\
1 \leqslant j \leqslant K\right.}} \frac{1}{\left(1+\mid l_{j}\right)^{2}} \\
& \ll\left(\prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot d_{j}\right\}\right) \\
& \times\left(\left(\sum_{i \in \mathbf{Z}} \frac{1}{(1+|l|)^{2}}\right)^{K}-\left(\sum_{\substack{l \in \mathbf{Z}: \\
|l|<c-\frac{1}{2}}} \frac{1}{(1+|l|)^{2}}\right)^{K}\right\}  \tag{4.64}\\
& \ll\left(\prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot d_{j}\right\}\right) \cdot\left(\sum_{\substack{l \in \mathbf{Z}: \\
|l| \geqslant c-\frac{1}{2}}} \frac{1}{(1+|l|)^{2}}\right)^{K} \\
< & <\frac{1}{c} \cdot \prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot d_{j}\right\} .
\end{align*}
$$

By (4.32) and (4.63)

$$
\begin{align*}
& \ll \sum_{\substack{l_{1} \in \mathbf{Z}_{:} \\
l_{1} \left\lvert\, \leq c+\frac{1}{2}\right.}} \cdots \sum_{\substack{l_{K} \in \mathbf{Z}_{:} \\
l_{K} \leqslant c+\frac{1}{2}}} \frac{1}{c^{6}}\left(\prod_{j=1}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}}\right) \cdot\left(\varepsilon_{4}\right)^{K} \cdot \mu\left(\left(Q\left(\frac{1}{2 \varepsilon_{4}} ; \mathbf{1}\right)+\mathbf{x}_{0}\right) \cap A\right) \\
& \leqslant \frac{1}{c^{6}} \cdot\left(\varepsilon_{4}\right)^{K} \cdot\left(\prod_{j=1}^{K} \min \left\{\frac{1}{\varepsilon_{4}}, d_{j}\right\}\right) \cdot \sum_{l_{1} \in \mathbf{Z}} \ldots \sum_{l_{K} \in \mathbf{Z}} \frac{1}{\left(1+\mid l_{j}\right)^{2}}  \tag{4.65}\\
& =\frac{1}{c^{6}} \cdot\left(\prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot d_{j}\right\}\right) \cdot\left(\sum_{l \in \mathrm{Z}} \frac{1}{(1+|l|)^{2}}\right)^{K} \\
& \ll \frac{1}{c^{6}} \cdot\left(\prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot d_{j}\right\}\right) \text {. }
\end{align*}
$$

Combining (4.61), (4.64) and (4.65) we see

$$
\begin{equation*}
\left|\int_{\mathbf{R}^{K} \backslash Q\left(1 / \varepsilon_{4}\right)} \chi_{A}\left(x_{0}-y\right)(H(y))^{-} d y\right| \ll \frac{1}{c} \prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot d_{j}\right\} \tag{4.66}
\end{equation*}
$$

Therefore, by the inequality $d_{j} \leqslant K^{K} \cdot K!\cdot b_{j}$ (see (4.35)), (4.58), (4.60) and (4.66) we obtain

$$
\begin{align*}
\int_{\mathbf{R}^{K}} \chi_{A}\left(\mathrm{x}_{0}-\mathrm{y}\right) H(\mathrm{y}) d \mathrm{y} & \geqslant c_{25}(K) \cdot \prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\}-\frac{c_{26}(K)}{c} \prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot d_{j}\right\} \\
& \geqslant\left\{c_{25}(K)-\frac{c_{26}(K) \cdot K^{K} \cdot K!}{c}\right\} \prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\}  \tag{4.67}\\
& \geqslant \frac{1}{2} c_{25}(K) \cdot \prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\} \quad \text { if } c \geqslant c_{27}(K)
\end{align*}
$$

On the other hand, by (4.26)

$$
\begin{align*}
\left|\int_{\mathbf{R}^{K}} \chi_{A}\left(\mathrm{x}_{0}-\mathbf{y}\right) h(\mathbf{y}) d \mathbf{y}\right| & \leqslant \sum_{1 \in \mathbf{z}^{K}} \int_{Q\left(1 / 2 \varepsilon_{2} ; 1\right)} \chi_{A}\left(\mathrm{x}_{0}-\mathbf{y}\right)|h(\mathbf{y})| d \mathbf{y} \\
& \ll \sum_{\mathbf{1} \in \mathbf{z}^{K}}\left(\varepsilon_{2}\right)^{K} \cdot\left(\prod_{j=1}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}}\right) \cdot \mu\left(\left(Q\left(\frac{1}{2 \varepsilon_{2}} ; 1\right)+\mathbf{x}_{0}\right) \cap A\right) . \tag{4.68}
\end{align*}
$$

