# Uniform bounds on harmonic Beltrami differentials and Weil-Petersson curvatures 

By Martin Bridgeman at Chestnut Hill and Yunhui Wu at Beijing


#### Abstract

In this article we show that for every finite area hyperbolic surface $X$ of type $(g, n)$ and any harmonic Beltrami differential $\mu$ on $X$, then the magnitude of $\mu$ at any point of small injectivity radius is uniform bounded from above by the ratio of the Weil-Petersson norm of $\mu$ over the square root of the systole of $X$ up to a uniform positive constant multiplication. We apply the uniform bound above to show that the Weil-Petersson Ricci curvature, restricted at any hyperbolic surface of short systole in the moduli space, is uniformly bounded from below by the negative reciprocal of the systole up to a uniform positive constant multiplication. As an application, we show that the average total Weil-Petersson scalar curvature over the moduli space is uniformly comparable to $-g$ as the genus $g$ goes to infinity.


## 1. Introduction

In this paper, we derive uniform bounds on the curvature of the Weil-Petersson metric on $\mathcal{M}_{g}^{n}$ the moduli space of conformal structures on the surface of genus $g$ with $n$ punctures where $3 g+n \geqslant 5$. We write $\mathcal{M}_{g}$ for $\mathcal{M}_{g}^{0}$ for simplicity. These bounds depend on new uniform bounds for the norm of harmonic Beltrami differentials in terms of injectivity radius.

Let $X \in \mathcal{M}_{g}^{n}$. Recall that the systole $\ell_{\text {sys }}(X)$ of $X$ is shortest length of closed geodesics in the hyperbolic surface $X$ and for $z \in X$, the injectivity radius $\operatorname{inj}(z)$ is the maximum radius of an embedded ball centered at $z$. We denote the Margulis constant in dimension two by

$$
\varepsilon_{2}=\sinh ^{-1}(1)
$$

By the Collar Lemma, for $r(z) \leqslant \varepsilon_{2}$, then $z$ is either contained in a collar $\varphi_{\gamma}$ about a closed geodesic $\gamma$ or $z$ is in a neighborhood $\varrho_{c}$ about a cusp $c$. The tangent space $T_{X} \mathcal{M}_{g}^{n}$ of $\mathcal{M}_{g}^{n}$ at $X$ can be identified with the space of harmonic Beltrami differentials on $X$. Let $\mu \in T_{X} \mathcal{M}_{g}^{n}$. We denote by $\|\mu\|_{\text {WP }}$ the Weil-Petersson norm of $\mu$, which is also the $L^{2}$-norm of $\mu$ on $X$. One consequence of our analysis is the following proposition.

[^0]Proposition 1.1. Let $X \in \mathcal{M}_{g}^{n}$ with $\ell_{\text {sys }}(X) \leqslant 2 \varepsilon_{2}$. Then for any $\mu \in T_{X} \mathcal{M}_{g}^{n}$ a harmonic Beltrami differential and $z \in X$ with injectivity radius $\operatorname{inj}(z) \leqslant \varepsilon_{2}$

$$
|\mu(z)|^{2} \leqslant \frac{\|\mu\|_{\mathrm{WP}}^{2}}{\operatorname{inj}(z)} \leqslant 2 \frac{\|\mu\|_{\mathrm{WP}}^{2}}{\ell_{\mathrm{sys}}(X)} .
$$

Remark 1.2. In [16, Corollary 11] or [17, Lemma 11], Wolpert proved a similar bound when $\ell_{\text {sys }}(X)$ is smaller than a positive constant depending on $g$ and $n$. Our approach is similar to Wolpert's, but using a detailed analysis of the thin parts, we are able to obtain the above uniform bounds independent of $g$ and $n$. Actually we will prove certain more precise uniform bounds which are Proposition 3.3 and Lemma 3.4. One may see Section 3 for more details.

Using Proposition 1.1, we derive uniform lower bounds on Weil-Petersson curvatures. More precisely, we prove:

Theorem 1.3. For any $X \in \mathcal{M}_{g}^{n}$ with $\ell_{\text {sys }}(X) \leqslant 2 \varepsilon_{2}$, then
(1) for any $\mu \in T_{X} \mathcal{M}_{g}^{n}$ with $\|\mu\|_{\mathrm{WP}}=1$, the Weil-Petersson Ricci curvature satisfies that

$$
\operatorname{Ric}^{\mathrm{WP}}(\mu) \geqslant-\frac{4}{\ell_{\mathrm{sys}}(X)}
$$

(2) The Weil-Petersson scalar curvature at $X$ satisfies that

$$
\operatorname{Sca}^{\mathrm{WP}}(X) \geqslant-\frac{4}{\ell_{\mathrm{sys}}(X)} \cdot(3 g-3+n)
$$

Remark 1.4. In [9] Teo showed that for any $X \in \mathcal{M}_{g}$,
(1) $\mathrm{Ric}^{\mathrm{WP}} \geqslant-2 C\left(\frac{\ell_{\mathrm{sys}}(X)}{2}\right)^{2}$.
(2) $\mathrm{Sca}{ }^{\mathrm{WP}}(X) \geqslant-(6 \mathrm{~g}-6) C\left(\frac{\ell_{\mathrm{sys}}(X)}{2}\right)^{2}$.

Here the function $C(\cdot)$ is given by (3.1). As the systole $\ell_{\mathrm{sys}}(X)$ of $X$ tends to zero,

$$
C\left(\frac{\ell_{\mathrm{sys}}(X)}{2}\right)^{2}=\frac{4}{\pi \ell_{\mathrm{sys}}(X)^{2}}+o\left(\frac{1}{\ell_{\mathrm{sys}}(X)^{2}}\right)
$$

Also $C\left(\frac{\ell_{\mathrm{sys}}(X)}{2}\right)^{2}$ tends to $\frac{3}{4 \pi}$ as $\ell_{\text {sys }}(X)$ goes to infinity. Compared to Teo's result, we obtain a better growth rate as $\ell_{\text {sys }}(X) \rightarrow 0$. Actually this growth rate $\frac{-1}{\ell_{\text {ss }}(X)}$ is optimal: Wolpert in [16, Theorem 15] or [16, Corollary 16] computed the Weil-Petersson holomorphic sectional curvature along the gradient of certain geodesic length function and showed that it behaves as $\frac{-3}{\pi \ell_{\alpha}}+O\left(\ell_{\alpha}\right)$ as $\ell_{\alpha} \rightarrow 0$, where $\alpha \subset X$ is a nontrivial loop. Part (1) of Teo's results above in particular implies that the Weil-Petersson sectional curvature, restricted on any $\varepsilon$-thick part of the moduli space, is uniformly bounded from below by a negative constant only depending on $\varepsilon$. This was first obtained by Huang in [4]. One may also see [12] for more general statements.

Remark 1.5. The assumption $\ell_{\text {sys }}(X) \leqslant 2 \varepsilon_{2}$ in Theorem 1.3 can not be removed. One may see this in the following two different ways. (1) Tromba [10] and Wolpert [13] showed that for all $X \in \mathcal{M}_{g}$,

$$
\mathrm{Sca}^{\mathrm{WP}}(X) \leqslant \frac{-3}{4 \pi} \cdot(3 g-2) .
$$

In particular for large enough $g$, the uniform lower bound for scalar curvature in Theorem 1.3 does not hold for Buser-Sarnak surface $\mathcal{X}_{g}$ (see [2]) whose injectivity radius grows like $\ln (g)$ as $g \rightarrow \infty$. Similarly for (2). It was shown in [12, Theorem 1.1] that if $\ell_{\text {sys }}(X)$ is large enough, then

$$
\min _{\operatorname{span}\{\mu, v\} \subset T_{X} \mathcal{M}_{g}} K^{\mathrm{WP}}(\mu, v) \leqslant-C<0,
$$

where $C>0$ is a uniform constant independent of $g$. In particular, the uniform lower bound for Ricci curvature in Theorem 1.3 does not hold for Buser-Sarnak surface $\mathcal{X}_{g}$ in [2] for large enough $g$.

Let $X \in \mathcal{M}_{g}^{n}$ with $\ell_{\text {sys }}(X) \leqslant 2 \varepsilon_{2}$, and let $P(X) \subset T_{X} \mathcal{M}_{g}^{n}$ be the linear subspace generated by the gradient of short closed geodesic length functions and $P(X)^{\perp}$ its perpendicular. One may see (3.7) and (3.8) for the precise definitions. Our next result says that the Weil-Petersson curvature along any plane in $T_{X} \mathcal{M}_{g}$ containing a $\mu \in P(X)^{\perp}$ is uniformly bounded from below. More precisely:

Theorem 1.6. Let $X \in \mathcal{M}_{g}^{n}$ with $\ell_{\mathrm{sys}}(X) \leqslant 2 \varepsilon_{2}$. Then for any $\mu \neq 0 \in P(X)^{\perp}$ and $v \in T_{X} \mathcal{M}_{g}^{n}$, the Weil-Petersson sectional curvature $K^{\mathrm{WP}}(\mu, v)$ along the plane spanned by $\mu$ and $v$ satisfies that

$$
K^{\mathrm{WP}}(\mu, v) \geqslant-4
$$

It would be interesting to find upper bounds for $K^{\mathrm{WP}}(\mu, v)$ in terms of certain measurements of $\mu$ and $v$.

Recall that the boundary $\partial \mathcal{M}_{g}$ of $\mathcal{M}_{g}$ consists of nodal surfaces. As $X$ goes to $\partial \mathcal{M}_{g}$, the Weil-Petersson scalar curvature $\operatorname{Sca}^{\mathrm{WP}}(X)$ always blows up to $-\infty$ since the Weil-Petersson sectional curvature at $X$ along certain direction goes to $-\infty$ (e.g., see [8] or [16, Corollary 16]). It was not known whether the total scalar curvature $\int_{\mathcal{M}_{g}} \mathrm{Sca}^{\mathrm{WP}}(X) d X$ is finite. We will show it is truly finite. Moreover, combining Theorem 1.3 and a result of Mirzakhani in [7], we determine the asymptotic behavior of $\int_{\mathcal{M}_{g}} \mathrm{Sca}^{\mathrm{WP}}(X) d X$ as $g \rightarrow \infty$. More precisely, we prove:

Theorem 1.7. As $g \rightarrow \infty$,

$$
\frac{\int_{\mathcal{M}_{g}} \operatorname{Sca}^{\mathrm{WP}}(X) d X}{\operatorname{Vol}_{\mathrm{WP}}\left(\mathcal{M}_{g}\right)} \asymp-g .
$$

Notation. In this paper, we say two functions $f_{1}(g) \asymp f_{2}(g)$ if there exists a universal constant $C \geqslant 1$, independent of $g$, such that

$$
\frac{f_{2}(g)}{C} \leqslant f_{1}(g) \leqslant C f_{2}(g)
$$

Plan of the paper. Section 2 provides some necessary background and the basic properties on Teichmüller theory and the Weil-Petersson metric. Refined results of Proposition 1.1 are proved in Section 3. We prove several results on uniform lower bounds for Weil-Petersson curvatures including Theorem 1.3 and 1.6. Theorem 1.7 is proved in Section 5.

