# A Stability Criterion for Nonparametric Minimal Submanifolds 

Yng-Ing Lee and Mu-Tao Wang

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#### Abstract

An $n$ dimensional minimal submanifold $\Sigma$ of $\mathbb{R}^{n+m}$ is called nonparametric if $\Sigma$ can be represented as the graph of a vector-valued function $f: D \subset \mathbb{R}^{n} \mapsto \mathbb{R}^{m}$. This note provides a sufficient condition for the stability of such $\Sigma$ in terms of the norm of the differential $d f$.


## 1 Introduction

A minimal submanifold is stable if the second derivative of the volume functional with respect to any compact supported normal variational field is nonnegative. A non-parametric minimal hypersurface in the Euclidean space $\mathbb{R}^{n+1}$ is always stable. This is no longer true when the codimension is greater than one. A non-stable non-parametric minimal surface in four dimension was constructed by Lawson and Osserman in [5]. It seems very little is known about the stability of higher codimension minimal submanifolds except for calibrated ones. Recall a submanifold $\Sigma$ is calibrated by a calibrating form $\Omega$ if $\left.\Omega\right|_{\Sigma}$ is the volume form of $\Sigma$, or $* \Omega=1$ where $*$ is the Hodge star operator. In particular, a non-parametric hypersurface in $\mathbb{R}^{n+1}$ is calibrated by the $n$ form $i(N) d x^{1} \cdots d x^{n+1}$ where $N$ is a extension of the unit normal vector field of $\Sigma$.

In [8], the second author constructs solutions to the Dirichlet problem of minimal surface systems in higher dimension and codimension and the solutions satisfies $* \Omega>\frac{1}{2}$ for $\Omega$ the volume form of an $n$-dimensional subspace. When $\Sigma$ is the graph of $f: D \subset \mathbb{R}^{n} \mapsto \mathbb{R}^{m}$ and $\Omega$ is the volume form of the domain $\mathbb{R}^{n}$ extending to the whole $\mathbb{R}^{n+m}$, we have the relation
$* \Omega=\frac{1}{\sqrt{\operatorname{det}\left(I+(d f)^{T} d f\right)}} . * \Omega$ is actually the Jacobian of the projection map $\pi: \Sigma \mapsto D$. In particular, a lower bound on $* \Omega$ implies an upper bound on the norm of $d f$. In this paper, we discover a criterion for the stability of minimal submanifolds in terms of such condition.

Theorem A. Let $\Sigma$ be the graph of $f: D \subset \mathbb{R}^{n} \mapsto \mathbb{R}^{m}$. If $\Sigma$ is minimal and $\|d f\| \leq \frac{\sqrt{1+c}-1}{\sqrt{c}}$, then $\Sigma$ is stable. Here the norm $\|d f\|$ is defined to be $\sup _{|V|=1}|d f(V)|$ and $c$ is a constant which is 1 if $m \leq 2$ or $n \leq 2$, and is $\min (m-1, n-1)$ in other cases.

Since $* \Omega=\frac{1}{\sqrt{\operatorname{det}\left(I+(d f)^{T} d f\right)}}=\frac{1}{\sqrt{\Pi\left(1+\lambda_{i}^{2}\right)}}$, it is not hard to see the following consequence.

Corollary. Let $c$ be the constant as in Theorem A. If $\Sigma$ is minimal and $* \Omega \geq \frac{c}{2(c+1-\sqrt{1+c})}$, then $\Sigma$ is stable

In particular, when $m \leq 2$ or $n \leq 2$, if $\Sigma$ is minimal and $* \Omega \geq \frac{2+\sqrt{2}}{4}$, then $\Sigma$ is stable. The condition $* \Omega>\frac{c}{2(c+1-\sqrt{1+c})}$ corresponds a region in the Grassmannian. For minimal surfaces in $\mathbb{R}^{3}$, Barbosa and Do Carmo [1], [2] proved if the area of the image of the Gauss map is less than $2 \pi$ then $D$ is stable. Their result was also obtained by D. Fischer-Colbrie and R. Schoen in (4) by a different method. This raises the general question of how to characterize stability by the Gauss map of a minimal submanifold. We remark the condition is not sharp in view of the codimension one case.

The proof of Theorem A utilizes a second variation formula of R. Mclean [6] for calibrated submanifolds. The corresponding formula for complex submanifolds of Kähler manifolds was derived by J. Simons [7].