Since

$$
\mu\left(\left(Q\left(\frac{1}{2 \varepsilon_{2}} ; \mathbf{l}\right)+\mathbf{x}_{0}\right) \cap A\right) \leqslant \mu\left(\left(Q\left(\frac{1}{2 \varepsilon_{2}} ; \mathbf{l}\right)+\mathbf{x}_{0}\right) \cap D\right) \ll \prod_{j=1}^{K} \min \left\{\frac{1}{\varepsilon_{2}}, d_{j}\right\},
$$

by (4.68) we have

$$
\begin{align*}
\left|\int_{\mathbf{R}^{K}} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right) h(\mathbf{y}) d \mathbf{y}\right| & \ll \sum_{1 \in \mathbf{Z}^{K}}\left(\varepsilon_{2}\right)^{K} \cdot\left(\prod_{j=1}^{K} \frac{1}{\left(1+\left|l_{j}\right|\right)^{2}}\right) \cdot\left(\prod_{j=1}^{K} \min \left\{\frac{1}{\varepsilon_{2}}, d_{j}\right\}\right) \\
& =\left(\prod_{j=1}^{K} \min \left\{1, \varepsilon_{2} \cdot d_{j}\right\}\right) \cdot \sum_{1 \in \mathbf{Z}^{K}} \prod_{j=1}^{K} \frac{1}{\left(1+\mid l_{j}\right)^{2}}  \tag{4.69}\\
& =\left(\prod_{j=1}^{K} \min \left\{1, \varepsilon_{2} \cdot d_{j}\right\}\right) \cdot\left(\sum_{\mathbf{1} \in \mathbf{Z}} \frac{1}{(1+|l|)^{2}}\right)^{K} \ll \prod_{j=1}^{K} \min \left\{1, \varepsilon_{2} \cdot d_{j}\right\} .
\end{align*}
$$

By hypothesis $1 / \varepsilon>b_{1} / 8$, and so $1>\varepsilon \cdot b_{1} / 8$. Furthermore, $d_{j} \leqslant K^{K} \cdot K!\cdot b_{j}$ and $\varepsilon=\varepsilon_{4} / c=c \cdot \varepsilon_{2}$, thus by (4.67) and (4.69)

$$
\begin{align*}
\int_{\mathbf{R}^{K}} \chi_{A}\left(\mathbf{x}_{0}-\mathbf{y}\right)(H-h)(\mathbf{y}) d \mathbf{y} \geqslant & \frac{1}{2} c_{25}(K) \cdot \prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\}-c_{28}(K) \cdot \prod_{j=1}^{K} \min \left\{1, \varepsilon_{2} \cdot d_{j}\right\} \\
\geqslant & \frac{1}{2} c_{25}(K) \cdot \min \left\{1, c \cdot \varepsilon \cdot b_{1}\right\} \cdot \prod_{j=2}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\} \\
- & c_{28}(K) \cdot \min \left\{1, \frac{K^{K} \cdot K!\cdot \varepsilon \cdot b_{1}}{c}\right\} \cdot\left(K^{K} \cdot K!\right)^{K-1} \cdot \prod_{j=2}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\} \\
= & \left\{\frac{1}{2} c_{25}(K) \cdot \min \left\{1, c \cdot \varepsilon \cdot b_{1}\right\}-c_{29}(K) \cdot \min \left\{1, \frac{K^{K} \cdot K!}{c} \cdot \varepsilon \cdot b_{1}\right\}\right\} \\
& \times \prod_{j=2}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\} \\
\geqslant & \frac{1}{4} c_{25}(K) \cdot \min \left\{1, c \cdot \varepsilon \cdot b_{1}\right\} \cdot \prod_{j=2}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\} \\
& =\frac{1}{4} c_{25}(K) \cdot \prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\} \tag{4.70}
\end{align*}
$$

whenever $c \geqslant c_{30}(K) \geqslant c_{27}(K)$ (we recall: $\mathbf{x}_{0}$ is an arbitrary point in $B_{1}$ ). Obviously

$$
\begin{equation*}
\mu\left(B_{1}\right) \gg \prod_{j=1}^{K} \max \left\{b_{j}, \frac{1}{\varepsilon_{4}}\right\} \tag{4.71}
\end{equation*}
$$