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## 2. Preliminaries

In this section, we set our notation and review the relevant background material on Teichmüller space and Weil-Petersson curvature.
2.1. Teichmüller space. We denote by $S_{g}^{n}$ an oriented surface of genus $g$ with $n$ punctures where $3 g+n \geqslant 5$. Then the Uniformization Theorem implies that the surface $S_{g}^{n}$ admits hyperbolic metrics of constant curvature -1 . We let $\mathcal{T}_{g}^{n}$ be the Teichmüller space of surfaces of genus $g$ with $n$ punctures, which we consider as the equivalence classes under the action of the group $\operatorname{Diff}_{0}\left(S_{g}^{n}\right)$ of diffeomorphisms isotopic to the identity of the space of hyperbolic surfaces $X=\left(S_{g}^{n}, \sigma(z)|d z|^{2}\right)$. The tangent space $T_{X} \mathcal{T}_{g}^{n}$ at a point $X=\left(S_{g}^{n}, \sigma(z)|d z|^{2}\right)$ is identified with the space of finite area harmonic Beltrami differentials on $X$, i.e. forms on $X$ expressible as $\mu=\frac{\bar{\psi}}{\sigma}$, where $\psi \in Q(X)$ is a holomorphic quadratic differential on $X$. Let $z=x+i y$ and $d A=\sigma(z) d x d y$ be the volume form. The Weil-Petersson metric is the Hermitian metric on $\mathcal{T}_{g}$ arising from the Petersson scalar product

$$
\langle\varphi, \psi\rangle=\int_{X} \frac{\varphi \cdot \bar{\psi}}{\sigma^{2}} d A
$$

via duality. We will concern ourselves primarily with its Riemannian part $g_{\text {WP }}$. Throughout this paper we denote by Teich $\left(S_{g}^{n}\right)$ the Teichmüller space endowed with the Weil-Petersson metric. By definition it is easy to see that the mapping class group $\operatorname{Mod}_{g}^{n}:=\operatorname{Diff}^{+}\left(S_{g}^{n}\right) / \operatorname{Diff}^{0}\left(S_{g}^{n}\right)$ acts on Teich $\left(S_{g}^{n}\right)$ as isometries. Thus, the Weil-Petersson metric descends to a metric, also called the Weil-Petersson metric, on the moduli space of Riemann surfaces $\mathcal{M}_{g}^{n}$ which is defined as $\mathcal{T}_{g}^{n} / \operatorname{Mod}_{g}^{n}$. Throughout this paper we also denote by $\mathcal{M}_{g}^{n}$ the moduli space endowed with the Weil-Petersson metric and write $\mathcal{M}_{g}=\mathcal{M}_{g}^{0}$ for simplicity. One may refer to [15] for recent developments on Weil-Petersson geometry.
2.2. Weil-Petersson curvatures. The Weil-Petersson metric is Kähler. The curvature tensor of the Weil-Petersson metric is given as follows. Let $\mu_{i}, \mu_{j}$ be two elements in the tangent space $T_{X} \mathcal{M}_{g}^{n}$ at $X$, so that the metric tensor written in local coordinates is

$$
g_{i \bar{j}}=\int_{X} \mu_{i} \cdot \overline{\mu_{j}} d A
$$

For the inverse of $\left(g_{i \bar{j}}\right)$, we use the convention

$$
g^{i \bar{j}} g_{k \bar{j}}=\delta_{i k} .
$$

Then the curvature tensor is given by

$$
R_{i \bar{j} k \bar{l}}=\frac{\partial^{2}}{\partial t^{k} \partial \bar{t} \bar{l}} g_{i \bar{j}}-g^{s \bar{t}} \frac{\partial}{\partial t^{k}} g_{i \overline{\bar{t}}} \frac{\partial}{\partial \bar{t} g_{s}} g_{s \bar{j}} .
$$

We now describe the curvature formula of Tromba [10] and Wolpert [13] which gives the curvature in terms of the Beltrami-Laplace operator $\Delta$. It has been applied to study various curvature properties of the Weil-Petersson metric. Tromba [10] and Wolpert [13] showed that $\mathcal{M}_{g}^{n}$ has negative sectional curvature. In [8] Schumacher showed that $\mathcal{M}_{g}^{n}$ has strongly negative curvature in the sense of Siu. Liu, Sun and Yau in [6] showed that $\mathcal{M}_{g}^{n}$ has dual Nakano negative
curvature, which says that the complex curvature operator on the dual tangent bundle is positive in some sense. The second named author of this article in [18] showed that the $\mathcal{M}_{g}^{n}$ has nonpositive definite Riemannian curvature operator. One can also see $[3,4,9,14,16,19]$ for other aspects of the curvature of $\mathcal{M}_{g}^{n}$.

Set

$$
D=-2(\Delta-2)^{-1}
$$

where $\Delta$ is the Beltrami-Laplace operator on $X=\left(S, \sigma|d z|^{2}\right) \in \mathcal{M}_{g}^{n}$. The operator $D$ is positive and self-adjoint.

Theorem 2.1 (Tromba [10], Wolpert [13]). The curvature tensor satisfies

$$
R_{i \bar{j} k \bar{l}}=\int_{X} D\left(\mu_{i} \mu_{\bar{j}}\right) \cdot\left(\mu_{k} \mu_{\bar{l}}\right) d A+\int_{X} D\left(\mu_{i} \mu_{\bar{l}}\right) \cdot\left(\mu_{k} \mu_{\bar{j}}\right) d A .
$$

2.2.1. Weil-Petersson holomorphic sectional curvatures. Recall that a holomorphic sectional curvature is a sectional curvature along a holomorphic line. Let $\mu \in T_{X} \mathcal{M}_{g}^{n}$ be a harmonic Beltrami differential. By Theorem 2.1 the holomorphic sectional curvature $\operatorname{HolK}^{\mathrm{WP}}(\mu)$ along the holomorphic line spanned by $\mu$ is

$$
\operatorname{HolK}^{\mathrm{WP}}(\mu)=\frac{-2 \cdot \int_{X} D\left(|\mu|^{2}\right) \cdot\left(|\mu|^{2}\right) d A}{\|\mu\|_{\mathrm{WP}}^{4}}
$$

Assume that $\|\mu\|_{\mathrm{WP}}=1$. From [12, Proposition 2.7], which relies on an estimation of Wolf in [11], we know that

$$
-2 \int_{X}|\mu|^{4} d A \leqslant \operatorname{HolK}^{\mathrm{WP}}(\mu) \leqslant-\frac{2}{3} \int_{X}|\mu|^{4} d A .
$$

2.2.2. Weil-Petersson sectional curvatures. We now describe a lower bound on sectional curvatures which follows from [13]. We let $\mu_{i}, \mu_{j} \in T_{X} \mathcal{M}_{g}^{n}$ be two orthogonal tangent vectors with $\left\|\mu_{i}\right\|_{\mathrm{WP}}=\left\|\mu_{j}\right\|_{\mathrm{WP}}=1$. We let $K^{\mathrm{WP}}\left(\mu_{i}, \mu_{j}\right)$ be the Weil-Petersson sectional curvature of the plane spanned by the real vectors corresponding to $\mu_{i}$ and $\mu_{j}$. In [13, Theorem 4.5], Wolpert makes the following observations. Wolpert shows that

$$
\begin{aligned}
\int_{X} D\left(\left|\mu_{i} \| \mu_{j}\right|\right)\left|\mu_{i}\right|\left|\mu_{j}\right| d A & \leqslant \int_{X} D\left(\left|\mu_{i}\right|^{2}\right)\left|\mu_{j}\right|^{2} d A, \\
\left|\int_{X} D\left(\mu_{i} \mu_{\bar{j}}\right) \mu_{i} \mu_{\bar{j}} d A\right| & \leqslant \int_{X} D\left(\left|\mu_{i}\right|\left|\mu_{j}\right|\right)\left|\mu_{i} \| \mu_{j}\right| d A, \\
\left|\int_{X} D\left(\mu_{i} \mu_{\bar{j}}\right) \mu_{\bar{i}} \mu_{j} d A\right| & \leqslant \int_{X} D\left(\left|\mu_{i}\right|\left|\mu_{j}\right|\right)\left|\mu_{i}\right|\left|\mu_{j}\right| d A .
\end{aligned}
$$

Therefore as sectional curvature is given by

$$
\begin{gathered}
K^{\mathrm{WP}}\left(\mu_{i}, \mu_{j}\right)=\operatorname{Re} \int_{X} D\left(\mu_{i} \mu_{\bar{j}}\right) \mu_{i} \mu_{\bar{j}} d A-\frac{1}{2} \int_{X} D\left(\mu_{i} \mu_{\bar{j}}\right) \mu_{\bar{i}} \mu_{j} d A \\
-\frac{1}{2} \int_{X} D\left(\left|\mu_{i}\right|^{2}\right)\left|\mu_{j}\right|^{2} d A
\end{gathered}
$$

putting these equations together gives

$$
\begin{equation*}
K^{\mathrm{WP}}\left(\mu_{i}, \mu_{j}\right) \geqslant-2 \int_{X} D\left(\left|\mu_{i}\right|^{2}\right)\left|\mu_{j}\right|^{2} d A \tag{2.1}
\end{equation*}
$$

2.2.3. Weil-Petersson Ricci curvatures.. Let $\left\{\mu_{i}\right\}_{i=1}^{3 g-3+n}$ be a holomorphic orthonormal basis of $T_{X} \mathcal{M}_{g}^{n}$. Then the Ricci curvature $\operatorname{Ric}{ }^{\mathrm{WP}}\left(\mu_{i}\right)$ of $\mathcal{M}_{g}^{n}$ at $X$ in the direction $\mu_{i}$ is given by

$$
\begin{aligned}
\operatorname{Ric}^{\mathrm{WP}}\left(\mu_{i}\right) & =-\sum_{j=1}^{3 g-3+n} R_{i \bar{j} j \bar{i}} \\
& =-\sum_{j=1}^{3 g-3+n}\left(\int_{X} D\left(\mu_{i} \mu_{\bar{j}}\right) \cdot\left(\mu_{j} \mu_{\bar{i}}\right) d A+\int_{X} D\left(\left|\mu_{i}\right|^{2}\right) \cdot\left(\left|\mu_{j}\right|^{2}\right) d A\right) .
\end{aligned}
$$

Since $\int_{X} D(f) \cdot \bar{f} d A \geqslant 0$ for any function $f$ on $X$, by applying the argument in the proof of (2.1) we have

$$
\begin{equation*}
-2 \leqslant \frac{\operatorname{Ric}^{\mathrm{WP}}\left(\mu_{i}\right)}{\sum_{j=1}^{3 g-3+n} \int_{X} D\left(\left|\mu_{i}\right|^{2}\right) \cdot\left(\left|\mu_{j}\right|^{2}\right) d A} \leqslant-1 . \tag{2.2}
\end{equation*}
$$