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## 2 Second Variation Formula

We first recall the second variation formula for minimal submanifolds. Let $F_{0}: \Sigma \mapsto \mathbb{R}^{n+m}$ be a minimal submanifold and let $F: \Sigma \times[0,1) \mapsto \mathbb{R}^{n+m}$ be a one-parameter family of immersions with $F(\cdot, 0)=F_{0}$. We may assume the variation field $V=F_{*}\left(\frac{\partial}{\partial s}\right)$ is normal and of compact support. For simplicity, we will identify $F_{0}(\Sigma)$ with $\Sigma$ and denote $F(\cdot, s)$ by $F_{s}$. A coordinate system $\left\{x^{i}\right\}$ in a neighborhood of $p \in \Sigma$ is fixed. Let $g_{i j}(s)$ be the induced metric and $d v_{s}=\sqrt{\operatorname{det} g_{i j}}(s) d X$ be the volume form on $F_{s}(\Sigma)$. At $s=0$, the volume form will be written as $d v$ instead.

We recall the second variation formula from [3]:

$$
\left.\frac{d^{2}}{d s^{2}}\right|_{s=0} \int_{\Sigma} d v_{s}=\int_{\Sigma}\left(\left\|\nabla^{N} V\right\|^{2}-B(V, V)\right) d v
$$

where $\nabla^{N} V$ is the covariant derivative of $V$ as a section of the normal bundle and $B(V, V)=\sum_{i j k l} g^{i k} g^{j l}\left\langle\frac{\partial^{2} F}{\partial x^{2} \partial x^{j}}, V\right\rangle\left\langle\frac{\partial^{2} F}{\partial x^{k} \partial x^{l}}, V\right\rangle$. The minimal submanifold $\Sigma$ is stable if and only if

$$
\int_{\Sigma}\left\|\nabla^{N} V\right\|^{2} d v \geq \int_{\Sigma} B(V, V) d v
$$

for any normal vector field with compact support. Since the second variation formula does not depend on $\frac{\partial^{2} F}{\partial s^{2}}$, we may consider only the case $\frac{\partial^{2} F}{\partial s^{2}}$ is zero at $s=0$. In this case, the following equation holds at every point.

$$
\begin{equation*}
\left.\frac{\partial^{2}}{\partial s^{2}}\right|_{s=0} \sqrt{\operatorname{det} g_{i j}}(s)=\left(\left\|\nabla^{N} V\right\|^{2}-B(V, V)\right) \sqrt{\operatorname{det} g_{i j}} \tag{2.1}
\end{equation*}
$$

In [6], a different second variation formula is derived in the presence of a calibrating form $\Omega$. In the following, we derive the formula for completeness. We shall assume $\Omega$ is locally an exact form.

Now $\int_{F_{s}(\Sigma)} \Omega=\int_{\Sigma} F_{s}^{*} \Omega$ is a constant. Write $F_{s}^{*} \Omega=* \Omega(s) \sqrt{\operatorname{det} g_{i j}}(s) d X$, where $* \Omega=\frac{1}{\sqrt{\operatorname{det} g_{i j}}} \Omega\left(\frac{\partial F}{\partial x^{1}}, \cdots \frac{\partial F}{\partial x^{n}}\right)$.

Since

$$
\begin{aligned}
0 & =\frac{d^{2}}{d s^{2}} \int_{\Sigma} F_{s}^{*} \Omega \\
& =\int_{\Sigma}\left[\left(\frac{\partial^{2}}{\partial s^{2}} * \Omega\right) \sqrt{\operatorname{det} g_{i j}}(s)+2\left(\frac{\partial}{\partial s} * \Omega\right)\left(\frac{\partial}{\partial s} \sqrt{\operatorname{det} g_{i j}}(s)\right)\right. \\
& \left.+* \Omega \frac{\partial^{2}}{\partial s^{2}} \sqrt{\operatorname{det} g_{i j}}(s)\right] d X
\end{aligned}
$$

and $\left.\frac{\partial}{\partial s}\right|_{s=0} \sqrt{\operatorname{det} g_{i j}}(s)=0$ by the minimal condition, at $s=0$ we have

$$
\int_{\Sigma} * \Omega \frac{\partial^{2}}{\partial s^{2}} \sqrt{\operatorname{det} g_{i j}}(s) d X=-\int_{\Sigma}\left(\frac{\partial^{2}}{\partial s^{2}} * \Omega\right) d v
$$