Therefore, using (4.70) and (4.71) we have

$$
\begin{aligned}
\int_{\mathbf{R}^{K}}\left(\int_{\mathbf{R}^{K}} \chi_{A}(\mathbf{x}-\mathbf{y})(h-H)(\mathbf{y}) d \mathbf{y}\right)^{2} d \mathbf{x} & \geqslant \int_{B_{1}}\left(\int_{\mathbf{R}^{K}} \chi_{A}(\mathbf{x}-\mathbf{y})(h-H)(\mathbf{y}) d \mathbf{y}\right)^{2} d \mathbf{x} \\
& \gg\left\{\prod_{j=1}^{K} \min \left\{1, \varepsilon_{4} \cdot b_{j}\right\}\right\}^{2} \cdot\left\{\prod_{j=1}^{K} \max \left\{b_{j}, \frac{1}{\varepsilon_{4}}\right\}\right\}
\end{aligned}
$$

$$
\begin{equation*}
\text { for } c \geqslant c_{30}(K) \text {. } \tag{4.72}
\end{equation*}
$$

Let $j_{0}$ be the largest index $j, 1 \leqslant j \leqslant K$ such that $\varepsilon_{4} \cdot b_{j} \leqslant 1$. Then by (4.72)

$$
\begin{equation*}
\int_{\mathbf{R}^{K}}\left(\int_{\mathbf{R}^{K}} \chi_{A}(\mathbf{x}-\mathbf{y})(h-H)(\mathbf{y}) d \mathbf{y}\right)^{2} d \mathbf{x} \gg\left(\prod_{1 \leqslant i \leqslant j_{0}} \varepsilon_{4} \cdot b_{i}^{2}\right) \cdot\left(\prod_{j_{0}<j \leqslant K} b_{j}\right) \quad \text { if } c \geqslant c_{30}(K) \tag{4.73}
\end{equation*}
$$

Let $c=\max \left\{4, c_{23}(K), c_{27}(K), c_{30}(K)\right\}$. Then from (4.20), (4.21), (4.57) and (4.73) it follows that

$$
\begin{align*}
2 \cdot \int_{Q\left(\varepsilon_{3}+\varepsilon_{4}\right) \backslash Q\left(\varepsilon_{4}-\varepsilon_{3}\right)}\left|\hat{\chi}_{A}(\mathbf{t})\right|^{2} d \mathbf{t} & \geqslant \int_{\mathbf{R}^{K}}\left|\hat{\chi}_{A}(\mathbf{t})\right|^{2} \cdot|(\hat{h}-\hat{H})(\mathbf{t})|^{2} d \mathbf{t} \\
& =\int_{\mathbf{R}^{K}}\left(\int_{\mathbf{R}^{K}} \chi_{A}(\mathbf{x}-\mathbf{y})(h-H)(\mathbf{y}) d \mathbf{y}\right)^{2} d \mathbf{x} \\
& \gg \begin{cases}\frac{1}{\varepsilon} \cdot \sigma(\partial A) \quad \text { in case (I) } \\
\left(\prod_{1 \leqslant i \leqslant j_{0}} \varepsilon_{4} \cdot b_{i}^{2}\right) \cdot\left(\prod_{j_{0}<j \leqslant K} b_{j}\right) \quad \text { in case (II) }\end{cases} \tag{4.74}
\end{align*}
$$

where $j_{0}$ is the largest index $j$ such that $\varepsilon_{4} \cdot b_{j} \leqslant 1$.
Now we return to (4.11). By definition

$$
\hat{\chi}_{\tau, a}(t)=\alpha^{K} \cdot \hat{\chi}_{A}\left(\tau^{-1}(\alpha \mathbf{t})\right)
$$

where $\chi_{\tau, \alpha}$ denotes the characteristic function of $A(\tau, \alpha, 0)$. Consequently, for every $t^{*} \in Q_{m}=Q\left(2 K^{1 / 2}\left(\varepsilon_{3}+\varepsilon_{4}\right)\right) \backslash Q\left(K^{1 / 2}\left(\varepsilon_{3}+\varepsilon_{4}\right)\right)($ see (4.10) and (4.19)),