2.2.4. Weil-Petersson scalar curvature. The scalar curvature $\operatorname{Sca}^{\mathrm{WP}}(X)$ at $X \in \mathcal{M}_{g}^{n}$ is the trace of the Ricci tensor. We can express the scalar curvature as

$$
\begin{gathered}
\operatorname{Sca}^{\mathrm{WP}}(X)=-\sum_{i=1}^{3 g-3+n} \sum_{j=1}^{3 g-3+n}\left(\int_{X} D\left(\mu_{i} \mu_{\bar{j}}\right) \cdot\left(\mu_{j} \mu_{\bar{i}}\right) d A\right. \\
\left.+\int_{X} D\left(\left|\mu_{i}\right|^{2}\right) \cdot\left(\left|\mu_{j}\right|^{2}\right) d A\right)
\end{gathered}
$$

It is known from [12, Proposition 2.5] that $-\operatorname{Sca}^{\mathrm{WP}}(X)$ is uniformly comparable to the quantity $\left\|\sum_{i=1}^{3 g-3+n}\left|\mu_{i}\right|^{2}\right\|_{\text {WP }}^{2}$. More precisely,

$$
-2 \int_{X}\left(\sum_{i=1}^{3 g-3+n}\left|\mu_{i}\right|^{2}\right)^{2} d A \leqslant \operatorname{Sca}^{\mathrm{WP}}(X) \leqslant-\frac{1}{3} \int_{X}\left(\sum_{i=1}^{3 g-3+n}\left|\mu_{i}\right|^{2}\right)^{2} d A .
$$

## 3. Bounding the pointwise norm by the $L^{2}$ norm

In this section we will bound the pointwise norm of a harmonic Beltrami differential $\mu=\frac{\bar{\phi}}{\sigma}$ in terms of its Weil-Petersson norm and the injectivity radius function. Our results will improve on prior work of Teo [9] and Wolpert [16], giving the optimal asymptotics of Wolpert with its uniformity of Teo. As in Wolpert [16, Proposition 7], our approach will be to first decompose $\phi$ in the thin part of the surface into the leading and non-leading parts of its Laurent expansion. Then by a detailed analysis, we describe the leading term and give an explicit exponentially decaying upper bound on the non-leading term.

Given $X \in \mathcal{M}_{g}^{n}$ a hyperbolic surface of finite volume, for $z \in X$ we will let $r(z)=\operatorname{inj}(z)$ be the injectivity radius at $z$. We will refer several times to the a function $C(r)$ introduced by Teo in [9] which is given by

$$
\begin{equation*}
C(r)=\left(\frac{4 \pi}{3}\left(1-\operatorname{sech}^{6}\left(\frac{r}{2}\right)\right)\right)^{-\frac{1}{2}}=\left(\frac{4 \pi}{3}\left(1-\left(\frac{4 e^{r}}{\left(1+e^{r}\right)^{2}}\right)^{3}\right)\right)^{-\frac{1}{2}} \tag{3.1}
\end{equation*}
$$

It follows that $C(r)$ is decreasing with respect to $r$ and as $r$ tends to zero we have

$$
C(r)=\frac{1}{\sqrt{\pi r}}+O(1)
$$

Furthermore, $C(r)$ tends to $\sqrt{\frac{3}{4 \pi}}$ as $r$ tends to infinity.
Let $X=\left(S_{g}^{n}, \sigma(z)|d z|^{2}\right) \in \mathcal{M}_{g}^{n}$ and $\phi \in Q(X)$, where $Q(X)$ is the space of holomorphic quadratic differentials on $X$. We set

$$
\|\phi(z)\|:=\frac{|\phi(z)|}{\sigma(z)} \quad \text { for all } z \in X
$$

and

$$
\|\phi\|_{2}:=\left(\int_{X}\|\phi(z)\|^{2} \cdot \sigma(z)|d z|^{2}\right)^{\frac{1}{2}}
$$

We have the following result of Teo.
Lemma 3.1 (Teo, [9, Proposition 3.1]). Let $\phi \in Q(X)$ be a holomorphic quadratic differential on a hyperbolic surface $X \in \mathcal{M}_{g}^{n}$, and let $r: X \rightarrow \mathbb{R}_{+}$be the injectivity radius function. Then

$$
\|\phi(z)\| \leqslant C(r(z)) \cdot\|\phi\|_{2}=\frac{\|\phi\|_{2}}{\sqrt{\pi} \cdot r(z)}(1+o(r(z)))
$$

where the constant $C(\cdot)$ is given by (3.1).
In [16], Wolpert gave the following asymptotically optimal bound. One may also see [17, Lemma 11] for a similar result.

Lemma 3.2 (Wolpert, [16, Corollary 11]). Let $S$ be a surface of genus $g$ with $n$ punctures, and let $X \in \mathcal{M}_{g}^{n}$ be any hyperbolic surface. Then for any $\varepsilon>0$ there exists a $\delta(\varepsilon, S)>0$ such that if $\ell_{\text {sys }}(X) \leqslant \delta(\varepsilon, S)$, then for any $\phi \in Q(X)$ and $z \in X$

$$
\|\phi(z)\| \leqslant(1+\varepsilon) \sqrt{\frac{2}{\pi}} \frac{\|\phi\|_{2}}{\sqrt{\ell_{\mathrm{sys}}(X)}}
$$

We will now derive a uniform bound that gives the asymptotics of Wolpert's bound above.
3.1. Collar neighborhoods. We let $\phi \in Q(X)$ be a holomorphic quadratic differential on a Riemann surface $X \in \mathcal{M}_{g}^{n}$ and let $\gamma$ be a simple closed geodesic of length $L$ in $X$. We lift $\phi$ to $\widetilde{\phi}$ on the annulus

$$
A=\left\{z: e^{-\frac{\pi^{2}}{L}}<|z|<e^{\frac{\pi^{2}}{L}}\right\} .
$$

Then $\widetilde{\phi}(z)=\frac{f(z)}{z^{2}} d z^{2}$. where $f$ is holomorphic on $A$. Therefore we have the Laurent series

$$
f(z)=\sum_{n=-\infty}^{\infty} a_{n} z^{n}
$$

We define

$$
f_{-}(z)=\sum_{n<0} a_{n} z^{n}, \quad f_{0}(z)=a_{0}, \quad f_{+}(z)=\sum_{n>0} a_{n} z^{n} .
$$

We therefore have the decomposition

$$
\widetilde{\phi}(z)=\left(f_{-}(z)+f_{0}(z)+f_{+}(z)\right) \frac{d z^{2}}{z^{2}}=\phi_{-}(z)+\phi_{0}(z)+\phi_{+}(z)
$$

Let $\gamma \subset X \in \mathcal{M}_{g}^{n}$ be a closed geodesic of length $L \leqslant 2 \varepsilon_{2}$. By the Collar Lemma (see [1, Chapter 4]) there is an embedded collar $\zeta_{\gamma}$ of $\gamma$ in $X$ as follows:

$$
\varphi_{\gamma}:=\left\{z \in X: d(z, \gamma) \leqslant \operatorname{arcsinh}\left(\frac{1}{\sinh \left(\frac{L}{2}\right)}\right)\right\}
$$

We set

$$
\left\|\phi \mid \mathfrak{e}_{\nu}\right\|_{2}:=\left(\int_{\mathfrak{e}_{\nu}}\|\phi(z)\|^{2} \cdot \sigma(z)|d z|^{2}\right)^{\frac{1}{2}}
$$

As $\mathscr{C}_{\gamma}$ embeds in $A$, we have that the injectivity radius function $r$ on $A$ coincides with the injectivity radius function on $\mathscr{C}_{\gamma} \subseteq X$. Also if $z \in A$ has distance $d(z, \gamma)$ from the core closed geodesic, then

$$
\sinh (r(z))=\sinh \left(\frac{L}{2}\right) \cosh (d(z, \gamma))
$$

Therefore it follows that

$$
\varphi_{\gamma}=\left\{z \in A: r(z) \leqslant \sinh ^{-1}\left(\cosh \left(\frac{L}{2}\right)\right)\right\} .
$$

For $0<t \leqslant \sinh ^{-1}\left(\cosh \left(\frac{L}{2}\right)\right)$ we then define

$$
C_{t}=\{z \in A: r(z) \leqslant t\} .
$$

In part of the following proposition we will need to restrict to a sub-collar of the standard collar $\mathscr{C}_{\gamma}$. For this we define the constant

$$
\bar{\varepsilon}_{2}=\frac{\log (3)}{2}=\sinh ^{-1}\left(\frac{1}{\sqrt{3}}\right) .
$$

We prove the following:
Proposition 3.3. Let $\phi \in Q(X)$ and $\zeta_{\gamma}$ be the collar about a closed geodesic $\gamma$ of length $L \leqslant 2 \varepsilon_{2}$. Then:
(1) For any $z \in \mathcal{C}_{\gamma}$,

$$
\left\|\phi_{0}(z)\right\| \leqslant \frac{1}{\sqrt{L c_{0}(L)}} \frac{\sinh ^{2}\left(\frac{L}{2}\right)}{\sinh ^{2}(r(z))}\left\|\phi \mid e_{\nu}\right\|_{2}
$$

where

$$
c_{0}(L)=\cos ^{-1}\left(\tanh \left(\frac{L}{2}\right)\right)+\frac{1}{2} \sin \left(2 \cos ^{-1}\left(\tanh \left(\frac{L}{2}\right)\right)\right)=\frac{\pi}{2}-\frac{L^{3}}{12}+O\left(L^{5}\right)
$$

(2) On $C_{t},\left\|\phi_{ \pm}(z)\right\|$ attains its maximum on $\partial C_{t}$.
(3) For $z \in \mathcal{C}_{\gamma}$ in the sub-collar $C_{\bar{\varepsilon}_{2}}=\left\{z \in A: r(z) \leqslant \bar{\varepsilon}_{2}\right\}$,

$$
\left\|\phi_{ \pm}(z)\right\| \leqslant F(r(z))\left\|\phi \mid \mathfrak{e}_{\nu}\right\|_{2}
$$

where

$$
F(r(z))=\frac{e^{\pi \sqrt{3}} C\left(\bar{\varepsilon}_{2}\right) e^{-\frac{\pi}{\sinh r(z))}}}{3 \sinh ^{2}(r(z))} \leqslant C\left(\bar{\varepsilon}_{2}\right) .
$$

(4) For $z \in \mathcal{C}_{\gamma}$ in the sub-collar $C_{\bar{\varepsilon}_{2}}$ with $r(z) \leqslant \bar{\varepsilon}_{2}$

$$
\|\phi(z)\| \leqslant G(r(z))\left\|\phi \mid e_{\nu}\right\|_{2}
$$

where

$$
G(r)=\frac{1}{\sqrt{2 r c_{0}(2 r)}}+\frac{2 e^{\pi \sqrt{3}} C\left(\bar{\varepsilon}_{2}\right) e^{-\frac{\pi}{\sinh (r)}}}{3 \sinh ^{2}(r)}=\frac{1}{\sqrt{\pi r}}\left(1+\frac{2 r^{3}}{3 \pi}+O\left(r^{5}\right)\right) .
$$