That is,

$$
\begin{equation*}
\int_{\Sigma} * \Omega\left(\left\|\nabla^{N} V\right\|^{2}-B(V, V)\right) d v=-\int_{\Sigma}\left(\left.\frac{\partial^{2}}{\partial s^{2}}\right|_{s=0} * \Omega\right) d v \tag{2.2}
\end{equation*}
$$

We shall compute $\frac{\partial^{2}}{\partial s^{2}} * \Omega$ using the formula $* \Omega=\frac{1}{\sqrt{\operatorname{det} g_{i j}}} \Omega\left(\frac{\partial F}{\partial x^{1}}, \cdots \frac{\partial F}{\partial x^{n}}\right)$. Thus

$$
\begin{align*}
\frac{\partial^{2}}{\partial s^{2}} * \Omega & =\frac{\partial^{2}}{\partial s^{2}}\left(\frac{1}{\sqrt{\operatorname{det} g_{i j}}}\right) \Omega\left(\frac{\partial F}{\partial x^{1}}, \cdots \frac{\partial F}{\partial x^{n}}\right) \\
& +2 \frac{\partial}{\partial s}\left(\frac{1}{\sqrt{\operatorname{det} g_{i j}}}\right) \frac{\partial}{\partial s} \Omega\left(\frac{\partial F}{\partial x^{1}}, \cdots \frac{\partial F}{\partial x^{n}}\right)  \tag{2.3}\\
& +\left(\frac{1}{\sqrt{\operatorname{det} g_{i j}}}\right) \frac{\partial^{2}}{\partial s^{2}} \Omega\left(\frac{\partial F}{\partial x^{1}}, \cdots \frac{\partial F}{\partial x^{n}}\right)
\end{align*}
$$

At $s=0$, the minimal condition implies the second term vanishes and the first term becomes

$$
\left.\frac{\partial^{2}}{\partial s^{2}}\right|_{s=0}\left(\frac{1}{\sqrt{\operatorname{det} g_{i j}}}\right)=-\left.\left(\operatorname{det} g_{i j}\right)^{-1} \frac{\partial^{2}}{\partial s^{2}}\right|_{s=0}\left(\sqrt{\operatorname{det} g_{i j}}\right)
$$

Because $\frac{\partial^{2} F}{\partial s^{2}}$ is zero at $s=0$, the third term is

$$
\begin{equation*}
\frac{\partial^{2}}{\partial s^{2}} \Omega\left(\frac{\partial F}{\partial x^{1}}, \cdots \frac{\partial F}{\partial x^{n}}\right)=2\left[\Omega\left(\frac{\partial^{2} F}{\partial s \partial x^{1}}, \frac{\partial^{2} F}{\partial s \partial x^{2}} \cdots \frac{\partial F}{\partial x^{n}}\right)+\cdots\right] \tag{2.4}
\end{equation*}
$$

Denote $\frac{\partial F}{\partial x^{i}}$ by $\partial_{i}$, then $\frac{\partial^{2} F}{\partial s \partial x^{i}}=\frac{\partial^{2} F}{\partial x^{i} \partial s}=\nabla_{\partial_{i}} V$ where $\nabla$ is the connection on $\mathbb{R}^{n+m}$ and $V=\frac{\partial F}{\partial s}$ is the variation field. In the following computation $(\cdot)^{T}$ and $(\cdot)^{N}$ denote the tangent and normal part of vector respectively.

$$
\begin{aligned}
& \Omega\left(\frac{\partial^{2} F}{\partial s \partial x^{1}}, \frac{\partial^{2} F}{\partial s \partial x^{2}} \cdots \frac{\partial F}{\partial x^{n}}\right) \\
& =\Omega\left(\left(\nabla_{\partial_{1}} V\right)^{T}+\left(\nabla_{\partial_{1}} V\right)^{N},\left(\nabla_{\partial_{2}} V\right)^{T}+\left(\nabla_{\partial_{2}} V\right)^{N}, \cdots \partial_{n}\right) \\
& =\Omega\left(\left(\nabla_{\partial_{1}} V\right)^{T},\left(\nabla_{\partial_{2}} V\right)^{T}, \cdots \partial_{n}\right)+\Omega\left(\left(\nabla_{\partial_{1}} V\right)^{T},\left(\nabla_{\partial_{2}} V\right)^{N}, \cdots \partial_{n}\right) \\
& +\Omega\left(\left(\nabla_{\partial_{1}} V\right)^{N},\left(\nabla_{\partial_{2}} V\right)^{T}, \cdots \partial_{n}\right)+\Omega\left(\left(\nabla_{\partial_{1}} V\right)^{N},\left(\nabla_{\partial_{2}} V\right)^{N}, \cdots \partial_{n}\right)
\end{aligned}
$$