$$
\begin{align*}
\int_{T} \int_{0}^{1}\left|\hat{\chi}_{r, a}\left(t^{*}\right)\right|^{2} d \alpha d \tau & =\int_{0}^{1} \alpha^{2 K}\left(\int_{T}\left|\hat{\chi}_{A}\left(\tau^{-1}\left(\alpha t^{*}\right)\right)\right|^{2} d \tau\right) d \alpha \\
& \gg\left(\mu\left(Q\left(\varepsilon_{3}+\varepsilon_{4}\right) \backslash Q\left(\varepsilon_{4}-\varepsilon_{3}\right)\right)\right)^{-1} \cdot \int_{Q\left(\varepsilon_{3}+\varepsilon_{4}\right) \backslash Q\left(\varepsilon_{4}-\varepsilon_{3}\right)}\left|\hat{\chi}_{A}(t)\right|^{2} d t  \tag{4.75}\\
& \gg\left(\varepsilon_{4}\right)^{-K} \int_{Q\left(\varepsilon_{3}+\varepsilon_{4} \backslash Q\left(\varepsilon_{4}-\varepsilon_{3}\right)\right.}\left|\hat{\chi}_{A}(t)\right|^{2} d \mathbf{t} .
\end{align*}
$$

By (4.74) and (4.75): for every $\mathbf{t}^{*} \in Q_{m}$

$$
\int_{T} \int_{0}^{1}\left|\hat{\chi}_{\tau, \alpha}\left(\mathbf{t}^{*}\right)\right|^{2} d \alpha d \tau \gg\left\{\begin{array}{l}
\left(\varepsilon_{4}\right)^{-K-1} \cdot \sigma(\partial A) \quad \text { in case (I) }  \tag{4.76}\\
\prod_{1 \leqslant i \leqslant j_{0}} b_{i}^{2} \cdot \prod_{j_{0}<j \leqslant K}\left(\frac{b_{j}}{\varepsilon_{4}}\right) \text { in case (II). }
\end{array}\right.
$$

Combining (4.6), (4.10), (4.19) and (4.76) we obtain

$$
\begin{align*}
\int_{T} \int_{0}^{1} \int_{\mathbf{R}^{K}} F_{\tau, a}^{2}(\mathbf{x}) d \mathbf{x} d \alpha d \tau & =\int_{\mathbf{R}^{K}}\left(\int_{T} \int_{0}^{1}\left|\hat{\chi}_{\tau, a}(\mathbf{t})\right|^{2} d \alpha d \tau\right) \cdot|\varphi(\mathbf{t})|^{2} d \mathbf{t} \\
& \geqslant \int_{Q_{m}}\left(\int_{T} \int_{0}^{1}\left|\hat{\chi}_{\tau, a}(\mathbf{t})\right|^{2} d \alpha d \tau\right) \cdot|\varphi(\mathbf{t})|^{2} d \mathbf{t} \\
& \geqslant\left(\min _{\mathbf{t} \in Q_{m}} \int_{T} \int_{0}^{1}\left|\hat{\chi}_{\tau, \alpha}(\mathbf{t})\right|^{2} d \alpha d \tau\right) \cdot \int_{Q_{m}}|\varphi(\mathbf{t})|^{2} d \mathbf{t}  \tag{4.77}\\
& \gg\left\{\begin{array}{l}
\left(\varepsilon_{4}\right)^{-K-1} \cdot \sigma(\partial A) \frac{1}{m^{2}} \cdot M^{K} \gg \frac{2^{(K+1) m}}{m^{2}} \cdot \sigma(\partial A) \cdot M^{K} \text { in case (I) } \\
\prod_{1 \leqslant i \leqslant j_{0}} b_{i}^{2} \cdot \prod_{j_{0}<j \leqslant K}\left(2^{m} \cdot b_{j}\right) \cdot \frac{M^{K}}{m^{2}} \text { in case (II) }
\end{array}\right.
\end{align*}
$$

where $\varphi=\left(d Z_{0}-d \mu_{0}\right)^{\wedge}, j_{0}$ is the largest index $j$ with $\varepsilon_{4} \cdot b_{j} \leqslant 1$ and $m$ is an integer with $1 \leqslant m=O(\log M)$.