(5) For $z \in \mathcal{C}_{\gamma}$ with $r(z) \leqslant \varepsilon_{2}$ then

$$
\|\phi(z)\| \leqslant \frac{\|\phi\|_{2}}{\sqrt{r(z)}}
$$

Proof. Let $S=\left\{z=x+i y:|y|<\frac{\pi}{2}\right\}$ be the strip, then the hyperbolic metric on $S$ is $\rho_{S}(z)=\frac{|d z|}{\cos (y)}$. By the Collar Lemma [1, Theorem 4.1.6] the injectivity radius function on $S$ satisfies

$$
\begin{equation*}
\sinh (r(z))=\frac{\sinh \left(\frac{L}{2}\right)}{\cos (y)} \tag{3.2}
\end{equation*}
$$

We have the $\mathbb{Z}$ cover $\pi: S \rightarrow A$ given by $\pi(z)=e^{\frac{2 \pi i z}{L}}$. Therefore the hyperbolic metric on $A$ is given by

$$
\rho(z)=\frac{L}{2 \pi} \frac{1}{|z| \cos \left(\frac{L}{2 \pi} \log |z|\right)}
$$

It follows that $\complement_{\gamma}$ lifts to the strip $\delta_{\gamma}=\{w=x+i y:|y|<h(L)\}$, where

$$
h(L)=\cos ^{-1}\left(\tanh \left(\frac{L}{2}\right)\right)
$$

Therefore $\mathscr{C}_{\gamma}=\left\{z \in A: e^{-s(L)}<|z|<e^{s(L)}\right\}$, where

$$
s(L)=2 \pi \cdot \frac{h(L)}{L}
$$

We first show that $\phi_{-}, \phi_{0}, \phi_{+}$are all orthogonal on $\varphi_{\gamma}$. We have

$$
\begin{aligned}
\left\|\phi \mid \mathfrak{e}_{\nu}\right\|_{2}^{2} & =\int_{\mathscr{C}_{\nu}} \frac{|\phi(z)|^{2}}{\rho^{2}(z)}=\sum_{n, m} \int_{e^{-s(L)}}^{e^{s(L)}} \int_{0}^{2 \pi} \frac{a_{n} \bar{a}_{m} z^{n} \bar{z}^{m}}{|z|^{4} \rho^{2}(r)} r d r d \theta \\
& =\sum_{n, m}\left(\int_{e^{-s(L)}}^{e^{s(L)}} \frac{a_{n} \bar{a}_{m} r^{n+m-3}}{\rho^{2}(r)} d r\right)\left(\int_{0}^{2 \pi} e^{i(n-m) \theta} d \theta\right) \\
& =2 \pi \sum_{n} \int_{e^{-s(L)}}^{e^{s(L)}} \frac{\left|a_{n}\right|^{2} r^{2 n-3}}{\rho^{2}(r)} d r .
\end{aligned}
$$

Therefore

$$
\begin{equation*}
\left\|\phi\left|e_{\nu}\left\|_{2}^{2}=\right\| \phi_{-}\right| e_{\nu}\right\|_{2}^{2}+\left\|\phi_{0}\left|e_{\nu}\left\|_{2}^{2}+\right\| \phi_{+}\right| e_{\nu}\right\|_{2}^{2} . \tag{3.3}
\end{equation*}
$$

This gives the bound

$$
\left\|\phi\left|\mathfrak{e}_{\nu}\left\|_{2}^{2} \geqslant\right\| \phi_{0}\right| \mathfrak{e}_{\nu}\right\|_{2}^{2}=2 \pi\left|a_{0}\right|^{2} \frac{4 \pi^{2}}{L^{2}} \int_{e^{-s(L)}}^{e^{s(L)}} \frac{\cos ^{2}\left(\frac{L}{2 \pi} \log r\right)}{r} d r
$$

We let $t=\frac{L}{2 \pi} \log r$ giving $d t=\frac{L}{2 \pi r} d r$ and

$$
\left\|\phi _ { 0 } \left|e_{\nu} \|_{2}^{2}=\left|a_{0}\right|^{2} \frac{16 \pi^{4}}{L^{3}} \int_{-h(L)}^{h(L)} \cos ^{2}(t) d t\right.\right.
$$

We define

$$
c_{0}(L)=\int_{-h(L)}^{h(L)} \cos ^{2}(t) d t=h(L)+\frac{1}{2} \sin (2 h(L))=\frac{\pi}{2}-\frac{L^{3}}{12}+O\left(L^{5}\right)
$$

Then

$$
\left\|\phi _ { 0 } \left|\boldsymbol{e}_{\nu} \|_{2}^{2}=\left|a_{0}\right|^{2} \frac{16 \pi^{4}}{L^{3}} c_{0}(L)\right.\right.
$$

For $z \in \varphi_{\gamma}$, we have

$$
\left\|\phi_{0}(z)\right\|=\frac{4 \pi^{2}\left|a_{0}\right|}{L^{2}} \cos ^{2}\left(\frac{L}{2 \pi} \log |z|\right)=\frac{1}{\sqrt{L c_{0}(L)}} \frac{\sinh ^{2}\left(\frac{L}{2}\right)}{\sinh ^{2}(r(z))}\left\|\phi_{0} \mid \varphi_{\gamma}\right\|_{2}
$$

where in the last equality we apply the following version of formula (3.2)

$$
\cos \left(\frac{L}{2 \pi} \log |z|\right)=\frac{\sinh \left(\frac{L}{2}\right)}{\sinh (r(z))}
$$

Thus

$$
\left\|\phi_{0}(z)\right\| \leqslant \frac{1}{\sqrt{L c_{0}(L)}} \frac{\sinh ^{2}\left(\frac{L}{2}\right)}{\sinh ^{2}(r(z))}\left\|\phi \mid \boldsymbol{\varphi}_{\nu}\right\|_{2}
$$

giving (1).
We consider

$$
\phi_{+}(z)=\frac{f_{+}(z) d z^{2}}{z^{2}}
$$

We have that $f_{+}(z)$ is holomorphic on the disk $D_{+}=\left\{z:|z|<e^{\frac{\pi^{2}}{L}}\right\}$. Furthermore, the function $\frac{f_{+}(z)}{z}$ extends holomorphically to that disk. By the maximum principle the maximum modulus of $\frac{f_{+}(z)}{z}$ on $B(s)=\{z:|z| \leqslant s\}$ is on the boundary. Therefore the maximum modulus of $\frac{f_{+}(z)}{z}$ on $B(s)$ is at some $z_{s} \in \partial B(s)$ with $M_{s}=\frac{\left|f\left(z_{s}\right)\right|}{\left|z_{s}\right|}$. We have for $z \in B(s)$,

$$
\left\|\phi_{+}(z)\right\|=\frac{\left|f_{+}(z)\right|}{|z|^{2}} \cdot \frac{4 \pi^{2}}{L^{2}}|z|^{2} \cos ^{2}\left(\frac{L}{2 \pi} \log |z|\right) \leqslant M_{s} \frac{4 \pi^{2}}{L^{2}}|z| \cos ^{2}\left(\frac{L}{2 \pi} \log |z|\right)
$$

Recall that

$$
\left\|\phi_{+}\left(z_{s}\right)\right\|=M_{s} \frac{4 \pi^{2}}{L^{2}} s \cos ^{2}\left(\frac{L}{2 \pi} \log s\right) .
$$

Therefore

$$
\begin{equation*}
\left\|\phi_{+}(z)\right\| \leqslant \frac{\left\|\phi_{+}\left(z_{s}\right)\right\|}{s \cos ^{2}\left(\frac{L}{2 \pi} \log s\right)} \cdot\left(|z| \cos ^{2}\left(\frac{L}{2 \pi} \log |z|\right)\right) . \tag{3.4}
\end{equation*}
$$

We observe that $x \cos ^{2}\left(\frac{L}{2 \pi} \log x\right)$ is monotonically increasing on $\left[1, e^{s(L)}\right]$. To see this, we consider equivalently the function $u(t)=e^{\frac{2 \pi t}{L}} \cos ^{2}(t)$ on $[-h(L), h(L)]$. Differentiating it, we get

$$
u^{\prime}(t)=2 e^{\frac{2 \pi t}{L}} \cos (t)\left(\frac{\pi}{L} \cos (t)-\sin (t)\right)
$$

Thus $u$ is monotonic for $\tan (t) \leqslant \frac{\pi}{L}$. As $t \leqslant h(L)=\cos ^{-1}\left(\tanh \left(\frac{L}{2}\right)\right)$, we have

$$
\tan (t) \leqslant \tan (h(L))=\frac{1}{\sinh \left(\frac{L}{2}\right)} \leqslant \frac{2}{L} \leqslant \frac{\pi}{L} .
$$

Thus $u$ is monotonic on $\left[1, \frac{L}{2 \pi} \cdot s(L)\right]$. Therefore $\left\|\phi_{+}(z)\right\|$ has maximum modulus in $C_{t}$ on the boundary. Similarly one may prove that $\left\|\phi_{-}(z)\right\|$ has maximum modulus in $C_{t}$ on the boundary by using $\frac{1}{z}$ as a variable. This proves (2).

To prove (3) we use Teo's bound from Lemma 3.1. By Teo

$$
\left\|\phi_{+}\left(z_{s}\right)\right\| \leqslant C\left(r\left(z_{s}\right)\right) \cdot\left\|\left.\phi_{+}\right|_{B\left(z_{s}, r\left(z_{s}\right)\right)}\right\|_{2},
$$

where $B(z, r)$ is the hyperbolic ball about $z$ of radius $r$. We choose $z_{s}$ in the collar such that $B\left(z_{s}, r\left(z_{s}\right)\right) \subseteq \mathscr{C}_{\gamma}$. By the Collar Lemma [1, Theorem 4.1.6], a point of injectivity radius $r$ is a distance $d$ from the boundary of the collar, where

$$
\sinh (r)=\cosh \left(\frac{L}{2}\right) \cosh d-\sinh d
$$

We note that solving $d=r$ gives

$$
r=\tanh ^{-1}\left(\frac{\cosh \left(\frac{L}{2}\right)}{2}\right) \geqslant \tanh ^{-1}\left(\frac{1}{2}\right)
$$

Therefore we choose $z_{s}$ such that $r\left(z_{s}\right)=\tanh ^{-1}\left(\frac{1}{2}\right)=\bar{\varepsilon}_{2}$. Then by Lemma 3.1 and (3.3)

$$
\left\|\phi_{+}\left(z_{s}\right)\right\| \leqslant C\left(\bar{\varepsilon}_{2}\right) \cdot\left\|\phi_{+}\left|\varphi_{\nu}\left\|_{2} \leqslant C\left(\bar{\varepsilon}_{2}\right) \cdot\right\| \phi\right| \boldsymbol{e}_{\nu}\right\|_{2}
$$

This together with (3.4) implies that

$$
\left\|\phi_{+}(z)\right\| \leqslant \frac{C\left(\bar{\varepsilon}_{2}\right)}{s \cos ^{2}\left(\frac{L}{2 \pi} \log s\right)} \cdot\left\|\phi \mid \varkappa_{\nu}\right\|_{2}\left(|z| \cos ^{2}\left(\frac{L}{2 \pi} \log |z|\right)\right) .
$$

Recall that (3.2) gives

$$
\cos \left(\frac{L}{2 \pi} \log |z|\right)=\frac{\sinh \left(\frac{L}{2}\right)}{\sinh (r(z))} .
$$