We can assume $\left\{x^{i}\right\}$ is a normal coordinate system in a neighborhood of $p$ with respect to the induced metric on $\Sigma$. Hence $g_{i j}(0)=\delta_{i j}$ at $p$. We do the computation at point $p$ and get

$$
\Omega\left(\left(\nabla_{\partial_{1}} V\right)^{T},\left(\nabla_{\partial_{2}} V\right)^{T}, \cdots \partial_{n}\right)=* \Omega\left(\left\langle V, \nabla_{\partial_{1}} \partial_{1}\right\rangle\left\langle V, \nabla_{\partial_{2}} \partial_{2}\right\rangle-\left\langle V, \nabla_{\partial_{1}} \partial_{2}\right\rangle^{2}\right)
$$

Continue from equation (2.4), we derive

$$
\begin{aligned}
& 2\left[\Omega\left(\frac{\partial^{2} F}{\partial s \partial x^{1}}, \frac{\partial^{2} F}{\partial s \partial x^{2}} \cdots \frac{\partial F}{\partial x^{n}}\right)+\cdots\right] \\
& =2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots\left(\nabla_{\partial_{i}} V\right)^{T}, \cdots\left(\nabla_{\partial_{j}} V\right)^{N}, \cdots \partial_{n}\right) \\
& +2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots\left(\nabla_{\partial_{i}} V\right)^{N}, \cdots\left(\nabla_{\partial_{j}} V\right)^{T}, \cdots \partial_{n}\right) \\
& +2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots\left(\nabla_{\partial_{i}} V\right)^{N}, \cdots\left(\nabla_{\partial_{j}} V\right)^{N}, \cdots \partial_{n}\right) \\
& +2 * \Omega\left(\sum_{i<j}\left\langle V, \nabla_{\partial_{i}} \partial_{i}\right\rangle\left\langle V, \nabla_{\partial_{j}} \partial_{j}\right\rangle-\left\langle V, \nabla_{\partial_{i}} \partial_{j}\right\rangle^{2}\right)
\end{aligned}
$$

It thus follows from (2.3) that

$$
\begin{aligned}
\left.\frac{\partial^{2}}{\partial s^{2}}\right|_{s=0} * \Omega & =-* \Omega\left\|\nabla^{N} V\right\|^{2}+* \Omega \sum_{i, j}\left\langle V, \nabla_{\partial_{i}} \partial_{j}\right\rangle^{2} \\
& +2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots\left(\nabla_{\partial_{i}} V\right)^{T}, \cdots\left(\nabla_{\partial_{j}} V\right)^{N}, \cdots \partial_{n}\right) \\
& +2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots\left(\nabla_{\partial_{i}} V\right)^{N}, \cdots\left(\nabla_{\partial_{j}} V\right)^{T}, \cdots \partial_{n}\right) \\
& +2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots\left(\nabla_{\partial_{i}} V\right)^{N}, \cdots\left(\nabla_{\partial_{j}} V\right)^{N}, \cdots \partial_{n}\right) \\
& +2 * \Omega\left(\sum_{i<j}\left\langle V, \nabla_{\partial_{i}} \partial_{i}\right\rangle\left\langle V, \nabla_{\partial_{j}} \partial_{j}\right\rangle-\left\langle V, \nabla_{\partial_{i}} \partial_{j}\right\rangle^{2}\right)
\end{aligned}
$$

However,

$$
\begin{aligned}
& * \Omega \sum_{i, j}\left\langle V, \nabla_{\partial_{i}} \partial_{j}\right\rangle^{2}+2 * \Omega\left(\sum_{i<j}\left\langle V, \nabla_{\partial_{i}} \partial_{i}\right\rangle\left\langle V, \nabla_{\partial_{j}} \partial_{j}\right\rangle-\left\langle V, \nabla_{\partial_{i}} \partial_{j}\right\rangle^{2}\right) \\
& =* \Omega\left(\sum_{i}\left\langle V, \nabla_{\partial_{i}} \partial_{i}\right\rangle\right)^{2}=0
\end{aligned}
$$