Clearly

$$
\prod_{j=1}^{K} b_{j}=\mu(B) \gg \mu(A) \quad \text { and } \quad \prod_{j=2}^{K} b_{j} \gg \sigma(\partial B) \gg \sigma(\partial D) \geqslant \sigma(\partial A)
$$

by (4.33), (4.35) and (4.36); moreover,

$$
b_{K} \geqslant b_{K-1} \geqslant \ldots \geqslant b_{1}
$$

by (4.34), and finally

$$
b_{1} \gg d_{1} \geqslant r(A) \geqslant 1
$$

by (4.35) and the hypothesis of Theorem 2A.
Therefore, in view of (4.77) we have

$$
\int_{T} \int_{0}^{1} \int_{\mathbf{R}^{K}} F_{\tau, \alpha}^{2}(\mathbf{x}) d \mathbf{x} d \alpha d \tau \gg\left\{\begin{array}{l}
\sigma(\partial A) \cdot M^{K} \quad \text { in case (I) and in case (II), } j_{0}<K  \tag{4.78}\\
\frac{(\mu(A))^{2} \cdot M^{K}}{(\log M)^{2}} \quad \text { in case (II), } j_{0}=K
\end{array}\right.
$$

We recall (4.2):

$$
\begin{equation*}
F_{\tau, \alpha}(\mathbf{x})=\operatorname{card}(S \cap A(\tau, \alpha, \mathbf{x}) \cap Q(M))-\mu(A(\tau, \alpha, \mathbf{x}) \cap Q(M)) \tag{4.79}
\end{equation*}
$$

Hence

$$
F_{\tau, \alpha}(\mathbf{x})=0 \quad \text { whenever } \quad \mathbf{x} \notin Q(M+\operatorname{diam}(A))
$$

(Here diam stands for diameter.) Thus from (4.78) we obtain

$$
\begin{equation*}
\int_{T} \int_{0}^{1} \int_{Q(M+\operatorname{diam}(A))} F_{\tau, a}^{2}(\mathbf{x}) d \mathbf{x} d \alpha d \tau \gg \min \left\{\sigma(\partial A), \frac{(\mu(A))^{2}}{(\log M)^{2}}\right\} \cdot M^{K} \tag{4.80}
\end{equation*}
$$

Inequality (4.80) gives that either

$$
\begin{gather*}
\int_{Q^{*}} \int_{T} \int_{0}^{1} F_{\tau, \alpha}^{2}(\mathbf{x}) d \alpha d \tau d \mathbf{x} \gg \min \left\{\sigma(\partial A), \frac{(\mu(A))^{2}}{(\log M)^{2}}\right\} \cdot M^{K}  \tag{4.81a}\\
\text { with } \quad Q^{*}=Q(M+\operatorname{diam}(A)) \backslash Q(M-\operatorname{diam}(A))
\end{gather*}
$$

or

$$
\begin{gather*}
\int_{Q^{* *}} \int_{T} \int_{0}^{1} F_{\tau, \alpha}^{2}(\mathbf{x}) d \alpha d \tau d \mathbf{x} \gg \min \left\{\sigma(\partial A), \frac{(\mu(A))^{2}}{(\log M)^{2}}\right\} \cdot M^{K}  \tag{4.81b}\\
\text { with } Q^{* *}=Q(M-\operatorname{diam}(A))
\end{gather*}
$$

Now we specify the value of the parameter $M$ : let

$$
M=(\operatorname{diam}(A))^{2 K+2}
$$

If alternative (4.81a) holds, then it follows that there exist

$$
\begin{gathered}
\tau_{0} \in T, \alpha_{0} \in(0,1] \text { and } \mathrm{x}_{0} \in \mathbf{R}^{K} \text { such that } \\
\left(F_{\tau_{0}, a_{0}}\left(\mathrm{x}_{0}\right)\right)^{2} \cdot M^{K-1} \operatorname{diam}(A) \gg \min \left\{\sigma(\partial A), \frac{(\mu(A))^{2}}{(\log M)^{2}}\right\} \cdot M^{K}
\end{gathered}
$$

that is

$$
\begin{equation*}
\left(F_{r_{0}, a_{0}}\left(\mathrm{x}_{0}\right)\right)^{2} \gg \min \left\{\sigma(\partial A), \frac{(\mu(A))^{2}}{(\log M)^{2}}\right\} \cdot \frac{M}{\operatorname{diam}(A)} \tag{4.82}
\end{equation*}
$$