Therefore

$$
|z|=e^{ \pm \frac{2 \pi}{L}\left(\cos ^{-1}\left(\frac{\sinh \left(\frac{L}{2}\right)}{\sinh (r(z))}\right)\right)}
$$

where the sign depends on which side of the core closed geodesic you are on. We rewrite the bound in terms of injectivity radius. Recall that $s>1$. Then for $|z| \geqslant 1$, i.e.,

$$
|z|=e^{\frac{2 \pi}{L}\left(\cos ^{-1}\left(\frac{\sinh \left(\frac{L}{2}\right)}{\sin (r(z)}\right)\right)},
$$

we have

$$
\left\|\phi_{+}(z)\right\| \leqslant \frac{C\left(\bar{\varepsilon}_{2}\right) \sinh ^{2}\left(\bar{\varepsilon}_{2}\right) e^{\frac{2 \pi}{L}\left(\cos ^{-1}\left(\frac{\sinh \left(\frac{L}{2}\right)}{\sinh (r(z z))}\right)-\cos ^{-1}\left(\frac{\sinh \left(\frac{L}{2}\right)}{\sin \left(\bar{\varepsilon}_{2}\right)}\right)\right)}}{\sinh ^{2}(r(z))} \cdot\left\|\phi \mid \boldsymbol{e}_{\nu}\right\|_{2} .
$$

Note that $\sinh \left(\bar{\varepsilon}_{2}\right)=\frac{1}{\sqrt{3}}$. Also for $0<x<y<\pi$ then $x-y \leqslant \cos (y)-\cos (x)$ giving

$$
\left\|\phi_{+}(z)\right\|^{2} \leqslant \frac{C\left(\bar{\varepsilon}_{2}\right) e^{-\frac{2 \pi \sinh \left(\frac{L}{2}\right)}{L}\left(\frac{1}{(\sinh (r(z))}-\sqrt{3}\right)}}{3 \sinh ^{2}(r(z))} \cdot\left\|\phi \mid \varkappa_{\nu}\right\|_{2} .
$$

As $\sinh (x) \geqslant x$ we have for $|z| \geqslant 1$,

$$
\left\|\phi_{+}(z)\right\| \leqslant \frac{C\left(\bar{\varepsilon}_{2}\right) e^{-\pi\left(\frac{1}{\sinh (r(z))}-\sqrt{3}\right)}}{3 \sinh ^{2}(r(z))} \cdot\left\|\phi\left|\boldsymbol{\varepsilon}_{\nu}\left\|_{2}=F(r(z)) \cdot\right\| \phi\right| \mathfrak{e}_{\nu}\right\|_{2} .
$$

We note that $r(z)=r\left(\frac{1}{z}\right)$. Also by the above, the maximum of $\left\|\phi_{+}(z)\right\|$ on $\left\{z: \frac{1}{c} \leqslant|z| \leqslant c\right\}$ is on the boundary $|z|=c$, where $1<c \leqslant e^{s(L)}$. Therefore for $|z|=\frac{1}{c}<1$ we have

$$
\left\|\phi_{+}(z)\right\| \leqslant \max _{|w|=1 / c}\left\|\phi_{+}(w)\right\| \leqslant \max _{|w|=c}\left\|\phi_{+}(w)\right\| \leqslant F(r(z)) \cdot\left\|\phi \mid e_{\nu}\right\|_{2} .
$$

Thus for $r(z) \leqslant \bar{\varepsilon}_{2}$,

$$
\left\|\phi_{+}(z)\right\| \leqslant\left(\frac{C\left(\bar{\varepsilon}_{2}\right) e^{\pi \sqrt{3}} e^{-\frac{\pi}{\sinh (r(z))}}}{3 \sinh ^{2}(r(z))}\right)\left\|\phi\left|\boldsymbol{\varkappa}_{\nu}\left\|_{2} \leqslant C\left(\bar{\varepsilon}_{2}\right)\right\| \phi\right| \boldsymbol{\varkappa}_{\nu}\right\|_{2},
$$

where in the last inequality we apply that $\frac{1}{\sinh ^{2}(r(z))} e^{-\frac{\pi}{\sinh (r(z))}}$ is increasing. Similar as in the proof of part (2) if we consider $\frac{1}{z}$ as a variable, one may also get the same bound for $\left\|\phi_{-}(z)\right\|$. This proves (3).

For proving (4), we combine the bounds above using

$$
\|\phi(z)\| \leqslant\left\|\phi_{-}(z)\right\|+\left\|\phi_{0}(z)\right\|+\left\|\phi_{+}(z)\right\| .
$$

First observe that both $\frac{\sinh \left(\frac{L}{2}\right)}{\sqrt{L}}$ and $\frac{\sinh \left(\frac{L}{2}\right)}{\sqrt{c_{0}(L)}}$ are increasing. Since $2 r(z) \geqslant L$, for any $z \in \mathcal{C}_{\gamma}$ we have

$$
\left\|\phi_{0}(z)\right\| \leqslant \frac{1}{\sqrt{2 r(z) c_{0}(2 r(z))}}\left\|\phi \mid \boldsymbol{e}_{\nu}\right\|_{2} .
$$

Therefore for $z \in \mathcal{C}_{\gamma}$ with $r(z) \leqslant \bar{\varepsilon}_{2}$,

$$
\|\phi(z)\| \leqslant G(r(z))\left\|\phi \mid \boldsymbol{\varepsilon}_{\nu}\right\|_{2},
$$

where

$$
G(r)=\frac{1}{\sqrt{2 r c_{0}(2 r)}}+\frac{2 e^{\pi \sqrt{3}} C\left(\bar{\varepsilon}_{2}\right) e^{-\frac{\pi}{\sinh (r)}}}{3 \sinh ^{2}(r)}
$$

This proves (4).
To prove (5) we combine the above bound for $r(z) \leqslant \bar{\varepsilon}_{2}$ with Teo's bound for $r(z) \leqslant \varepsilon_{2}$. If $r(z) \geqslant \bar{\varepsilon}_{2}$, by Lemma 3.1 we have that

$$
\|\phi(z)\| \leqslant C(r(z)) \cdot\|\phi\|_{2} \leqslant \sqrt{r(z)} C(r(z)) \cdot \frac{\|\phi\|_{2}}{\sqrt{r(z)}} .
$$

As $C(x) \sqrt{x}$ is monotonically decreasing with $C\left(\bar{\varepsilon}_{2}\right) \cdot \sqrt{\overline{\varepsilon_{2}}}=0.8091$, we have

$$
\|\phi(z)\| \leqslant \sqrt{\bar{\varepsilon}_{2}} C\left(\bar{\varepsilon}_{2}\right) \cdot \frac{\|\phi\|_{2}}{\sqrt{r(z)}}=0.8091 \frac{\|\phi\|_{2}}{\sqrt{r(z)}} .
$$

We now consider $r(z) \leqslant \bar{\varepsilon}_{2}$. We have that $H(r)=G(r) \cdot \sqrt{r}$ is monotonically decreasing. Therefore part (4) above together with Lemma 3.1 imply that

$$
\|\phi(z)\| \leqslant \min \left(H(r(z)), \sqrt{r(z)} C(r(z)) \cdot \frac{\|\phi\|_{2}}{\sqrt{r(z)}}\right.
$$



Figure 1. Plot of $H(r)$ and $\sqrt{r} C(r)$ on $\left(0, \bar{\varepsilon}_{2}\right]$.

Considering $m(r)=\min (H(r), \sqrt{r} C(r))$ on $\left(0, \bar{\varepsilon}_{2}\right]$, we have by computation that

$$
m(r) \leqslant m_{0}=0.9137
$$

(see Figure 1). Therefore for $r(z) \leqslant \varepsilon_{2}$,

$$
\begin{equation*}
\|\phi(z)\| \leqslant \max \{0.8091,0.9137\} \cdot \frac{\|\phi\|_{2}}{\sqrt{r(z)}} \leqslant \frac{\|\phi\|_{2}}{\sqrt{r(z)}} \tag{3.5}
\end{equation*}
$$

which completes the proof.
3.2. Cusp neighborhoods. We consider the cusp neighborhoods of $X \in \mathcal{M}_{g}^{n}$. Then each cusp $c$ gives a cover $\pi: \Delta^{*} \rightarrow X$, where $\Delta^{*}=\{z: 0<|z|<1\}$. The hyperbolic metric on $\Delta^{*}$ is

$$
\rho(z)=-\frac{1}{|z| \log |z|} .
$$

By the Collar Lemma (see [1, Chapter 4]), $c$ has a collar $\mathcal{C}_{c}$ which lifts to the annulus $A_{c}=\left\{z: 0<|z|<e^{-\pi}\right\}$ with $\pi$ injective on $A_{c}$. Furthermore, as $\mathscr{C}_{c}$ is embedded, it follows that the injectivity radius function $r$ on $X$ lifts to the injectivity radius function on $A_{c}$ with $A_{c}=\left\{z \in A: r(z)<\varepsilon_{2}\right\}$. We have:

Lemma 3.4. Let $X \in \mathcal{M}_{g}^{n}$ and $\phi \in Q(X)$. If $z \in \mathcal{C}_{c}$, then

$$
\|\phi(z)\| \leqslant K(r(z))\|\phi\|_{2} \leqslant C\left(\varepsilon_{2}\right)\|\phi\|_{2},
$$

where

$$
K(r)=\left(\frac{C\left(\varepsilon_{2}\right) e^{\pi} e^{-\frac{\pi}{\sinh (r)}}}{\sinh ^{2}(r)}\right)
$$

and $C\left(\varepsilon_{2}\right)=0.7439$.
Proof. As before we have $\phi=\phi_{-}+\phi_{0}+\phi_{+}$. We have the hyperbolic metric on $A_{c}$ is

$$
\rho(z)=-\frac{1}{|z| \log |z|} .
$$

The lemma is trivially true if $\|\phi\|_{2}=\infty$. Therefore we consider $\|\phi\|_{2}<\infty$. It follows that $\phi_{0}=\phi_{-}=0$. We now bound $\|\phi(z)\|$ as above. If

$$
\phi(z)=\frac{f(z) d z^{2}}{z^{2}}
$$

then $\frac{f(z)}{z}$ extends to $B(s)=\{z:|z|<s\}$ and has maximum modulus at $z_{s}$ with $\left|z_{s}\right|=s$. Therefore

$$
\|\phi(z)\| \leqslant \frac{\left\|\phi\left(z_{s}\right)\right\|}{s(\log |s|)^{2}} \cdot|z|(\log |z|)^{2}
$$

It can easily be checked that $|z|(\log |z|)^{2}$ is monotonic on $A_{c}$. By the Collar Lemma, the injectivity radius on $A_{c}$ satisfies $\sinh (r(z))=-\frac{\pi}{\log |z|}$. Therefore by letting $s=e^{-\pi}$ (the maximal cusp) and using Lemma 3.1, we obtain that for $r(z) \leqslant \varepsilon_{2}$,

$$
\|\phi(z)\| \leqslant\left(\frac{C\left(\varepsilon_{2}\right) e^{\pi} e^{-\frac{\pi}{\sinh (r(z))}}}{\sinh ^{2}(r(z))}\right)\|\phi\|_{2}=K(r(z)) \cdot\|\phi\|_{2}
$$

The function $\frac{e^{-\frac{\pi}{\sin (r)}}}{\sinh ^{2}(r)}$ is monotonically increasing on $\left[0, \varepsilon_{2}\right]$. Recall that $\sinh \left(\varepsilon_{2}\right)=1$. So we have

$$
\|\phi(z)\| \leqslant C\left(\varepsilon_{2}\right)\|\phi\|_{2},
$$

which completes the proof.
3.3. Uniform upper bounds for $\|\phi\|$. In this subsection we discuss several applications of Proposition 3.3 and Lemma 3.4. The first one is to show Proposition 1.1.