Therefore,

$$
\begin{aligned}
\left.\frac{\partial^{2}}{\partial s^{2}}\right|_{s=0} * \Omega & =-* \Omega\left\|\nabla^{N} V\right\|^{2}+2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots\left(\nabla_{\partial_{i}} V\right)^{T}, \cdots\left(\nabla_{\partial_{j}} V\right)^{N}, \cdots \partial_{n}\right) \\
& +2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots\left(\nabla_{\partial_{i}} V\right)^{N}, \cdots\left(\nabla_{\partial_{j}} V\right)^{T}, \cdots \partial_{n}\right) \\
& +2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots\left(\nabla_{\partial_{i}} V\right)^{N}, \cdots\left(\nabla_{\partial_{j}} V\right)^{N}, \cdots \partial_{n}\right)
\end{aligned}
$$

Combine equations (2.1) and (2.2), we obtain
Proposition 2.1 Let $\Omega$ be an exact parallel $n$-form and $\Sigma$ be an $n$ dimensional minimal submanifold in $\mathbb{R}^{n+m}$. Assume that $V$ is a normal variation field and $\nabla_{V} V=0$ along $\Sigma$. Then one has

$$
\begin{align*}
& \int_{\Sigma} * \Omega\left(\left\|\nabla^{N} V\right\|^{2}-B(V, V)\right) d v \\
& =\int_{\Sigma}\left[* \Omega\left\|\nabla^{N} V\right\|^{2}\right. \\
& -2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots,\left(\nabla_{\partial_{i}} V\right)^{T}, \cdots,\left(\nabla_{\partial_{j}} V\right)^{N}, \cdots, \partial_{n}\right)  \tag{2.5}\\
& -2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots,\left(\nabla_{\partial_{i}} V\right)^{N}, \cdots,\left(\nabla_{\partial_{j}} V\right)^{N}, \cdots, \partial_{n}\right) \\
& \left.-2 \sum_{i<j} \Omega\left(\partial_{1}, \cdots,\left(\nabla_{\partial_{i}} V\right)^{T}, \cdots,\left(\nabla_{\partial_{j}} V\right)^{N}, \cdots, \partial_{n}\right)\right] d v
\end{align*}
$$

## 3 Proof of Theorem A

The idea now is to show the right hand side of equation (2.5) is greater than or equal to

$$
\delta \int_{\Sigma} * \Omega\left(\left\|\nabla^{N} V\right\|^{2}-B(V, V)\right) d v
$$

for some $\delta<1$. We shall express the integrand in the right hand side of equation (2.5) in terms of a particular orthonormal basis. At any point $p$, we consider the singular value decomposition of $d f: \mathbb{R}^{n} \mapsto \mathbb{R}^{m}$. We have

$$
d f\left(a_{i}\right)=\lambda_{i} a_{n+i}
$$

where $\lambda_{i} \geq 0$ are the singular values of $d f$, or eigenvalues of $\sqrt{(d f)^{T} d f}$. $\left\{a_{i}\right\}_{i=1, \cdots, n}$ is an orthonormal basis of eigenvectors of $\sqrt{(d f)^{T} d f}$. The set $\left\{a_{n+i}\right\}$ can be completed to form an orthonormal basis $\left\{a_{\alpha}\right\}_{\alpha=n+1, \cdots, n+m}$ for $\mathbb{R}^{m}$. (In case $m<n$, we will have $\lambda_{i}=0$ for $i>m$ and $\left\{a_{n+i}\right\}_{i=1, \cdots, m}$ forms an orthonormal basis for $\mathbb{R}^{m}$.) Now $\left\{e_{i}=\frac{1}{\sqrt{1+\lambda_{i}^{2}}}\left(a_{i}+\lambda_{i} a_{n+i}\right)\right\}$ and $\left\{e_{n+i}=\frac{1}{\sqrt{1+\lambda_{i}^{2}}}\left(a_{n+i}-\lambda_{i} a_{i}\right)\right\}$ can be completed to give orthonormal basis of the tangent and normal space. The orthonormal basis for the normal space is denoted by $\left\{e_{\alpha}\right\}_{\alpha=n+1, \cdots, n+m}$. In these bases we denote $\left(\nabla_{e_{i}} V\right)^{N}=\sum_{\alpha} V_{i}^{\alpha} e_{\alpha}$ and $\left(\nabla_{e_{i}} V\right)^{T}=-\sum_{\alpha, j} V^{\alpha} h_{\alpha i j} e_{j}$. We shall assume $m \geq n$ in the following calculation, the other case can be treated similarly.