Since by hypothesis $r(A) \geqslant 1$, we see that

$$
\begin{equation*}
\mu(A) \gg \sigma(\partial A) \gg \operatorname{diam}(A)=M^{\mathrm{l}(2 K+2)} . \tag{4.83}
\end{equation*}
$$

Thus by (4.82) and (4.83)

$$
\left(F_{\tau_{0}, a_{0}}\left(\mathbf{x}_{0}\right)\right)^{2} \gg \frac{M}{\operatorname{diam}(A)}=(\operatorname{diam}(A))^{2 K+1} \gg \operatorname{diam}(A) \cdot(\mu(A))^{2}
$$

and so

$$
\begin{equation*}
\left|F_{\tau_{0}, a_{0}}\left(x_{0}\right)\right|>2 \mu(A) \quad \text { if } \quad \operatorname{diam}(A) \geqslant c_{31}(K) \tag{4.84}
\end{equation*}
$$

From (4.79) and (4.84) we obtain that the cardinality of

$$
S \cap A\left(\tau_{0}, \alpha_{0}, \mathbf{x}_{0}\right) \cap Q(M)
$$

is greater than $2 \mu(A)$. Consequently (we recall: $S=\left\{\mathbf{z}_{1}, \mathbf{z}_{2}, \ldots\right\}$ )

$$
\sum_{z_{j} \in A\left(\tau_{0}, \alpha_{0}, x_{0}\right)} 1-\left(A\left(\tau_{0}, \alpha_{0}, \mathbf{x}_{0}\right)\right)>2 \mu(A)-\mu(A)=\mu(A) \gg \sigma(\partial A) \geqslant(\sigma(\partial A))^{1 / 2}
$$

which was to be proved.
If alternative (4.81b) holds, then there exist $\tau_{1} \in T, \alpha_{1} \in(0,1]$ and $\mathbf{x}_{1} \in \mathbf{R}^{K}$ such that

$$
\begin{equation*}
A\left(\tau_{1}, \alpha_{1}, \mathbf{x}_{1}\right) \subset Q(M) \quad \text { and } \quad\left(F_{\tau_{1}}, \alpha_{1}\left(\mathbf{x}_{1}\right)\right)^{2} \gg \min \left\{\sigma(\partial A), \frac{(\mu(A))^{2}}{(\log M)^{2}}\right\} \tag{4.85}
\end{equation*}
$$

By (4.3), (4.83) and (4.85) we conclude that if $\operatorname{diam}(A) \geqslant c_{31}(K)$ (i.e., $\operatorname{diam}(A)$ is sufficiently large) then

$$
\begin{aligned}
\sum_{z_{j} \in A\left(\tau_{1}, a_{1}, \mathbf{x}_{1}\right)} 1-\left.\mu\left(A\left(\tau_{1}, \alpha_{1}, \mathbf{x}_{1}\right)\right)\right|^{2} & =\left(F_{\tau_{1}, \alpha_{1}}\left(\mathbf{x}_{1}\right)\right)^{2} \\
& \gg \min \left\{\sigma(\partial A), \mu(A) \cdot M^{1 /(2 K+2)} \cdot\left(\log M^{-2}\right\}\right. \\
& >\min \{\sigma(\partial A), \mu(A)\} \ggg \sigma(\partial A)
\end{aligned}
$$

which was to be proved.
Finally, if $\operatorname{diam}(A)<c_{31}(K)$ then we are done by the following trivial argument. Choosing $\beta=(2 \mu(A))^{-1 / K} \in(0,1]$ we have $\mu(\beta A)=\frac{1}{2}$, and so certainly

$$
\Omega[S ; A] \geqslant \frac{1}{2} .
$$

The proof of Theorem 2A is complete.
Remark. The proof actually gives that there exists a set $A_{0}=A\left(\tau_{0}, \alpha_{0}, v_{0}\right)$ such that

$$
\left|\sum_{z_{j} \in A_{0}} 1-\mu\left(A_{0}\right)\right| \gg(\sigma(\partial A))^{1 / 2}
$$

and $1 \geqslant \alpha_{0}>c_{32}(K)$ (i.e. the contraction factor is larger than a positive absolute constant).

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