Proof of Proposition 1.1. Let $z \in X$ with $\operatorname{inj}(z) \leqslant \varepsilon_{2}$. Then $z$ is in either a collar or a cusp. If $z$ is in a collar, the claim follows by part (5) of Proposition 3.3. If $z$ is in a cusp, the claim follows by Lemma 3.4.

We define $\ell_{\text {sys }}^{+}(X)=\min \left(2 \varepsilon_{2}, \ell_{\text {sys }}(X)\right)$. Then we have:
Corollary 3.5. Let $X \in \mathcal{M}_{g}^{n}$ and $\phi \in Q(X)$. Then

$$
\|\phi\|_{\infty} \leqslant \sqrt{\frac{2}{\ell_{\text {sys }}^{+}(X)}}\|\phi\|_{2} .
$$

Proof. If $r(z) \geqslant \varepsilon_{2}$ or $z$ is in a cusp neighborhood, then as $\ell_{\text {sys }}^{+}(X) \leqslant 2 \varepsilon_{2}$, it follows by Lemma 3.1 and Lemma 3.4 that

$$
\|\phi(z)\| \leqslant C\left(\varepsilon_{2}\right)\|\phi\|_{2} \leqslant \sqrt{2 \varepsilon_{2}} C\left(\varepsilon_{2}\right) \frac{\|\phi\|_{2}}{\sqrt{\ell_{\mathrm{sys}}^{+}(X)}} .
$$

We have $\sqrt{2 \varepsilon_{2}} \cdot C\left(\varepsilon_{2}\right)=0.9877<\sqrt{2}$. So the claim follows for these two cases.
If $z$ is in a collar neighborhood with $r(z) \leqslant \varepsilon_{2}$, it follows by (3.5) that

$$
\begin{equation*}
\|\phi(z)\| \leqslant m_{0} \frac{\|\phi\|_{2}}{\sqrt{r(z)}} \leqslant \sqrt{2} \cdot m_{0} \cdot \frac{\|\phi\|_{2}}{\sqrt{\ell_{\mathrm{sys}}(X)}} . \tag{3.6}
\end{equation*}
$$

The claim also follows as $m_{0}<0.9137$.

Remark 3.6. We note that we can use Proposition 3.3 to give a bound for Wolpert's Lemma 3.2 which is independent of topology. We let $H(r)=G(r) \cdot \sqrt{r}$. Then $H(r)$ is monotonically increasing with

$$
\lim _{r \rightarrow 0} H(r)=\frac{1}{\sqrt{\pi}}
$$

We note for from part (4) of Proposition 3.3 that for $r(z) \leqslant \bar{\varepsilon}_{2}$,

$$
\|\phi(z)\| \leqslant \frac{\|\phi\|_{2}}{\sqrt{r(z)}}
$$

Thus for $\frac{\pi}{2} \cdot \ell_{\text {sys }}(X) \leqslant r(z) \leqslant \bar{\varepsilon}_{2}$ we have

$$
\|\phi(z)\| \leqslant \frac{\|\phi\|_{2}}{\sqrt{r(z)}} \leqslant \sqrt{\frac{2}{\pi}} \frac{\|\phi\|_{2}}{\sqrt{\ell_{\mathrm{sys}}(X)}} .
$$

We choose $\delta_{1}$ such that

$$
\delta_{1}=\frac{2}{\pi} H^{-1}\left(\frac{1+\varepsilon}{\sqrt{\pi}}\right) .
$$

Then it follows by part (4) of Proposition 3.3 that for $\ell_{\text {sys }}(X)<\delta_{1}$ and

$$
r(z) \leqslant \min \left\{\frac{\pi}{2} \cdot \ell_{\mathrm{sys}}(X), \bar{\varepsilon}_{2}\right\} \leqslant \min \left\{H^{-1}\left(\frac{1+\varepsilon}{\sqrt{\pi}}\right), \bar{\varepsilon}_{2}\right\},
$$

we have

$$
\|\phi(z)\| \leqslant(1+\varepsilon) \sqrt{\frac{2}{\pi}} \frac{\|\phi\|_{2}}{\sqrt{\ell_{\mathrm{sys}}(X)}} .
$$

Now for $r(z) \geqslant \bar{\varepsilon}_{2}$ as $C\left(\bar{\varepsilon}_{2}\right)=1.09<2$

$$
\|\phi(z)\| \leqslant C\left(\bar{\varepsilon}_{2}\right)\|\phi\|_{2} \leqslant 2\|\phi\|_{2} .
$$

Thus for $\ell_{\text {sys }}(X)<\frac{1}{2 \pi}$ and $r(z) \geqslant \bar{\varepsilon}_{2}$ we have

$$
\|\phi(z)\| \leqslant \sqrt{\frac{2}{\pi}} \frac{\|\phi\|_{2}}{\sqrt{\ell_{\mathrm{sys}}(X)}}
$$

We therefore choose $\delta=\min \left(\delta_{1}, \frac{1}{2 \pi}\right)$ to get the following result.
Theorem 3.7. Let $X \in \mathcal{M}_{g}^{n}$ be any hyperbolic surface. Then for any $\varepsilon>0$ there exists a constant $\delta(\varepsilon)>0$ only depending on $\varepsilon$ such that if $\ell_{\text {sys }}(X) \leqslant \delta(\varepsilon)$, then for any $\phi \in Q(X)$ and $z \in X$,

$$
\|\phi(z)\| \leqslant(1+\varepsilon) \sqrt{\frac{2}{\pi}} \frac{\|\phi\|_{2}}{\sqrt{\ell_{\mathrm{sys}}(X)}} .
$$

We note by the expansion of $G$ we have for $\varepsilon$ small,

$$
\delta(\varepsilon)=\frac{2}{\pi} H^{-1}\left(\frac{1+\varepsilon}{\sqrt{\pi}}\right) \simeq\left(\frac{12 \varepsilon}{\pi^{2}}\right)^{\frac{1}{3}} .
$$

3.4. Fixing the length of short curves. Let $X \in \mathcal{M}_{g}^{n}$ and for $\alpha$ a closed curve, we let $l_{\alpha}$ be the geodesic length function on $\mathcal{M}_{g}^{n}$. Then we let $d L_{\alpha} \in T^{*}\left(M_{g}^{n}\right)$ be the complex one-form such that $\operatorname{Re} d L_{\alpha}=d l_{\alpha}$. We define

$$
\begin{equation*}
P(X) \subseteq T_{X}^{*}\left(\mathcal{M}_{g}\right)=\operatorname{span}\left\{\left(d L_{\alpha}\right)_{X}: l_{\alpha}(X) \leqslant \varepsilon_{2}\right\} \tag{3.7}
\end{equation*}
$$

and

$$
\begin{equation*}
P(X)^{\perp}=\{\mu:\langle\phi, \mu\rangle=0 \text { for all } \phi \in P(X)\} \subseteq T_{X}\left(\mathcal{M}_{g}^{n}\right) \tag{3.8}
\end{equation*}
$$

The plane $P(X)^{\perp}$ is the set of directions that fix the length of short curves. We have the following immediate consequence of Proposition 3.3.

Lemma 3.8. Let $\mu \in P(X)^{\perp}$. Then

$$
\|\mu(z)\| \leqslant \sqrt{2} \cdot\|\mu\|_{2} .
$$

Furthermore, for $r(z) \leqslant \bar{\varepsilon}_{2}$,

$$
\|\mu(z)\| \leqslant 2 \cdot F(r(z)) \cdot\|\mu\|_{2}
$$

where $F(r(z))$ is defined in Proposition 3.3.
Proof. Let $\mu=\frac{\bar{\phi}}{\rho^{2}} \in P(X)^{\perp}$. Recall that $C\left(\bar{\varepsilon}_{2}\right)=1.0917$. If $r(z) \geqslant \bar{\varepsilon}_{2}$, then by Lemma 3.1

$$
\|\mu(z)\| \leqslant C\left(\bar{\varepsilon}_{2}\right) \cdot\|\mu\|_{2} \leqslant \sqrt{2}\|\mu\|_{2}
$$

Similarly if $z$ is in a cusp neighborhood, then

$$
\|\mu(z)\| \leqslant K(r(z)) \leqslant C\left(\varepsilon_{2}\right) \cdot\|\mu\|_{2} \leqslant C\left(\bar{\varepsilon}_{2}\right)\|\mu\|_{2}
$$

Now we consider the remaining case. That is, $r(z) \leqslant \bar{\varepsilon}_{2}$ and $z \in \mathcal{C}_{\alpha}$, where $\alpha \subset X$ is a closed geodesic with $l_{\alpha}(X) \leqslant 2 \bar{\varepsilon}_{2}$. We lift $\phi$ to $\hat{\phi}$ on the annulus $A$ and have as before

$$
\hat{\phi}(z)=\phi_{-}+\phi_{0}+\phi_{+}
$$

with $\phi_{0}(z)=a \frac{d z^{2}}{z^{2}}$ for $a \in \mathbb{C}$. By the Gardiner formula [5] we have

$$
\begin{aligned}
0 & =\left\langle d L_{\alpha}, \mu\right\rangle=\frac{2}{\pi} \int_{A} \frac{\overline{\hat{\phi}(z)}}{\overline{\rho(z)^{2}}} \frac{d z^{2}}{z^{2}} \\
& =\frac{2}{\pi} \int_{A} \frac{\overline{\phi_{0}(z)}}{\rho(z)^{2}} \frac{d z^{2}}{z^{2}}=\frac{2 a}{\pi} \int_{A} \frac{d x d y}{r^{4} \rho^{2}(r)}=a l_{\alpha}(X)
\end{aligned}
$$

Therefore $a=0$ and $\phi_{0}=0$ (see also [11, Proposition 8.5]). Then it follows from part (3) of Proposition 3.3 that

$$
\begin{equation*}
\|\phi(z)\| \leqslant\left\|\phi_{-}(z)\right\|+\left\|\phi_{+}(z)\right\| \leqslant 2 \cdot F(r(z))\|\phi\|_{2} \tag{3.9}
\end{equation*}
$$

where

$$
F(r)=\frac{e^{\pi \sqrt{3}} C\left(\bar{\varepsilon}_{2}\right) e^{-\frac{\pi}{\sinh (r)}}}{3 \sinh ^{2}(r)}
$$

Together with Lemma 3.1, by letting $m^{\prime}(r)=\min (2 F(r), C(r))$ we have

$$
\|\phi(z)\| \leqslant m^{\prime}(r(z))\|\phi\|_{2} .
$$

On $\left(0, \bar{\varepsilon}_{2}\right]$ by computation we have $m^{\prime}(r) \leqslant 1.2333$ (see Figure 2 ).