At the point $p$ in these bases, the integrand of the right hand side of equation (2.5) can be written as

$$
\begin{aligned}
& * \Omega\left[\sum_{i, \alpha}\left(V_{i}^{\alpha}\right)^{2}-2 \sum_{i<j} \lambda_{i} \lambda_{j} V_{i}^{n+i} V_{j}^{n+j}+2 \sum_{i<j} \lambda_{i} \lambda_{j} V_{i}^{n+j} V_{j}^{n+i}\right. \\
& +2 \sum_{\alpha} \sum_{i<j} V^{\alpha} h_{\alpha i i} V_{j}^{n+j} \lambda_{j}-2 \sum_{\alpha} \sum_{i<j} V^{\alpha} h_{\alpha i j} V_{j}^{n+i} \lambda_{i} \\
& \left.+2 \sum_{\alpha} \sum_{i<j} V^{\alpha} h_{\alpha j j} V_{i}^{n+i} \lambda_{i}-2 \sum_{\alpha} \sum_{i<j} V^{\alpha} h_{\alpha i j} V_{i}^{n+j} \lambda_{j}\right]
\end{aligned}
$$

which is the same as

$$
\begin{aligned}
& * \Omega\left[\sum_{i, \alpha}\left(V_{i}^{\alpha}\right)^{2}-\sum_{i \neq j} \lambda_{i} \lambda_{j} V_{i}^{n+i} V_{j}^{n+j}+\sum_{i \neq j} \lambda_{i} \lambda_{j} V_{i}^{n+j} V_{j}^{n+i}\right. \\
& \left.+2 \sum_{\alpha} \sum_{i \neq j} V^{\alpha} h_{\alpha i i} V_{j}^{n+j} \lambda_{j}-2 \sum_{\alpha} \sum_{i \neq j} V^{\alpha} h_{\alpha i j} V_{j}^{n+i} \lambda_{i}\right]
\end{aligned}
$$

By minimality, we have

$$
2 \sum_{i \neq j} V^{\alpha} h_{\alpha i i} V_{j}^{n+j} \lambda_{j}=-2 \sum_{j} V^{\alpha} h_{\alpha j j} V_{j}^{n+j} \lambda_{j}
$$

Define $\Xi$ by

$$
\begin{aligned}
\Xi & =\sum_{i, \alpha}\left(V_{i}^{\alpha}\right)^{2}-\sum_{i \neq j} \lambda_{i} \lambda_{j} V_{i}^{n+i} V_{j}^{n+j}+\sum_{i \neq j} \lambda_{i} \lambda_{j} V_{i}^{n+j} V_{j}^{n+i} \\
& -2 \sum_{\alpha} \sum_{i, j} V^{\alpha} h_{\alpha i j} V_{j}^{n+i} \lambda_{i}
\end{aligned}
$$

If we can show

$$
\Xi \geq \delta\left[\sum_{i, \alpha}\left(V_{i}^{\alpha}\right)^{2}-\sum_{i j}\left(\sum_{\alpha} V^{\alpha} h_{\alpha i j}\right)^{2}\right]
$$

for some $\delta<1$, then we are done in review of equation (2.5).
By Cauchy-Schwarz inequality, for any $\epsilon>0$ to be determined,

$$
-2 \sum_{i, j, \alpha} V^{\alpha} h_{\alpha i j} V_{j}^{n+i} \lambda_{i} \geq-\epsilon \sum_{i, j}\left(\sum_{\alpha} V^{\alpha} h_{\alpha i j}\right)^{2}-\frac{1}{\epsilon} \sum_{i, j}\left(V_{j}^{n+i} \lambda_{i}\right)^{2}
$$