Figure 2. Plot of $2 F(r)$ and $C(r)$ on $\left(0, \bar{\varepsilon}_{2}\right]$.

Therefore

$$
\|\phi(z)\| \leqslant \sqrt{2} \cdot\|\phi\|_{2}
$$

and proving the first inequality.
We note that $K(r) \leqslant 2 F(r)$ on $\left(0, \bar{\varepsilon}_{2}\right]$, where $K(r)$ is defined in Lemma 3.4. Then it follows by Lemma 3.4 and (3.9) for all $r(z) \leqslant \bar{\varepsilon}_{2}$

$$
\|\mu(z)\| \leqslant 2 \cdot F(r(z)) \cdot\|\mu\|_{2},
$$

which completes the proof.
Remark 3.9. For $\mu \in P(X)^{\perp}$, the quantity $\operatorname{Comp}(\mu)$ defined in [17, Definition 10] of Wolpert is equal to 1 . For this case, $\left[17\right.$, Lemma 11] says that $\|\mu(z)\| \leqslant c^{\prime \prime} \cdot\|\mu\|_{2}$, where $c^{\prime \prime}$ is a positive constant. The constant in Lemma 3.8 is uniform and explicit. We are grateful to Scott Wolpert for noticing us this reference.

## 4. Uniform lower bounds for Weil-Petersson curvatures

The following bounds is essentially due to Teo [9]. As we need a slightly modified version, we give the following version due to Ken Bromberg.

Proposition 4.1. Fix $z \in X$ and let $U \subset T_{X} \mathcal{M}_{g}^{n}$ be a subspace and $K_{z}>0$ a constant such that for all harmonic Beltrami differentials $\mu \in U$ we have

$$
\|\mu(z)\| \leq K_{z}\|\mu\|_{2} .
$$

Then if $\mu_{1}, \ldots, \mu_{k}$ is an orthonormal family in $U$, we have

$$
\sum_{i=1}^{k}\left\|\mu_{i}(z)\right\|^{2} \leq K_{z}^{2}
$$

Proof. Pick constants $c_{1}, \ldots, c_{k}$ such that $\left|c_{i}\right|=\left\|\mu_{i}(z)\right\|$ and the directions of maximal and minimal stretch of the Beltrami differentials $c_{i} \mu_{i}$ all agree at $z .{ }^{1)}$ We then let

$$
\mu_{z}=\sum_{i=1}^{k} c_{i} \mu_{i}
$$

and observe that our conditions on the directions of maximal and minimal stretch give that

$$
\left\|\mu_{z}(z)\right\|=\sum_{i=1}^{k}\left\|c_{i} \mu_{i}(z)\right\|=\sum_{i=1}^{k}\left\|\mu_{i}(z)\right\|^{2}
$$

As the $\mu_{i}$ are orthonormal, we also have

$$
\left\|\mu_{z}\right\|^{2}=\sum_{i=1}^{k}\left|c_{i}\right|^{2}=\sum_{i=1}^{k}\left\|\mu_{i}(z)\right\|^{2}
$$

As $\mu_{z}$ is a linear combination of harmonic Beltrami differentials, it is also a harmonic Beltrami differential so

$$
\left\|\mu_{z}(z)\right\| \leq K_{z}\left\|\mu_{z}\right\|
$$

and therefore

$$
\left\|\mu_{z}(z)\right\|^{2} \leq K_{z}^{2}\left\|\mu_{z}\right\|^{2}=K_{z}^{2}\left\|\mu_{z}(z)\right\| .
$$

Dividing by $\left\|\mu_{z}(z)\right\|=\sum_{i=1}^{k}\left\|\mu_{i}(z)\right\|^{2}$ gives the result.
In this section we prove Theorem 1.3. Before proving it, we provide a uniform upper bound for any holomorphic orthonormal frame at $X \in \mathcal{M}_{g}^{n}$.

First we make a thick-thin decomposition of $X \in \mathcal{M}_{g}^{n}$ into three pieces as follows. Let $\varepsilon_{2}$ be the Margulis constant as in previous sections. We set

$$
\begin{aligned}
& X_{1}:=\left\{q \in X: \operatorname{inj}(q) \geqslant \varepsilon_{2}\right\}, \\
& X_{2}:=\left\{q \in \operatorname{cusps}: \operatorname{inj}(q)<\varepsilon_{2}\right\} \\
& X_{3}:=\left\{q \in \operatorname{collars}: \operatorname{inj}(q)<\varepsilon_{2}\right\}
\end{aligned}
$$

So $X=\bigcup_{i=1}^{3} X_{i}$. We note that the set $X_{2}$ and $X_{3}$ may be empty. Actually Buser and Sarnak [2] showed that

$$
\sup _{X \in \mathcal{M}_{g}} \operatorname{inj}(X) \asymp \ln (g)
$$

for all $g \geqslant 2$.
Let $\left\{\mu_{i}\right\}_{i=1}^{3 g-3+n}$ be a holomorphic orthonormal basis of $T_{X} \mathcal{M}_{g}^{n}$. Our aim is to bound $\sum_{i=1}^{3 g-3+n}{ }_{|c|}\left|\mu_{i}\right|^{2}(z)$ from above.

First we restrict the discussion on $X_{1}$. In this case, Teo's formula [9, equation (3.12)], which extends to the punctured case by Proposition 4.1, gives

$$
\begin{equation*}
\sup _{z \in X_{1}} \sum_{i=1}^{3 g-3+n}\left|\mu_{i}\right|^{2}(z) \leqslant C\left(\varepsilon_{2}\right)^{2}=0.5533 \tag{4.1}
\end{equation*}
$$

This bound is an easy application of Lemma 3.1 and Proposition 4.1.

[^1]Next we consider the case on $X_{2}$. Recall that Lemma 3.4 says that for any $x \in X_{2}$, $\|\phi(z)\| \leqslant C\left(\varepsilon_{2}\right)\|\phi\|_{2}$. Therefore it follows by Proposition 4.1 that

$$
\begin{equation*}
\sup _{z \in X_{2}} \sum_{i=1}^{3 g-3+n}\left|\mu_{i}\right|^{2}(z) \leqslant C\left(\varepsilon_{2}\right)^{2}=0.5533 \tag{4.2}
\end{equation*}
$$

Now we deal with the case on $X_{3}$. Considering (3.6), we let

$$
K_{0}=2 \times(0.9137)^{2}=1.6697 .
$$

Then by Proposition 4.1 we have

$$
\begin{equation*}
\sup _{z \in X_{3}} \sum_{i=1}^{3 g-3+n}\left|\mu_{i}\right|^{2}(z) \leqslant \frac{K_{0}}{\ell_{\mathrm{sys}}(X)}=\frac{1.6697}{\ell_{\mathrm{sys}}(X)} . \tag{4.3}
\end{equation*}
$$

On the thick part of the moduli space $\mathcal{M}_{g}^{n}$, the Weil-Petersson curvature has been well studied in $[4,9,12]$. Now we study the Weil-Petersson curvatures on Riemann surfaces with short systoles. Our first result in this section is as follows.

Theorem 4.2 (= Theorem 1.3). For any $X \in \mathcal{M}_{g}^{n}$ with $\ell_{\text {sys }}(X) \leqslant 2 \varepsilon_{2}$, then:
(1) For any $\mu \in T_{X} \mathcal{M}_{g}^{n}$ with $\|\mu\|_{\mathrm{WP}}=1$, the Ricci curvature satisfies

$$
\operatorname{Ric}^{\mathrm{WP}}(\mu) \geqslant-\frac{4}{\ell_{\mathrm{sys}}(X)}
$$

(2) The scalar curvature at $X$ satisfies

$$
\operatorname{Sca}^{\mathrm{WP}}(X) \geqslant-\frac{4}{\ell_{\mathrm{sys}}(X)} \cdot(3 g-3+n) .
$$

Proof. We first show part (1). Let $\mu \in T_{X} \mathcal{M}_{g}^{n}$ with $\|\mu\|_{\text {WP }}=1$ and one may choose a holomorphic orthonormal basis $\left\{\mu_{i}\right\}_{i=1}^{3 g-3+n}$ of $T_{X} \mathcal{M}_{g}$ such that $\mu=\mu_{1}$. Now we split the lower bound in (2.2) into three parts. Since $X_{1}, X_{2}$ and $X_{3}$ are mutually disjoint,

$$
\begin{aligned}
\operatorname{Ric}^{\mathrm{WP}}(\mu) \geqslant-2 & \sum_{j=1}^{3 g-3+n} \int_{X} D\left(|\mu|^{2}\right) \cdot\left(\left|\mu_{j}\right|^{2}\right) d A \\
= & -2 \int_{X_{1}} D\left(|\mu|^{2}\right) \cdot\left(\sum_{j=1}^{3 g-3+n}\left|\mu_{j}\right|^{2}\right) d A \\
& -2 \int_{X_{2}} D\left(|\mu|^{2}\right) \cdot\left(\sum_{j=1}^{3 g-3+n}\left|\mu_{j}\right|^{2}\right) d A \\
& -2 \int_{X_{3}} D\left(|\mu|^{2}\right) \cdot\left(\sum_{j=1}^{3 g-3+n}\left|\mu_{j}\right|^{2}\right) d A
\end{aligned}
$$

Since $D$ is a positive operator (see [13]), $D\left(|\mu|^{2}\right) \geqslant 0$. Then it follows by (4.1), (4.2) and (4.3)
that

$$
\begin{aligned}
\operatorname{Ric}^{\mathrm{WP}}(\mu) & \geqslant-2 \cdot C\left(\varepsilon_{2}\right)^{2} \cdot \int_{X_{1} \cup X_{2}} D\left(|\mu|^{2}\right) d A-2 \cdot \frac{K_{0}}{\ell_{\mathrm{sys}}(X)} \cdot \int_{X_{3}} D\left(|\mu|^{2}\right) d A \\
& \geqslant-\frac{3.3394}{\ell_{\mathrm{sys}}(X)} \int_{X} D\left(|\mu|^{2}\right) d A
\end{aligned}
$$

where in the last inequality we note that $2 K_{0}=4 \times\left(0.9137^{2}\right)=3.3394$ and $C\left(\varepsilon_{2}\right)=0.7438$. Recall that the operator $D$ is self-adjoint and $D(1)=1$. So

$$
\int_{X} D\left(|\mu|^{2}\right) d A=\int_{X}|\mu|^{2} \cdot D(1) d A=\|\mu\|_{\mathrm{WP}}^{2}=1 .
$$

Therefore

$$
\begin{equation*}
\operatorname{Ric}^{\mathrm{WP}}(\mu) \geqslant-\frac{3.3394}{\ell_{\mathrm{sys}}(X)} \geqslant-\frac{4}{\ell_{\mathrm{sys}}(X)} . \tag{4.4}
\end{equation*}
$$

Part (2) follows by part (1) as

$$
\operatorname{Sca}^{\mathrm{WP}}(X)=\sum_{i=1}^{3 g-3+n} \operatorname{Ric}^{\mathrm{WP}}\left(\mu_{i}\right) \geqslant-\frac{4}{\ell_{\mathrm{sys}}(X)} \cdot(3 g-3+n) .
$$