Therefore

$$
\begin{aligned}
\Xi \geq & \sum_{i \alpha}\left(V_{i}^{\alpha}\right)^{2}-\sum_{i \neq j} \lambda_{i} \lambda_{j} V_{i}^{n+i} V_{j}^{n+j}+\sum_{i \neq j} \lambda_{i} \lambda_{j} V_{i}^{n+j} V_{j}^{n+i}-\frac{1}{\epsilon} \sum_{i, j}\left(V_{j}^{n+i} \lambda_{i}\right)^{2} \\
& -\epsilon \sum_{i, j}\left(\sum_{\alpha} V^{\alpha} h_{\alpha i j}\right)^{2}
\end{aligned}
$$

Now assume each $\lambda_{i} \leq \eta$, then

$$
\begin{align*}
\Xi \geq & \sum_{i, \alpha}\left(V_{i}^{\alpha}\right)^{2}-\eta^{2} \sum_{i \neq j}\left|V_{i}^{n+i}\right|\left|V_{j}^{n+j}\right|-\eta^{2} \sum_{i \neq j}\left|V_{i}^{n+j}\right|\left|V_{j}^{n+i}\right|-\frac{\eta^{2}}{\epsilon} \sum_{i, j}\left(V_{j}^{n+i}\right)^{2} \\
& -\epsilon \sum_{i, j}\left(\sum_{\alpha} V^{\alpha} h_{\alpha i j}\right)^{2} \tag{3.1}
\end{align*}
$$

By Cauchy-Schwarz inequality

$$
\sum_{i \neq j}\left|V_{i}^{n+i}\right|\left|V_{j}^{n+j}\right| \leq(n-1) \sum_{i}\left(V_{i}^{n+i}\right)^{2}
$$

and

$$
\sum_{i \neq j}\left|V_{i}^{n+j}\right|\left|V_{j}^{n+i}\right| \leq \sum_{i \neq j}\left(V_{i}^{n+j}\right)^{2}
$$

In a general case, the coefficient in the right hand side of the first inequality should be $\min (m-1, n-1)$. Let $c=1$ if $m \leq 2$ or $n \leq 2$ and $c=\min (m-$ $1, n-1$ ) in other cases. Plug into equation (3.1), we obtain,

$$
\begin{equation*}
\Xi \geq\left(1-\frac{\eta^{2}}{\epsilon}-c \eta^{2}\right) \sum_{i, \alpha}\left(V_{i}^{\alpha}\right)^{2}-\epsilon \sum_{i, j}\left(\sum_{\alpha} V^{\alpha} h_{\alpha i j}\right)^{2} \tag{3.2}
\end{equation*}
$$

We need to have $1-\frac{\eta^{2}}{\epsilon}-c \eta^{2} \geq \epsilon$ which is $\eta^{2} \leq \frac{\epsilon(1-\epsilon)}{1+c \epsilon}$. It is not hard to see $\max _{0<\epsilon<1} \frac{\epsilon(1-\epsilon)}{1+c \epsilon}=\frac{(\sqrt{c+1}-1)^{2}}{c}$ when $\epsilon=\frac{\sqrt{1+c}-1}{c}$. Thus if we assume $||d f|| \leq \frac{\sqrt{1+c}-1}{\sqrt{c}}$, then each $\left|\lambda_{i}\right| \leq \frac{\sqrt{1+c}-1}{\sqrt{c}}$ and

$$
\Xi \geq \frac{\sqrt{1+c}-1}{c}\left[\sum_{i, \alpha}\left(V_{i}^{\alpha}\right)^{2}-\sum_{i, j}\left(\sum_{\alpha} V^{\alpha} h_{\alpha i j}\right)^{2}\right]
$$

Theorem A is proved.

## 4 Examples

The construction in [8] supplies examples for such stable minimal submanifolds. Given any $\phi: D \subset \mathbb{R}^{n} \mapsto \mathbb{R}^{m}$ defined on a convex domain $D$, we can scale $\phi$ so that on the graph of $\phi, * \Omega \geq \frac{c}{2(c+1-\sqrt{1+c})}$ and the derivative of $\phi$ satisfies the requirement in [8]. It was proved in [8] that the CauchyDirichlet problem of the mean curvature flow for initial data $\phi$ is solvable and $* \Omega \geq \frac{c}{2(c+1-\sqrt{1+c})}$ is preserved along the flow. The flows converges to a minimal submanifold which is stable by the Corollary.

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