The proof is complete.
Remark 4.3. For $\mathcal{M}_{g}=\mathcal{M}_{g}^{0}$, the lower bound in part (2) of Theorem 4.2 can be extended to $-\frac{11}{\ell_{\text {sys }}(X)} \cdot(g-1)$ because (4.4) implies that

$$
\operatorname{Sca}^{\mathrm{WP}}(X)=\sum_{i=1}^{3 g-3} \operatorname{Ric}^{\mathrm{WP}}\left(\mu_{i}\right) \geqslant-\frac{-3 \times 3.3394}{\ell_{\mathrm{sys}}(X)} \cdot(g-1) \geqslant-\frac{11}{\ell_{\mathrm{sys}}(X)} \cdot(g-1) .
$$

Since the Weil-Petersson sectional curvature is negative [10, 13], we have that for any $X \in \mathcal{M}_{g}^{n}$ and $\mu, v \in T_{X} \mathcal{M}_{g}^{n}$,

$$
\max \left\{\operatorname{Ric}^{\mathrm{WP}}(\mu), \operatorname{Ric}^{\mathrm{WP}}(v)\right\}<K^{\mathrm{WP}}(\mu, v) .
$$

The following result is a direct consequence of Theorem 4.4.
Theorem 4.4. For any $X \in \mathcal{M}_{g}^{n}$ with $\ell_{\text {sys }}(X) \leqslant 2 \varepsilon_{2}$, then for any $\mu, v \in T_{X} \mathcal{M}_{g}^{n}$, the Weil-Petersson sectional curvature satisfies that

$$
\begin{equation*}
K^{\mathrm{WP}}(\mu, v) \geqslant-\frac{4}{\ell_{\mathrm{sys}}(X)} \tag{4.5}
\end{equation*}
$$

Remark 4.5. Huang in [3] showed that $K^{\mathrm{WP}}(\mu, v) \geqslant-\frac{c(g)}{\ell_{\text {sys }}(X)}$ on $\mathcal{M}_{g}$, where $c(g)>0$ is a constant depending on $g$.

Remark 4.6. The upper bound $2 \varepsilon_{2}$ for $\ell_{\text {sys }}(X)$ in Theorem 4.4 may not be optimal. However, the upper bound for $\ell_{\text {sys }}(X)$ can not be removed: actually it was shown in [12, Theorem 1.1] that if $\ell_{\text {sys }}(X)$ is large enough, then

$$
\min _{\operatorname{span}\{\mu, v\} \subset T_{X} \mathcal{M}_{g}} K^{\mathrm{WP}}(\mu, v) \leqslant-C<0,
$$

where $C>0$ is a uniform constant independent of $g$. In particular, (4.5) does not hold for Buser-Sarnak surface $\mathcal{X}_{g}$ in [2] whose injectivity radius grows like $\ln (g)$ as $g \rightarrow \infty$.

We close this subsection by proving Theorem 1.6.
Theorem 4.7 (= Theorem 1.6). For any $X \in \mathcal{M}_{g}^{n}$ with $\ell_{\mathrm{sys}}(X) \leqslant 2 \varepsilon_{2}$, then for any $\mu \neq 0 \in P(X)^{\perp}$ and $v \in T_{X} \mathcal{M}_{g}^{n}$, the Weil-Petersson sectional curvature $K^{\mathrm{WP}}(\mu, v)$ along then plane spanned by $\mu$ and $v$ satisfies that

$$
K^{\mathrm{WP}}(\mu, v) \geqslant-4
$$

Proof. Since $\mu \in P(X)^{\perp}$, by Lemma 3.8 we have

$$
\sup _{z \in X}|\mu|(z) \leqslant \sqrt{2}\|\mu\|_{\mathrm{WP}}
$$

By taking a rescaling one may assume $\|\mu\|_{\mathrm{WP}}=1$. We normalize $v$ such that $\|v\|_{\mathrm{WP}}=1$. Then it follows by (2.1) that

$$
\begin{aligned}
K^{\mathrm{WP}}(\mu, v) & \geqslant-2 \int_{X} D\left(|v|^{2}\right)|\mu|^{2} d A \\
& \geqslant-4 \int_{X} D\left(|v|^{2}\right) \cdot 1 d A \\
& =-4 \int_{X}|v|^{2} d A=-4
\end{aligned}
$$

which completes the proof.

## 5. Total scalar curvature for large genus

It is known $[8,16]$ that the Weil-Petersson scalar curvature always tends to negative infinity as the surface goes to the boundary of the moduli space. In this section we focus on $\mathcal{M}_{g}$ and study the total Weil-Petersson scalar curvature $\int_{\mathcal{M}_{g}} \mathrm{Sca}^{\mathrm{WP}}(X) d X$ over the moduli space $\mathcal{M}_{g}$, where $d X$ is the Weil-Petersson measure induced by the Weil-Petersson metric on $\mathcal{M}_{g}$.

For any $\varepsilon>0$, the $\varepsilon$-thick part $\mathcal{M}_{g}^{\geqslant \varepsilon}$ is the subset defined as

$$
\mathcal{M}_{g}^{\geqslant \varepsilon}:=\left\{X \in \mathcal{M}_{g}: \ell_{\mathrm{sys}}(X) \geqslant \varepsilon\right\} .
$$

The complement $\mathcal{M}_{g}^{<\varepsilon}:=\mathcal{M}_{g} \backslash \mathcal{M}_{g}^{\geqslant \varepsilon}$ is called the $\varepsilon$-thin part of the moduli space. We first recall the following result of Mirzakhani which we will apply.

Theorem 5.1 (Mirzakhani, [7, Corollary 4.3]). As $g \rightarrow \infty$,

$$
\int_{\mathcal{M}_{g}} \frac{1}{\ell_{\text {sys }}(X)} d X \asymp \operatorname{Vol}_{\mathrm{WP}}\left(\mathcal{M}_{g}\right)
$$

Now we are ready to state our result in this section.
Theorem 5.2 (= Theorem 1.7). As $g \rightarrow \infty$,

$$
\frac{\int_{\mathcal{M}_{g}} \operatorname{Sca}^{\mathrm{WP}}(X) d X}{\operatorname{Vol}_{\mathrm{WP}}\left(\mathcal{M}_{g}\right)} \asymp-g .
$$

Proof. First by Wolpert [13] or Tromba [10] we know that for all $X \in \mathcal{M}_{g}$,

$$
\mathrm{Sca}^{\mathrm{WP}}(X) \leqslant \frac{-3}{4 \pi} \cdot(3 g-2) .
$$

Thus,

$$
\frac{\int_{\mathcal{M}_{g}} \operatorname{Sca}^{\mathrm{WP}}(X) d X}{\operatorname{Vol}_{\mathrm{WP}}\left(\mathcal{M}_{g}\right)} \leqslant-C_{1} \cdot g
$$

where $C_{1}>0$ is a uniform constant independent of $g$.
Next we prove the other direction. That is to show that

$$
\begin{equation*}
\int_{\mathcal{M}_{g}} \operatorname{Sca}^{\mathrm{WP}}(X) d X \geqslant-C_{1}^{\prime} \cdot g \cdot \operatorname{Vol}_{\mathrm{WP}}\left(\mathcal{M}_{g}\right), \tag{5.1}
\end{equation*}
$$

where $C_{1}^{\prime}>0$ is a uniform constant independent of $g$. We split the total scalar curvature into two parts. More precisely, we let $\varepsilon_{2}=\sinh ^{-1}(1)>0$,

$$
\begin{equation*}
\int_{\mathcal{M}_{g}} \mathrm{Sca}^{\mathrm{WP}}(X) d X=\int_{\mathcal{M}_{g}^{\geqslant \varepsilon_{2}}} \mathrm{Sca}^{\mathrm{WP}}(X) d X+\int_{\mathcal{M}_{g}^{<\varepsilon_{2}}} \mathrm{Sca}^{\mathrm{WP}}(X) d X \tag{5.2}
\end{equation*}
$$

On $\mathcal{M}_{g}^{\geqslant \varepsilon_{2}}$ it follows by Lemma 3.1 of Teo that

$$
\operatorname{Sca}^{\mathrm{WP}}(X) \geqslant-(6 g-6) \cdot C^{2}\left(\varepsilon_{2}\right)
$$

Thus, we have

$$
\begin{align*}
\int_{\mathcal{M}_{g}^{\geqslant \varepsilon_{2}}} \operatorname{Sca}^{\mathrm{WP}}(X) d X & \geqslant-(6 g-6) \cdot C^{2}\left(\varepsilon_{2}\right) \cdot \operatorname{Vol}_{\mathrm{WP}}\left(\mathcal{M}_{g}^{\geqslant \varepsilon_{2}}\right)  \tag{5.3}\\
& \geqslant-(6 g-6) \cdot C^{2}\left(\varepsilon_{2}\right) \cdot \operatorname{Vol}_{\mathrm{WP}}\left(\mathcal{M}_{g}\right) \\
& \geqslant-C_{2} \cdot g \cdot \operatorname{Vol}_{\mathrm{WP}}\left(\mathcal{M}_{g}\right),
\end{align*}
$$

where $C_{2}>0$ is a uniform constant independent of $g$.
On $\mathcal{M}_{g}^{<\varepsilon_{2}}$ it follows by Theorem 4.2 that

$$
\operatorname{Sca}^{\mathrm{WP}}(X) \geqslant-\frac{11}{\ell_{\mathrm{sys}}(X)} \cdot(g-1)
$$

Thus, we have

$$
\begin{aligned}
\int_{\mathcal{M}_{g}^{<\varepsilon_{2}}} \mathrm{Sca}^{\mathrm{WP}}(X) d X & \geqslant-11(g-1) \cdot \int_{\mathcal{M}_{g}^{<\varepsilon_{2}}} \frac{1}{\ell_{\mathrm{sys}}(X)} d X \\
& \geqslant-11(g-1) \cdot \int_{\mathcal{M}_{g}} \frac{1}{\ell_{\mathrm{sys}}(X)} d X
\end{aligned}
$$

By Theorem 5.1 of Mirzakhani we have

$$
\begin{equation*}
\int_{\mathcal{M}_{g}^{<\varepsilon_{2}}} \operatorname{Sca}^{\mathrm{WP}}(X) d X \geqslant-C_{3} \cdot g \cdot \operatorname{Vol}_{\mathrm{WP}}\left(\mathcal{M}_{g}\right) \tag{5.4}
\end{equation*}
$$

where $C_{3}>0$ is a uniform constant independent of $g$.
Then the claim (5.1) follows by (5.2), (5.3) and (5.4).

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Martin Bridgeman, Boston College, Chestnut Hill, Ma 02467, USA
e-mail: bridgem@bc.edu
Yunhui Wu, Tsinghua University, Haidian District, Beijing 100084, P. R. China
e-mail: yunhui_wu@mail.tsinghua.edu.cn
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[^1]:    ${ }^{1)}$ For example if we choose a chart near $z$, in the chart the $\mu_{i}$ are realized by functions and we can let $c_{i}=\overline{\mu_{i}(z)}$. Then, in this chart, the directions of maximal and minimal stretch at $z$ of each $c_{i} \mu_{i}$ are the real and imaginary axis.

